

## UNION COUNTY FREE SERVICES FOR AT-RISK YOUTH (STATION HOUSE ADJUSTMENT OPTIONS)

<b>Anger Management</b>	Anger Management Group UC Division of Youth Services	Learning to express and manage anger that may create difficulties for youth in school, family relationships and social situations in an effective and healthy way. (Ages 12-18).	<b>908-558-2520</b>
<b>Arts</b>	Union County Performing Arts Institute of Music for Children	Prevention programs in performing arts, instrumental music, and/or multi-media (Ages 8-18).	<b>908-469-1211</b>
<b>Behavioral</b>	PerformCare	Behavioral health and Intellectual/developmental disability services (up to age 21).	<b>877-652-7624</b>
<b>Community Service</b>	Students Helping Out UC UC Division of Youth Services	(S.H.OUT-UC) Resources and volunteer opportunities for High School students to give them the best community service experience.	<b>908-558-2520</b>
<b>Counseling</b>	Individual & Family Counseling Family and Children's Services	Counseling sessions with youth to improve their functioning and family interaction (Ages 13-21).	<b>908-372-1007</b>
<b>Crisis Mediation &amp; Referrals</b>	UC Family Crisis Intervention Unit (FCIU)	Mediate the immediate crisis for families experiencing family conflict, runaway behavior, truancy, minor delinquency, threat to safety and human trafficking (Ages 11-17).	<b>908-558-2520</b> <b>24 Hours</b>
<b>Girls Group</b>	Fearless Girls Proceed, Inc. & UC YSC	Empowerment Group for Girls (Ages 13-17).	<b>908-527-4888</b>
<b>Mentoring</b>	Union County Mentoring & Youth Development Communities in Cooperation, Inc.	Individual, group and peer mentoring with parent participation and connection to needed resources (Ages 8-16).	<b>908-290-3107</b>
<b>Parenting Group</b>	Parents in Action Support Group	Educational support groups for parents through the UC Division of Youth Services.	<b>908-558-2520</b>
<b>Sexual Harassment &amp; Inappropriate Sexual Behavior</b> (Trinitas Regional Medical Center)	Basic Boundaries	Therapy for youth with boundary/touching issues, sexual behavior problems and/or improper sexualized language (Ages 6-8).	<b>908-994-7223</b>
	Healthy Boundaries	Therapy for youth with touching/boundary issues, sexual behavior problems and/or improper sexualized language (Ages 10-13).	
	Sexual Harassment & Regaining Empowerment (S.H.A.R.E.)	Therapy for youth who is a victim of sexual harassment or who has committed a cyber sexting crime (Ages 11-18).	
<b>Shelter</b> <b>24 Hours</b>	Runaway & Homeless Youth Shelter	Provides temporary shelter for homeless and runaway youth (Ages 13-17) operated by Community Access Unlimited (CAU).	<b>908-354-3420</b> <b>908-413-4261</b>
<b>Shoplifting</b>	Shoplifting Prevention Seminar UC Division of Youth Services	Increases awareness and decreases shoplifting offenses. Panel includes a detective, security compliance officer and Assistant Prosecutor (Ages 10-18).	<b>908-558-2520</b>
<b>Substance Abuse</b>	Back to Basics <b>\$25 FEE</b> Prevention Links	2 hour session for youth and parents on substance misuse and prevention (Ages 13-18).	<b>732-381-4100</b>
	PerformCare	Substance Abuse Evaluation and Referral (up to age 21).	<b>877-652-7624</b>
	Trinitas Outpatient SA Services	Provides co-occurring mental health and substance abuse treatment (Ages 13-21).	<b>908-994-7376</b>

Youth Services Commissions are mandated by the New Jersey Juvenile Justice Commission to serve in each county as a juvenile justice planning body. The County Youth Services Commissions were established to examine the individual and unique needs of youth in their communities and to develop programs and dispositional options for their youth.

Questions: Contact Union County Youth Services Commission 908-558-2381

<https://ucnj.org/departments/human-services/youth-services/youth-services-commission/>



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