A Service of the Union County Board of Chosen Freeholders



The Union County Board of Chosen Freeholders and the Department of Parks and Recreation present:

Recreation Programs for People with Disabilities April - June 2015



For More Information: (908) 527-4781 mramirez@ucnj.org www.ucnj.org/disabilities

Summer Carnival**

Summertime is just around the corner! Mark your calendar now and get ready to bring friends and family for an afternoon of carnival games, music, crafts and more! Light refreshments and beverages will be served. Pre-registration is required. Payments at the door will not be accepted.

Families Welcome (Please register each family member).



Saturday, June 6 2:00 pm - 5:00 pm Oak Ridge Park, Clark Registration Fee: \$10.00

Developmental Golf Lessons

Developmental golf will be held at the Learning Center at Galloping Hill. This 6 week program is offered in partnership with Special Olympics New Jersey.

Saturdays, April 11, 18, 25 May 2, 9 & 16 9:30 am - 10:30 am Galloping Hill Golf Course Golf Drive, Kenilworth

Two Age Groups for this event:

- Ages 6 11 & Ages 12 18
- Space is limited
- Registration Required
- All athletes must complete a Special Olympics New Jersey medical form

*Registration for this event is through Special Olympics New Jersey

For more information please contact: Andrea Moore

Young Athlete Program Manager Special Olympics New Jersey Sports Complex 609.896.8000 ext. 265 <u>avm@sonj.org</u> <u>www.sonj.org</u>

Yoga*

Participants will have the opportunity to learn yoga techniques which provide a variety of physical benefits, including body strengthening, flexibility and relaxation. Breath work will be taught as a tool to help calm the nervous system and clear the mind. During each session, students will be guided into deep relaxation. Yoga mats are provided.

Participants are asked not to eat for 2 hours before the program.



Teens and Young Adults: Ages 13-25

Mondays, April 13, 20, 27; May 4, 11, 18 5:00 pm - 6:00 pm Trailside Nature and Science Center 452 New Providence Road, Mountainside Registration Fee: \$12.00

Spring Fishing Derby

The East Central District Elks will provide another day of fabulous fishing fun including contests and a hot dog lunch! Enjoy fishing with your own pole, or use one provided.

This event is free, but pre-registration is necessary. Please bring a chair.

> Saturday, May 9 10:00 am - 1:00 pm Echo Lake Park, Lower Lake Mountainside



Ceramics*

This popular ceramics program will be held at the Gregorio Center in Linden. Enjoy an evening with friends while creating a keepsake to take home with you. This program is run in conjunction with the City of Linden's Department of Recreation.

Group homes are limited to 2 participants.



Tuesdays, April 7 & 14 7:00 pm - 8:15 pm **Gregorio Recreation Center** 330 Helen Street, Linden Registration Fee: \$8.00

Culinary Delights*

Join us at Classic Thyme Cooking School in Westfield as their Master Chefs lead participants in creating a full meal, from beverage to dessert, all to be enjoyed by you during class!

Group homes are limited to 2 participants.

Saturday, June 6 9:30 am - 11:00 am Classic Thymes 710 South Avenue, Westfield Registration Fee: \$8.00



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Golf at Ash Brook*

Learn how to play golf at Ash Brook Golf Course's Pitch and Putt Course in Scotch Plains. Clubs will be provided if needed. Space is limited and the class fills on a first come, first served basis. Ages 19 &

over. Admission is Free but limited.

Golf Lessons Saturdays, April 11, 18, 25 May 2, 9 & 16 10:00 am - 11:00 am Ash Brook Golf Course **Raritan Road, Scotch Plains**



2015 PROGRAM REGISTRATION FORM FOR PEOPLE WITH DISABILITIES

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Please Print				7 :-4b
Participant's Name				
Organization Name				
Address				
City				
Email	.			·····
Emergency Conta	ct During the Pro	ogram		
Name		Phone		
Classification/Disat	oility			
Classification/Disat Does the participar	t use assistive dev	vices? If ye	s, please indica	te:
Are any special acc	commodations nee	eded? If yes	please indicate	2:
Medication Does the participar	t have any allergie	es? If yes, p	lease indicate:	· · · · · · · · · · · · · · · · · · ·
Physician's name &	k phone			
	HOLD PLEASE RE	HARMLE AD CAR		
Patrons of any Unio risks inherent in the part of the County v to gross negligence and all damage res or open space facil County, its servants	e use of said park which, if proven in e, patrons hereby a ulting to person ar ities and hereby re	and/or facil an appropr agree to hol nd/or prope eleases, wa	ity(ies). Other the late court of law d the County hat ty from the use wes and foreve	nan acts on the , are tantamount armless from any of its park and/ r discharges the
I hereby register (to participate in the				
I acknowledge tha on this page. Photo Release: I also give Union trant for publicity p	Ye County permissic	es	No	
Signature of Partici	pant/Parent/Guarc	lian/Recrea	tion Leader	Date

REGISTRATION INSTRUCTIONS

Complete one form for each participant. Registrations are on a firstcome, first-served basis. No refunds will be issued. Credits will be given if a program is cancelled due to severe weather or if the program is cancelled by the registrant at least (3) days in advance.

Please call 908-527-4781 with questions

DETACH AND RETURN THIS COMPLETED REGISTRATION FORM TO:

COUNTY OF UNION DEPARTMENT OF PARKS AND RECREATION 10 Elizabethtown Plaza Elizabeth, NJ 07207 Attention: Manny Ramirez

Check Here 🗸	PROGRAM	FEES
	Developmental Golf: April 11, 18, 25, May 2, 9 & 16	FREE
	Golf at Ash Brook: April 11, 18, 25, May 2, 9 & 16	
	Ceramics: April 7 & 14	
	Yoga: April 13, 20,27, May 4, 11, 18	
	Spring Fishing Derby: May 9	FREE
	Culinary Delights: June 6	
	Summer Carnival: June 6	\$10.00
Total:	Please make Checks or Money Orders payable to: "COUNTY OF UNION" PLEASE DO NOT SEND CASH	

Programs marked with an asterisk (*) are made possible by funding through The U.S. Department of Housing and Urban Development Community Development Block Grant Program Programs marked with an asterisk (**) are made possible by funding from the NJ Department of Community Affairs through a Recreational Opportunities for Individuals with Disabilities Grant. The Union County Board of Chosen Freeholders presents

Recreational Swim

Fanwood-Scotch Plains YMCA 1340 Martine Avenue, Scotch Plains

Free recreational swim sessions for people with disabilities will continue at Fanwood-Scotch Plains YMCA, every Tuesday evening from 7:00 pm
8:00 pm. The spring session ends June 17. Sign in at the front desk upon arrival. Persons requiring assistance either in the water or in the locker room must make their own arrangements for an aide.

PLEASE DO NOT CALL THE YMCA! No spectators, please.

Union County Pools

Open recreational swimming is **free** for people with disabilities and senior citizens at Union County's two pools at the times listed below. Please see the Recreational Swim program for policies and procedures. Opening dates are tentative, please call to confirm.

> Mondays, July 6 - August 24 Ulrich Pool, Rahway 6:00 pm - 8:00 pm Wednesdays, June 24 - August 19 Wheeler Pool, Linden 12:00 pm - 1:00 pm

Sensory Friendly Theater**

the New Jersey Ballet Company's

SUNDAY • MAY 3 • 2 PM

A series of live performances specially designed and adapted for children with autism and related disabilities at the Union County Performing Arts Center in Rahway. May 3 2:00 pm - 3:00 pm <u>Tickets: \$8.00</u> Call Box Office for tickets: 732-499-8226 Union County Performing Arts Center 1601 Irving Street, Rahway

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What's Happening in Union County

SUNDAY, APRIL 26, 2015 11 AM - 5 PM RAIN or SHINE

ADMISSION: \$4 per person, Ages 6 & under FREE

An entertaining family event to celebrate the Earth. Become eco-friendly & increase your awareness of wildlife conservation.

TOUCH A TRUCK

Sunday, April 26, 2015 11 AM - 5 PM Special Horn Free Hour 10 am–11 am For Children with Special Needs and Sensitive Ears





Youngsters can climb aboard dump trucks, bulldozers, police cars, HAZ-MAT response units and "The Bear" used by the Union County SWAT team in serious emergencies. Admission: \$4/person, ages 6 and under FREE

Trailside Nature & Science Center 452 New Providence Road Mountainside, NJ 07092 Tel. (908)789-3670 www.ucnj.org/trailside

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