



Courtesy of:

Union County Board of Chosen Freeholders
Union County Department of Human Services
Division of Planning
Union County Mental Health Board

Compiled by:



Mental Health
Association
in New Jersey, Inc.

2015 — 2016 Quick Reference Guide: Mental Health & Addiction Services in Union County

**24 Hour Emergency
Psychiatric Services**

Mobile Community Outreach
908-994-7131

Trinitas Regional Medical Center
908-351-6684

Union County Mobile Response
& Stabilization
PerformCare
877-652-7624

Overlook Hospital
908-522-2000

RWJ University Hospital - Rahway
732-381-4200

Need Help?
Dial 2-1-1

Adult Inpatient Psychiatric Services

Carrier Clinic, Belle Meade.....800-933-3579
Greystone, Morris Plains.....973-538-1800
Overlook, Summit.....908-522-2281
Cornerstone, Berkeley Heights.908-771-5875
Summit Oaks, Summit.....908-522-7000
Trenton Psychiatric, W. Trenton.....609-633-1500
Trinitas Regional, Elizabeth.....908-994-7250
VA NJ, Lyons.....908-647-0180

Children's Services

Child/Family Therapy and Medication Mgt.
Performcare.....877-652-7624
The Lamberts Mill Academy.....908-233-7581
UCPC Behavioral Health
Plainfield.....908-756-6870

Day Treatment/After School Therapeutic Treatment
Trinitas Regional
Medical Center.....908-994-7722

Division of Child Protection & Permanency (DCPP)
Cranford.....908-497-1488
Elizabeth.....908-820-3000
Plainfield.....800-847-1750

Family Support for Children and Parents
Families & Community
Together (FACT).....908-789-8500
Family Support Organization.....908-755-0090
Youth Advocate Program (YAP).....973-624-1520
Youth Case Management.....908-994-7380

Home Based Services
Family & Children's Services...908-352-7474
Family Preservation Services.....973-372-8079
United Family & Children's Soc...908-755-4848
Inpatient Hospital Treatment
Summit Oaks Hospital, Ages 5-17..908-522-7000
Trinitas Regional
Medical Center.....908-994-7712

Outpatient Treatment (See Counseling Section)
UC Youth Service Bureau.....908-298-7800
Volunteers of America.....732-827-2444

Residential Treatment
Davis House, Ages 5-10.....973-485-3314
New Point Residential
Treatment.....908-994-7395
Therapeutic Foster Care.....732-324-8200

Screening
Trinitas Regional
Medical Center.....908-994-7131
UC Mobile Response.....877-652-7624

Community Support

Alcoholism & Drug Dependency
Prevention Links/Union County.....732-381-4100

Children & Family
Child Behavioral Health Services,
Ages, 1-18.....877-652-7624

Deaf & Hard of Hearing
Access Center, Voice TTY.....973-977-6690

Family Support & Education, Mentally Ill
NAMI of Union County.....908-233-1628

HIV/AIDS
EIP Support Services, Trinitas Regional
Medical Center.....908-994-7460

Homeless 24 Hour Hotline...908-756-6061
Homeless Persons, Mentally Ill
Homeless Outreach of Bridgeway...908-289-7330

Integrated Case Management Service (ICMS)
Mount Carmel Guild.....908-497-3927

Intensive Family Support Services (IFFS)
Mental Health Association in NJ in Union
County.....908-810-1001

Interactive Theater
Mental Health Players.....973-571-4100, ext. 104

Involuntary Outpatient Commitment (IOC)
Trinitas Regional
Medical Center.....908-994-7543

Legislative Services.....800-792-8630
Mental Health Services
Mental Health Association
in NJ.....866-202-4357

**Program of Assertive Community
Treatment (PACT)**
Bridgeway.....908-688-5400

Self-Help Clearing House
Statewide Information.....800-367-6274

Supportive Education Services
Bridgeway/UMDNJ.....908-687-9666

Supportive Employment Services
Bridgeway.....908-686-2956

Supportive Housing Services
Bridgeway.....908-249-4100

Transportation
UC Paratransit System.....908-241-8300

Treatment Linkage & Case Mgt. Services
TLC Program – Trinitas.....908-994-7543

Counseling

Children's Specialized
Hospital.....908-233-3720
150 New Providence Rd., Mountainside

Counseling Center for
Human Development.....908-276-0590
201 Lincoln Ave. East, Cranford

Family Resource Center.....908-276-2244
300 North Ave. East, Cranford

Family and Children's
Services.....908-352-7474
40 North Ave., Elizabeth

Jewish Family Service.....908-352-8375
655 Westfield Ave., Elizabeth

Mount Carmel Guild Child/Family Outpatient,
Medication Monitoring.....908-497-3925
108 Alden St., Cranford

Overlook Hospital, Family Service
of Summit.....908-522-4800
46-48 Beauvoir Ave., Summit

Proceed (Hispanic).....908-351-7727
1126 Dickinson Pl., Elizabeth

Rape Crisis Center.....908-233-7273
300 North Ave. East, Westfield

Resolve Community Counseling
Center.....908-322-9180
1830 Front St., Scotch Plains

Summit Oaks Hospital.....908-522-7000
19 Prospect St., Summit

Summit Oaks Hospital.....908-522-7000
19 Prospect St., Summit

Summit Oaks Hospital.....908-522-7000
19 Prospect St., Summit

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Counseling (Continued)

Trinitas Regional Medical Center
Adults.....908-994-7557
654 East Jersey St., Elizabeth

Children.....908-994-7223
655 East Jersey St., Elizabeth

UCPC Behavioral
Health Care.....908-756-6870
117 Roosevelt Ave., Plainfield

United Family and
Children's Society.....908-755-4848
305 West 7th St., Plainfield

Youth and Family
Counseling.....908-233-2042
233 Prospect St., Westfield

Developmentally Disabled

ARC of Union County.....973-315-0000
Children's Specialized Hospital...908-233-3720

Community Access Unlimited...908-354-3040
Kean University.....908-737-5400

NJ Division of Developmental
Disabilities.....973-324-3000

OCUC Occupational Center of
Union County.....908-241-7200

Trinitas Integrated Services
Delivery Team.....908-497-0922

Trinitas Statewide Clinical Consultation and
Training (SCCAT).....888-393-3007

Elder Citizens

Adult Protective Services.....908-497-3902
Alzheimer's/Dementia Jewish
Family Services.....908-352-8375

Care to Caregivers.....800-424-2494
Holy Redeemer Home Care....908-352-5694

Retired Senior Volunteers
(RSVP).....908-352-8375

SAGE Eldercare.....908-273-5550
Senior Citizens Council.....908-964-7555

Trinitas Regional
Medical Center.....908-994-7557

Union County Division on
Aging.....908-527-4866
S-COPE.....855-718-2699

Elder Citizens - DAY CARE
JFK Adult Medical Day Program....908-912-1910

SAGE Spend A Day.....908-598-5520
WISE Center, Union.....908-687-2995

Family Violence

Battered Women Hotline
24 Hours.....908-355-HELP

Central Jersey Legal Services, Inc.
.....908-354-4340

Counseling Center for Human Dev.
Choices for Women.....908-276-0590

Family Resource Center.....908-276-2244
Incest and Rape.....908-233-7273

Jewish Family Services.....908-352-8375
Trinitas Regional
Medical Center.....908-994-7556

Victim/Witness Program.....908-527-4596
YWCA of Eastern
Union County.....908-355-1500

See back for more resources.

Legal Services

Bridgeway Justice
Involved Services.....908-994-8544
Central Jersey Legal
Services, Inc.....908-354-4340
60 Prince St., Elizabeth
Community Health
Law Project.....908-355-8282
65 Jefferson Ave., Elizabeth

Organizations

Anxiety Disorder Association...240-485-1001
8730 Georgia Ave., Ste. 600, Silver Spring, MD
Collaborative Support Programs
(CSP).....732-780-1175
11 Spring St., Freehold
Depression & Bipolar
Support Alliance.....800-826-3632
730 North Franklin St., Chicago, IL
International Obsessive Compulsive
Foundation.....617-973-5801
Mental Health Association in NJ
State Headquarters.....973-571-4100
88 Verona Ave., Verona
Union County Office.....908-810-1011
NAMI, NJ.....732-940-0991
1562 Rt. 130, North Brunswick
NAMI, Union County.....908-233-1628
NARSAD Research Alliance for Schizophrenia
& Depression.....800-829-8289
60 Cutter Mill Rd., Great Neck, NY
NJ Division of Vocational
Rehabilitation, Elizabeth.....908-965-3940
NJ Psychiatric Association.....908-588-3540
NJ Psychological Association...973-243-9800
414 Eagle Rock Ave., West Orange
Supportive Housing Association
of NJ.....908-931-1131
15 Alden St., Cranford
Union County Medical
Society.....908-789-8603
1164 Springfield Ave., Mountainside
Union County Mental Health
Board.....908-527-4846
Administration Building, Elizabeth

**Rehabilitation Centers and
Psychiatric Day Programs**

Bridgeway.....908-355-7200
567 Morris Ave., Elizabeth
GenPsych.....855-436-7792
High Focus.....908-272-2472
16 Commerce Dr., Cranford
Mount Carmel Guild.....908-497-3925
108 Alden Str., Cranford
Occupational Center of
Union County.....908-241-7200
301 Cox St., Roselle
Social Clubhouse.....973-376-2500
58 Brown Ave., Springfield
Summit Oaks Hospital.....908-522-7000
19 Prospect St. Summit
Trinitas Regional
Medical Center.....908-994-7255
654 East Jersey St., Elizabeth
UCPC Behavioral Health Care...908-756-6870
117-119 Roosevelt Ave., Plainfield

Residential Services

Residential Healthcare Facilities (RHCF)
Community Access Homeshare
Program.....908-376-6148
Elizabeth House.....908-355-3406
Park Hotel.....908-754-2211
St. Rita.....908-757-3579
**Supervised Group Homes, Apartments
and Supportive Housing**
Advance Housing.....908-376-6148
Bridgeway Supportive
Housing.....908-249-4100
SERV.....908-276-0490 or 800-987-7378
Volunteers of America.....732-827-2444

Special Telephone Services

Addiction Hotline.....2-1-1.....800-322-5525
Al-ANON.....973-744-8686
Alcoholics Anonymous.....800-245-1377
Battered Women.....908-355-HELP
Child Abuse.....800-792-8610
Contact We Care Crisis.....908-232-2880
Drug Abuse Problems.....800-662-HELP
HIV Hotline.....800-624-2377
Nat. Runaway Crisis Line....800-RUNAWAY
Need Help? Dial 2-1-1.....2-1-1
NJ Connect (Opiate Helpline).....855-652-3737
NJ MentalHealthCares Helpline.....866-202-4357
Peer Recovery Warmline.....877-292-5588
Rape Crisis 24 Hour Hotline....908-233-7273
2nd Floor Youth Helpline.....888-222-2228
VA Mental Health 24-Hour Hotline...866-838-7654

Support Systems

MHANJ's Intensive Family Support Services
(IFSS) (Mental Illness).....908-810-1001
Rape Crisis Center Advocacy
Program.....908-233-7273
Consumers of Mental Health Services
MHANJ's Consumer
Connections...908-810-1001, ext. 315 or 316
MHANJ's Esperanza Self Help Center
Hispanic.....908-810-1001
MHANJ's Peer Outreach Support Team
(POST) (Mental Illness).....908-810-1001
New Beginnings Self Help Center,
Elizabeth.....908-352-7830
Park Avenue Self Help Center,
Plainfield.....908-757-1350

Co-occurring Partial Care

Bridgeway Rehabilitation
Services.....908-355-7200
UCPC Behavioral Healthcare..908-756-6870

**Substance Use Disorders
Intensive Outpatient Services**

Bridgeway Rehabilitation
Services.....908-355-7200
567 Morris Ave., Elizabeth
Choices for Change.....908-228-5223
1122 US Highway 22 West, Mountainside
JFK-STEPS Recovery Center..908-688-2095
Park Ave. and Randolph Rd., Plainfield
Organization for Recovery.....908-769-4700
529 North Ave., Plainfield
Trinitas Regional
Medical Center.....908-994-7438
655 East Jersey St., Elizabeth
UCPC Behavioral Health.....908-756-6870
117-119 Roosevelt Ave., Plainfield

**Substance Use Disorders
Outpatient Services**

Bridgeway Rehabilitation
Services.....908-355-7200
567 Morris Ave., Elizabeth
Choices for Change.....908-228-5223
1122 US Highway 22 West, Mountainside
JFK-STEPS Recovery Center..908-688-2095
Park Ave. and Randolph Rd., Plainfield
PROCEED, Inc.....908-351-7727
1122 East Grand St., Elizabeth
Trinitas Regional
Medical Center.....908-994-7438
UCPC Behavioral Health.....908-756-6870
117-119 Roosevelt Ave., Plainfield

Substance Use Disorders

Short Term Residential (Adult)
CURA Inc.....973-622-3570
35 Lincoln Park, Newark
New Hope Foundation.....732-946-3030
80 Conover Rd., Marlboro
Sunrise House, Lafayette.....973-383-6300
Turning Point, Inc.....973-239-9400
Barnet Medical Arts Complex
680 Broadway, St. 104, Paterson

Halfway House — Female

Alfre/Mrs. Wilson's.....973-540-0116
56 Mt. Kemple Ave., Morristown

Halfway House — Male

Dudley House, Plainfield.....908-755-0646
New Hope Foundation.....732-946-3030
80 Conover Rd., Marlboro

Substance Use Disorders

All Ages—Referral, Prevention, Education
211 Call Center.....211
NJ Connect for Recovery, Help for
Individuals & Families (Heroin and
Prescription Painkillers).....855-652-3737
Prevention Links.....732-381-4100
Union County Local Advisory Committee on
Alcoholism and Drug Abuse
(LACADA).....908-527-4844
Administration Building, Elizabeth
**Adolescent Services, Prevention,
Education, Early Intervention**
Prevention Links, Inc.....732-381-4100
121-125 Chestnut St., Roselle
Adolescent, Outpatient
PROCEED, Inc.....908-351-7727
1122 East Grand St., Elizabeth

Adult Detox

Adult Detox, Inpatient
Bergen Regional Medical Center.....800-730-2762
230 East Ridgewood Ave., Paramus
New Hope Foundation.....732-946-3030
80 Conover Road, Marlboro
Sunrise House.....973-383-6300
Lafayette, NJ
Turning Point, Inc.....973-239-9400
Barnet Medical Arts Complex
680 Broadway, Ste. 104, Paterson
Adult Detox, Outpatient
Trinitas Regional Medical Center.....908-994-7438



**Mental Health
Association
in New Jersey, Inc.**

NJMentalHealthCares (NJMHC), a service provided by the Mental Health Association in New Jersey, is New Jersey's first comprehensive behavioral health management helpline and website, serving professionals and the general public. Calls are answered by professional behavioral healthcare specialists who provide supportive counseling, assessment of presenting problems and information and referral.

Service is live 8 a.m. to 12 midnight; messages are returned promptly.

**NJMentalHealthCares
Helpline**

**1-866-202-HELP(4357)
(TTY 1-877-294-4356)**