

***THE MENTAL HEALTH  
ASSOCIATION  
IN NEW JERSEY  
WWW.MHANJ.ORG***



***GUIDE TO  
MENTAL HEALTH  
SERVICES  
in UNION COUNTY  
2009-2010***

|   |
|---|
| <p><b>24 Hour Emergency<br/>Psychiatric Services</b><br/><i>Mobile Community Outreach .... 908-994-7131</i><br/>Trinitas Regional Medical Center...908-351-6684<br/>Overlook Hospital .....908-522-2000</p> |
|---|

**Special Telephone Services**

|   |                |
|---|----------------|
| Addiction Hotline.....                    | 1-800-322-5525 |
| Battered Women.....                       | 908-355-HELP   |
| Child Abuse .....                         | 1-800-792-8610 |
| Contact We Care-Crisis Hotline ....       | 908-232-2880   |
| Drug Abuse Problems .....                 | 1-800-662-HELP |
| Family Crisis Intervention .....          | 908-298-7800   |
| HIV Hotline .....                         | 1-800-624-2377 |
| Rape Crisis Line .....                    | 908-233-7273   |
| Rahway Hosp. Emerg. Psychiatric Line....  | 732-381-4949   |
| National Runaway Crisis Line .            | 1-800-RUNAWAY  |
| Women's Referral Central .....            | 1-800-322-8092 |
| NJ Mental Health Cares .....              | 1-866-202-4357 |
| MHANJ Peer-to-Peer Warmline.              | 1-877-292-5588 |
| 2 <sup>nd</sup> Floor Youth Helpline..... | 1-888-222-2228 |

# Community Support Services

## **SUPPORTIVE EMPLOYMENT SERVICES**

Bridgeway.....908-686-2956

## **SUPPORTIVE EDUCATION SERVICES**

Bridgeway/UMDNJ.....908-414-5520

## **ALCOHOLISM & DRUG DEPENDENCY**

Prevention Links/Union County.....732-381-4100

## **CHILDREN & FAMILY**

Child Behavioral Health Svc-1-18yrs 877-652-7624

## **DEAF AND HARD OF HEARING**

Access Center, Voice \ TTY .....973-977-6690

## **HIV/AIDS**

Kinship Connection-Trinitas Reg. Med. Ctr.908-994-7460

## **HOMELESS PERSONS - MENTALLY ILL**

Homeless Outreach of Bridgeway .....908-289-7330

## **INFORMATION ON MENTAL HEALTH SERVICES**

Mental Health Association.....1-866-202-4357

## **INTEGRATED CASE MANAGEMENT SERVICE- ICMS**

Mount Carmel Guild .....908-497-3927

## **INTENSIVE FAMILY SUPPORT SERVICES - IFSS**

Mental Health Association.....908-272-5309

## **INTERACTIVE THEATER**

Mental Health Players .....973-571-4100 ext. 25

## **LEGISLATION**

Legislative Services ..... 1-800-792-8630

## **PACT - Program of Assertive Community Treatment**

Bridgeway.....908-688-5400

## **SELF- HELP CLEARING HOUSE**

Statewide Information .....1 800 367-6274

## **SUPPORTIVE HOUSING SERVICES**

Bridgeway .....908-249-4100

## **TRANSPORTATION**

Union County Paratransit System .....908-241-8300

### **Compiled by**

*The Mental Health Association*

*in New Jersey*

*Courtesy of*



Union County Board of Chosen Freeholders  
Union County Department of Human Services  
Division of Planning  
Union County Mental Health Board

## Counseling

|  |              |
|--|--------------|
| Children's Specialized Hospital.....         | 908-233-3720 |
| 150 New Providence Road, Mountainside        |              |
| Counseling Center for Human Development      |              |
| 201 Lincoln Avenue East, Cranford.....       | 908-276-0590 |
| Family Resource Center .....                 | 908-276-2244 |
| 300 North Avenue East, Cranford              |              |
| Family and Children's Services               |              |
| 40 North Avenue, Elizabeth .....             | 908-352-7474 |
| Jewish Family Services                       |              |
| 655 Westfield Avenue, Elizabeth.....         | 908-352-8375 |
| Mount Carmel Guild .....                     | 908-497-3925 |
| 108 Alden Street, Cranford                   |              |
| Overlook Hospital, Family Service of Summit  |              |
| 46-48 Beauvoir Avenue, Summit.....           | 908-522-4800 |
| PROCEED (Hispanic) .....                     | 908-351-7727 |
| 1126 Dickinson Place, Elizabeth              |              |
| Rape Crisis Center .....                     | 908-233-7273 |
| 300 North Avenue East, Westfield             |              |
| Resolve Community Counseling Ctr .....       | 908-322-9180 |
| 1830 Front Street, Scotch Plains             |              |
| Summit Oaks Hospital.....                    | 908-522-7000 |
| 19 Prospect Street, Summit                   |              |
| Trinitas Regional Medical Center             |              |
| 654 East Jersey Street, Eliz. Adults .....   | 908-994-7557 |
| 655 East Jersey Street, Eliz. Children ..... | 908-994-7223 |
| UCPC Behavioral Health Care                  |              |
| 117 Roosevelt Avenue, Plainfield.....        | 908-756-6870 |
| 2204 Morris Avenue, Union.....               | 908-686-0560 |
| United Family and Children's Society.....    | 908-755-4848 |
| 305 West 7th Street, Plainfield              |              |
| Youth and Family Counseling .....            | 908-233-2042 |
| 233 Prospect Street, Westfield               |              |

## Elder Citizens

|  |                      |
|--|----------------------|
| Adult Protective Services .....            | 908-497-3902         |
| COPSA Services on the Aging.....           | 1-800-424-2494       |
| Jewish Family Services                     |                      |
| Gero - Psychiatric Outreach.....           | 908-352-8375         |
| RSVP-Retired Sr. Volunteers....            | 908-354-3040 ext 319 |
| SAGE Summit Area Services.....             | 908-273-5550         |
| Senior Citizens Council .....              | 908-964-7555         |
| Trinitas Reg Med Ctr – Gero Psychiatry ... | 908-994-7336         |
| Union County Division on Aging.....        | 908-527-4866         |
| Holy Redeemer Home Care.....               | 908-352-5694         |

### Elder Citizens - DAY CARE

|   |              |
|---|--------------|
| Hartwyck Adult Medical Day Care, Edison ..... | 732-548-9770 |
| Engel Sr. Adult Day Care, Cranford .....      | 908-497-3944 |
| Spend A Day, Summit.....                      | 908-598-5520 |
| W.I.S.E.Center, Union .....                   | 908-687-2995 |

## Legal Services

Community Health Law Project.....908-355-8282  
65 Jefferson Avenue, Elizabeth  
Central Jersey Legal Services, Inc..... 908-354-4340  
60 Prince Street, Elizabeth

## Children's Services

### Screening

Trinitas Reg Med Ctr.....908-994-7131  
UC Mobile Response & Stabilization.....887-652-7624

### Home Based Services

Family and Children's Services .....908-352-7474  
United Family and Children's Society....908-755-4848  
Family Preservation Services.....973-372-8079

### Personal Support for Children / Parents

Family Support Organization.....908-789-7625  
Families & Community Together .....908-789-8500  
Youth Case Management.....908-994-7380  
Youth Advocate Program (YAP).....973-624-1520

### Residential Treatment

Residential Alternatives Program.....908-756-6060  
Transitional Treatment Pgrm 11 to 17yrs .....908-289-2113  
New Point Residential Treatment ..... 908-994-7395  
Davis House 5 to 10 yrs .....973-485-3314  
Therapeutic Foster Care .....732-324-8200

### Inpatient Hospital Treatment

Summit Oaks Hospital 5 to 17yrs .....908-522-7000  
Trinitas Regional Medical Center .....908-994-7712

### Day Treatment-After School Therapeutic Treatment

Summit Oaks Hospital 11 to 18yrs ....908-522-7000  
Trinitas Regional Medical Center .....908-994-7722

### Division of Youth and Family Services

80 West Grand St. Elizabeth .....908-820-3000  
200 W. 2<sup>nd</sup> St. Plainfield ..... 1-800-847-1750  
570 South Ave East Cranford.....908-497-1488  
The Lamberts Mill Academy.....908-233-7581  
Outpatient Treatment -(see counseling section)  
Mount Carmel Guild - Therapeutic Nursery  
505 South Ave. Cranford.....908-497-3955  
Union County Youth Service Bureau.....908-298-7800  
Volunteers of America .....732-827-2444

## Developmentally Disabled

ARC of Union County .....973-315-0000  
Children's Specialized Hospital .....908-233-3720  
Community Access Unlimited.....908-354-3040  
OCUC Occupational Ctr of Union Cty ....908-241-7200  
Kean University .....908-737-5400  
NJ Div of Developmental Disabilities.....973-324-2000  
Trinitas Integrated Services  
Delivery Team.....908-497-0922  
Trinitas Statewide Clinical  
Consultation and Training.....1-888-393-3007

## **Adult Inpatient Psychiatric Services**

Carrier Clinic ..... 1-800-933-3579  
252 Route 601, Belle Mead  
Hagedorn Psychiatric Hospital .....908-537-2141  
200 Sanatorium Road, Glen Gardner  
Summit Oaks Hospital.....908-522-7000  
19 Prospect Street, Summit  
Trinitas Regional Medical Center .....908-994-7250  
655 East Jersey Street, Elizabeth  
Overlook Hospital.....908-522-2281  
99 Beauvoir Avenue, Summit  
Runnells Specialized Hospital.....908-771-5875  
40 Watchung Way, Berkeley Heights  
Trenton Psychiatric Hospital .....609-633-1500  
P.O. Box 7500 Sullivan Way, West Trenton  
V.A. NJ Health Care System.....908-647-0180  
151 Knollcroft Road, Lyons

## **Residential Services**

### **Supervised Group Homes, Apartments and Supportive Housing**

SERV..... 908-276-0490 or 800-987-7378  
Volunteers of America.....732-827-2444  
Bridgeway Supportive Housing.....908-249-4100

### **Residential Healthcare Facilities**

Park Hotel.....908-754-2211  
Elizabeth House.....908-355-3406  
St. Rita.....908-757-3579  
Community Access Homeshare  
Program.....908-354-3040

## **Rehabilitation Centers - Psychiatric Day Programs**

Bridgeway .....908-355-7200  
567 Morris Avenue, Elizabeth  
Mount Carmel Guild .....908-497-3925  
108 Alden Street, Cranford  
Occupational Center of Union County....908-241-7200  
301 Cox Street, Roselle  
Social Clubhouse .....973 376-2500  
58 Brown Avenue, Springfield  
Summit Oaks Hospital.....908-522-7000  
19 Prospect Street, Summit  
Trinitas Regional Medical Center .....908-994-7255  
654 East Jersey Street, Elizabeth  
UCPC Behavioral Health Care .....908-756-6870  
117-119 Roosevelt Avenue, Plainfield  
High Focus.....908-272-2474

## Family Violence

YWCA of Eastern Union County .....908-355-1500  
Counseling Center for Human Dev.  
Choices for Women .....908-276-0590  
Family Resource Center.....908-276-2244  
Hot Line - 24hrs - Battered Women..... 908-355-HELP  
Central Jersey Legal Services, Inc.....908-354-4340  
Incest and Rape .....908-233-7273  
Victim/ Witness Program.....908-527-4596  
Trinitas Regional Medical Center .....908-994-7556  
Jewish Family Services.....908-352-8375

## Support Systems

Community Advocate Program – MHA ..908-272-5189  
For persons with a mental illness  
Intensive Family Support Svcs IFSS .....908-272-5309  
For families of persons with a mental illness  
Rape Crisis Center-Advocacy Program .908-233-7273  
Consumers of Mental Health Services  
Esperanza Self Help Ctr-Hispanic.....908-272-5296  
Park Avenue Self Help Center- Plfd...908-757-1350  
New Beginnings Self Help Cntr-Eliz...908-352-7830  
Steppin' Out .....908-756-8676  
Consumer Connections.....800-367-8850

## Organizations

Anxiety Disorder Association .....240-485-1001  
8730 Georgia Ave Ste 600 Silver Spring MD 20910  
Collaborative Support Programs-CSP....732-780-1175  
11 Spring Street, Freehold NJ 07728  
Depression & Bipolar Support Alliance. .800-826-3632  
730 North Franklin Street, Chicago IL 60610  
Mental Health Association in NJ .....973-571-4100  
88 Pompton Avenue, Verona, NJ 07044  
NAMI – Union County .....908-233-1628  
NARSAD- Research Alliance for  
Schizophrenia & Depression..... 1-800-829-8289  
60 Cutter Mill Road, Great Neck NY 11021  
NAMI New Jersey .....732-940-0991  
1562 Rt.130 North Brunswick NJ 08902  
N.J. Assn. of Mental Health Agencies ....609-838-5488  
3575 Quakerbridge Rd. Mercerville NJ 08619  
N.J. Division of Vocational Rehabilitation ..... 908-820-3112  
65 Jefferson Ave, Elizabeth NJ 07201  
N.J. Psychiatric Association .....908-685-0850  
PO Box 8008 Bridgewater NJ 08807  
N.J. Psychological Association.....973-243-9800  
414 Eagle Rock Ave. West Orange NJ 07052  
Obsessive Compulsive Foundation Inc.....203-401-2070  
676 State St. New Haven CT 06511  
Supportive Housing Association of NJ ...908-931-1131  
15 Alden Street, Cranford NJ 07016  
Union County Medical Society .....908-789-8603  
1164 Springfield Ave, Mountainside NJ  
Union County Mental Health Board .....908-527-4846  
Administration Building, Elizabeth NJ 07207