

# Aging Resource Directory

## **Union County Division on Aging, Department of Human Services**

Union County Administration Building, Elizabethtown Plaza, Elizabeth, New Jersey 07207

## **Welcome**

The County of Union presents this online resource directory as a tool for interested users.

The County of Union does not expressly endorse nor is directly affiliated with any of the listed agencies and organizations presented herein. This resource directory is solely a tool to aid users and is not meant to be a comprehensive source of information. The views of the agencies and organizations expressed in this publication do not necessarily reflect the views of the County of Union.

“Congress hereby finds and declares that, in keeping with the traditional American concept of the inherent dignity of the individual in our democratic society, the older people of our Nation are entitled to, and it is the joint and several duties and responsibilities of the governments of the United States and of the several States and their political subdivisions to assist our older people to secure equal opportunity to the full and free enjoyment” of these objectives: “Freedom, independence, and free exercise of individual initiative in planning and managing their own lives and full participation in the planning and operation of community-based services and programs provided for their benefit.”

*- Older Americans Act of 1965, as Amended*

## **Contact the Union County Division on Aging**

The Union County Division on Aging has as its primary responsibility the planning and coordination of services for Older Americans age 60 and over.

**Call Toll-Free 1-888-280-8226**

**908-527-4870 / 908-527-4872**

**Fax : 908-659-7410**

The listing of any agency or service is purely informational and in no way indicates an endorsement, nor does the absence of any agency or service from

this Directory signify disapproval. The Division on Aging does not discriminate against any senior citizen because of race, creed, color, sex, age, national origin, sexual orientation or marital status. No otherwise qualified disabled senior citizen shall, solely by reason of his or her disability, be excluded from the participation in, denied the benefit of, or be subjected to discrimination under any federally funded programs or activities administered by this division.

## Contact Form

First Name

Last Name

E-mail Address

Telephone Number

Municipality

Inquiring For

How Can We Help You

Submit Form

## Are You A Senior Citizen? New Jersey Senior Citizen Eligibility:

### At 55 Years of Age

Senior Community Services Employment Program \*

Retired Senior Volunteer Program (RSVP)

### At 60 Years of Age

Partial Social Security / Railroad Retirement Survivor Benefits for Widow(er)  
Social Security Benefits retained by the remarrying widow(er)  
Transportation Program  
Nutrition Program (group meals and home delivered meals)  
Public Guardian for Elderly Adults (609) 341-5555  
Free Assistance with preparation of federal / state income tax returns  
Care Management

### **At 62 Years of Age**

Reduced fares on all intrastate and most interstate trains and buses  
Early Retirement Social Security Payments-80% of full benefits  
Partial exemption of Realty Transfer Fee for homeowners selling home (609) 292-1793  
Protection from condominium conversion (under certain conditions) \* (800) 792-8820  
NJ Clam & Oyster Digging License for small processing fee (609) 984-5546  
Free passes to state parks, forests, and historic sites (800) 843-6420  
Golden Age Pass to national parks, forests, historic sites, recreation areas (888) 275-8747 option # 3  
Senior Citizen federally subsidized housing \*  
Congregate housing services program \*  
Rutgers University: low-cost and tuition-free courses (space permitting / for audit only)

### **At 65 Years of Age**

Full Social Security (age 65 plus required months)  
Full Railroad Retirement Benefits for retirees  
Certain Federal Income Tax Benefits  
Reduced fee for certain types of hunting (firearm, bow & arrow) (609) 292-2965  
Reduced fee for Fishing License (609) 292-2965  
Medicare Coverage  
State Health Insurance Program for Seniors (S.H.I.P.) (908) 273-6999  
Senior Dental Program (sponsored by NJ Dental Association) \*  
Pharmaceutical Assistance for the Aged and Disabled (PAAD) \*  
Senior Gold Prescription Discount Program \*  
Hearing Aid Assistance for the Aged and Disabled (HAAAD) \*  
Lifeline Utility Credit Program \*  
Supplemental Security Income (SSI) to aid persons with low incomes \*  
Wartime Veteran's Pension (under certain conditions) (888) 865-8387  
Veteran's pension \* (888) 865-8387  
No Social Security restrictions on amount of income received from employment  
Certain tax relief programs

## **At 70 Years of Age**

No fishing license required (Proof of age will function as fishing license)

*\* programs with income and other eligibility requirements*

## **Newsletter - The Service Network**

### **Official Union County Publication**

- [July 2019](#)
- [May 2019](#)
- [January 2019](#)
- [July 2018](#)
- [January 2018](#)
- [November 2017](#)
- [September 2017](#)
- [July 2017](#)
- [May 2017](#)
- [March 2017](#)
- [January 2017](#)

## **Statewide County Offices On Aging**

**Atlantic** 609-645-7700 ext. 4700

**Bergen** 201-336-7400

**Burlington** 609-265-5069

**Camden** 856-858-3220

**Cape May** 609-886-2784

**Cumberland** 856-453-2220

**Essex** 973-395-8375

**Gloucester** 856-384-6900

**Hudson** 201-369-4313

**Hunterdon** 908-788-1361

**Mercer** 609-989-6661

**Middlesex** 732-745-3295

**Monmouth** 732-431-7450

**Morris** 973-285-6848

**Ocean** 732-929-2091  
**Passaic** 973-569-4060  
**Salem** 856-339-8622  
**Somerset** 908-704-6346  
**Sussex** 973-579-0555  
**Union** 888-280-8226  
**Warren** 908-475-6591

## **Frequently Called Numbers**

**Adult Protective Services (Catholic Charities)** 908-497-3902

**American Association of Retired Persons (AARP)** - In New Jersey  
1-866-542-8165

**Consumer Affairs, Union County Division** of 908-654-9840

**Disabled, Union County Office for the** 908-527-4807

**Disaster Distress Helpline (DDH)**

TTY Text Talk to 1-800-985-5990

1-800-846-8517

66746

**Elizabeth Office on Aging** 908-820-4044

**Federal Emergency Management Agency (FEMA)**

TTY 1-800-621-3362

1-800-462-7585

**Hispanic Services (Catholic Charities)** 908-497-3950

**Home Energy Assistance Program (HEAP a/k/a LIHEAP) PROCEED:**

908-351-7727

**Homeless Emergency Services:**

For Homeless Individuals, Families, or Victims of Domestic Violence

Gateway Family YMCA 1-908-355-9622

YWCA of Eastern Union County 1-908-355-1995

**Medical Assistance Customer Center/Medicaid** 732-863-4400

**Medicare** 1-800-633-4227

**Aging and Disability Resource Connection (ADRC) 1-877-222-3737**

**Nursing Home Information (S.A.F.E.) 908-497-3950**

**Office of the Public Guardian for Elderly Adults 1-609-341-5555**

**Ombudsman for the Institutionalized Elderly 1-609-943-4023**

**Elderly Abuse Hotline: 1-877-582-6995**

**Parks and Recreation, Union County Division of 908-527-4900**

### **Passport Information**

Elizabeth: 908-527-4968

Westfield: 908-654-9859

**Psychiatric Emergency Services Crisis Hotline: 908-668-2599**

**Red Cross Emergency Services 1-800-733-2767**

**Social Security 1-800-772-1213**

**State Health Insurance Program (S.H.I.P.) SAGE Eldercare 908-273-6999**

**NJ Department of Health 1-800-367-6543**

**Transportation for Seniors (Union County Paratransit System / Reservations) 908-241-8300**

**Union County Division On Aging Toll Free: 1-888-280-8226**

Call about Day Care, Home Care, Education, Employment, Counseling, Financial Help, Housing, Legal Help, Help with Prescriptions, Support Group Information  
For Spanish

908-527-4870

908-527-4872

908-527-4859 Spanish

## **Adult Day Centers**

Social Day Care provides developmental, nutritional, and social activities under professional supervision.

Medical Day Care adds prescribed therapies. Transportation is included as a part of the service. Clients may include frail, impaired or isolated elderly. Adult Day Care encourages participants' independence and gives caregivers some free time. Ask for the Day Care Coordinator.

**2nd Home Adult Day Center (Medical)**

432 No. Broad Street  
Elizabeth, NJ 07207  
908-436-0018

**Cedar Harbor Adult Medical Day Center**

545 E. First Avenue  
Roselle, NJ 07203  
908-298-8588

**Daybreak Adult Medical Day Care**

712 Newark Avenue  
Elizabeth, NJ 07208  
908-353-3530

**Five-Star Adult Day Care (Medical)**

1201 Deerfield Terrace  
Linden, NJ 07036  
908-486-5750

**Home Sweet Home**

550 No. Broad Street  
Elizabeth, NJ 07201  
908-994-0050

**JFK Adult Medical Day Care (Medical) \***

3 Progress Street, Suite 103  
Edison, NJ 08820  
908-912-1910

**Sarah Care Adult Day Care (Medical / Social / Alzheimers / VA)**

130 Route 22 East  
North Plainfield, NJ 07060  
[www.SarahCareWS.com](http://www.SarahCareWS.com)  
908-561-8888

**Senior Spirit Medical Day Center**

430 E. Westfield Avenue  
Roselle Park, NJ 07204  
908-241-9393

**SAGE Eldercare (Medical / Social / Alzheimer's) \***

Spend-A-Day Adult Day Health Center  
290 Broad Street  
Summit, NJ 07901  
908-598-5520  
908-273-5550

**Town Square**

1155 E. Jersey Street  
Elizabeth, NJ 07201-2310  
908-787-0980

**Wise Adult Day Services (Social / Alzheimer's) \***

Gateway Family Services  
2095B Berwyn Street  
Union, NJ 07083  
908-687-2995  
908-687-2993

*\* Asterisk indicates that this agency currently receives funding from the Union County ADRC.*

**Adult Protective Services**

**Adult Protective Services**

Catholic Charities  
505 South Avenue, East  
Cranford, NJ 07016  
908-497-3902

**Central Jersey Legal Services**

60 Prince Street  
Elizabeth, NJ 07208  
908-354-4340

**Community Health Law Project (CHLP)**

65 Jefferson Avenue  
Elizabeth, NJ 07201  
908-355-8282



## **Office Of The Public Guardian For Elderly Adults**

PO 812

Trenton, NJ 08625-0812

1-609-341-5555

## **Ombudsman Office For The Institutionalized Elderly**

P.O. Box 812

Trenton, NJ 08625-0807

Elderly Abuse HOTLINE: 1-609-943-4023

1-877-582-6995

## **Psychiatric Emergency Services Mobile Outreach - Crisis**

(Medicare Certified and Medicaid Provider)

908-668-2599

## **Victim / Witness Assistance Program**

32 Rahway Avenue, 1st Floor

Elizabeth, NJ 07207

908-527-4596

## **Alcoholism Services**

Counseling, support, and referral services for recovering alcoholics and their families; preventive education is an integral part of the service

## **Alcohol / Heroin Outpatient Treatment Center at Trinitas Regional Medical Center**

655 East Jersey Street

Elizabeth, NJ 07206

908-994-7043

## **Division of Recreation - Plainfield**

505 Watchung Avenue

Plainfield, NJ 07060

Call for schedule. 908-753-3082

## **Charter Behavioral Health Systems**

19 Prospect Street

Summit, NJ 07901

908-522-7000

### **Prevention Links**

121-125 Chestnut Street

3rd floor

Roselle, NJ 07203

732-381-4100

### **PROCEED - Bilingual Services**

1126 Dickinson Street

Elizabeth, NJ 07201

908-351-7727

### **Seton Center For Chemical Dependency**

225 Williamson Street

Elizabeth, NJ 07207

908-353-8830

### **Union County Alcoholism And Drug Abuse Coordinator**

Administration Building

Elizabethtown Plaza

Elizabeth, NJ 07207

908-527-4837

## **Cancer Resources**

### **Breast Cancer Resource Center**

YMCA @ Princeton

59 Paul Robeson Place

Princeton, NJ 08540

609-497-2100

### **Cancer Care of New Jersey**

141 Dayton Street, Suite 204

Ridgewood, NJ 07450

1-800-813-4673

### **Cancer Society, American**

507 Westminster Avenue

Elizabeth, NJ 07208

1-800-227-2345

### **Consumer Affairs**

Assists in the enforcement of relevant state and federal laws and regulations designed to promote fair consumer practices in the marketplace.

### **Consumer Affairs, Union County Division Of**

300 North Avenue, East

Westfield, NJ 07090

908-654-9840

### **Counseling Services**

Counseling and psychotherapy for substance abuse and mental illness through individual, family, and group therapy.

### **Acadia House**

Center for Hope Hospice

175 Glenside Avenue

Scotch Plains, NJ 07076

(Bereavement & Grief Counseling Center - West)

908-654-3711

### **Atlantic Behavioral Health**

Outpatient Therapy & Counseling

46-48 Beauvoir Avenue

Summit, NJ 07901

Intensive Care and Psychological Counseling

908-522-4800

### **Catholic Charities**

505 South Avenue, East Hispanic:

Cranford, NJ 07016

908-497-3900 | 908-497-3950

**Counseling Centers For Human Development**

201 Lincoln Avenue, East  
Cranford, NJ 07016  
908-276-0590

**Family And Children'S Services**

40 North Avenue  
Elizabeth, NJ 07208  
908-352-7474

**Family Resource Center of Trinitas Hospital**

300 North Avenue  
Cranford, NJ 07016  
908-276-2244

**Jewish Family Service of Central New Jersey**

655 Westfield Avenue  
Elizabeth, NJ 07208  
908-352-8375

**Mental Health Association**

2333 Morris Avenue  
Bldg. C, Suite 206-208  
Union, NJ 07083  
908-810-1001

**Mount Carmel Guild - Behavioral Health Clinic**

108 Alden Street  
Cranford, NJ 07016  
908-497-3968

**PROCEED - Bilingual Counseling**

1126 Dickinson Street  
Elizabeth, NJ 07201  
908-351-7727

**Psychiatric Emergency Services Mobile Outreach - Crisis**

Medicare Certified and Medicaid Provider

908-668-2599

**Robert Wood Johnson University Hospital At Rahway**

865 Stone St.

Rahway, NJ 07065

732-381-4200

**Senior Adult Frail Elderly Center (SAFE)**

505 South Avenue, East

Cranford, NJ 07016

908-497-3950

**U.C.P.C. / Plainfield (Behavioral Health Care)**

117-119 Roosevelt Avenue

Plainfield, NJ 07060

908-756-6870

**United Family And Children'S Society**

305 West 7th Street

Plainfield, NJ 07060

908-755-4848

**Trinitas Regional Medical Center**

**Geropsychiatric Services**

655 East Jersey Street

Elizabeth, NJ 07201

Psychiatric out-patient follow up.

908-994-7336

**Dental Services**

**Dental Referral Program**

*Must meet PAAD guidelines*

Senior Citizens Council

2204 Morris Avenue, Suite 102

Union, NJ 07083

908-964-7555

**Dental Clinics**

Overlook Hospital  
Plainfield Health Center  
908-522-2901 | 908-753-6401

### **Rutgers School Of Health Related Professionals**

Dental cleaning and examination for age 55+ for \$16.00  
Scotch Plains, NJ 07076  
908-889-2410

### **Dental Home Services**

Dentistry at Home  
[www.dentalhomeservices.com](http://www.dentalhomeservices.com)  
1-800-842-4663

### **Visiting Dental Associates**

Dentistry at Home  
201-670-0097

### **NJ Mobile Dental Practice**

Dentistry at Home  
1-800-342-2300

### **Middlesex County Dental Hygiene Clinic**

2600 Woodbridge Ave  
Edison, NJ 08818  
732-906-2536

## **Education**

Continued or renewed educational experiences for older adults who want to expand their horizons or develop new interests.

### **Rhodes Scholar** (a Non-Profit Organization)

75 Federal Street  
Boston, Mass. 02110-1941  
Provider of high quality, educational opportunities for older adults  
1-877-426-8056

### **Kean University**

1000 Morris Avenue  
Union, NJ 07083  
Career Counseling Workshops / Continuing Education  
908-527-2210

**Life Center**

62+  
Union County College  
908-709-7000

**Literacy New Jersey**

121-125 Chestnut Street  
Suite 203  
Roselle, NJ 07203  
908-486-1777

**Literacy Volunteers Of Union County**

Elizabeth Public Library  
11 South Broad Street  
Elizabeth, NJ 07202  
908-354-6060 ext. 214

**New Jersey Division Of Vocational Rehabilitation (DVR)**

921 Elizabeth Avenue, 3rd Fl.  
Elizabeth, NJ 07201  
908-965-3940

**Rutgers Cooperative Extension of Union County**

300 North Avenue, East  
Westfield, NJ 07090  
908-654-9854

**Union County College**

1033 Springfield Avenue  
Cranford, NJ 07016  
908-709-7100  
12 W. Jersey St., Elizabeth 908-965-6000  
232 E. 2nd St., Plainfield 908-412-3591  
1200 Raritan Rd., Scotch Plains 908-889-2400

**Union County Senior Scholars**

Union County College  
Free for Union County residents aged 60+  
908-709-7600

### **University Without Walls, Dorot**

Classes and support groups for caregivers and homebound elderly

[www.dorotusa.org](http://www.dorotusa.org)

212-769-2850

## **Eldercare Locator**

To find information about community services for older people anywhere in the United States and its territories, go to:

### **Eldercare Locator**

[www.eldercare.gov](http://www.eldercare.gov)

1-800-677-1116

## **Emergency Medical Identification**

Medical ID bracelets/necklaces

### **American Medical Identification**

1-800-363-5985

### **Medic Alert**

1-800-432-5378

### **Township of Union Senior Center**

'Emerg Alert' bracelet

*For Union Township residents only*

968 Bonnel Court

Union, NJ 07083

908-851-5290

## **Emergency Response Systems**

These response systems provide isolated frail individuals with 24-hour access to outside sources of help. For emergencies, dial 911.

### **Gregorio Center**



*Serves Linden residents only*

330 Helen Street  
Linden, NJ 07036  
908-474-8627

**LifeLine Program**

1-800-852-5433

**PERSYS: Personal Emergency Response System NJ:**

New Jersey: 1-800-492-4051

US: 1-800-631-7370

**Project Lifesaver Program**

Union County Sheriff's Office  
908-273-1608

**Phillips Lifeline** 1-800-579-3341

**Wise Day Care (PERSYS)**

2095B Berwyn Street  
Union, NJ 07083  
908-687-2995

**LifeStation**

1-800-446-3300

**Employment Services**

Training and job placement opportunities for senior citizens seeking part or full time employment.

**Association For Retarded Citizens (ARC), Union County**

52 Fadem Road  
Springfield, NJ 07081  
973-315-0000

**Division of Vocational Rehabilitation (DVR)**

921 Elizabeth Avenue 3rd fl  
Elizabeth, NJ 07201  
Employment for People with Disabilities  
908-965-3940

**American Job Centers (Main Office)**

Union County Department of Human Services  
10 Elizabethtown Plaza, 4th Floor  
Elizabeth, NJ 07207  
908-527-4880

**American Job Centers (Eastern Office)**

921 Elizabeth Avenue  
Elizabeth, NJ 07201  
908-558-8000

**American Job Centers (Western Office)**

200 W. Second Street  
Plainfield, NJ 07060  
1-908-757-9090

**Easter Seals of New Jersey**

25 Kennedy Boulevard, Suite 600  
East Brunswick, NJ 08816  
732-257-6662  
Elizabeth Office: 908-965-3962  
Plainfield Office: 908-412-7976

**Kean University - Continuing Education**

1000 Morris Avenue  
Union, NJ 07083  
Career Counseling Workshops  
908-737-3430

**Older Workers Benefit Protection**

c/o Equal Employment Opportunities Commission (EEOC)  
Washington DC  
202-663-4637

**One Stop Career Center (Elizabeth)**

Union County Department of Human Services - Eastern Division  
921 Elizabeth Avenue  
Elizabeth, NJ 07201  
908-558-8000

**One Stop Career Center (Plainfield)**

Union County Department of Human Services – Western Division  
200 W. Second Street  
Plainfield, NJ 07060  
908-757-9090

**One Stop Career Center Satellite Office**

Union County College  
12-24 W. Jersey Street – Room 600  
Elizabeth, NJ 07207  
908-659-5214

**Professional Service Group of Central NJ**

info@psgcnj.biz  
908-445-5730

**State Employment Services of New Jersey**

Workforce of New Jersey  
921 Elizabeth Avenue  
Elizabeth, NJ 07201  
908-820-3200

**U.S. Equal Employment Opportunity Commission (EEOC)**

1 Newark Center, 21st Floor  
Newark, NJ 07102-5233

[www.eeoc.gov](http://www.eeoc.gov)

1-800-669-4000

TDD: 1-800-669-6820

973-645-6383

Inquiries: 973-645-3004

**Workforce 55+**

Department of Labor  
200 W. Second Street  
Plainfield, NJ 07060  
908-412-7969

## **Financial Assistance**

Services and programs which help older citizens meet medical, pharmaceutical, food, rental, and utility expenses. These may be subject to income/age tests. Consumer protection, counseling, and tax preparation services are also available.

### **Low Income Home Energy Assistance Program (LIHEAP)**

Heat/Medically Necessary Cooling

[www.energyassistance.nj.gov](http://www.energyassistance.nj.gov)

908-351-7727

### **Jewish Family Services**

655 Westfield Avenue

Elizabeth, NJ 07208

Volunteers help frail elderly in their homes with bill paying

908-352-8375

### **Lifeline Program - Help with Utility Bills**

P.O. Box 714

Trenton, NJ 08625-0714

1-800-792-9745

### **Municipal Welfare Departments**

*Contact Local Municipality*

### **New Jersey Shares - Utility Assistance**

[www.njshares.org](http://www.njshares.org)

1-866-657-4273

### **Affordable Housing Alliance Page Program**

1-732-982-8710

[www.njpoweron.com](http://www.njpoweron.com)

### **Pharmaceutical Assistance Plan (PAAD)**

P.O. Box 715

Trenton, NJ 08625-0715

1-800-792-9745

### **Senior Gold**

P.O. Box 724

Trenton, NJ 08625-0724

1-800-792-9745

**Social Security / Medicare**

855 Lehigh Avenue

Union, NJ 07083

1-800-772-1213

TTY / TDD: 1-800-325-0778

**Social Services, Union County Div. of**

342 Westminster Avenue

Elizabeth, NJ 07207

(SNAP) 908-965-2700

(Adult Medicaid) 908-965-3745

**Social Services, Union County Div. of**

200 West Second Street

Plainfield, NJ 07060

(SNAP) 908-791-7000

(Adult Medicaid) 908-791-7093

**Urban League**

288 N. Broad Street

Elizabeth, NJ 07208

908-351-7200

**Victims of Crime Compensation Board**

50 Park Place 6th fl

Newark, NJ 07102

1-800-242-0804

**Taxation, State Division Of**

Touch-Tone Phone:

Rotary Dial Phone: 1-800-323-4400

Jersey FAIR Homeowner Rebate Tax Application: 609-292-6400

FAIR hotline available weekdays 8:30am-4:30 pm: 1-877-658-2972

Property Tax Reimbursement (Senior Freeze) weekdays 8:30 am-4:30 pm: 1-888-238-1233

[www.state.nj.us/treasury/taxation](http://www.state.nj.us/treasury/taxation)

1-800-882-6597

## **New Jersey Department of The Treasury**

124 Halsey Street  
Newark, NJ 07101  
973-648-4700

## **New Jersey Inheritance Tax**

124 Halsey Street  
Newark, NJ 07101  
973-648-3486

## **Internal Revenue Service (IRS)**

970 Broad Street  
Newark, NJ 07102  
1-800-829-1040

## **Property Tax Reductions**

*Contact Local Tax Assessor*

## **Income Tax Assistance**

Volunteer Income Tax Assistance Program (VITA)  
AARP Income Tax Assistance Program  
1-800-906-9887  
1-888-227-7669

## **Union County Taxation Board**

For questions on property taxes  
908-527-4775

## **Reverse Mortgages**

HUD Counseling Urban League  
908-351-7200

## **Geriatric Assessment Programs**

Comprehensive evaluation, diagnosis, and treatment of dementia/mental health disorders.

## **Atlantic Health System**

100 Madison Avenue  
Morristown, NJ 07960  
973-971-7022

## **COPSA Institute for Alzheimer'S Disease & Related Disorders**

Comprehensive Outreach Program for Senior Adults

Rutgers University Behavioral Health

100 Metroplex

Edison, NJ 08818

NJ residents: 732-235-8400

Out of state: 732-235-4356

To schedule appointment: 1-800-969-5300

## **Newark Beth Israel Medical Center for Geriatrics**

156 Lyons Avenue

Newark, NJ 07112

973-926-8491

## **Trinitas Regional Medical Center**

655 E. Jersey Street

Elizabeth, NJ 07206

908-994-7336

## **Grandparent Programs**

### **Grandparent Information Center**

AARP 1-800-424-3410

### **Grandparents Raising Grandchildren**

Jewish Family Service of Central New Jersey

655 Westfield Avenue

Elizabeth, NJ 07208

908-352-8375

## **Hearing Impaired Services**

Education, training, and support services for deaf and hearing-impaired senior citizens

### **Hear Now**

Help with hearing aides depending on income

1-800-648-4327

**Hearing Aid Assistance to the Aged & Disabled**

P.O. BOX 715

Trenton, NJ 08625-0715

1-800-792-9745

**Hearing Center**

49 Brant Avenue

Clark, NJ 07066

732-574-3550

**Kean University Speech & Hearing Clinic**

1000 Morris Avenue

Union, NJ 07083

908-737-5800

**New Jersey Hearing Aid Project**

Montclair State University

1515 Broad Street Bldg. B

Bloomfield, NJ 07003

1-800-772-8339

**Catholic Charities Archdiocese Of Newark**

171 Clifton Avenue

Newark, NJ 08104-0500

973-497-4312

TTY: 973-497-4311

**New Jersey Division Of The Deaf And Hard Of Hearing**

1-609-984-7281

Voice and TTY: 1-800-792-8339

**VA Medical Center**

973-676-1000 ext. 1842

**Home Care - Caregiver Services**

Skilled nursing, home health aide, and homemaker services ease the burdens of extended home care, enabling senior citizens to maintain maximum independence



in their homes. Services include homemaker, personal care, physical therapy, occupational therapy, speech therapy, medical social work, nutrition counseling, and/or medical health counseling. Some of these are covered by Medicare, Medicaid, or private health insurance; others are funded by state and county social service agencies. In arranging for service, it is advisable to check your coverage

**Assisting Hands Home Care**

2025 Lincoln Hwy #150, Edison, NJ 08817  
732-243-9669

**Ace Home Healthcare, Inc**

930 Stuyvesant Avenue Suite 12  
Union, NJ 07083  
1-866-531-9657

**Amazing Grace Nursing Care Service**

2165 Morris Avenue, Suite 1A  
Union, NJ 07083  
908-206-9988

**Artisan Homecare**

6 North Union Avenue, Suite 1  
Cranford, NJ 07016  
1-800-272-5484

**Bayada Nurses**

324 Chestnut St.  
Union, NJ 07083  
908-687-6363

**Comfort Keepers**

One Mountain Boulevard  
Warren, NJ 07059  
732-369-3639

**Comforcare**

1199 Route 22 East  
Mountainside, NJ 07092

908-408-5220

**Community Access, Unlimited**

80 W. Grand Street  
Elizabeth, NJ 07202  
908 354 3040

**Companion Care LLC**

P.O. Box 6265  
Hillsborough, NJ 08844  
908-688-4423

**Full Circle Health Service**

1460 Morris Avenue, Suite 2A & 2B  
Union, NJ 070083  
908-624-1005

**Helping Hands Home Care**

77 Central Avenue  
Clark, NJ 07066  
908-451-0715

**Holy Redeemer Home Care \***

354 Union Avenue Intake:  
Elizabeth, NJ 07208  
908-352-5694  
1-800-255-8986

**Home Instead Home Care**

66 Morris Avenue  
Springfield, NJ 07081  
973-379-4910

**HomeWell Senior Care**

15 Dyatt Place  
Hackensack, NJ 07601  
201 983 2587

**Jewish Family Services Of Central New Jersey \***

655 Westfield Avenue  
Elizabeth, NJ 07208  
908-352-8375

**JFK at Home**

65 James Street  
Edison, NJ 08818  
1-800-401-9212

**Premier Home Health Services, Inc.**

1801 East 2nd Street, Lower level  
Scotch Plains, NJ 07076  
908-322-8883

**Right at Home**

10 Fairmount Avenue  
Chatham, NJ 07928  
973-701-9832

**SAGE Eldercare\***

290 Broad Street  
Summit, NJ 07901  
[www.sageeldercare.org](http://www.sageeldercare.org)  
908-273-8400

**Care Finders Total Care**

1767 Morris Avenue  
Union, NJ 07083  
908-810-5370

**Union Township Community Action Organization\***

2410 Springfield Avenue  
Vauxhall, NJ 07088  
908-686-6150

**Visiting Angels**

2816 Morris Avenue Suite 37  
Union, NJ 07083  
908-497-7016

## **Visiting Angels**

16 W. Elizabeth Avenue

Suite 2

Linden 07036

908-290-3222

\*Asterix indicated that this agency currently receives funding from the Union County

Division on Aging

## **Hospice Programs**

Hospice provides a way of helping individuals in advanced stages of illness. It offers a team approach in meeting the physical, emotional, and spiritual needs of the patient and family. Whenever possible, the patient is cared for in the comfort of the home setting.

### **Atlantic Home Care & Hospice**

465 South Street, Suite 1

Morristown, NJ 07960

973-379-8440

### **Center for Hope Hospice & Palliative Care**

1900 Raritan Road

Scotch Plains, NJ 07076

[www.centerforhope.com](http://www.centerforhope.com)

908-889-7780

### **Father Hudson House (Hospice Assisted Living Facility)**

Center for Hope Hospice

111 Dehart Place

Elizabeth, NJ 07202

908-353-6060

### **Peggy Coloney's House (Hospice Assisted Living Facility)**

Center for Hope Hospice

1900 Raritan Road

Scotch Plains, NJ 07076

908-889-7780

## **Robert Wood Johnson University Hospital at Rahway**

865 Stone Street  
Rahway, NJ 07065  
1-888-997-9584

## **Homeside Hospice**

67 Walnut Avenue, Suite 205  
Clark, NJ 07066  
732-381-3444

## **JFK Haven Hospice**

65 James Street  
Edison, NJ 08818  
732-321-7769

## **Hospitals**

### **Children's Specialized Hospital**

150 New Providence Road  
Mountainside, NJ 07092  
908-233-3720

### **Overlook Hospital**

99 Beauvoir Avenue  
P.O. Box 220  
Summit, NJ 07901-0220  
908-522-2000

### **Robert Wood Johnson University Hospital at Rahway**

865 Stone Street  
Rahway, NJ 07065  
732-381-4200

### **Trinitas Regional Medical Center**

(New Point Campus)  
655 East Jersey Street

Elizabeth, NJ 07206

908-994-8600

### **Trinitas Regional Medical Center**

(Williamson Street Campus)

225 Williamson Street

Elizabeth, NJ 07207

908-994-5000

## **Housing Information**

Homelessness, Emergency Services, Housing Authorities, 55+ Housing, Housing Units, Assisted Living & Residential Health Care Facilities, Shared Housing, Nursing Homes, Home Repairs. Subsidized senior housing is available in the communities listed. There may be long waiting lists for placement.

### **Homeless Prevention Planner of Union County**

908-527-4839

#### **Emergency Services**

Elizabeth Coalition (motel/hotel)

Office: 118 Division Street

Elizabeth, NJ 0720

908-353-4006

### **Salvation Army - Elizabeth**

1018 E. Grand Street

Elizabeth, NJ 07201

908-352-7057

## **Housing Authorities**

Congregate or group meals are served in units marked with an asterisk \*

### **Elizabeth, Housing Authority of**

688 Maple Avenue, Elizabeth, NJ 07202

908-965-2400

(4 Units)

Farley Towers \* at 33 Cherry Street  
Ford Leonard Towers at 69 Division Street  
Kennedy Arms Apartments at 70 Westfield Avenue  
O'Donnell-Dempsey \* at 632 Salem Avenue  
Elizabethport Commons at 205 First Street

**Linden, Housing Authority of**

1601 Dill Avenue, Linden, NJ 07036

908-298-3820

(3 Units)

Ann Ferguson Towers \* at 1601 Dill Avenue  
Murawski Towers at 1551 Dill Avenue  
John T. Gregorio Towers \* at 1425 Dill Avenue

**Plainfield, Housing Authority of**

510 East Front Street, Plainfield, NJ 07060

908-769-6335

(1 Unit)

Richmond Towers \* at 510 East Front Street

**Rahway, Housing Authority of**

165 East Grand Avenue, Rahway, NJ 07065

732-388-3546

(3 Units)

Kennedy Apartments \* at 250 Grand Avenue, West  
Walter Schafferhauser Towers at 165 East Grand Avenue  
Clifford Case Memorial Apts. at 337 West Milton Avenue

**Summit, Housing Authority of**

Summit, NJ 07901

908-273-6413

(1 Unit)

Senior Housing Unit 12 Chestnut Ave.

**NJ Dept. Of Community Affairs - Section 8 Program**

200 West 2nd Street, Plainfield, NJ 07060

908-412-3700

# **55+ Housing Facilities in Union County**

## **Park Terrace**

805 School Street  
Rahway, NJ 07065  
1-877-566-9583

## **Rosegate**

555 E. Hazelwood Avenue  
Rahway, NJ 07065  
732-852-7847

## **Woodcrest @ Clark**

1245 Westfield Avenue  
Clark, NJ 07066  
732-340-0069

For subsidized units contact Piazza & Associates 1-609-786-1100

## **Spring Mill Manor**

32 Blacks Lane  
Springfield, NJ 07081  
973-258-9455

# **Housing Units**

## **Cranford**

Gill Apartments  
40 Meeker Avenue  
908-272-9180

## **Lincoln Apartments \***

800 Lincoln Avenue, East  
908-931-0194

## **Elizabeth**

Alexian Manor  
122 Seventh Street  
908-352-0080



Elizabeth Towers

315 West Grand Street

908-355-4500

Heritage Village at Elizabeth

225 Second Street

908-965-1160

Immaculate Conception

59-63 Westfield Avenue

Elizabeth, NJ 07208

908-289-1911

Winfield Scott Tower

323 No. Broad Street

1-201-332-9400

### **Garwood**

Village at Garwood

320 Second Avenue

908-789-3330

### **Linden**

Morningstar Court \*

701 Cranford Avenue

908-486-8200

### **Plainfield**

Cedarbrook Park Apartments

1272 Park Avenue

908-756-5656

Tower West

601 West Seventh Street

908-668-1963

Covenant Place

623 E. Front Street

908-791-9430

### **Rahway**

Golden Age Towers \*

200-220 East Milton Avenue

732-499-7950

Myers Senior Housing

1447 Esterbrook Avenue  
732-540-8748

### **Roselle**

Roselle Senior Citizen Housing - Pinewood Hall

250 West Second Avenue  
908-241-5414

Roselle Senior Housing

400 Grand Street  
908-289-9007

### **Scotch Plains**

Senior Citizen Housing

2002 Lake Avenue  
908-654-1313

### **Springfield**

Springfield Senior Citizen Housing, Inc.

350 Independence Way  
973-467-1480

### **Union**

Ehrhart Gardens \*

100 Francis Court  
908-688-0565

Nora Gardens

Senior Housing Corporation #3, 1775 Burnet Avenue  
908-686-9100

Schaefer Gardens \*

35 W. Sumner Avenue  
908-964-9343

### **Westfield**

First Westfield Senior Citizen Housing Corp.

1133 Boynton Avenue  
908-233-5898

Second Westfield Senior Citizen Housing Corp.

1129 Boynton Avenue  
908-518-9586

## **Assisted Living And Residential Health Care Facilities**

Assisted Living Facilities provide coordinated supportive personal and health services.

Residential Health Care Facilities are for those who require very little or no medical supervision.

### **Amber Court of Elizabeth**

(Formerly Carteret Senior Living)

1155 E Jersey Street

Elizabeth, NJ 07201

908-352-9200

### **Atria in Cranford**

10 Jackson Drive

Cranford, NJ 07016

908-709-4300

### **Birchwood Square**

205 Birchwood Avenue

Cranford, NJ 07016

908-272-6660

### **Brighton Gardens**

1350 Route 22 West

Mountainside, NJ 07092

908-654-4460

### **Delaire Nursing & Convalescent Center**

400 W. Stimpson Avenue

Linden, NJ 07036

908-862-3399

### **Spring Meadows of Summit**

41 Springfield Avenue

Summit, NJ 07096

908-522-8852

### **Sunrise Senior Living of Westfield**

240 Springfield Avenue

Westfield, NJ 07090

908-317-3030

**The Woodlands / Genesis Eldercare**

1400 Woodland Avenue

Plainfield, NJ 07060

908-753-1113

**The Chelsea @ Fanwood**

295 South Avenue

Fanwood, NJ 07023

908-654-5200

**Nursing Homes**

**Abbott Manor**

810 Central Avenue

Plainfield, NJ 07060

908-757-0696

**Alaris Health At Riverton**

1777 Lawrence Street

Rahway, NJ 07065

732-499-7927

**Ashbrook Nursing Home** (Featuring Indian Service Unit)

1610 Raritan Road

Scotch Plains, NJ 07076

908-889-5500

**Berkeley Meadows Nursing Home**

311 Springfield Avenue

Berkeley Heights, NJ 07922

908-464-9260

**Berkeley Heights Convalescent Center**

35 Cottage Street

Berkeley Heights, NJ 07922

908-464-0048

**Brother Bonaventure Extended Care Center**

655 East Jersey Street

Elizabeth, NJ 07206

908-994-7050 (or 7051)

**Clark Nursing & Rehabilitation Center**

1213 Westfield Avenue

Clark, NJ 07066

732-396-7100

**Cornell Hall Nursing & Rehabilitation Center**

234 Chestnut Street

Union, NJ 07083

908-687-7800

**Cranford Park Rehabilitation & Health Care Center**

600 Lincoln Park, East

Cranford, NJ 07016

908-276-7100

**Cranford Health And Extended Care**

205 Birchwood Avenue

Cranford, NJ 07016

908-272-6660

**Delaire Nursing And Convalescent Center**

400 W. Stimpson Avenue

Linden, NJ 07036

908-862-3399

**Elizabeth Nursing Home**

1048 Grove Street

Elizabeth, NJ 07202

908-354-0002

**Elmora Hills Healthcare And Rehabilitation Center**

225 W. Jersey Street  
Elizabeth, NJ 07202  
[www.elmorahills.com](http://www.elmorahills.com)  
908-353-1220

**Genesis Eldercare, Westfield Center**

1515 Lamberts Mill Road  
Westfield, NJ 07090  
908-233-9700

**Genesis Eldercare, The Woodlands**

1400 Woodlands Avenue  
Plainfield, NJ 07060  
908-753-1113

**Glenside Nursing Home**

144 Gales Drive  
New Providence, NJ 07974  
908-464-8600

**Hartwyck at Cedarbrook Nursing & Convalescent Center**

1340 Park Avenue  
Plainfield, NJ 07060  
908-754-3100

**HCR Manor Care**

1180 Route 22 West  
Mountainside, NJ 07092  
908-654-0020

**New Jersey Geriatric Center Of Workmen'S Circle**

225 West Jersey Street  
Elizabeth, NJ 07202  
908-353-1220

**Norwood Terrace Health Care Center**

40-44 Norwood Avenue  
Plainfield, NJ 07060  
908-769-1400

### **Plaza Nursing and Convalescent Center**

456 Rahway Avenue  
Elizabeth NJ 07202  
908-354-1300

### **Riverton Nursing & Rehab. Center**

1777 Lawrence Street  
Rahway NJ 07065  
732-499-7927

### **Runnells Center For Rehabilitation & Health Care**

40 Watchung Way  
Berkeley Heights, NJ 07922  
908-771-5700

### **South Mountain Health Care & Rehabilitation Center**

2385 Springfield Avenue  
Vauxhall, NJ 07088  
908-688-3400

## **Nursing Home Report Card Website**

### **Nursing Home Compare Database**

[www.medicare.gov](http://www.medicare.gov) - click on Resource Locator

## **Home Repairs**

### **Cranford Neighborhood Improvement Senior Handyman Program**

29 South Avenue, West, 2nd Fl.  
Cranford, NJ 07016  
908-709-7294

### **Community Access, Unlimited**

80 W. Grand Street  
Elizabeth, NJ 07202

908 354 3040

**Elizabeth Home Improvement Program**

50 Winfield Scott Plaza - Room 109

Elizabeth, NJ 07201

908-352-8450

**Mountainside Senior Citizen Handyman Program**

1385 Route 22 East

Mountainside, NJ 07092

908-232-4406

**Plainfield Comprehensive Housing Assistance Program**

515 Watchung Avenue

Plainfield, NJ 07060

908-753-3377

**PROCEED, Inc.**

1126 Dickinson Street

Elizabeth, NJ 07201

908-351-7727

**Rahway Community Development & Housing Program**

Main Street and East Milton Avenue

Rahway, NJ 07065

732-827-2193

**SAGE Eldercare**

Home Repair Service - Fee

290 Broad Street

Summit, NJ 07901

908-598-5501

908-273-5550

**Union Township Community Development**

1976 Morris Avenue

Union, NJ 07083

908-810-7071



### **Urban League**

Weatherization for Elizabeth Residents Only  
288 N. Broad Street  
Elizabeth, NJ 07208  
908-351-7200

### **Development Directions**

2 City Hall Plaza 2nd fl.  
Rahway, NJ 07065  
Does not serve Elizabeth, Rahway, Plainfield, Union, Winfield Park  
732-382-8100

## **Legal Assistance**

Legal services are provided by or supervised by qualified attorneys to assist senior citizens with public entitlements, mental health problems, wills, disability litigation, and civil law problems.

### **Bar Association, American**

732-249-5000

### **Bar Association, Union County**

Lawyer Referral Service  
Call Mon. thru Thurs. between 10 am - 1 pm)  
908-354-5984  
908-353-4715

### **Central Jersey Legal Services**

60 Prince Street  
Elizabeth, NJ 07208  
908-354-4340

### **Community Health Law Project**

65 Jefferson Avenue  
Elizabeth, NJ 07201  
908-355-8282

### **Equal Employment Opportunity Commission (EEOC)**

973-645-6383

### **Public Defender, Union County**

908 820-3070

**State Division On Civil Rights**

Law and Public Safety

973-648-2700

**Surrogate, Union County**

Union County Courthouse

Elizabeth, NJ 07207

Help with wills, probates and adoptions

908-527-4280

**Victims of Crimes Compensation Board**

50 Park Pl., 6th Floor

Newark, NJ 07102

1-800-242-0804

**Medical Insurance And Health Care Programs**

Health assistance programs which cover or help cover hospital, medical or home care costs.

Listed agencies should be contacted directly to determine eligibility.

**Division of Social Services, Union County**

342 Westminster Avenue

Elizabeth, NJ 07207

Serves Elizabeth, Hillside, Kenilworth, Linden, Mountainside, New Providence, Roselle, Roselle Park, Springfield, Summit, Union, Vauxhall, and Winfield

908-965-2700

**Division of Social Services, Union County**

200 W. Second Street .

Plainfield, NJ 07060

Serves Berkeley Heights, Clark, Cranford, Fanwood, Garwood, Rahway, Plainfield, Scotch Plains, and Westfield

908-791-7000

**(MLTSS) Medicaid Managed Long Term Services & Supports**

Eastern Union Co. 908-965-3745

Western Union Co. 908-791-7093

### **Medicaid District Office**

45 Kilmer Road

Edison, NJ 08817

732-863-4400

### **Medicare / Social Security Office**

855 Lehigh Avenue

Union, NJ 07083

1-800-772-1213

### **Medicare Toll-Free Number**

1-800-633-4227

### **Medicare Fraud**

To Report Fraud 1-800-638-6833

### **New Jersey Care**

Special Medicaid Program

342 Westminster Avenue

Elizabeth, NJ 07208

Main #: 908-965-3509

908-965-3731

### **SAGE Eldercare**

Senior Health Insurance Assistance Program of Union County (SHIP)

290 Broad Street

Summit, NJ 07901

908-273-6999

## **Nutrition Program For Seniors**

This section lists congregate (group) nutrition sites which serve a hot meal daily to county residents 60 years of age and older, and home-delivered meal services which deliver a hot meal daily to the homes of isolated frail residents 60 years of age and older. Voluntary donations are suggested, and are used to expand the program. By regulation, these meals provide one-third of the recommended daily dietary allowance. Call the Nutrition Site Manager at least one day in advance (before noon) for reservations. Note: Lunch is the meal that will be served, unless

otherwise indicated.

**Ann J. Ferguson Towers**

1601 Dill Avenue

Linden, NJ 07036

908-298-3820

*Monday thru Friday*

**Casano Community Center**

314 Chestnut Street

Roselle Park, NJ 07204

908-245-9150

*Tuesday thru Friday*

**Cranford-Lincoln Senior Apts.**

800 Lincoln Avenue, East

Cranford, NJ 07016

908-931-0194

*Tuesday and Thursday*

**Ehrhart Gardens**

100 Francis Court

Union, N.J. 07083

908-688-0565

*Monday, Tuesday and Thursday*

**Farley Towers**

33 Cherry Street

Elizabeth, NJ 07202

908-965-2454

*Monday thru Friday*

**Gregorio Center**

330 Helen Street

Linden, NJ 07036

908-474-8629

*Monday thru Friday*

**Hillside Senior Citizen Center**

265 Hollywood Avenue

Hillside, NJ 07205

908-355-8928

*Monday thru Friday*

**James F. Buckle Center**

25 Roosevelt Drive

Winfield, NJ 07036

908-925-2014

*Monday thru Friday*

**Jewish Community Center**

1391 Martine Avenue, South

Scotch Plains, NJ 07076

908-889-8800

*Kosher Site; Monday thru Thursday*

**JFK Senior Apts.**

250 West Grand Avenue

Rahway, NJ 07065

732-382-4188

*Monday thru Friday*

**Kenilworth Senior Center**

526 Boulevard

Kenilworth, NJ 07033

908-272-7743

*Monday, Wednesday and Friday*

**Liberty Square Senior Center**

240 Elizabeth Avenue

Elizabeth, NJ 07206

908-820-4700

*Monday thru Friday*

**O'Donnell-Dempsey Senior Center**

622 Salem Avenue

Elizabeth, NJ 07208

908-354-7431

*Monday thru Friday*

**Peterstown Community Center**

408 Palmer Street @ Fourth Avenue

Elizabeth, NJ 07202  
908-289-5324  
*Monday thru Friday*

**Plainfield Senior Services**

400 East Front Street  
Plainfield, NJ 07060  
908-753-3506  
*Monday thru Friday*

**Plainfield Tower West**

601 West 7th Street  
Plainfield, NJ 07060  
908-668-1963  
*Monday thru Friday*

**Richmond Towers**

510 East Front Street  
Plainfield, NJ 07062  
908-769-6335 ext. 608  
*Monday thru Friday*

**Roselle Community Center**

1268 Shaffer Avenue  
Roselle, NJ 07203  
908-245-6717  
*Thursday only*

**Schaefer Gardens**

35 Sumner Avenue  
Union, NJ 07083  
908-964-9343  
*Wednesday and Friday*

**Shady Rest at Scotch Hills**

820 Jerusalem Rd.  
Scotch Plains, NJ  
908-322-6700  
*Tuesday*

**Stephen Sampson Senior Center**

800 Anna Street

Elizabeth, NJ 07201  
908-820-4707  
*Monday thru Friday*

**Union Township Senior Center**

968 Bonnel Court  
Union, NJ 07083  
908-851-5293  
*Monday thru Friday*

**Westfield Community Center Assn.**

558 West Broad Street  
Westfield, NJ 07090  
908-232-4759  
*Tuesday, Wednesday and Thursday*

**YM-YWHA - A Jewish Community Center**

(Kosher Site)  
501 Green Lane  
Union, NJ 07083  
908-289-8112  
*Monday thru Friday*

**Home Delivered Meals**

**Meals on Wheels of Union County**

(Ask for the meals coordinator)  
1025 Pennsylvania Avenue  
Linden, NJ 07036  
Serves all of Union County. Donations are suggested.  
908-486-5100

**SAGE Eldercare**

Meals on Wheels  
290 Broad Street  
Summit, NJ 07901  
Serves Western Union County. Donations accepted.  
908-273-5554  
908-273-5550

**Mobile Meals of Westfield, Inc.**

Serves Clark, Cranford, Fanwood, Garwood, Mountainside east of Route 22,  
Scotch Plains, and Westfield  
908-233-6146

### **Jewish Family Services**

Home Delivered Kosher Meals  
908-352-8374  
Donations accepted

## **Food Shopping Services**

### **Catholic Charities**

Senior Food Shopping Program  
505 South Avenue, East  
Cranford, NJ 07016  
Bi-weekly / Eastern Union County only 908-497-3950

### **SAGE Eldercare Grocery Shopping & Errand Service**

290 Broad Street  
Summit, NJ 07901  
[www.sageeldercare.org](http://www.sageeldercare.org)  
Serves Berkeley Heights, New Providence, Springfield and Summit  
908-273-5554  
908-273-5550

### **Plainfield Action Services - Jolin Food Box Program**

510 Watchung Avenue  
Plainfield, NJ 07060  
[www.jolinfoodbox.com/plainfield-nj.html](http://www.jolinfoodbox.com/plainfield-nj.html)  
908-753-3519

## **Health Related Services**

Specialized agencies which provide information, support, counseling, and referrals

### **Alzheimer's New Jersey**

Greater New Jersey Chapter



400 Morris Avenue, Suite 251  
Denville, NJ 07834  
1-800-272-3900  
973-586-4300

**Alzheimer'S Disease & Related Disorders COPSA**

**Rutgers Univ. Behavioral Health**

100 Metroplex  
Edison, NJ 08818  
NJ residents: 732-235-4356  
Out of state: 1-800-969-5300

**American Heart Association**

900 South Avenue  
Staten Island, NY  
718-568-4500

**American Lung Association**

1031 US #22  
Bridgewater, NJ  
908-685-8040

**Arthritis Foundation**

555 Route 1, South  
Suite 220  
Iselin, NJ 08830  
732-283-4300

**Disability Rights of New Jersey**

210 S. Broad Street 3rd fl  
Trenton, NJ 08608  
1-800-922-7233  
TTY: 1-609-633-7106

**Kean University Speech And Hearing Clinic**

1000 Morris Avenue  
Union, NJ 07083  
908-737-5800

**Medical Society, Union County**

1164 Springfield Avenue  
Mountainside, NJ 07092  
908-789-8603

**Neighborhood Health Center Plainfield**

1700-58 Myrtle Avenue  
Plainfield, NJ 07063  
908-753-6401

**Neighborhood Health Center Elizabeth**

155 First Street  
Elizabeth, NJ 07206  
908-355-4459

**Parkinson'S Disease Association**

Robert Wood Johnson University Hospital  
732-745-7520

**Self-Help Group Clearing House, N.J.**

100 E. Hanover Avenue, Suite 202  
Cedar Knolls, NJ 07927  
A list of over 4,000 self-help groups in New Jersey  
1-800-367-6274

**Union County Office for the Disabled**

Administration Building 4th fl  
10 Elizabethtown Plaza  
Elizabeth, NJ 07207  
908-527-4807

**Senior Citizen Centers**

Local social centers which help seniors remain full members of their communities. Participation in planned activities encourages personal growth and general well-being.

**Casano Community Center**

314 Chestnut Street  
Roselle Park, NJ 07204  
908-245-9150

**Clark Recreation Center**

430 Westfield Avenue  
Clark, NJ 07066  
732-382-7134

**Cranford Community Center**

Recreation & Parks Dept.  
220 Walnut Avenue  
Cranford, NJ 07016-2931  
908-709-7283

**Elizabeth, City of - Office on Aging**

50 Winfield Scott Plaza, Room G8  
Elizabeth, NJ 07201  
908-820-4044

**Elizabethport Presbyterian Center**

184 First Street  
Elizabeth, NJ 07206  
908-351-4850

**Fanwood Seniors**

Borough Hall  
75 Martine Avenue  
Fanwood, NJ 07023-1319

**Garwood Senior Program**

Municipal Bldg  
403 South Avenue  
Garwood, NJ 07027  
908-789-0738

**Gregorio Center**

330 Helen Street  
Linden, NJ 07036

908-474-8627

**Hillside Senior Citizen Center**

265 Hollywood Avenue  
Hillside, NJ 07205  
908-355-8928

**James F. Buckle Center**

25 1/2 Roosevelt Drive  
Winfield, NJ 07036  
908-925-2014

**Jewish Community Center**

1391 Martine Avenue, South  
Scotch Plains, NJ 07076  
908-889-8800

**Kenilworth Senior Center**

526 Boulevard  
Kenilworth, NJ 07033  
908-272-7743

**Liberty Square Senior Center**

240 Elizabeth Ave.  
Elizabeth, NJ 07206  
908-820-4700

**Mountainside Seniors Program**

Borough Hall, Rt. 22  
Mountainside, NJ 07092  
908-232-4406

**New Providence Senior Center**

15 East 4th Street  
New Providence, NJ 07974  
908-665-0046

**O'Donnell-Dempsey Senior Center**

622 Salem Avenue

Elizabeth, NJ 07208

908-354-7431

**Peterstown Community Center**

408 Palmer Street @ 4th Avenue

Elizabeth, NJ 07202

908-289-5324

**Plainfield Senior Services Program**

400 East Front Street

Plainfield, NJ 07060

908-753-3506

**Rahway Senior Citizen Center**

1306 Esterbrook Avenue

Rahway, NJ 07065

732-827-2016

**Roselle Community Center**

1268 Shaffer Avenue

Roselle, NJ 07203

908-245-6717

**Springfield Chisholm Community Center**

100 South Springfield Avenue

Springfield, NJ 07081

973-912-2227

**Scotch Plains Recreation Department**

430 Park Avenue

Scotch Plains, NJ 07076

908-322-6700 ext. 222

**Steven Sampson Senior Citizen Center**

800 Anna Street

Elizabeth, NJ 07201

908-820-4704

**Union Township Senior Center**

968 Bonnel Court  
Union, NJ 07083  
908-851-5290

**Westfield Community Center Association**

558 West Broad Street  
Westfield, NJ 07090  
908-232-4759

**YM-YWHA (Jewish Community Center)**

501 Green Lane  
Union, NJ 07083  
908-289-8112

**Senior Citizens Advocacy**

These organizations promote the independence and well-being of senior citizens through private and public advocacy geared to meeting present and emerging needs.

**American Association of Retired People (AARP)**

Forrestal Village  
132 Main Street  
Princeton, NJ 08540  
1-866-542-8165

**ARC of Union County**

52 Fadem Road  
Springfield, NJ 07081  
973-315-0000

**Community Access Unlimited**

80 W. Grand Street  
Elizabeth, NJ 07202  
908-354-3040

**NJ State Department of Health**

PO Box 367

Trenton, NJ 08626

License for residential, assisted living, adult day care, and long term care

1-609-633-9034

1-800-367-6543

**Ombudsman For The Institutionalized Elderly**

CN 807

Trenton, NJ 08625

Investigates complaints regarding treatment of nursing home residents

1-609-943-4026

Elderly Abuse Hotline: 1-877-582-6995

**PROCEED - Bilingual Services**

1126 Dickinson Street

Elizabeth, NJ 07201

info@proceedinc.com

908-351-7727

**Rahway Community Action Organization**

796 E. Hazelwood Avenue

Rahway, NJ 07065

732-382-9311

**Senior Adult Frail Elderly Center (SAFE)**

505 South Avenue, East

Cranford, NJ 07016

SAFE provides information relating to nursing home placement, alternatives to nursing home placement, and advocacy for resident rights

908-497-3950

**Union County Office for the Disabled**

10 Elizabethtown Plaza 4th Floor

Elizabeth, NJ 07207

908-527-4807

**Urban League**

288 N. Broad Street 2nd Floor

Elizabeth, NJ 07208

908-351-7200

## **Support Group Information for Caregivers**

Support groups meet on a regular basis to assist each other in dealing with the stress often associated with caring for others and dealing with illnesses. Support groups meet regularly throughout Union County. For information on a support group near you, call the Union County ADRC or the Self-Help Clearinghouse at 1-800-367-6274.

### **Alzheimer's Support Group @ Brighton Gardens**

1350 Route 22, West  
Mountainside, NJ 07092  
908-654-4460

### **Alzheimer's Support Group @ Cranford**

800 Lincoln Avenue, East  
Cranford, NJ 07016

### **Alzheimer's Support Group @ Jewish Family Services**

655 Westfield Avenue  
Elizabeth, NJ 07208  
973-586-4300

### **Alzheimer's Association Caregiver Support Group**

290 Broad Street  
Summit, NJ 07901  
908-273-5550

### **Alzheimer's Support Group @ Overlook Hospital**

99 Beauvoir Avenue  
Summit, NJ 07901  
973-586-4300

### **People Responsible For Elderly People**

Caregiver Support Group  
290 Broad Street  
Summit, NJ 07901  
908-273-5550

### **Self-Help Clearinghouse**



## Statewide Support Group Listing

1-800-367-6274

### **Wise Adult Day Services**

Alzheimer's and Bereavement Support Groups

973A Stuyvesant Avenue

Union, NJ 07083

908-687-2995

### **Imagine - A Center for Coping with Loss**

Parents who have lost children/Children and young adults

1 Broad Street, East

Westfield, NJ 07090

908-264-3100

## **Telephone Reassurance**

Volunteers make pre-arranged daily telephone calls to homebound older persons.

### **Catholic Charities**

505 South Avenue, East

Cranford, NJ 07016

908-497-3950

### **Contact Caring & Crisis**

P.O. Box 2376

Westfield, NJ 07090

908-232-2880

### **SAGE Eldercare**

290 Broad Street

Summit, NJ 07901

908-273-5554

908-273-5550

## **Transportation Services**

## **Union County Paratransit System**

Serves all of Union County. Specialized transportation for persons age 60+ or disabled, throughout the County. Reservations must be made in advance. There is a \$4.00 roundtrip charge; waivers are available for low income riders.

For reservations: 908-241-8300

## **New Jersey Transit**

Reduced fares for seniors; information about trains and buses.

Toll Free: 973-275-5555

973-491-7112

## **Escorted Transportation**

### **Jewish Family Services**

655 Westfield Avenue

Elizabeth, NJ 07208

Volunteers assist frail elderly with transportation.

908-352-8375

## **Other Transportation Services**

### **Senior Citizens Buses**

**Berkeley Heights** 732-558-3912

**Clark** 732-388-3600

**Cranford** 908-709-7283

**Elizabeth** 908-820-4044

**Garwood** 908-789-0710

**Hillside** 908-355-6475

**Linden** 908-474-8600

**Mountainside** 908-232-2400

**New Providence** 908-665-0046

**Plainfield (Senior Citizen Service Center)** 908-753-3506

**Rahway** 732-499-7930 or 732-499-7940

**Roselle** 908-245-5600

**Roselle Park** 908-245-0666

**Scotch Plains** 908-322-6700 ext. 222

**Springfield** 973-912-2227

**Summit** 908-277-9419

**Union** 908-686-7887

**Westfield Recreation Senior Transportation** 908-301-1287

**Winfield Park** 908-925-3850

### **New Jersey Motor Vehicle Commission**

For Information:1-888-486-3339

Inspection Center:1-888-656-6867

### **To Obtain Automobile Placards & License Plates For The Disabled**

Call 24 hours a day for applications.

1-609-292-6500

Toll-free in NJ only: 1-888-486-3339

## **Veterans Affairs**

Assistance for veterans through federal, state, and county offices. In certain cases, benefits may also be available to veterans' spouses, widows, and Gold Star Mothers.

### **New Jersey Department Of Military & Veteran Affairs**

CN 340

101 Eggert Crossing Road

Lawrenceville, NJ 08625

1-888-865-8387

609-530-6892

### **Union County Office Of Veterans Affairs**

County Administration Building

Elizabeth, NJ 07207

908-527-4946

908-527-4947

### **U.S. Veterans Administration**

20 Washington Place

Newark, NJ 07102

[www.va.gov](http://www.va.gov)

When you call, have VA File Number/Social Security Number available  
1-800-827-1000

## **Vision Impaired Services**

Education, training, and support services for the blind, visually impaired, people with disabilities, and senior citizens. Also assistance in obtaining eye examinations, glasses, Braille books, and audio book tapes.

### **American Red Cross**

Eastern Union County Braille Instruction  
203 W. Jersey Street  
Elizabeth, NJ 07202  
908-353-2500

### **Catholic Charities**

Support Program & Vision Impaired Services  
505 South Avenue, East  
Cranford, NJ 07016  
908-497-3950

### **Eye Care America**

[www.eyecareamerica.org](http://www.eyecareamerica.org)  
1-877-887-6327  
1-800-222-3937

### **Neighborhood Health Center**

Elizabeth: 908-355-4459  
Plainfield: 908-753-6401 ext. 1999

### **New Jersey Foundation For The Blind**

230 Diamond Spring Road  
Denville, NJ 07834  
(Audio tapes; home visits) 973-627-0055

### **New Eyes For The Needy, Inc.**

549 Millburn Avenue  
Short Hills, NJ 07078  
973-376-4903

## **NJ State Library Talking Book & Braille Center**

2300 Stuyvesant Avenue

Trenton, NJ 08618

1-800-792-8322

## **NJ State Commission For Blind/Visually Impaired**

Central Jersey Office: 153 Halsey Street, Newark, NJ 07102

973-648-2111

**Prevent Blindness America** 1-800-331-2020

## **Va Medical Center**

Services for the visually impaired

973-676-1000 ext. 1842

## **Visiting Physicians**

### **Innovative Foot & Ankle**

908-276-6624

[www.innovativefootandankle.com](http://www.innovativefootandankle.com)

### **Home Foot Care Services**

1-877-417-3668

[www.homefootcareservices.com](http://www.homefootcareservices.com)

### **Resident Eye Care Associates**

201-797-2747

[www.residenteyecare.com](http://www.residenteyecare.com)

## **Visiting Physicians**

23 Main Street

Suite D1

Holmdel, NJ 07733

Serves Union, Monmouth, Ocean, Middlesex, Hudson, Essex & Somerset

1-888-771-3338

732-571-1000

## **Volunteer Opportunities**

Opportunities for retired persons over 60 to share some of their time, skills, and talents in meaningful ways. Retired senior volunteers help others, stay involved in community life, and feel great.

### **Retired Senior Volunteer Program (RSVP)**

Jewish Family Service  
655 Westfield Avenue  
Elizabeth, NJ 07208  
908-352-8375

### **SAGE Eldercare**

Volunteer Program  
290 Broad Street  
Summit, NJ 07901  
908-273-5554  
908-273-5550

### **Fish Chapter**

P.O. Box 2822  
Plainfield, NJ 07062  
908-755-8888

### **Senior Food Shopping Program**

Catholic Charities  
505 South Avenue, East  
Cranford, NJ 07016  
908-497-3950

### **Telephone Reassurance**

Catholic Charities  
505 South Avenue, East  
Cranford, NJ 07016  
908-497-3950

### **Volunteer Center @ United Way Of Greater Union County**

33 W. Grand Street  
Elizabeth, NJ, 07202

908-353-7171