

Caregiver Information

Caregivers provide a necessary service and support for the elderly and/or disabled person. Caregivers need to be updated on new and available programs and services to help meet the needs of the person they care for. The links below provide ongoing information for caregivers. These are resources that are readily available on the internet. Some have forums and chat rooms that provide a means of support. Others provide ways to avoid caregiver burnout. We recommend that caregivers avail themselves of these sites.

Links for Caregivers

[Administration on Aging](#)

Provides information on aging, family caregiving and latest news on changes in regulations affecting Social Security, Medicare and Medicaid

[American Association of Retired Persons](#)

Provides general information on aging, programs and services

[Family Caregiver Alliance](#)

[National Center on Caregiving](#)

Provides a resource center, a clearinghouse and public policy updates

[National Alliance for Caregiving](#)

Provides tips, information and resources for caregivers

[National Family Caregivers Association](#)

A grassroots organization that provides education, support and empowerment to caregivers

www.nia.nih.gov/alzheimers

[Alzheimer's Disease Education and Referral](#)

Provides information and advocacy on Alzheimers

[CareGuide](#)

A commercial web site that offers assessment, resources and education

[CaregiversCount](#)

Provides caregiving advocacy and information

NJ Area Agencies on Aging

[Union County](#)

[Atlantic](#)

[Bergen](#)

[Burlington](#)

[Camden](#)

[Cape May](#)

[Cumberland](#)

[Essex](#)

[Gloucester](#)

[Hudson](#)

[Hunterdon](#)

[Mercer](#)

[Middlesex](#)

[Monmouth](#)

[Morris](#)

[Ocean](#)

[Passaic](#)

[Salem](#)

[Somerset](#)

[Sussex](#)

[Warren](#)