## County of Union 2015 Upcoming Events

Fall Events 🐝





### THE GREAT PUMPKIN SAIL

Sunday, Nov. 1 at Echo Lake Park 5:15 pm - 9:30 pm Tickets must be purchased in advance. Cost: In-County \$12.00 per family up to six (6) people: Out-of-County \$16.00 per family up to six (6) people

### HARVEST FESTIVAL

Sunday, Sept. 27 Trailside Nature & Science Center For Admission and more information: call 908-527- 4900.

### HAUNTED HAYRIDES

October 23, 24 & 25 Deserted Village, Watchung Reservation Purchase tickets in advance starting September 16.





## HOLIDAY NATURE CRAFT

With tree and menorah lighting: Sunday. December 6 11 am - 5 pm Trailside Nature & Science Center

For information call the Department of Parks and Recreation (908) 527-4900 www.ucnj.org/fun

### UNION COUNTY BOARD OF CHOSEN FREEHOLDERS

Mohamed S. Jalloh. Chairman Bruce H. Bergen, Vice Chairman

Linda Carter Angel G. Estrada Sergio Granados Christopher Hudak Bette Jane Kowalski A Vernell Wright Alexander Mirabella

Alfred J. Faella, County Manager William Reves. Deputy County Manager Ron Zuber, Director, Parks & Recreation

### A SERVICE OF THE **UNION COUNTY BOARD OF CHOSEN FREEHOLDERS**



The Union County Board of Chosen Freeholders and the Department of Parks and Recreation present:

### **Recreation Programs** for People with Disabilities October - December 2015



For More Information: 908-527-4781 mramirez@ucnj.org www.ucnj.org/disabilities

## Ceramics\*

This popular ceramics program will be held at the Gregorio Center in Linden. Enjoy an evening with friends while creating a keepsake to take home with you. This program is run in conjunction with the City of Linden's Department of Recreation.

Group homes are limited to two participants.



Session I: Tuesdays, October 6 & 13

Session II: Tuesdays, December 1 & 8

7:00 pm - 8:15 pm
Gregorio Recreation Center
330 Helen Street, Linden
Registration Fee: \$8.00

## Yoga\*

Participants will have the opportunity to learn yoga techniques which provide a variety of physical benefits, including body strengthening, flexibility and relaxation. Breath work will be taught as a tool to help calm the nervous system and clear the mind. During each session, students will be guided into deep relaxation.

Yoga mats will be provided.

Participants are asked not to eat for 2 hours before the program.



Teens and Young Adults: Ages 13-25

Session I: September 14, 21, 28, October 5, 19, 26 Session II: November 2, 9, 16, 23, 30, December 7

Mondays, 5:00 pm - 6:00 pm

Trailside Nature and Science Center 452 New Providence Road, Mountainside

Registration Fee: \$12.00

## Sensory Friendly Theatre\*\*

A series of live performances specially designed and adapted for children with autism and related disabilities at the Union County Performing Arts Center in Rahway.



September 13 - "Monster Intelligence"

An Up In Arms Family Puppet Show

Monster Intelligence promises to be sweet,
funny, educational and a rockin' good time for

the whole family.



### November 22 - American Repertory Ballet's "Nutcracker"

Whether it's your first time, an annual tradition, or a once in a lifetime experience, ARB's Nutcracker is a perfect holiday treat for your entire family to be transported and inspired.

2:00 pm - 3:00 pm

<u>Tickets: \$8.00</u>

Call Box Office for tickets:
732-499-8226

Union County Performing Arts Center
1601 Irving Street, Rahway

# Online Registration available at

http://ucnj.org/parks-recreation/recreation-for-people-with-disabilities/

And follow us on







### **REGISTRATION INSTRUCTIONS**

Complete one form for each participant. Registrations are on a first -come, first-served basis. No refunds will be issued. Credits will be given if a program is cancelled due to severe weather or if the program is cancelled by the registrant at least 3 days in advance.

# Please call 908-527-4781 with questions DETACH AND RETURN THIS COMPLETED REGISTRATION FORM TO:

COUNTY OF UNION
DEPARTMENT OF PARKS AND RECREATION

10 Elizabethtown Plaza Elizabeth, NJ 07207 Attention: Manny Ramirez

Check Here	Program	FEES
	Yoga Session I: September 14,21,28, October 5,19,26	\$12.00
	Ceramics Session I: October 6,13	\$8.00
	Culinary Delights: October 17	\$8.00
	Yoga Session II: November 2,9,16,23,30, December 7	\$12.00
	Barn Dance: November 8	\$10.00
	Ceramics Session II: December 1,8	\$8.00
	Culinary Delights: December 12	\$8.00
Total	Please make Checks or Money Orders payable to:  "COUNTY OF UNION" PLEASE DO NOT SEND CASH	

- Programs marked with an asterisk (\*) are made possible by funding through The U.S. Department of Housing and Urban Development Community Development Block Grant Program
- Programs marked with an asterisk (\*\*) are made possible by funding from the NJ Department of Community Affairs through a Recreational Opportunities for Individuals with Disabilities Grant.

### Barn Dance\*

Join some friends for a Country Hoe-Down at Masker's Barn. Includes dancing to a live country band, square dance caller, hay rides, crafts and games! Snacks and refreshments available.

Families are welcome. Please register each family member.



Sunday, November 8
2:00 pm - 5:00 pm
Masker's Barn
13 Cataract Hollow Road
Berkeley Heights

Registration Fee: \$10 per person

### Culinary Delights\*

Join us at Classic Thyme Cooking School in Westfield as their Master Chefs lead participants in creating a full meal, from beverage to dessert, all to be enjoyed by you during class!

Group homes are limited to 2 participants.

Saturday, October 17

Saturday, December 12 9:30 am - 11:00 am 710 South Avenue. Westfield

Registration Fee: \$8.00



## Special Olympics Young Athletes Program



Young Athletes is a **free**, unique sport and play program for children ages 2 to 7 with intellectual disabilities.

- Improve gross motor skills
- Celebrate what your child CAN do
- Improve social and language skills
- Develop skills for future participation in Sports

Saturdays, 9:00 am - 9:45 am October 3, 17, 24 November 7,14, 21 Cranford Recreation Center

Cranford Recreation Center 220 Walnut Avenue

To register please contact Andrea Moore: avm@sonj.org 609-896-8000 ext. 265

### **Recreational Swim**

Fanwood-Scotch Plains YMCA 1340 Martine Avenue, Scotch Plains

Free recreational swim sessions for people with disabilities will continue at Fanwood-Scotch Plains YMCA, every Tuesday evening from 7:00 pm - 8:00 pm. Now through June 2016. Sign in at the front desk upon arrival. Persons requiring assistance either in the water or in the locker room must make their own



arrangements for an aide. (One aide per person will be admitted free of charge.) Organizations are limited to five people and must provide a chaperone in the water and each locker room if the group is co-ed.

Call 908-527-4781 for information.

PLEASE DO NOT CALL THE YMCA! No spectators please.

# Union County Special Needs Resources

Union County Office of Health Management Ralph G. Froehlich Public Safety Building 300 North Avenue East, Westfield

The Union County Special Needs Registry is designed to help emergency responders locate and safely evacuate people who could find it difficult to help themselves in the event of a major disaster.

### How do I Register?

- Log onto www.registerready.nj.gov
- Telephone 2-1-1, toll free
- Download and complete the form and mail it to the Union County Office of Health Management
- Call or email with questions to health@ucnj.org or (908) 518-5620

## 2015 PROGRAM REGISTRATION FORM FOR PEOPLE WITH DISABILITIES

Please Print Participant's NameDate of Birth			
Organization Name (if applicable)			
Address			
CityZip CodePhone			
Email			
Classification/Disability			
Are any special accommodations needed? If yes please indicate:			
Medication			
Emergency Contact During the Program Name Phone			
Physician's name & phone			
HOLD HARMLESS PLEASE READ CAREFULLY			
Patrons of any Union County park and/or open space facility(ies) recognize the risks inherent in the use of said park and/or facility(ies). Other than acts on the part of the County which, if proven in an appropriate court of law, are tantamount to gross negligence, Patrons hereby agree to hold the County harmless from any and all damage resulting to person and/or property from the use of its park and/or open space facilities and hereby releases, waives and forever discharges the County, its servants, agents and/or employees from any and all such claims.			
I hereby register (grant permission for) to participate in the programs listed above. I acknowledge that I have read and agreed to the Release, Covenant Not			
to Sue statement on this page. Yes No  Photo Release: I also give Union County permission to photograph the above named reg-			
istrant for publicity purposes. Yes No			

Signature of Participant/Parent/Guardian/Recreation Leader

**Date**