

# ADULT WORKSHOPS

Pre-registration is required for all classes. Workshops are for adults, ages 18 and older. *IC = Union County Residents; OC = out-of-county*

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## Workshop: Three Ways to Arrange Flowers

**Tuesday, April 28**

**7:00 - 8:00 PM**

Flowers bring life, color and joy to our homes. Watch as Kurt Christoffer, floral designer and owner of the innovative Christoffer's Flowers of Mountainside, demonstrates how to arrange three different floral arrangements. Using flowers from the garden, along with foliage from trees and shrubs, participants will learn to create distinctive personal arrangements using a large container, a square container and a single flower vase. Take home a single beauty after artfully arranging it in class. Flowers and single flower vases will be provided. **Fee:** \$25/ IC, \$30/OC. **Sponsored by the Trailside Museum Association.**

## Lecture: A Naturalist's Diary

**Wednesday, May 6**

**7:00 - 8:30 PM**

Audubon Naturalist Pete Bacinski offers a program complete with all those natural history facts and questions you never thought to ask, as well as images of Mother Nature's oddities. This PowerPoint presentation will touch on birds, wildflowers, ferns, mammals, reptiles and amphibians as well as many unusual natural history events. After you take this class you will want to sign up for **Nature Journaling** on **Thursday, May 21** Free. Donations welcomed.



## Workshop: Dried Flower Collage

**Saturday, May 9**

**11:00 AM - 1:00 PM**

Join the acclaimed artist Beth Murphy as she demonstrates the process of flower pressing, while identifying the materials required and the proper preparation and techniques. Participants will work with pressed botanical materials supplied by the instructor. Basic collage design elements will be demonstrated. Participants will create a small collage on a card or bookmark to take with them.

**Fee:** \$25/IC, \$30/OC. Light refreshments will be served.

**\*\*Beth Murphy's artwork will be on display at Trailside from April to August.\*\***



## **Workshop: Nature Journaling**

**Thursday, May 21**

**7:00 - 8:15 PM**

Learn to keep a nature journal and enjoy the satisfaction of recording your observations and perceptions of the natural world through writing and sketching. The workshop will highlight various techniques and ideas, while examining some examples of nature journals. A short hike followed by an opportunity to put into practice some of the techniques discussed. A small nature journal will be provided. Please bring any

other materials you would like to use. **Fee:** \$20/IC, \$25/OC.

## **Cooking with Wild Edibles**

**Thursday, June 11**

**7:00 - 9:00 PM**

You'll never look at a weed the same way. Learn to identify some common plants of the Watchung Reservation. Trailside Senior Park Naturalist Joe Filo will teach you how to collect, prepare and cook these familiar, backyard plants. Sample delicious foods including "cossack asparagus," wild salad and mint tea. **Fee:** \$15/IC, \$20/OC.

## **Butterfly Gardening**

**Saturday, June 20**

**1:00 - 2:30 PM**

Butterflies are beautiful and their life-styles are amazing. Find out which butterflies are most common in this area and learn how you can attract them to your backyard. Take a brief tour of our butterfly garden and meadow habitat and return to the Visitor Center to learn more about these incredible lepidopterons. Wear comfortable shoes.

**Fee:** \$10/IC, \$12/OC.

