

Union County
Department of Human Services
Division on Aging and Disability Resource Connection

RESOURCE DIRECTORY FOR OLDER ADULTS IN UNION COUNTY



Union County Administration Building
10 Elizabethtown Plaza, Elizabeth, NJ 07207
888-280-8226 / 908-527-4870 / 908-527-4872

ADRC-877-222-3737

www.ucnj.org/aging

A Service of the Union County
Board of County Commissioners

UNION COUNTY
We're Connected to You!

www.ucnj.org
   

**UNION COUNTY DIVISION ON AGING
DEPARTMENT OF HUMAN SERVICES
Union County Administration Building
10 Elizabethtown Plaza, Elizabeth, NJ 07207**

"Congress hereby finds and declares that, in keeping with the traditional American concept of the inherent dignity of the individual in our democratic society, the older people of our Nation are entitled to, and it is the joint and several duties and responsibilities of the governments of the United States and of the several States and their political subdivisions to assist our older people to secure equal opportunity to the full and free enjoyment" of these objectives: "Freedom, independence, and free exercise of individual initiative in planning and managing their own lives and full participation in the planning and operation of community-based services and programs provided for their benefit."

- Older Americans Act of 1965, as Amended

The Union County Division on Aging has as its primary responsibility the planning and coordination of services for Older Adults age 60 and over.

**For Information on Services or Programs, Call Toll-Free: 888-280-8226
908-527-4870
Fax #: 908-659-7410
www.ucnj.org/aging**

**Para Mas Informacion Acerca De Los
Programas Hispanos Por Favor Llamar
Al: 908-527-4863**

The listing of any agency or service is purely informational and in no way indicates an endorsement, nor does the absence of any agency or service from this Directory signify disapproval. The Division on Aging does not discriminate against any individual because of race, creed, color, sex, age, national origin, sexual orientation, gender identity or marital status. No otherwise qualified disabled older adult shall, solely by reason of his or her disability, be excluded from the participation in, denied the benefit of, or be subjected to discrimination under any federally funded programs or activities administered by this division.

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RESOURCE DIRECTORY FOR OLDER ADULTS IN UNION COUNTY

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ARE YOU A SENIOR CITIZEN? DID YOU KNOW?

AT 55 YEARS OF AGE

- ◆ Senior Community Services Employment Program *
- ◆ Retired Senior Volunteer Program (RSVP)

AT 60 YEARS OF AGE

- ◆ Partial Social Security / Railroad Retirement Survivor Benefits for Widow(er)
 - ◆ Social Security Benefits retained by the remarrying widow(er)
 - ◆ Transportation Program
 - ◆ Nutrition Program (group meals and home delivered meals)
 - ◆ Public Guardian for Elderly Adults (609) 341-5555
- ◆ Free Assistance with preparation of federal / state income tax returns
 - ◆ Care Management

AT 62 YEARS OF AGE

- ◆ Reduced fares on all intrastate and most interstate trains and buses
 - ◆ Early Retirement Social Security Payments--80% of full benefits
- ◆ Partial exemption of Realty Transfer Fee for homeowners selling home (609) 292-1793
- ◆ Protection from condominium conversion (under certain conditions) * (800) 792-8820
 - ◆ NJ Clam & Oyster Digging License for small processing fee (609) 984-5546
 - ◆ Free passes to state parks, forests, and historic sites (800) 843-6420
- ◆ Golden Age Pass to national parks, forests, historic sites, recreation areas (888) 275-8747 option # 3
 - ◆ Senior Citizen federally subsidized housing *
 - ◆ Congregate housing services program *
- ◆ Rutgers University: low-cost and tuition-free courses (space permitting / for audit only)

AT 65 YEARS OF AGE

- ◆ Full Social Security (age 65 plus required months)
 - ◆ Full Railroad Retirement Benefits for retirees
 - ◆ Certain Federal Income Tax Benefits
- ◆ Reduced fee for certain types of hunting (firearm, bow & arrow) (609) 292-2965
 - ◆ Reduced fee for Fishing License (609) 292-2965
 - ◆ Medicare Coverage
- ◆ State Health Insurance Program for Seniors (S.H.I.P.) (908) 273-6999
 - ◆ Senior Dental Program (sponsored by NJ Dental Association) *
 - ◆ Pharmaceutical Assistance for the Aged and Disabled (PAAD) *
 - ◆ Senior Gold Prescription Discount Program *
 - ◆ Hearing Aid Assistance for the Aged and Disabled (HAAAD) *
 - ◆ Lifeline Utility Credit Program *
- ◆ Supplemental Security Income (SSI) to aid persons with low incomes *
- ◆ Wartime Veteran's Pension (under certain conditions) (888) 865-8387
 - ◆ Veteran's pension * (888) 865-8387
- ◆ No Social Security restrictions on amount of income received from employment
 - ◆ Certain tax relief programs

AT 70 YEARS OF AGE

- ◆ No fishing license required (Proof of age will function as fishing license)

* PROGRAMS WITH INCOME AND OTHER ELIGIBILITY REQUIREMENTS

STATEWIDE COUNTY OFFICES ON AGING

Atlantic	1-609-645-7700 Ext. 4700
Bergen	1-201-336-7400
Burlington	1-609-265-5069
Camden	1-856-858-3220
Cape May	1-609-886-2784 or -2785
Cumberland	1-856-453-2220 or -2201
Essex	1-973-395-8375
Gloucester	1-856-384-6900
Hudson	1-201-369-4313 or 867-0002
Hunterdon	1-908-788-1361 or -1362 or -1363
Mercer	1-609-989-6661 or -6662
Middlesex	1-732-745-3295
Monmouth	1-732-431-7450
Morris	1-973-285-6848
Ocean	1-732-929-2091
Passaic	1-973-569-4060
Salem	1-856-339-8622
Somerset	1-908-704-6346
Sussex	1-973-579-0555
Union	1-908-527-4870 888-280-8226
Warren	1-908-475-6591

FREQUENTLY CALLED NUMBERS

Adult Protective Services (Catholic Charities)	1-908-497-3902
American Association of Retired Persons (AARP) - In New Jersey	1-866-542-8165
Consumer Affairs, Union County Division of	1-908-654-9840
Disabilities and Special Needs, Union County Office for	1-908-527-4807
Disaster Distress Helpline (DDH)	1-800-985-5990
	TTY 1-800-846-8517
	Text Talk to 66746
Eldercare Locator	1-888-677-1116
Federal Emergency Management Agency (FEMA)	1-800-621-3362
	TTY 1-800-462-7585
Home Energy Assistance Program (HEAP a/k/a LIHEAP)PROCEED:	1-908-351-7727
Homeless Emergency Services: (For Homeless Individuals, Families, or Victims of Domestic Violence)	
Gateway Family YMCA	1-908-355-9622
YWCA of Eastern Union County	1-908-3551995
Medical Assistance Customer Center/Medicaid	1-732-863-4400
Medicare	1-800-633-4227
Nursing Home Information (S.A.F.E.)	1-908-497-3950
Office of the Public Guardian for Elderly Adults	1-609-341-5555
Ombudsman for the Institutionalized Elderly	1-609-943-4023
	ELDERLY ABUSE HOTLINE: 1-877-582-6995
Parks and Recreation, Union County Division of	1-908-527-4900
Passport Information	Elizabeth: 1-908-527-4968
	Westfield: 1-908-654-9859
Psychiatric Emergency Services	CRISIS HOTLINE: 1-908-668-2599
Red Cross Emergency Services	1-800-733-2767
Social Security Administration	1-800-772-1213
State Health Insurance Program (S.H.I.P.)	1-908-273-6999
NJ Department of Health	1-800-367-6543
Union County Paratransit System Reservations	1-908-241-8300

ADULT DAY CENTERS

Social Day Care provides developmental, nutritional, and social activities under professional supervision. Medical Day Care adds prescribed therapies. Transportation is included as a part of the service. Adult Day Care encourages participants' independence and gives caregivers some free time.

CEDAR HARBOR ADULT MEDICAL DAY CENTER 545 E. First Avenue Roselle, NJ 07203	1-908-298-8588
DAYBREAK ADULT MEDICAL DAY CARE 712 Newark Avenue Elizabeth, NJ 07208	1-908-353-3530
FIVE-STAR ADULT DAY CARE (Medical) 1201 Deerfield Terrace Linden, NJ 07036	1-908-486-5750
2nd Home Adult Day Center (Medical) 550 No. Broad Street Elizabeth, NJ 07201	1-908-994-0050
LEGACY CARE CLUB ADULT DAY CARE 130 Route 22 East North Plainfield, NJ 07060	1-908-540-0500
SENIOR SPIRIT MEDICAL DAY CENTER 430 E. Westfield Avenue Roselle Park, NJ 07204	1-908-241-9393
SAGE Eldercare (Medical / Social / Alzheimer's) * Spend-A-Day Adult Day Health Center 290 Broad Street Summit, NJ 07901	1-908-598-5520 1-908-273-5550
TOWN SQUARE 1155 E. Jersey Street Elizabeth, NJ 07201-2310	1-908-787-0980

ADULT PROTECTIVE SERVICES

ADULT PROTECTIVE SERVICES Catholic Charities* 505 South Avenue, East Cranford, NJ 07016	1-908-497-3902
CENTRAL JERSEY LEGAL SERVICES* 60 Prince Street Elizabeth, NJ 07208	1-908-354-4340
COMMUNITY HEALTH LAW PROJECT (CHLP)* 65 Jefferson Avenue Elizabeth, NJ 07201	1-908-355-8282
OFFICE OF THE PUBLIC GUARDIAN FOR ELDERLY ADULTS PO 812 Trenton, NJ 08625-0812	1-609-341-5555
OMBUDSMAN OFFICE FOR THE INSTITUTIONALIZED ELDERLY P.O. Box 812 Trenton, NJ 08625-0807	1-609-943-4023 Elderly Abuse HOTLINE: 1-877-582-6995
PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS (Medicare Certified and Medicaid Provider)	1-908-994-7131
VICTIM / WITNESS ASSISTANCE PROGRAM 32 Rahway Avenue, 1st Floor Elizabeth, NJ 07207	1-908-527-4596

ALCOHOLISM SERVICES

Counseling, support, and referral services for recovering alcoholics and their families; preventive education as an integral part of the service

ALCOHOL / HEROIN OUTPATIENT TREATMENT CENTER AT TRINITAS REGIONAL MEDICAL CENTER 655 East Jersey Street Elizabeth, NJ 07206	1-908-994-7043
Division of Recreation - Plainfield 505 Watchung Avenue Plainfield, NJ 07060 (call for schedule)	1-908-753-3082
CHARTER BEHAVIORAL HEALTH SYSTEMS 19 Prospect Street Summit, NJ 07901	1-908-522-7000
PREVENTION LINKS 121-125 Chestnut Street 3 rd floor Roselle, NJ 07203	1-732-381-4100
PROCEED – Bilingual Services 1126 Dickinson Street Elizabeth, NJ 07201	1-908-351-7727

CANCER RESOURCES

BREAST CANCER RESOURCE CENTER YMCA @ Princeton 59 Paul Robeson Place Princeton, NJ 08540	1-609-497-2100
CANCER CARE of NEW JERSEY 141 Dayton Street, Suite 204 Ridgewood, NJ 07450	1-800-813-4673
CANCER SOCIETY, AMERICAN 507 Westminster Avenue Elizabeth, NJ 07208	1-800-227-2345

CONSUMER AFFAIRS

Assists in the enforcement of relevant state and federal laws and regulations designed to promote fair consumer practices in the marketplace.

CONSUMER AFFAIRS, UNION COUNTY DIVISION OF 300 North Avenue, East Westfield, NJ 07090	1-908-654-9840
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COUNSELING SERVICES

Individual, family, and group therapy counseling/psychotherapy for substance abuse and mental illness

ACADIA HOUSE Center for Hope Hospice 175 Glenside Avenue Scotch Plains, NJ 07076 (Bereavement & Grief Counseling Center - West)	1-908-654-3711
ATLANTIC BEHAVIORAL HEALTH Outpatient Therapy & Counseling 46-48 Beauvoir Avenue Summit, NJ 07901 Intensive Care and Psychological Counseling	1-908-522-4800
CATHOLIC CHARITIES* 505 South Avenue, East Cranford, NJ 07016	Hispanic: 1-908-497-3950 1-908-497-3900
COUNSELING CENTERS FOR HUMAN DEVELOPMENT 201 Lincoln Avenue, East Cranford, NJ 07016	1-908-276-0590
FAMILY AND CHILDREN'S SERVICES 40 North Avenue Elizabeth, NJ 07208	1-908-352-7474
FAMILY RESOURCE CENTER OF TRINITAS HOSPITAL 300 North Avenue Cranford, NJ 07016	1-908-276-2244
JEWISH FAMILY SERVICE of CENTRAL NEW JERSEY* 655 Westfield Avenue Elizabeth, NJ 07208	1-908-352-8375

MOUNT CARMEL GUILD - BEHAVIORAL HEALTH CLINIC 108 Alden Street Cranford, NJ 07016	1-908-497-3968
PROCEED – Bilingual Counseling 1126 Dickinson Street Elizabeth, NJ 07201	1-908-351-7727
PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS Medicare Certified and Medicaid Provider	1-908-994-7131
ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone St. Rahway, NJ 07065	1-732-381-4200
SENIOR ADULT FRAIL ELDERLY CENTER (SAFE) 505 South Avenue, East Cranford, NJ 07016	1-908-497-3950
U.C.P.C. / PLAINFIELD (Behavioral Health Care) 117-119 Roosevelt Avenue Plainfield, NJ 07060	1-908-756-6870
UNITED FAMILY AND CHILDREN'S SOCIETY 305 West 7 th Street Plainfield, NJ 07060	1-908-755-4848
TRINITAS REGIONAL MEDICAL CENTER GEROPSYCHIATRIC SERVICES 655 E. Jersey Street Elizabeth, NJ 07201 Psychiatric out-patient follow up	1-908-994-7336

DENTAL SERVICES

MIDDLESEX COUNTY DENTAL HYGIENE CLINIC 2600 Woodbridge Avenue Edison, NJ 08818	1-732-906-2536
DENTAL CLINICS Overlook Hospital Plainfield Health Center	1-908-522-2901 1-908-753-6401
RUTGERS Dental Health Services Dental cleaning and examination for age 55+ for \$16.00 Scotch Plains, NJ 07076	1-908-889-2410
DENTAL HOME SERVICES Dentistry at Home www.dentalthomeservices.com	1-800-842-4663
VISITING DENTAL ASSOCIATES Dentistry at Home	1-201-670-0097

EDUCATION

Continued or renewed educational experiences for older adults who want to expand their horizons or develop new interests.

RHODES SCHOLAR (a Non-Profit Organization) 75 Federal Street Boston, Mass. 02110-1941 Provider of high quality, educational opportunities for older adults	1-877-426-8056
KEAN UNIVERSITY 1000 Morris Avenue Union, NJ 07083 Career Counseling Workshops / Continuing Education	1-908-527-2210
LIFE CENTER – 62+ Union County College Non-Credit Off-Campus Classes Throughout the County	1-908-497-4360
LITERACY NEW JERSEY 121-125 Chestnut Street Suite 203 Roselle, NJ 07203	1-908-486-1777
LITERACY VOLUNTEERS OF UNION COUNTY Elizabeth Public Library 11 South Broad Street Elizabeth, NJ 07202	1-908-354-6060 ext. 214
NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION (DVR) 921 Elizabeth Avenue, 3 rd Fl. Elizabeth, NJ 07201	1-908-965-3940
RUTGERS COOPERATIVE EXTENSION OF UNION COUNTY* 300 North Avenue, East Westfield, NJ 07090	1-908-654-9854
UNION COUNTY SENIOR SCHOLARS - Union County College Continuing Education Free for Union County residents aged 60+	1-908-709-7600
UNIVERSITY WITHOUT WALLS, DOROT Classes and support groups for caregivers and homebound elderly Website: www.dorotusa.org	1-212-769-2850

ELDERCARE LOCATOR

To find information about community services for older people anywhere in the United States and its territories, go to:

ELDERCARE LOCATOR Website: www.eldercare.gov	1-800-677-1116
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EMERGENCY MEDICAL IDENTIFICATION

Medical ID bracelets/necklaces

AMERICAN MEDICAL IDENTIFICATION	1-800-363-5985
MEDIC ALERT	1-800-432-5378
TOWNSHIP OF UNION SENIOR CENTER Emerg Alert” bracelet, for Union Township residents only 968 Bonnel Court Union, NJ 07083	1-908-851-5290

EMERGENCY RESPONSE SYSTEMS

These response systems provide individuals with 24-hour access to outside sources of help.
For emergencies, dial 911.

GREGORIO CENTER Serves Linden residents only 330 Helen Street Linden, NJ 07036	1-908-474-8627
LIFE LINE PROGRAM	1-800-852-5433
LIFESTATION	1-800-446-3300
PERSYS: Personal Emergency Response System	NJ: 1-800-492-4051 USA: 1-800-631-7370
PROJECT LIFESAVER PROGRAM - Union Co. Sheriff's Office	1-908-273-1608
PHILLIPS LIFELINE	1-800-579-3341
WISE DAY CARE (PERSYS)* 2095B Berwyn Street Union, NJ 07083	1-908-687-2995

EMPLOYMENT SERVICES

Training and/or job placement opportunities for older adults seeking part or full time employment.

ASSOCIATION FOR RETARDED CITIZENS (ARC), UNION COUNTY 52 Fadem Road. Springfield, NJ 07081	1-973-315-0000
DIVISION of VOCATIONAL REHABILITATION (DVR) 921 Elizabeth Avenue 3 rd fl Elizabeth, NJ 07201 Employment for People with Disabilities	1-908-965-3940
DIVISION of WORKFORCE DEVELOPMENT/American Job Centers Union County Department of Human Services 1 Elizabethtown Plaza, 4 th Floor Elizabeth, NJ 07207	1-908-527-4880
EASTER SEALS SCSEP Program 65 Kennedy Blvd. Suite 600 East Brunswick, NJ 08816	Elizabeth Office: 1-908-965-3962
OLDER WORKERS BENEFIT PROTECTION c/o Equal Employment Opportunities Commission (EEOC) Washington DC	1-202-663-4637
ELIZABETH AMERICAN JOB CENTER Union County Department of Human Services - Eastern Division 921 Elizabeth Avenue Elizabeth, NJ 07201	1-908-558-8000
PLAINFIELD AMERICAN JOB CENTER Union County Department of Human Services - Western Division 200 W. Second Street Plainfield, NJ 07060	1-908-757-9090
PROFESSIONAL SERVICE GROUP of CENTRAL NJ E-MAIL info@psgcnj.biz	1-908-445-5730

STATE EMPLOYMENT SERVICES OF NEW JERSEY Workforce of New Jersey 921 Elizabeth Avenue Elizabeth, NJ 07201	1-908-558-8000
U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION 1 Newark Center, 21st Floor Newark, NJ 07102-5233 www.eeoc.gov	1-800-669-4000 TDD: 1-800-669-6820 1-973-645-6383 Inquiries: 1-973-645-3004
WORKFORCE 55+ SCSEP Program Department of Labor 200 W. Second Street Plainfield, NJ 07060	1-908-412-7969

FINANCIAL ASSISTANCE

Services and programs which help older citizens meet medical, pharmaceutical, food, rental, and utility expenses that are subject to income/age tests. Consumer protection, counseling, and tax preparation services are also available.

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) Heat/Medically Necessary Cooling www.energyassistance.nj.gov	1-908-351-7727
JEWISH FAMILY SERVICES* 655 Westfield Avenue Elizabeth, NJ 07208 Volunteers help older adults with bill paying management	1-908-352-8375
LIFELINE PROGRAM – Help with Utility Bills P.O. Box 714 Trenton, NJ 08625-0714	1-800-792-9745
MUNICIPAL WELFARE DEPARTMENTS	Contact Local Municipality
NEW JERSEY SHARES - Utility Assistance www.njshares.org	1-866-657-4273
AFFORDABLE HOUSING ALLIANCE PAGE PROGRAM – Utility Assistance www.njpoweron.com	1-732-982-8710
SENIOR GOLD P.O. Box 724 Trenton, NJ 08625-0724	1-800-792-9745
SOCIAL SERVICES, UNION COUNTY DIV. OF 342 Westminister Avenue Elizabeth, NJ 07207	(SNAP) 1-908-965-2700 (Adult Medicaid) 1-908-965-3745
SOCIAL SERVICES, UNION COUNTY DIV. OF 200 West Second Street Plainfield, NJ 07060	(SNAP) 1-908-791-7000 (Adult Medicaid) 1-908-791-7093
URBAN LEAGUE 288 N. Broad Street Elizabeth, NJ 07208	1-908-351-7200
VICTIMS of CRIME COMPENSATION BOARD 50 Park Place 6 th Fl Newark, NJ 07102	1-800-242-0804

TAXATION, STATE DIVISION OF	Touch-Tone Phone: 1-800-323-4400 Rotary Dial Phone: 1-609-292-6400
Jersey FAIR Homeowner Rebate Tax Application FAIR hotline available weekdays 8:30am–4:30 pm TAXATION – cont. Property Tax Reimbursement (Senior Freeze) weekdays 8:30 am-4:30 pm Website: www.state.nj.us/treasury/taxation	1-877-658-2972 1-888-238-1233 1-800-882-6597
NEW JERSEY DEPARTMENT of the TREASURY 124 Halsey Street Newark, NJ 07101	1-973-648-4700
NEW JERSEY INTERITANCE TAX 124 Halsey Street Newark, NJ 07101	1-973-648-3486
INTERNAL REVENUE SERVICE (IRS) 970 Broad Street Newark, NJ 07102	1-800-829-1040
PROPERTY TAX REDUCTIONS – Contact Local Tax Assessor	
INCOME TAX ASSISTANCE	
Volunteer Income Tax Assistance Program (VITA)	1-800-906-9887
AARP Income Tax Assistance Program	1-888-227-7669
UNION COUNTY TAXATION BOARD – For questions on property taxes	1-908-527-4775

GERIATRIC ASSESSMENT PROGRAMS

Evaluation, diagnosis, and treatment of Alzheimer's/dementia/mental health disorders.

ATLANTIC HEALTH SYSTEM 100 Madison Avenue Morristown, NJ 07960	1-973-971-7022
COPSA INSTITUTE FOR ALZHEIMER'S DISEASE & RELATED DISORDERS RutgerS University Behavioral Health 671 Hoes Lane Piscataway, NJ 08854	1-800-969-5300
CARE TO CAREGIVERS	1-800-424-2494
TRINITAS REGIONAL MEDICAL CENTER 655 E. Jersey Street Elizabeth, NJ 07206	1-908-994-7313

GRANDPARENT PROGRAMS

GRANDPARENT INFORMATION CENTER – AARP	1-800-424-3410
GRANDPARENTS RAISING GRANDCHILDREN Jewish Family Service of Central New Jersey* 655 Westfield Avenue Elizabeth, NJ 07208	1-908-352-8375

HEARING IMPAIRED SERVICES

Education, training, and support services for deaf and hearing-impaired older adults.

HEAR NOW (Help with hearing aides depending on income)	1-800-648-4327
HEARING AID ASSISTANCE to the AGED & DISABLED P.O. BOX 715 Trenton, NJ 08625-0715	1-800-792-9745
HEARING CENTER 49 Brant Avenue Clark, NJ 07066	1-732-574-3550
KEAN UNIVERSITY SPEECH & HEARING CLINIC 1000 Morris Avenue Union, NJ 07083	1-908-737-5800
NEW JERSEY HEARING AID PROJECT Montclair State University 1515 Broad Street Bldg. B Bloomfield, NJ 07003	1-800-772-8339
CATHOLIC CHARITIES ARCHDIOCESE OF NEWARK 171 Clifton Avenue Newark, NJ 08104-0500	1-973-497-4312 TTY: 1-973-497-4311
NEW JERSEY DIVISION OF THE DEAF AND HARD OF HEARING	1-609-984-7281 Voice and TTY: 1-800-792-8339

HOME CARE - CAREGIVER SERVICES

Skilled nursing, home health aide, and homemaker services ease the burden of extended home care, enabling older adults to maintain maximum independence in their home. Physician ordered physical therapy, occupational therapy, and speech therapy. Social work visits, nutrition counseling, and/or medical health counseling

ACE HOME HEALTHCARE, INC 930 Stuyvesant Avenue Union, NJ 07083	1-908-851-2700
AMAZING GRACE NURSING CARE SERVICE 2165 Morris Avenue, Suite 1A Union, NJ 07083	1-908-206-9988
ARTISAN HOMECARE 6 North Union Avenue, Suite 1 Cranford, NJ 07016	1-800-272-5484
ASSISTING HANDS OF CENTRAL NJ 2025 Lincoln Highway, Suite 150 Edison, NJ 08817	732-243-9669
BAYADA NURSES 324 Chestnut St. Union, NJ 07083	1-908-687-6363
BrightStar Care 560 Springfield Ave., Suite G Westfield, NJ 07090	1-908-322-8200

COMFORT KEEPERS One Mountain Boulevard Warren, NJ 07059	1-732-369-3639
COMFORCARE 1199 Route 22, East Mountainside, NJ 07092	1-908-408-5220
COMPANION CARE LLC P.O. Box 6265 Hillsborough, NJ 08844	1-908-688-4423
COMMUNITY ACCESS UNLIMITED* 80 W. Grand St. Elizabeth, NJ 07202	1-908-354-3040
FULL CIRCLE HEALTH SERVICE 1460 Morris Avenue, Suite 2A & 2B Union, NJ 070083	1-908-624-1005
GRACIOUS HOME CARE* 960 Koehl Avenue Union, 07083	1-908-206-1100
GRISWOLD HOME CARE 540 E. Broad Street Westfield, NJ 07090 www.GriswoldHomeCare.com/unioncounty	1-908-654-3400
HELPING HANDS HOME CARE 77 Central Avenue Clark, NJ 07066	1-908-451-0715
HOLY REDEEMER HOME CARE * 354 Union Avenue Elizabeth, NJ 07208	1-908-352-5694 Intake: 1-800-255-8986
HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081	1-973-379-4910
HOMEWELL CARE SERVICES 15 Dyatt Place Hackensack, NJ 07601	201-983-2587
JEWISH FAMILY SERVICES of CENTRAL NEW JERSEY * 655 Westfield Avenue Elizabeth, NJ 07208	1-908-352-8375
JFK at HOME 65 James Street Edison, NJ 08818	1-800-401-9212
L&L STAFFING & HOME CARE SERVICES 1460 Vauxhall Road Suite 24 Union, NJ 07083	1-908-688-7772
PREMIER HOME HEALTH SERVICES, INC. 1801 East 2 nd Street lower level Scotch Plains, NJ 07076	1-908-322-8883

RIGHT AT HOME 10 Fairmount Avenue Chatham, NJ 07928	1-973-701-9832
SAGE ELDERCARE * 290 Broad Street Summit, NJ 07901	1-908-273-8400
CARE FINDERS TOTAL CARE (formerly Secura Home Care) 1767 Morris Avenue Suite 209 Union, NJ 07083	1-908-810-5370
UNION TOWNSHIP COMMUNITY ACTION ORGANIZATION * 2410 Springfield Avenue Vauxhall, NJ 07088	1-908-686-6150
VISITING ANGELS 4485 Morris Ave Suite# 201 Springfield, NJ 07081	1-908-497-7016

HOSPICE PROGRAMS

Hospice provides a way of helping individuals in advanced stages of illness. It offers a team approach in meeting the physical, emotional, and spiritual needs of the patient and family. Whenever possible, the patient is cared for in the comfort of the home setting.

ATLANTIC HOME CARE & HOSPICE 465 South Street, Suite 1 Morristown, NJ 07960	1-973-379-8440
CENTER FOR HOPE HOSPICE & PALLIATIVE CARE* 1900 Raritan Road Scotch Plains, NJ 07076	1-908-889-7780
CENTER FOR HOPE HOSPICE (Hospice Assisted Living Facility) 111 Dehart Place Elizabeth, NJ 07202	1-908-353-6060
HOMESIDE HOSPICE 67 Walnut Avenue Suite 205 Clark, NJ 07066	1-732-381-3444
JFK HAVEN HOSPICE 65 James Street Edison, NJ 08818	1-732-321-7769
PEGGY COLONEY'S HOUSE (Hospice Assisted Living Facility) Center for Hope Hospice 1900 Raritan Road Scotch Plains, NJ 07076	1-908-889-7780
ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone Street Rahway, NJ 07065	1-888-997-9584
ASCEND HOSPICE 1600 St. Georges Avenue Suite 312 Rahway, NJ 07065 www.Ascendhospice.com	1-908-931-9080

HOSPITALS

CHILDREN'S SPECIALIZED HOSPITAL 150 New Providence Road Mountainside, NJ 07092	1-908-233-3720
OVERLOOK HOSPITAL 99 Beauvoir Avenue P.O. Box 220 Summit, NJ 07901-0220	1-908-522-2000
ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone Street Rahway, NJ 07065	1-732-381-4200
TRINITAS REGIONAL MEDICAL CENTER (New Point Campus) 655 East Jersey Street Elizabeth, NJ 07206	1-908-994-8600

HOUSING INFORMATION

Homelessness, Emergency Services, Housing Authorities, 55+ Housing, Housing Units, Assisted Living & Residential Health Care Facilities, Shared Housing, Nursing Homes, Home Repairs. Subsidized senior housing is available in the communities listed. There are waiting lists for placement.

HOMELESS PREVENTION PLANNER OF UNION COUNTY	1-908-527-4839
EMERGENCY SERVICES: ELIZABETH COALITON (motel/hotel) Office: 118 Division Street Elizabeth, NJ 07201	1-908-353-4006
SALVATION ARMY - ELIZABETH 1018 E. Grand Street Elizabeth, NJ 07201	1-908-352-7057

HOUSING AUTHORITIES

Congregate meals are served at units marked with (m)

ELIZABETH, HOUSING AUTHORITY OF 688 Maple Avenue, Elizabeth, NJ 07202	1-908-965-2400
(5 Units) Farley Towers (m) 33 Cherry Street Ford Leonard Towers 69 Division Street Kennedy Arms Apartments 70 Westfield Ave O'Donnell-Dempsey (m) 632 Salem Avenue E'Port Commons 205 First Street	
LINDEN, HOUSING AUTHORITY OF (3 Units) Ann Ferguson Towers (m) 1601 Dill Avenue Murawski Towers 1551 Dill Avenue John T. Gregorio Towers 1425 Dill Avenue	1-908-298-3820
PLAINFIELD, HOUSING AUTHORITY OF (1 Unit) Richmond Towers (m) 510 East Front Street	1-908-769-6335

RAHWAY, HOUSING AUTHORITY OF (3 Units)	Kennedy Apartments (m) Walter Schafferhauser Towers Clifford Case Memorial Apts.	250 Grand Avenue, West 165 East Grand Avenue 337 West Milton Avenue	1-732-388-3546
SUMMIT, HOUSING AUTHORITY OF (1 Unit)	Senior Housing Unit	12 Chestnut Ave.	1-908-273-6413
NJ DEPT. of COMMUNITY AFFAIRS – SECTION 8 PROGRAM 200 West 2 nd Street, Plainfield, NJ 07060			1-908-412-3700

55+ HOUSING FACILITIES IN UNION COUNTY

PARK TERRACE 805 School Street Rahway, NJ 07065	www.bestrentnj.com	1-877-231-1273
ROSEGATE 555 E. Hazelwood Avenue Rahway, NJ 07065	www.cis-hvrosegate.com	1-732-396-4540
WOODCREST @ CLARK 1245 Westfield Avenue Clark, NJ 07066	www.gardencommunities.com for subsidized www.piazza-and-associates.com	1-732-340-0069 1-609-786-1100
Other sources/assistance: Low income housing www.lowincomehousing.us NJ Housing Resource & Mortgage www.njhousing.gov www.nj.gov/njhrc		

HOUSING UNITS

CRANFORD

Gill Apartments 40 Meeker Avenue	1-908-272-9180
Lincoln Apartments (m) 800 Lincoln Avenue, East	1-908-931-0194

ELIZABETH

Alexian Manor 122 Seventh Street	1-908-352-0080
Elizabeth Towers 315 West Grand Street	1-908-355-4500
Heritage Village at Elizabeth 225 Second Street	1-908-965-1160
Immaculate Conception 59-63 Westfield Avenue	1-908-289-1911
Winfield Scott Tower 323 No. Broad Street	1-201-332-9400

GARWOOD

VILLAGE AT GARWOOD 320 Second Avenue	1-908-789-3330
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LINDEN

Morningstar Court 701 Cranford Avenue	1-908-486-8200
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PLAINFIELD

Cedarbrook Park Apartments 1272 Park Avenue	1-908-756-5656
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Covenant Manor 623 E. Front Street	1-908-791-9430
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Plainfield Tower West 601 West 7 th Street	1-908-668-1963
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RAHWAY

Golden Age Towers (m) 200-220 East Milton Avenue	1-732-499-7950
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Myers Senior Housing 1447 Esterbrook Avenue	1-732-540-8748
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ROSELLE

Roselle Senior Citizen Housing – Pinewood Hall 250 West Second Avenue	1-908-241-5414
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ROSELLE SENIOR HOUSING 400 Grand Street	1-908-289-9007
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SCOTCH PLAINS

Senior Citizen Housing 2002 Lake Avenue	1-908-654-1313
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SPRINGFIELD

Springfield Senior Citizen Housing, Inc. 350 Independence Way	1-973-467-1480
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UNION

Ehrhart Gardens (m) 100 Francis Court	1-908-688-0565
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Nora Gardens Senior Housing Corporation #3, 1775 Burnet Avenue	1-908-686-9100
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Schaefer Gardens (m) 35 W. Sumner Avenue	1-908-964-9343
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WESTFIELD

First Westfield Senior Citizen Housing Corp. 1133 Boynton Avenue	1-908-233-5898
Second Westfield Senior Citizen Housing Corp. 1129 Boynton Avenue	1-908-518-9586

ASSISTED LIVING AND RESIDENTIAL HEALTH CARE FACILITIES

Assisted Living Facilities provide coordinated supportive personal and health services.

Residential Health Care Facilities are for those who require very little or no medical supervision.

AMBER COURT OF ELIZABETH (Formerly Carteret Senior Living) 1155 E Jersey Street Elizabeth, NJ 07201	1-908-352-9200
ATRIA IN CRANFORD 10 Jackson Drive Cranford, NJ 07016	1-908-709-4300
BIRCHWOOD SQUARE 205 Birchwood Avenue Cranford, NJ 07016	1-908-272-6660
BRIGHTON GARDENS 1350 Route 22 West Mountainside, NJ 07092	1-908-654-4460
DELAIRE NURSING & CONVALESCENT CENTER 400 W. Stimpson Avenue Linden, NJ 07036	1-908-862-3399
SPRING MEADOWS OF SUMMIT 41 Springfield Avenue Summit, NJ 07096	1-908-522-8852
SUNRISE SENIOR LIVING OF WESTFIELD 240 Springfield Avenue Westfield, NJ 07090	1-908-317-3030
THE WOODLANDS / GENESIS ELDERCARE 1400 Woodland Avenue Plainfield, NJ 07060	1-908-753-1113
THE CHELSEA @ FANWOOD 295 South Avenue Fanwood, NJ 07023	1-908-654-5200

NURSING HOMES

ABBOTT MANOR 810 Central Avenue Plainfield, NJ 07060	1-908-757-0696
ALARIS HEALTH AT RIVERTON 1777 Lawrence Street Rahway, NJ 07065	1-732-499-7927

ASHBROOK CARE & REHABILITATION CENTER (Featuring Indian Service Unit) 1610 Raritan Road Scotch Plains, NJ 07076	1-908-889-5500
BERKELEY MEADOWS CARE CENTER 311 Springfield Avenue Berkeley Heights, NJ 07922	1-908-464-9260
AUTUMN LAKE HEALTH CARE @ BERKELEY HEIGHTS 35 Cottage Street Berkeley Heights, NJ 07922	1-908-464-0048
BROTHER BONAVENTURE EXTENDED CARE CENTER 655 East Jersey Street Elizabeth, NJ 07206	1-908-994-7050 7051
CLARK NURSING & REHABILITATION CENTER 1213 Westfield Avenue Clark, NJ 07066	1-732-396-7100
CORNELL HALL NURSING & REHABILITATION CENTER 234 Chestnut Street Union, NJ 07083	1-908-687-7800
CRANFORD PARK REHABILITATION & HEALTH CARE CENTER 600 Lincoln Park, East Cranford, NJ 07016	1-908-276-7100
CRANFORD HEALTH AND EXTENDED CARE 205 Birchwood Avenue Cranford, NJ 07016	1-908-272-6660
ARISTACARE @ DELAIRE 400 W. Stimpson Avenue Linden, NJ 07036	1-908-862-3399
ELIZABETH NURSING HOME 1048 Grove Street Elizabeth, NJ 07202	1-908-354-0002
ELMORA HILLS HEALTHCARE AND REHABILITATION CENTER 225 W. Jersey Street Elizabeth, NJ 07202	1-908-353-1220
GENESIS ELDERCARE, WESTFIELD CENTER 1515 Lamberts Mill Road Westfield, NJ 07090	1-908-233-9700
GENESIS ELDERCARE, THE WOODLANDS 1400 Woodlands Avenue Plainfield, NJ 07060	1-908-753-1113
SPRING GROVE REHABILITATION & HEALTH CARE CENTER 144 Gales Drive New Providence, NJ 07974	1-908-464-8600
HARTWYCK AT CEDARBROOK NURSING & CONVALESCENT CENTER 1340 Park Avenue Plainfield, NJ 07060	1-908-754-3100

HCR MANOR CARE 1180 Route 22 West Mountainside, NJ 07092	1-908-654-0020
NEW JERSEY GERIATRIC CENTER OF WORKMEN'S CIRCLE 225 West Jersey Street Elizabeth, NJ 07202	1-908-353-1220
NORWOOD TERRACE HEALTH CARE CENTER 40-44 Norwood Avenue Plainfield, NJ 07060	1-908-769-1400
PLAZA NURSING AND CONVALESCENT CENTER 456 Rahway Avenue Elizabeth NJ 07202	1-908-354-1300
RIVERTON NURSING & REHAB. CENTER 1777 Lawrence Street Rahway NJ 07065	1-732-499-7927
RUNNELLS CENTER FOR REHABILITATION & HEALTH CARE 40 Watchung Way Berkeley Heights, NJ 07922	1-908-771-5700
SOUTH MOUNTAIN HEALTH CARE & REHABILITATION CENTER 2385 Springfield Avenue Vauxhall, NJ 07088	1-908-688-3400

NURSING HOME REPORT CARD WEBSITE:

NURSING HOME COMPARE DATABASE: www.medicare.gov – click on Resource Locator

HOME REPAIRS

CRANFORD NEIGHBORHOOD IMPROVEMENT SENIOR HANDYMAN PROGRAM 29 South Avenue, West, 2 ND Fl. Cranford, NJ 07016	1-908-709-7294
ELIZABETH HOME IMPROVEMENT PROGRAM 50 Winfield Scott Plaza - Room 109 Elizabeth, NJ 07201	1-908-352-8450
MOUNTAINSIDE SENIOR CITIZEN HANDYMAN PROGRAM 1385 Route 22 East Mountainside, NJ 07092	1-908-232-4406
PLAINFIELD COMPREHENSIVE HOUSING ASSISTANCE PROGRAM 515 Watchung Avenue Plainfield, NJ 07060	1-908-753-3377
PLAINFIELD EMERGENCY HANDYMAN PROGRAM 515 Watchung Avenue Plainfield, NJ 07060	1-908-753-3229
PROCEED, INC.* 1126 Dickinson Street Elizabeth, NJ 07201	1-908-351-7727

RAHWAY COMMUNITY DEVELOPMENT & HOUSING PROGRAM Main Street and East Milton Avenue Rahway, NJ 07065	1-732-827-2193
ROSELLE PARK SENIOR HANDYMAN PROGRAM 314 Chestnut Street Roselle Park, NJ 07204	1-908-245-0666
SAGE Eldercare Home Repair Service – Fee 290 Broad Street Summit, NJ 07901	1-908-598-5501 1-908-273-5550
UNION TOWNSHIP COMMUNITY DEVELOPMENT 1976 Morris Avenue Union, NJ 07083	1-908-810-7071
URBAN LEAGUE – Weatherization for Elizabeth Residents Only 288 N. Broad Street Elizabeth, NJ 07208	1-908-351-7200
DEVELOPMENT DIRECTIONS 2 City Hall Plaza 2 nd fl. Rahway, NJ 07065	1-732-382-8100
DOES NOT SERVE: Elizabeth, Linden, Rahway, Plainfield, Union, Winfield	

LEGAL ASSISTANCE

Legal services are provided by or supervised by qualified attorneys to assist senior citizens with public entitlements, mental health problems, wills, disability litigation, and civil law problems.

BAR ASSOCIATION, AMERICAN	1-732-249-5000
BAR ASSOCIATION, UNION COUNTY	1-908-354-5984
Lawyer Referral Service (Call Mon. thru Thurs. between 10 am - 1 pm)	1-908-353-4715
CENTRAL JERSEY LEGAL SERVICES*	1-908-354-4340
60 Prince Street Elizabeth, NJ 07208	
COMMUNITY HEALTH LAW PROJECT*	1-908-355-8282
65 Jefferson Avenue Elizabeth, NJ 07201	
EQUAL EMPLOYMENT OPPORTUNITY COMMISSION (EEOC)	1-973-645-6383
PUBLIC DEFENDER, UNION COUNTY	1-908 820-3070
STATE DIVISION ON CIVIL RIGHTS	1-973-648-2700
Law and Public Safety	
SURROGATE, UNION COUNTY	1-908-527-4280
Union County Courthouse Elizabeth, NJ 07207 Help with wills, probates and adoptions	
VICTIMS OF CRIMES COMPENSATION BOARD	1-800-242-0804
50 Park Pl., 6th Floor Newark, NJ 07102	

MEDICAL INSURANCE AND HEALTH CARE PROGRAMS

Health assistance programs which cover or help cover hospital, medical or home care costs.

Listed agencies should be contacted directly to determine eligibility.

DIVISION OF SOCIAL SERVICES, UNION COUNTY		1-908-965-2700
342 Westminster Avenue Elizabeth, NJ 07207 Serves: Elizabeth, Hillside, Kenilworth, Linden, Mountainside, New Providence, Roselle, Roselle Park, Springfield, Summit, Union, Vauxhall, and Winfield		
DIVISION OF SOCIAL SERVICES, UNION COUNTY		1-908-791-7000
200 W. Second Street Plainfield, NJ 07060 Serves: Berkeley Heights, Clark, Cranford, Fanwood, Garwood, Rahway, Plainfield, Scotch Plains, and Westfield		
(MLTSS) MEDICAID MANAGED LONG TERM SERVICES & SUPPORTS	Eastern Union Co.	1-908-965-3745
	Western Union Co.	1-908-791-7093
MEDICAID DISTRICT OFFICE		1-732-863-4400
45 Kilmer Road Edison, NJ 08817		
MEDICARE / SOCIAL SECURITY OFFICE		1-800-772-1213
855 Lehigh Avenue Union, NJ 07083		
MEDICARE TOLL-FREE NUMBER		1-800-633-4227
MEDICARE FRAUD		1-800-638-6833
NEW JERSEY CARE (Special Medicaid Program)	Main #:	1-908-965-3509
342 Westminster Avenue Elizabeth, NJ 07208		
SAGE Eldercare		1-908-273-6999
Senior Health Insurance Assistance Program of Union County (SHIP) 290 Broad Street Summit, NJ 07901		

NUTRITION PROGRAM FOR SENIORS

This section lists congregate (group) nutrition sites which serve a hot meal daily to county residents 60 years of age and older. Voluntary donations are suggested, and are used to expand the program. Call at least one day in advance (before noon) to make a reservation.

Note: Lunch is the meal that will be served, unless otherwise indicated.

ANN J. FERGUSON TOWERS	1-908-298-3820
1601 Dill Avenue Linden, NJ 07036	
CASANO COMMUNITY CENTER	1-908-245-9150
314 Chestnut Street Roselle Park, NJ 07204	
CRANFORD-LINCOLN SENIOR APTS.	1-908-931-0194
800 Lincoln Avenue, East Cranford, NJ 07016	

EHRHART GARDENS 100 Francis Court Union, N.J. 07083	1-908-688-0565
FARLEY TOWERS 33 Cherry Street Elizabeth, NJ 07202	1-908-965-2454
GREGORIO CENTER 330 Helen Street Linden, NJ 07036	1-908-474-8629
HILLSIDE SENIOR CITIZEN CENTER 265 Hollywood Avenue Hillside, NJ 07205	1-908-355-8928
JAMES F. BUCKLE CENTER 25 Roosevelt Drive Winfield, NJ 07036	1-908-925-2014
JEWISH COMMUNITY CENTER (Kosher Site) 1391 Martine Avenue, South Scotch Plains, NJ 07076	1-908-889-8800
JFK SENIOR APTS. 250 West Grand Avenue Rahway, NJ 07065	1-732-382-4188
KENILWORTH SENIOR CENTER 526 Boulevard Kenilworth, NJ 07033	1-908-272-7743
LIBERTY SQUARE SENIOR CENTER 240 Elizabeth Avenue Elizabeth, NJ 07206	1-908-820-4700
O'DONNELL-DEMPSEY SENIOR CENTER 622 Salem Avenue Elizabeth, NJ 07208	1-908-354-7431
PETERSTOWN COMMUNITY CENTER 408 Palmer Street @ 4th Avenue Elizabeth, NJ 07202	1-908-289-5324
PLAINFIELD SENIOR SERVICES 400 East Front Street Plainfield, NJ 07060	1-908-753-3506
RICHMOND TOWERS 510 East Front Street Plainfield, NJ 07062	1-908-769-6335 ext. 608
ROSELLE COMMUNITY CENTER 1268 Shaffer Avenue Roselle, NJ 07203	1-908-245-6717
SCHAEFER GARDENS 35 Sumner Avenue Union, NJ 07083	1-908-964-9343
	1-908-322-5151

SHADY REST AT SCOTCH HILLS – (Tuesday Only) 820 Jerusalem Rd. Scotch Plains, NJ 07076	
STEPHEN SAMPSON SENIOR CENTER 800 Anna Street Elizabeth, NJ 07201	1-908-820-4707
UNION SENIOR CENTER – 652 Rahway Ave. Union, NJ 07083	1-908-851-5293
WESTFIELD COMMUNITY CENTER ASSN. 558 West Broad Street Westfield, NJ 07090	1-908-232-4759
YM-YWHA - A Jewish Community Center (Kosher Site) 501 Green Lane Union, NJ 07083	1-908-289-8112

HOME DELIVERED MEALS

MEALS ON WHEELS OF UNION COUNTY* 1025 Pennsylvania Avenue Linden, NJ 07036 Serves all of Union County – Donations accepted	1-908-486-5100
SAGE ELDERCARE Meals on Wheels 290 Broad Street Summit, NJ 07901 Serves Western Union County - Donations accepted	1-908-273-5554 1-908-273-5550
MOBILE MEALS OF WESTFIELD, INC. Serves Clark, Cranford, Fanwood, Garwood, Mountainside east of Route 22, Scotch Plains, and Westfield	1-908-233-6146
Jewish Family Service- Home Delivered Kosher Meals - Donations accepted	1-908-352-8374

FOOD SHOPPING SERVICES

CATHOLIC CHARITIES Senior Food Shopping Program 505 South Avenue, East Cranford, NJ 07016 Bi-weekly / Eastern Union County only	1-908-497-3950
SAGE ELDERCARE GROCERY SHOPPING & ERRAND SERVICE 290 Broad Street Summit, NJ 07901 www.sageeldercare.org Serves Berkeley Heights, New Providence, Springfield and Summit	1-908-273-5554 1-908-273-5550

HEALTH RELATED SERVICES

Specialized agencies that provide information, support, counseling, and referrals

ALZHEIMER'S DISEASE & RELATED DISORDERS COPSA	1-800-424-2494
RUTGERS UNIVERSITY BEHAVIORAL HEALTH 100 Metroplex Edison, NJ 08818	
AMERICAN HEART ASSOCIATION	1-718-568-4500
900 South Avenue Staten Island, NY	
AMERICAN LUNG ASSOCIATION	1-908-685-8040
1031 US #22 Bridgewater, NJ	
ARTHRITIS FOUNDATION	1-732-283-4300
555 Route 1, South Suite 220 Iselin, NJ 08830	
DISABILITY RIGHTS of NEW JERSEY	1-800-922-7233
210 S. Broad Street 3 rd fl Trenton, NJ 08608	TTY: 1-609-633-7106
KEAN UNIVERSITY SPEECH AND HEARING CLINIC	1-908-737-5800
1000 Morris Avenue Union, NJ 07083	
MEDICAL SOCIETY, UNION COUNTY	1-908-789-8603
1164 Springfield Avenue Mountainside, NJ 07092	
NEIGHBORHOOD HEALTH CENTER PLAINFIELD	1-908-753-6401
1700-58 Myrtle Ave Plainfield, NJ 07063	
NEIGHBORHOOD HEALTH CENTER ELIZABETH	
155 First Street Elizabeth, NJ 07206	1-908-355-4459
PROUD Family Health Center for LGBT	1-855-776-8334
110 Rehill Ave. Somerville, NJ 08876	
SELF-HELP GROUP CLEARING HOUSE, N.J.	1-800-367-6274
100 E. Hanover Avenue, Suite 202 Cedar Knolls, NJ 07927 A list of over 4,000 self-help groups in New Jersey	
UNION COUNTY OFFICE for the Persons with Disabilities and Special Needs	1-908-527-4807
Administration Building 4 th fl Elizabeth, NJ 07207	

SENIOR CITIZEN CENTERS

Local social centers that help seniors remain participating members in their communities. Participation in planned activities encourages personal growth and general well-being.

CASANO COMMUNITY CENTER 314 Chestnut Street Roselle Park, NJ 07204	1-908-245-9150
CLARK RECREATION CENTER 430 Westfield Avenue Clark, NJ 07066	1-732-382-7134
CRANFORD COMMUNITY CENTER Recreation & Parks Dept. 220 Walnut Avenue Cranford, NJ 07016-2931	1-908-709-7283
ELIZABETH, CITY OF – OFFICE ON AGING 50 Winfield Scott Plaza, Room G8 Elizabeth, NJ 07201	1-908-820-4044
ELIZABETHPORT PRESBYTERIAN CENTER* 184 First Street Elizabeth, NJ 07206	1-908-351-4850
FANWOOD SENIORS Borough Hall 75 Martine Avenue Fanwood, NJ 07023-1319	By mail
GARWOOD SENIOR PROGRAM Municipal Bldg 403 South Avenue Garwood, NJ 07027	1-908-789-0738
GREGORIO CENTER 330 Helen Street Linden, NJ 07036	1-908-474-8627
HILLSIDE SENIOR CITIZEN CENTER 265 Hollywood Avenue Hillside, NJ 07205	1-908-355-8928
JAMES F. BUCKLE CENTER 25 ¹ / ₂ Roosevelt Drive Winfield, NJ 07036	1-908-925-2014
JEWISH COMMUNITY CENTER* 1391 Martine Avenue, South Scotch Plains, NJ 07076	1-908-889-8800
KENILWORTH SENIOR CENTER 526 Boulevard Kenilworth, NJ 07033	1-908-272-7743
LIBERTY SQUARE SENIOR CENTER 240 Elizabeth Ave. Elizabeth, NJ 07206	1-908-820-4700

MOUNTAINSIDE SENIORS PROGRAM Borough Hall, Rt. 22 Mountainside, NJ 07092	1-908-232-4406
NEW PROVIDENCE SENIOR CENTER 15 East 4th Street New Providence, NJ 07974	1-908-665-0046
O'DONNELL-DEMPSEY SENIOR CENTER 622 Salem Avenue Elizabeth, NJ 07208	1-908-354-7431
PETERSTOWN COMMUNITY CENTER 408 Palmer Street @ 4th Avenue Elizabeth, NJ 07202	1-908-289-5324
PLAINFIELD SENIOR SERVICES PROGRAM* 400 East Front Street Plainfield, NJ 07060	1-908-753-3506
RAHWAY SENIOR CITIZEN CENTER 1306 Esterbrook Avenue Rahway, NJ 07065	1-732-827-2016
ROSELLE COMMUNITY CENTER 1268 Shaffer Avenue Roselle, NJ 07203	1-908-245-6717
SPRINGFIELD CHISHOLM COMMUNITY CENTER 100 So. Springfield Avenue Springfield, NJ 07081	1-973-912-2227
SCOTCH PLAINS RECREATION DEPARTMENT 430 Park Avenue Scotch Plains, NJ 07076	1-908-322-6700 ext. 222
STEVEN SAMPSON SENIOR CITIZEN CENTER 800 Anna Street Elizabeth, NJ 07201	1-908-820-4704
UNION TOWNSHIP SENIOR CENTER 968 Bonnel Court Union, NJ 07083	1-908-851-5290
WESTFIELD COMMUNITY CENTER ASSOCIATION* 558 West Broad Street Westfield, NJ 07090	1-908-232-4759
YM-YWHA (Jewish Community Center)* 501 Green Lane Union, NJ 07083	1-908-289-8112

SENIOR CITIZENS ADVOCACY

These organizations promote the independence and well-being of older adults through private and public advocacy geared to meeting present and emerging needs.

AMERICAN ASSOCIATION of RETIRED PEOPLE (AARP) Forrestal Village 132 Main Street Princeton, NJ 08540	1-866-542-8165
ARC of UNION COUNTY 52 Fadem Road Springfield, NJ 07081	1-973-315-0000
COMMUNITY ACCESS UNLIMITED 80 W. Grand Street Elizabeth, NJ 07202	1-908-354-3040
NJ STATE DEPARTMENT OF HEALTH PO Box 367 Trenton, NJ 08626 License for residential, assisted living, adult day care, and long term care	1-609-633-9034 1-800-367-6543
OMBUDSMAN for the INSTITUTIONALIZED ELDERLY CN 807 Trenton, NJ 08625 Investigates complaints regarding treatment of nursing home residents	1-609-943-4026 Elderly Abuse Hotline: 1-877-582-6995
PROCEED – Bilingual Services* 1126 Dickinson Street Elizabeth, NJ 07201 info@proceedinc.com	1-908-351-7727
RAHWAY COMMUNITY ACTION ORGANIZATION 796 E. Hazelwood Avenue Rahway, NJ 07065	1-732-382-9311
SENIOR ADULT FRAIL ELDERLY (SAFE) 505 South Avenue, East Cranford, NJ 07016 Information and Assistance	1-908-497-3950
UNION COUNTY OFFICE for the Persons with Disabilities and Special Needs 10 Elizabethtown Plaza 4 th fl Elizabeth, NJ 07207	1-908-527-4807
URBAN LEAGUE 288 N. Broad Street 2 nd fl Elizabeth, NJ 07208	1-908-351-7200

SUPPORT GROUP INFORMATION for CAREGIVERS

Support groups meet on a regular basis to assist each other in dealing with the stress often associated with caring for others and dealing with illnesses. Support groups meet regularly throughout Union County. For information on a support group near you, call the Union County ADRC or the Self-Help Clearinghouse at 1-800-367-6274.

ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP 290 Broad Street Summit, NJ 07901	1-908-273-5550
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ALZHEIMER'S SUPPORT GROUP @ BRIGHTON GARDENS 1350 Route 22, West Mountainside, NJ 07092	1-908-654-4460
ALZHEIMER'S SUPPORT GROUP @ CRANFORD 800 Lincoln Avenue, East Cranford, NJ 07016	1-973-586-4300
ALZHEIMER'S SUPPORT GROUP @ JEWISH FAMILY SERVICES 655 Westfield Avenue Elizabeth, NJ 07208	1-908-352-8375
ALZHEIMER'S SUPPORT GROUP @ OVERLOOK HOSPITAL 99 Beauvoir Avenue Summit, NJ 07901	1-973-586-4300
PEOPLE RESPONSIBLE for ELDERLY PEOPLE Caregiver Support Group 290 Broad Street Summit, NJ 07901	1-908-273-5550
SELF-HELP CLEARINGHOUSE Statewide Support Group Listing	1-800-367-6274
WISE ADULT DAY SERVICES Alzheimer's and Bereavement Support Groups 973A Stuyvesant Avenue Union, NJ 07083	1-908-687-2995
IMAGINE – A CENTER for COPING with LOSS Parents who have lost children/Children and young adults 1 Broad Street, East Westfield, NJ 07090	1-908-264-3100

TELEPHONE REASSURANCE

Volunteers make pre-arranged daily telephone calls to homebound older persons.

CATHOLIC CHARITIES 505 South Avenue, East Cranford, NJ 07016	1-908-497-3950
CONTACT CARING & CRISIS P.O. Box 2376 Westfield, NJ 07090	1-908-232-2880
SAGE ELDERCARE 290 Broad Street Summit, NJ 07901	1-908-273-5554 1-908-273-5550

TRANSPORTATION SERVICES

UNION COUNTY PARATRANSIT SYSTEM* Serves all of Union County. Specialized transportation for people age 60+ or disabled. <u>Reservations must be made in advance.</u> There is a \$6.00 roundtrip charge; waivers are available for low income riders.	For reservations:	1-908-241-8300
New Jersey Transit Access Link		1-800-955-2321
NJ Transit Reduced Fare for seniors; information about trains and buses.		1-973-491-7112
Ryde4Life Program www.RydeforLife.org		1-866-208-1304

ESCORTED TRANSPORTATION

JEWISH FAMILY SERVICES* 655 Westfield Avenue Elizabeth, NJ 07208 Volunteers assist frail elderly with transportation		1-908-352-8375
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SENIOR CITIZENS BUSES

Berkeley Heights		1-732-558-3912
Clark		1-732-388-3600
Cranford		1-908-709-7283
Elizabeth		1-908-820-4044
Garwood		1-908-789-0710
Hillside		1-908-355-6475
Linden		1-908-474-8600
Mountainside		1-908-232-2400
New Providence		1-908-665-0046
Plainfield (Senior Citizen Service Center)		1-908-753-3506
Rahway		1-732-499-7930 1-732-499-7940
Roselle		1-908-245-5600
Roselle Park		1-908-245-0666
Scotch Plains		1-908-322-6700
Springfield		1-973-912-2227
Summit		1-908-277-9419
Union		1-908-686-7887
Westfield Recreation Senior Transportation		1-908-301-1287
Winfield Park		1-908-925-3850
NEW JERSEY MOTOR VEHICLE COMMISSION	For Information:	1-888-486-3339
	Inspection Center:	1-888-656-6867
TO OBTAIN AUTOMOBILE PLACARDS & LICENSE PLATES FOR THE DISABLED	Call 24 hours a day for applications.	1-609-292-6500
	Toll-free in NJ only:	1-888-486-3339

VETERANS AFFAIRS

Assistance for veterans provided through federal, state, and county offices.

NEW JERSEY DEPARTMENT OF MILITARY & VETERAN AFFAIRS CN 340 101 Eggert Crossing Road Lawrenceville, NJ 08625	1-888-865-8387 1-609-530-6892
UNION COUNTY OFFICE OF VETERANS AFFAIRS County Administration Building Elizabeth, NJ 07207	1-908-527-4719
U.S. VETERANS ADMINISTRATION 20 Washington Place Newark, NJ 07102 www.va.gov When you call, have VA File Number/Social Security Number available	1-800-827-1000

VISION IMPAIRED SERVICES

Education, training, and support services for the blind and visually impaired

AMERICAN RED CROSS Eastern Union County Braille Instruction 203 W. Jersey Street Elizabeth, NJ 07202	1-908-353-2500
CATHOLIC CHARITIES Support Program & Vision Impaired Services 505 South Avenue, East Cranford, NJ 07016	1-908-497-3950
EYE CARE AMERICA (eyecareamerica.org)	1-877-887-6327 1-800-222-3937
NEIGHBORHOOD HEALTH CENTER	Elizabeth: 1-908-355-4459 Plainfield: 1-908-753-6401 Ext. 1999
NEW JERSEY FOUNDATION FOR THE BLIND 230 Diamond Spring Road Denville, NJ 07834 (<i>Audio tapes; home visits</i>)	1-973-627-0055
NEW EYES FOR THE NEEDY, INC. 549 Millburn Avenue Short Hills, NJ 07078	1-973-376-4903
NJ STATE LIBRARY TALKING BOOK & BRAILLE CENTER 2300 Stuyvesant Avenue Trenton, NJ 08618	1-800-792-8322
NJ STATE COMMISSION FOR BLIND/VISUALLY IMPAIRED Central Jersey Office: 153 Halsey Street, Newark, NJ 07102	1-973-648-2111
PREVENT BLINDNESS AMERICA	1-800-331-2020
VA MEDICAL CENTER Services for the visually impaired	1-973-676-1000 ext. 1842

VISITING PHYSICIANS and PODIATRISTS

Innovative Foot & Ankle www.innovativefootandankle.com	1-908-276-6624
Home Foot Care Services www.homefootcareservices.com	1-877-417-3668
VISITING PHYSICIANS	1-888-771-3338
23 Main Street Suite D1 Holmdel, NJ 07733 Serves Union, Monmouth, Ocean, Middlesex, Hudson, Essex & Somerset	1-732-571-1000

VOLUNTEER OPPORTUNITIES

Opportunities for retired older adults aged 60+ to share some of their time, skills, and talents in meaningful ways. Retired volunteers help others and stay involved in community life.

FISH CHAPTER P.O. Box 2822 Plainfield, NJ 07062	1-908-755-8888
RETIRED SENIOR VOLUNTEER PROGRAM (RSVP) Jewish Family Service 655 Westfield Avenue Elizabeth, NJ 07208	1-908-352-8375
SAGE ELDERCARE Volunteer Program 290 Broad Street Summit, NJ 07901	1-908-273-5554 1-908-273-5550
SENIOR FOOD SHOPPING PROGRAM Catholic Charities 505 South Avenue, East Cranford, NJ 07016	1-908-497-3950
TELEPHONE REASSURANCE Catholic Charities* 505 South Avenue East Cranford, NJ 07016	1-908-497-3950
VOLUNTEER CENTER @ UNITED WAY OF GREATER UNION COUNTY 33 W. Grand Street Elizabeth, NJ, 07202	1-908-353-7171

*Agency currently receives funding from the Union County Division on Aging.