The Union County Board of Chosen Freeholders and the Department of Parks and Recreation present:

Recreation Programs
for People with Disabilities

April - June 2015

For More Information:
(908) 527-4781
mramirez@ucnj.org
www.ucnj.org/disabilities
Developmental Golf Lessons

Developmental golf will be held at the Learning Center at Galloping Hill. This 6 week program is offered in partnership with Special Olympics New Jersey.

Saturdays, April 11, 18, 25
May 2, 9 & 16
9:30 am - 10:30 am
Galloping Hill Golf Course
Golf Drive, Kenilworth

Two Age Groups for this event:
- Ages 6 - 11 & Ages 12 - 18
- Space is limited
- Registration Required
- All athletes must complete a Special Olympics New Jersey medical form

*Registration for this event is through Special Olympics New Jersey

For more information please contact:
Andrea Moore
Young Athlete Program Manager
Special Olympics New Jersey Sports Complex
609.896.8000 ext. 265
avm@sonj.org
www.sonj.org

Summer Carnival**

Summertime is just around the corner! Mark your calendar now and get ready to bring friends and family for an afternoon of carnival games, music, crafts and more! Light refreshments and beverages will be served. Pre-registration is required. Payments at the door will not be accepted.

Families Welcome (Please register each family member).

Saturday, June 6
2:00 pm - 5:00 pm
Oak Ridge Park, Clark
Registration Fee: $10.00
Yoga*

Participants will have the opportunity to learn yoga techniques which provide a variety of physical benefits, including body strengthening, flexibility and relaxation. Breath work will be taught as a tool to help calm the nervous system and clear the mind. During each session, students will be guided into deep relaxation. Yoga mats are provided. **Participants are asked not to eat for 2 hours before the program.**

Teens and Young Adults: Ages 13-25

**Mondays, April 13, 20, 27; May 4, 11, 18**
5:00 pm - 6:00 pm
**Trailside Nature and Science Center**
452 New Providence Road, Mountainside
_Registration Fee: $12.00_

Spring Fishing Derby

The East Central District Elks will provide another day of fabulous fishing fun including contests and a hot dog lunch! Enjoy fishing with your own pole, or use one provided. **This event is free, but pre-registration is necessary. Please bring a chair.**

**Saturday, May 9**
10:00 am - 1:00 pm
**Echo Lake Park, Lower Lake**
Mountainside
Ceramics*

This popular ceramics program will be held at the Gregorio Center in Linden. Enjoy an evening with friends while creating a keepsake to take home with you. This program is run in conjunction with the City of Linden’s Department of Recreation.

*Group homes are limited to 2 participants.*

Tuesdays, April 7 & 14
7:00 pm - 8:15 pm
Gregorio Recreation Center
330 Helen Street, Linden
Registration Fee: $8.00

Culinary Delights*

Join us at Classic Thyme Cooking School in Westfield as their Master Chefs lead participants in creating a full meal, from beverage to dessert, all to be enjoyed by you during class!

*Group homes are limited to 2 participants.*

Saturday, June 6
9:30 am - 11:00 am
Classic Thymes
710 South Avenue, Westfield
Registration Fee: $8.00

Golf at Ash Brook*

Learn how to play golf at Ash Brook Golf Course’s Pitch and Putt Course in Scotch Plains. Clubs will be provided if needed. Space is limited and the class fills on a first come, first served basis. *Ages 19 & over. Admission is Free but limited.*

Golf Lessons
Saturdays, April 11, 18, 25
May 2, 9 & 16
10:00 am - 11:00 am
Ash Brook Golf Course
Raritan Road, Scotch Plains
Please Print
Participant’s Name_____________________________Date of Birth__________
Organization Name (if applicable)___________________________
Address_________________________________________________________
City__________________Zip Code____________________Phone___________________
Email___________________________

Emergency Contact During the Program
Name___________________________ Phone__________________________
Classification/Disability__________________________________________
Does the participant use assistive devices? If yes, please indicate:___________
________________________________________________________________
Are any special accommodations needed? If yes please indicate:____________
________________________________________________________________
Medication_______________________________________________________
Does the participant have any allergies? If yes, please indicate:______________
________________________________________________________________
Physician’s name & phone___________________________________________

**HOLD HARMLESS**  
**PLEASE READ CAREFULLY**

Patrons of any Union County park and/or open space facility(ies) recognize the risks inherent in the use of said park and/or facility(ies). Other than acts on the part of the County which, if proven in an appropriate court of law, are tantamount to gross negligence, patrons hereby agree to hold the County harmless from any and all damage resulting to person and/or property from the use of its park and/or open space facilities and hereby releases, waives and forever discharges the County, its servants, agents and/or employees from any and all such claims.

I hereby register (grant permission for) ________________________________ to participate in the programs listed above.

I acknowledge that I have read and agreed to the Hold Harmless statement on this page. Yes_____ No_____

**Photo Release:**
I also give Union County permission to photograph the above named registrant for publicity purposes. Yes_____ No_____

Signature of Participant/Parent/Guardian/Recreation Leader ________________ Date __________________
**REGISTRATION INSTRUCTIONS**

Complete one form for each participant. Registrations are on a first-come, first-served basis. No refunds will be issued. Credits will be given if a program is cancelled due to severe weather or if the program is cancelled by the registrant at least (3) days in advance.

Please call 908-527-4781 with questions

**DETACH AND RETURN THIS COMPLETED REGISTRATION FORM TO:**

COUNTY OF UNION  
DEPARTMENT OF PARKS AND RECREATION  
10 Elizabethtown Plaza  
Elizabeth, NJ 07207  
Attention: Manny Ramirez

<table>
<thead>
<tr>
<th>Check Here</th>
<th>PROGRAM</th>
<th>FEES</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Developmental Golf: April 11, 18, 25, May 2, 9 &amp; 16</td>
<td>FREE</td>
</tr>
<tr>
<td></td>
<td>Golf at Ash Brook: April 11, 18, 25, May 2, 9 &amp; 16</td>
<td>FREE</td>
</tr>
<tr>
<td></td>
<td>Ceramics: April 7 &amp; 14</td>
<td>$8.00</td>
</tr>
<tr>
<td></td>
<td>Yoga: April 13, 20, 27, May 4, 11, 18</td>
<td>$12.00</td>
</tr>
<tr>
<td></td>
<td>Spring Fishing Derby: May 9</td>
<td>FREE</td>
</tr>
<tr>
<td></td>
<td>Culinary Delights: June 6</td>
<td>$8.00</td>
</tr>
<tr>
<td></td>
<td>Summer Carnival: June 6</td>
<td>$10.00</td>
</tr>
</tbody>
</table>

**Total:**  
Please make Checks or Money Orders payable to:  
“COUNTY OF UNION”  
PLEASE DO NOT SEND CASH

Programs marked with an asterisk (*) are made possible by funding through The U.S. Department of Housing and Urban Development Community Development Block Grant Program  
Programs marked with an asterisk (**) are made possible by funding from the NJ Department of Community Affairs through a Recreational Opportunities for Individuals with Disabilities Grant.
The Union County Board of Chosen Freeholders presents

Recreational Swim
Fanwood-Scotch Plains YMCA
1340 Martine Avenue, Scotch Plains

Free recreational swim sessions for people with disabilities will continue at Fanwood-Scotch Plains YMCA, every Tuesday evening from 7:00 pm - 8:00 pm. The spring session ends June 17. Sign in at the front desk upon arrival. Persons requiring assistance either in the water or in the locker room must make their own arrangements for an aide.

PLEASE DO NOT CALL THE YMCA! No spectators, please.

Union County Pools
Open recreational swimming is free for people with disabilities and senior citizens at Union County’s two pools at the times listed below. Please see the Recreational Swim program for policies and procedures.

Opening dates are tentative, please call to confirm.

Mondays, July 6 - August 24
Ulrich Pool, Rahway  6:00 pm - 8:00 pm

Wednesdays, June 24 - August 19
Wheeler Pool, Linden  12:00 pm - 1:00 pm

Sensory Friendly Theater**

A series of live performances specially designed and adapted for children with autism and related disabilities at the Union County Performing Arts Center in Rahway.

May 3
2:00 pm - 3:00 pm
Tickets: $8.00
Call Box Office for tickets:
732-499-8226
Union County Performing Arts Center
1601 Irving Street, Rahway
What’s Happening in Union County

WILD EARTH FEST

SUNDAY, APRIL 26, 2015
11 AM - 5 PM RAIN or SHINE

ADMISSION: $4 per person,
Ages 6 & under FREE

An entertaining family event to celebrate the Earth. Become eco-friendly & increase your awareness of wildlife conservation.

TOUCH A TRUCK

Sunday, April 26, 2015
11 AM - 5 PM

Special Horn Free Hour 10 am – 11 am
For Children with Special Needs and Sensitive Ears

Youngsters can climb aboard dump trucks, bulldozers, police cars, HAZMAT response units and “The Bear” used by the Union County SWAT team in serious emergencies. Admission: $4/person, ages 6 and under FREE

Trailside Nature & Science Center
452 New Providence Road
Mountainside, NJ 07092
Tel. (908)789-3670
www.ucnj.org/trailside

UNION COUNTY BOARD OF CHOSEN FREEHOLDERS

Mohamed S. Jalloh, Chairman
Bruce H. Bergen, Vice Chairman

Linda Carter
Sergio Granados
Bette Jane Kowalski

Angel G. Estrada
Christopher Hudak
Alexander Mirabella

Vernell Wright
Alfred J. Faella, County Manager
Ron Zuber, Director, Parks & Recreation