Union County Department of Human Services Division on Aging and Disability Resource Connection

RESOURCE DIRECTORY FOR OLDER ADULTS IN UNION COUNTY



Union County Administration Building
10 Elizabethtown Plaza, Elizabeth, NJ 07207
888-280-8226 / 908-527-4870 / 908-527-4872
ADRC-877-222-3737

www.ucnj.org/aging

A Service of the Union County Board of County Commissioners

UNION COUNTYWe're Connected to You!



UNION COUNTY DIVISION ON AGING DEPARTMENT OF HUMAN SERVICES

Union County Administration Building 10 Elizabethtown Plaza, Elizabeth, NJ 07207

"Congress hereby finds and declares that, in keeping with the traditional American concept of the inherent dignity of the individual in our democratic society, the older people of our Nation are entitled to, and it is the joint and several duties and responsibilities of the governments of the United States and of the several States and their political subdivisions to assist our older people to secure equal opportunity to the full and free enjoyment" of these objectives: "Freedom, independence, and free exercise of individual initiative in planning and managing their own lives and full participation in the planning and operation of community-based services and programs provided for their benefit."

- Older Americans Act of 1965, as Amended

The Union County Division on Aging has as its primary responsibility the planning and coordination of services for Older Adults age 60 and over.

For Information on Services or Programs, Call Toll-Free: 888-280-8226 908-527-4870

Fax #: 908-659-7410 www.ucnj.org/aging

Para Mas Informacion Acerca De Los Programas Hispanos Por Favor Llamar Al: 908-527-4863

The listing of any agency or service is purely informational and in no way indicates an endorsement, nor does the absence of any agency or service from this Directory signify disapproval. The Division on Aging does not discriminate against any individual because of race, creed, color, sex, age, national origin, sexual orientation, gender identity or marital status. No otherwise qualified disabled older adult shall, solely by reason of his or her disability, be excluded from the participation in, denied the benefit of, or be subjected to discrimination under any federally funded programs or activities administered by this division.

9/22 nz

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ARE YOU A SENIOR CITIZEN? DID YOU KNOW?

AT 55 YEARS OF AGE

- ♦ Senior Community Services Employment Program *
 - ♦ Retired Senior Volunteer Program (RSVP)

AT 60 YEARS OF AGE

- ◆ Partial Social Security / Railroad Retirement Survivor Benefits for Widow(er)
 - ♦ Social Security Benefits retained by the remarrying widow(er)
 - ♦ Transportation Program
 - Nutrition Program (group meals and home delivered meals)
 - ◆ Public Guardian for Elderly Adults (609) 341-5555
 - ♦ Free Assistance with preparation of federal / state income tax returns
 - ♦ Care Management

AT 62 YEARS OF AGE

- Reduced fares on all intrastate and most interstate trains and buses
 - ♦ Early Retirement Social Security Payments--80% of full benefits
- Partial exemption of Realty Transfer Fee for homeowners selling home (609) 292-1793
- ◆ Protection from condominium conversion (under certain conditions) * (800) 792-8820
 - NJ Clam & Oyster Digging License for small processing fee (609) 984-5546
 - ♦ Free passes to state parks, forests, and historic sites (800) 843-6420
- ♦ Golden Age Pass to national parks, forests, historic sites, recreation areas (888) 275-8747 option # 3
 - ♦ Senior Citizen federally subsidized housing *
 - ♦ Congregate housing services program *
 - Rutgers University: low-cost and tuition-free courses (space permitting / for audit only)

<u>AT 65 YEARS OF AGE</u>

- Full Social Security (age 65 plus required months)
 - ♦ Full Railroad Retirement Benefits for retiress
 - Certain Federal Income Tax Benefits
- Reduced fee for certain types of hunting (firearm, bow & arrow) (609) 292-2965
 - ♦ Reduced fee for Fishing License (609) 292-2965
 - ♦ Medicare Coverage
 - State Health Insurance Program for Seniors (S.H.I.P.) (908) 273-6999
 - ♦ Senior Dental Program (sponsored by NJ Dental Association) *
 - Pharmaceutical Assistance for the Aged and Disabled (PAAD) *
 - ♦ Senior Gold Prescription Discount Program *
 - ♦ Hearing Aid Assistance for the Aged and Disabled (HAAAD) *
 - ♦ Lifeline Utility Credit Program *
 - Supplemental Security Income (SSI) to aid persons with low incomes *
 - ♦ Wartime Veteran's Pension (under certain conditions) (888) 865-8387
 - Veteran's pension * (888) 865-8387
- No Social Security restrictions on amount of income received from employment
 - Certain tax relief programs

AT 70 YEARS OF AGE

- ♦ No fishing license required (Proof of age will function as fishing license)
- * PROGRAMS WITH INCOME AND OTHER ELIGIBILITY REQUIREMENTS

STATEWIDE COUNTY OFFICES ON AGING

Atlantic	1-609-645-7700 Ext. 4700
Bergen	1-201-336-7400
Burlington	1-609-265-5069
Camden	1-856-858-3220
Cape May	1-609-886-2784 or -2785
Cumberland	1-856-453-2220 or -2201
Essex	1-973-395-8375
Gloucester	1-856-384-6900
Hudson	1-201-369-4313 or 867-0002
Hunterdon	1-908-788-1361 or -1362 or -1363
Mercer	1-609-989-6661 or -6662
Middlesex	1-732-745-3295
Monmouth	1-732-431-7450
Morris	1-973-285-6848
Ocean	1-732-929-2091
Passaic	1-973-569-4060
Salem	1-856-339-8622
Somerset	1-908-704-6346
Sussex	1-973-579-0555
Union	1-908-527-4870 888-280-8226
Warren	1-908-475-6591

FREQUENTLY CALLED NUMBERS

Adult Protective Convices (Cathalia Charitias)		4 000 407 2002
Adult Protective Services (Catholic Charities)		1-908-497-3902
American Association of Retired Persons (AARP) - In New	Jersey	1-866-542-8165
Consumer Affairs, Union County Division of		1-908-654-9840
Disabilities and Special Needs, Union County Office for		1-908-527-4807
Disaster Distress Helpline (DDH)		1-800-985-5990
Disaster Distress Helpline (DDH)	TTY	1-800-846-8517
	Text Talk to	66746
Eldercare Locator	TEXT TAIK TO	1-888-677-1116
Federal Emergency Management Agency (FEMA)		1-800-621-3362
	TTY	1-800-462-7585
Home Energy Assistance Program (HEAP a/k/a LIHEAP)PR	OCEED:	1-908-351-7727
Homeless Emergency Services:		
(For Homeless Individuals, Families, or Victims of Domestic Violen	ce)	
Gateway Family YMCA		1-908-355-9622
YWCA of Eastern Union County		1-908-3551995
Medical Assistance Customer Center/Medicaid		1-732-863-4400
Medicare		1-800-633-4227
Nursing Home Information (S.A.F.E.)		1-908-497-3950
Office of the Public Guardian for Elderly Adults		1-609-341-5555
Ombudsman for the Institutionalized Elderly		1-609-943-4023
ELDERLY AB	USE HOTLINE:	1-877-582-6995
Parks and Recreation, Union County Division of		1-908-527-4900
Passport Information	Elizabeth:	1-908-527-4968
	Westfield:	1-908-654-9859
Psychiatric Emergency Services CRIS	IS HOTLINE:	1-908-668-2599
Red Cross Emergency Services		1-800-733-2767
Social Security Administration		1-800-772-1213
State Health Insurance Program (S.H.I.P.)		1-908-273-6999
NJ Department of Health		1-800-367-6543
Union County Paratransit System Reservations		1-908-241-8300

ADULT DAY CENTERS

Social Day Care provides developmental, nutritional, and social activities under professional supervision.

Medical Day Care adds prescribed therapies. Transportation is included as a part of the service.

Adult Day Care encourages participants' independence and gives caregivers some free time.

CEDAR HARBOR ADULT MEDICAL DAY CENTER	1-908-298-8588
545 E. First Avenue	
Roselle, NJ 07203	
COFFEE HOUSE PROGRAM OF JEWISH FAMILY SERVICES	1-908-352-8375
1925 Lake Ave.	
Scotch Plains, NJ 07076	
DAYBREAK ADULT MEDICAL DAY CARE	1-908-353-3530
712 Newark Avenue	
Elizabeth, NJ 07208	
FIVE-STAR ADULT DAY CARE (Medical)	1-908-486-5750
1201 Deerfield Terrace	
Linden, NJ 07036	
2 nd Home Adult Day Center (Medical)	1-908-994-0050
550 No. Broad Street	
Elizabeth, NJ 07201	
LEGACY CARE CLUB ADULT DAY CARE	1-908-540-0500
130 Route 22 East	
North Plainfield, NJ 07060	
SENIOR SPIRIT MEDICAL DAY CENTER	1-908-241-9393
430 E. Westfield Avenue	
Roselle Park, NJ 07204	
SAGE Eldercare (Medical / Social / Alzheimer's) *	1-908-598-5520
Spend-A-Day Adult Day Health Center	1-908-273-5550
290 Broad Street	
Summit, NJ 07901	
TOWN SQUARE	1-908-787-0980
1155 E. Jersey Street	
Elizabeth, NJ 07201-2310	

ADULT PROTECTIVE SERVICES

ADULI PROTECTIVE SERVICES	
ADULT PROTECTIVE SERVICES	1-908-497-3902
Catholic Charities*	
505 South Avenue, East	
Cranford, NJ 07016	
CENTRAL JERSEY LEGAL SERVICES*	1-908-354-4340
60 Prince Street	
Elizabeth, NJ 07208	
COMMUNITY HEALTH LAW PROJECT (CHLP)*	1-908-355-8282
65 Jefferson Avenue	
Elizabeth, NJ 07201	
OFFICE OF THE PUBLIC GUARDIAN FOR ELDERLY ADULTS	1-609-341-5555
PO 812	
Trenton, NJ 08625-0812	
OMBUDSMAN OFFICE FOR THE INSTITUTIONALIZED ELDERLY	1-609-943-4023
P.O. Box 812 Elderly Abuse HOTLINE:	1-877-582-6995
Trenton, NJ 08625-0807	
PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS	1-908-994-7131
(Medicare Certified and Medicaid Provider)	
VICTIM / WITNESS ASSISTANCE PROGRAM	1-908-527-4596
32 Rahway Avenue, 1st Floor	
Elizabeth, NJ 07207	

ALCOHOLISM SERVICES

Counseling, support, and referral services for recovering alcoholics and their families; preventive education as an integral part of the service

ALCOHOL / HEROIN OUTPATIENT TREATMENT CENTER	1-908-994-7043
AT TRINITAS REGIONAL MEDICAL CENTER	
655 East Jersey Street	
Elizabeth, NJ 07206	
Division of Recreation - Plainfield	1-908-753-3082
505 Watchung Avenue	
Plainfield, NJ 07060	
(call for schedule)	
CHARTER BEHAVIORAL HEALTH SYSTEMS	1-908-522-7000
19 Prospect Street	
Summit, NJ 07901	
PREVENTION LINKS	1-732-381-4100
121-125 Chestnut Street	
3 rd floor	
Roselle, NJ 07203	
PROCEED - Bilingual Services	1-908-351-7727
1126 Dickinson Street	
Elizabeth, NJ 07201	

CANCER RESOURCES

<u> </u>	
BREAST CANCER RESOURCE CENTER	1-609-497-2100
YMCA @ Princeton	
59 Paul Robeson Place	
Princeton, NJ 08540	
CANCER CARE of NEW JERSEY	1-800-813-4673
141 Dayton Street, Suite 204	
Ridgewood, NJ 07450	
CANCER SOCIETY, AMERICAN	1-800-227-2345
507 Westminster Avenue	
Elizabeth, NJ 07208	

CONSUMER AFFAIRS

Assists in the enforcement of relevant state and federal laws and regulations designed to promote fair consumer practices in the marketplace.

CONSUMER AFFAIRS, UNION COUNTY DIVISION OF	1-908-654-9840
300 North Avenue, East	
Westfield, NJ 07090	

COUNSELING SERVICES

Individual, family, and group therapy counseling/psychotherapy for subs	tance abuse	and mental illness
ACADIA HOUSE		1-908-654-3711
Center for Hope Hospice		
175 Glenside Avenue		
Scotch Plains, NJ 07076		
(Bereavement & Grief Counseling Center - West)		
ATLANTIC BEHAVIORAL HEALTH		1-908-522-4800
Outpatient Therapy & Counseling		
46-48 Beauvoir Avenue		
Summit, NJ 07901		
Intensive Care and Psychological Counseling		
CATHOLIC CHARITIES*		1-908-497-3900
505 South Avenue, East	Hispanic:	1-908-497-3950
Cranford, NJ 07016		
COUNSELING CENTERS FOR HUMAN DEVELOPMENT		1-908-276-0590
201 Lincoln Avenue, East		
Cranford, NJ 07016		
FAMILY AND CHILDREN'S SERVICES		
40 North Avenue		1-908-352-7474
Elizabeth, NJ 07208		
FAMILY RESOURCE CENTER OF TRINITAS HOSPITAL		1-908-276-2244
300 North Avenue		
Cranford, NJ 07016		
JEWISH FAMILY SERVICE of CENTRAL NEW JERSEY*		1-908-352-8375
655 Westfield Avenue		
Elizabeth, NJ 07208		

MOUNT CARMEL GUILD - BEHAVIORAL HEALTH CLINIC	1-908-497-3968
108 Alden Street	
Cranford, NJ 07016	
PROCEED - Bilingual Counseling	1-908-351-7727
1126 Dickinson Street	
Elizabeth, NJ 07201	
PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS Medicare Certified and Medicaid Provider	1-908-994-7131
ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY	1-732-381-4200
865 Stone St.	
Rahway, NJ 07065	
SENIOR ADULT FRAIL ELDERLY CENTER (SAFE)	1-908-497-3950
505 South Avenue, East	
Cranford, NJ 07016	
U.C.P.C. / PLAINFIELD (Behavioral Health Care)	1-908-756-6870
117-119 Roosevelt Avenue	
Plainfield, NJ 07060	
UNITED FAMILY AND CHILDREN'S SOCIETY	1-908-755-4848
305 West 7 th Street	
Plainfield, NJ 07060	
TRINITAS REGIONAL MEDICAL CENTER	1-908-994-7336
GEROPSYCHIATRIC SERVICES	
655 E. Jersey Street	
Elizabeth, NJ 07201	
Psychiatric out-patient follow up	

DENTAL SERVICES

MIDDLESEX COUNTY DENTAL HYGIENE CLINIC	1-732-906-2536
2600 Woodbridge Avenue	
Edison, NJ 08818	
DENTAL CLINICS	
Overlook Hospital	1-908-522-2901
Plainfield Health Center	1-908-753-6401
RUTGERS Dental Health Services	1-908-889-2410
Dental cleaning and examination for age 55+ for \$16.00	
Scotch Plains, NJ 07076	
DENTAL HOME SERVICES	1-800-842-4663
Dentistry at Home	
www.dentalhomeservices.com	
VISITING DENTAL ASSOCIATES	1-201-670-0097
Dentistry at Home	

EDUCATION

Continued or renewed educational experiences for older adults who want to expand their horizons or develop new interests.

DUODES COUGLAD (a New Drafit Organization)	4 077 400 0050
RHODES SCHOLAR (a Non-Profit Organization)	1-877-426-8056
75 Federal Street	
Boston, Mass. 02110-1941	
Provider of high quality, educational opportunities for older adults	4 000 505 0040
KEAN UNIVERSITY	1-908-527-2210
1000 Morris Avenue	
Union, NJ 07083	
Career Counseling Workshops / Continuing Education	
LIFE CENTER – 62+ Union County College	1-908-497-4360
Non-Credit Off-Campus Classes Throughout the County	
LITERACY NEW JERSEY	1-908-486-1777
121-125 Chestnut Street	
Suite 203	
Roselle, NJ 07203	
LITERACY VOLUNTEERS OF UNION COUNTY	1-908-354-6060
Elizabeth Public Library	ext. 214
11 South Broad Street	
Elizabeth, NJ 07202	
NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION (DVR)	1-908-965-3940
921 Elizabeth Avenue, 3 rd Fl.	
Elizabeth, NJ 07201	
RUTGERS COOPERATIVE EXTENSION OF UNION COUNTY*	1-908-654-9854
300 North Avenue, East	
Westfield, NJ 07090	
UNION COUNTY SENIOR SCHOLARS - Union County College	1-908-709-7600
Continuing Education Free for Union County residents aged 60+	1 000 100 1000
UNIVERSITY WITHOUT WALLS, DOROT	1-212-769-2850
Classes and support groups for caregivers and homebound elderly	1 2 1 2 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2
Website: www.dorotusa.org	

ELDERCARE LOCATOR

To find information about community services for older people anywhere in the United States and its territories, go to:

ELDERCARE LOCATOR	1-800-677-1116
Website: www.eldercare.gov	

EMERGENCY MEDICAL IDENTIFICATION

Medical ID bracelets/necklaces

AMERICAN MEDICAL IDENTIFICATION	1-800-363-5985
MEDIC ALERT	1-800-432-5378
TOWNSHIP OF UNION SENIOR CENTER	1-908-851-5290
Emerg Alert" bracelet, for Union Township residents only	
968 Bonnel Court	
Union, NJ 07083	

EMERGENCY RESPONSE SYSTEMS

These response systems provide individuals with 24-hour access to outside sources of help. For emergencies, dial 911.

i or emergencies, diai 911.		
GREGORIO CENTER Serves Linden residents only		1-908-474-8627
330 Helen Street		
Linden, NJ 07036		
LIFE LINE PROGRAM		1-800-852-5433
LIFESTATION		1-800-446-3300
PERSYS: Personal Emergency Response System	NJ:	1-800-492-4051
	USA:	1-800-631-7370
PROJECT LIFESAVER PROGRAM - Union Co. Sheriff's Office		1-908-273-1608
PHILLIPS LIFELINE		1-800-579-3341
WISE DAY CARE (PERSYS)*		1-908-687-2995
2095B Berwyn Street		
Union, NJ 07083		

EMPLOYMENT SERVICES

Training and/or job placement opportunities for older adults seeking part or full time employment.

ASSOCIATION FOR RETARDED CITIZENS (ARC), UNION COUNTY	1-973-315-0000
52 Fadem Road.	
Springfield, NJ 07081	
DIVISION of VOCATIONAL REHABILITATION (DVR)	1-908-965-3940
921 Elizabeth Avenue 3 rd fl	
Elizabeth, NJ 07201 Employment for People with Disabilities	
DIVISION of WORKFORCE DEVELOPMENT/American Job Centers	1-908-527-4880
Union County Department of Human Services	
1 Elizabethtown Plaza, 4 th Floor	
Elizabeth, NJ 07207	
EASTER SEALS SCSEP Program	
65 Kennedy Blvd. Suite 600 Elizabeth Office:	1-908-965-3962
East Brunswick, NJ 08816	
OLDER WORKERS BENEFIT PROTECTION	
c/o Equal Employment Opportunities Commission (EEOC)	1-202-663-4637
Washington DC	
ELIZABETH AMERICAN JOB CENTER	1-908-558-8000
Union County Department of Human Services - Eastern Division	
921 Elizabeth Avenue	
Elizabeth, NJ 07201	
PLAINFIELD AMERICAN JOB CENTER	1-908-757-9090
Union County Department of Human Services - Western Division	
200 W. Second Street	
Plainfield, NJ 07060	
PROFESSIONAL SERVICE GROUP of CENTRAL NJ	1-908-445-5730
E-MAIL info@psgcnj.biz	
STATE EMPLOYMENT SERVICES OF NEW JERSEY	

Workforce of New Jersey		1-908-558-8000
921 Elizabeth Avenue		
Elizabeth, NJ 07201		
U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION		1-800-669-4000
1 Newark Center, 21st Floor	TDD:	1-800-669-6820
Newark, NJ 07102-5233		1-973-645-6383
www.eeoc.gov	Inquiries:	1-973-645-3004
WORKFORCE 55+ SCSEP Program		1-908-412-7969
Department of Labor		
200 W. Second Street		
Plainfield, NJ 07060		

FINANCIAL ASSISTANCE

Services and programs which help older citizens meet medical, pharmaceutical, food, rental, and utility expenses that are subject to income/age tests. Consumer protection, counseling, and tax preparation services are also available.

LOW INCOME HOME ENERGY ASSISTANCE PI	ROGRAM (LIHEAP)	1-908-351-7727
Heat/Medically Necessary Cooling		
www.energyassistance.nj.gov		
JEWISH FAMILY SERVICES*		1-908-352-8375
655 Westfield Avenue		
Elizabeth, NJ 07208		
Volunteers help older adults with bill paying manage	gement	
LIFELINE PROGRAM – Help with Utility Bills		1-800-792-9745
P.O. Box 714 Trenton, NJ 08625-0714		
MUNICIPAL WELFARE DEPARTMENTS		Contact Local
		Municipality
NEW JERSEY SHARES - Utility Assistance		1-866-657-4273
www.njshares.org		
AFFORDABLE HOUSING ALLIANCE PAGE PRO	DGAM – Utility	1-732-982-8710
Assistance www.njpoweron.com		
SENIOR GOLD		1-800-792-9745
P.O. Box 724		
Trenton, NJ 08625-0724		
SOCIAL SERVICES, UNION COUNTY DIV. OF	(SNAP)	1-908-965-2700
342 Westminister Avenue	(Adult Medicaid)	1-908-965-3745
Elizabeth, NJ 07207		
SOCIAL SERVICES, UNION COUNTY DIV. OF	(SNAP)	1-908-791-7000
200 West Second Street	(Adult Medicaid)	1-908-791-7093
Plainfield, NJ 07060		
URBAN LEAGUE		1-908-351-7200
288 N. Broad Street		
Elizabeth, NJ 07208		
VICTIMS of CRIME COMPENSATION BOARD		1-800-242-0804
50 Park Place 6 th Fl		
Newark, NJ 07102		

TAXATION, STATE DIVISION OF	Touch-Tone Phone: Rotary Dial Phone:	
Jersey FAIR Homeowner Rebate Tax Application		1-877-658-2972
FAIR hotline available weekdays 8:30am-4:30 pm		1-888-238-1233
TAXATION – cont.		1-800-882-6597
Property Tax Reimbursement (Senior Freeze) weekda Website: www.state.nj.us/treasury/taxation	ys 8:30 am-4:30 pm	
NEW JERSEY DEPARTMENT of the TREASURY		1-973-648-4700
124 Halsey Street		
Newark, NJ 07101		
NEW JERSEY INTERITANCE TAX		1-973-648-3486
124 Halsey Street		
Newark, NJ 07101		
INTERNAL REVENUE SERVICE (IRS)		1-800-829-1040
970 Broad Street		
Newark, NJ 07102		
PROPERTY TAX REDUCTIONS – Contact Local Tax	Assessor	
INCOME TAX ASSISTANCE		
Volunteer Income Tax Assistance Program (VITA)		1-800-906-9887
AARP Income Tax Assistance Program		1-888-227-7669
UNION COUNTY TAXATION BOARD – For questions	s on property taxes	1-908-527-4775

GERIATRIC ASSESSMENT PROGRAMS

Evaluation, diagnosis, and treatment of Alzheimer's/dementia/mental health disorders.

ATLANTIC HEALTH SYSTEM		1-973-971-7022
100 Madison Avenue		
Morristown, NJ 07960		
COPSA INSTITUTE FOR ALZHEIMER'S DISEASE &	RELATED DISORDERS	1-800-969-5300
RutgerS University Behavioral Health		
671 Hoes Lane		
Piscataway, NJ 08854		
CARE TO CAREGIVERS	1-800-424-2494	
TRINITAS REGIONAL MEDICAL CENTER		1-908-994-7313
		1-900-994-7313
655 E. Jersey Street		
Elizabeth, NJ 07206		

GRANDPARENT PROGRAMS

GRANDPARENT INFORMATION CENTER – AARP	1-800-424-3410
GRANDPARENTS RAISING GRANDCHILDREN	1-908-352-8375
Jewish Family Service of Central New Jersey*	
655 Westfield Avenue	
Elizabeth, NJ 07208	

HEARING IMPAIRED SERVICES

Education, training, and support services for deaf and hearing-impaired older adults.

HEAR NOW (Help with hearing aides depending on income)	1-800-648-4327
HEARING AID ASSISTANCE to the AGED & DISABLED	1-800-792-9745
P.O. BOX 715	
Trenton, NJ 08625-0715	
HEARING CENTER	1-732-574-3550
49 Brant Avenue	
Clark, NJ 07066	
KEAN UNIVERSITY SPEECH & HEARING CLINIC	1-908-737-5800
1000 Morris Avenue	
Union, NJ 07083	
NEW JERSEY HEARING AID PROJECT	1-800-772-8339
Montclair State University	
1515 Broad Street Bldg. B	
Bloomfield, NJ 07003	
CATHOLIC CHARITIES ARCHDIOCESE OF NEWARK	1-973-497-4312
171 Clifton Avenue TTY:	1-973-497-4311
Newark, NJ 08104-0500	
NEW JERSEY DIVISION OF THE DEAF AND HARD OF HEARING	1-609-588-2648
Voice and TTY:	1-800-792-8339

HOME CARE - CAREGIVER SERVICES

Skilled nursing, home health aide, and homemaker services ease the burden of extended home care, enabling older adults to maintain maximum independence in their home. Physician ordered physical therapy, occupational therapy, and speech therapy. Social work visits, nutrition counseling, and/or medical health counseling

ACE HOME HEALTHCARE, INC	1-908-851-2700
930 Stuyvesant Avenue	
Union, NJ 07083	
AMAZING GRACE NURSING CARE SERVICE	1-908-206-9988
2165 Morris Avenue, Suite 1A	
Union, NJ 07083	
ARTISAN HOMECARE	1-800-272-5484
6 North Union Avenue, Suite 1	
Cranford, NJ 07016	
ASSISTING HANDS OF CENTRAL NJ	1-732-243-9669
2025 Lincoln Highway, Suite 150	
Edison, NJ 08817	
BAYADA NURSES	
324 Chestnut St.	1-908-687-6363
Union, NJ 07083	
BrightStar Care	
560 Springfield Ave., Suite G	1-908-322-8200
Westfield, NJ 07090	

COMFORT KEEPERS		
One Mountain Boulevard		
Warren, NJ 07059		1-732-369-3639
COMFORCARE		1-908-408-5220
1199 Route 22, East		1 000 400 0220
Mountainside, NJ 07092		
COMPANION CARE LLC		1-908-688-4423
P.O. Box 6265		1 000 000 1 120
Hillsborough, NJ 08844		
COMMUNITY ACCESS UNLIMITED*		1-908-354-3040
80 W. Grand St.		1 000 00 1 00 10
Elizabeth, NJ 07202		
EROS HEALTHCARE SERVICES LLC		1-908-838-9199
2040 Millburn Avenue, Suite 404		1 000 000 0100
Maplewood, NJ 07040		
FULL CIRCLE HEALTH SERVICE		1-908-624-1005
1460 Morris Avenue, Suite 2A & 2B		1 000 021 1000
Union, NJ 070083		
GRACIOUS HOME CARE*		1-908-206-1100
960 Koehl Avenue		. 000 =00 1100
Union, 07083		
GRISWOLD HOME CARE		1-908-654-3400
540 E. Broad Street		
Westfield, NJ 07090		
www.GriswoldHomeCare.com/unioncounty		
HELPING HANDS HOME CARE		1-908-451-0715
77 Central Avenue		
Clark, NJ 07066		
HOLY REDEEMER HOME CARE *		1-908-352-5694
354 Union Avenue	Intake:	1-800-255-8986
Elizabeth, NJ 07208		
HOME INSTEAD HOME CARE		1-973-379-4910
66 Morris Avenue		
Springfield, NJ 07081		
HOMEWELL CARE SERVICES		201-983-2587
15 Dyatt Place		
Hackensack, NJ 07601		
JEWISH FAMILY SERVICES of CENTRAL NEW JERSEY	*	1-908-352-8375
655 Westfield Avenue		
Elizabeth, NJ 07208		
JFK at HOME		1-800-401-9212
65 James Street		
Edison, NJ 08818		
L&L STAFFING & HOME CARE SERVICES		1-908-688-7772
1460 Vauxhall Road Suite 24		
Union, NJ 07083		

PREMIER HOME HEALTH SERVICES, INC.	1-908-322-8883
1801 East 2 nd Street lower level	
Scotch Plains, NJ 07076	
RIGHT AT HOME	
10 Fairmount Avenue	1-973-701-9832
Chatham, NJ 07928	
SAGE ELDERCARE *	1-908-273-8400
290 Broad Street	
Summit, NJ 07901	
CARE FINDERS TOTAL CARE (formerly Secura Home Care)	1-908-810-5370
1767 Morris Avenue Suite 209	
Union, NJ 07083	
SUNRISE COMMUNITY SERVICES	1-856-446-4939
100 Plainfield Ave Suite B-4	
Edison, NJ 08817	
UNION TOWNSHIP COMMUNITY ACTION ORGANIZATION *	1-908-686-6150
2410 Springfield Avenue	
Vauxhall, NJ 07088	
VISITING ANGELS	1-908-497-7016
4485 Morris Ave Suite# 201	
Springfield, NJ 07081	

HOSPICE PROGRAMS

Hospice provides a way of helping individuals in advanced stages of illness. It offers a team approach in meeting the physical, emotional, and spiritual needs of the patient and family. Whenever possible, the patient is cared for in the comfort of the home setting.

patient is cared for in the comfort of the nome setting.	
ATLANTIC HOME CARE & HOSPICE	1-973-379-8440
465 South Street, Suite 1	
Morristown, NJ 07960	
CENTER FOR HOPE HOSPICE & PALLIATIVE CARE*	1-908-889-7780
1900 Raritan Road	
Scotch Plains, NJ 07076	
CENTER FOR HOPE HOSPICE (Hospice Assisted Living Facility)	1-908-353-6060
111 Dehart Place	
Elizabeth, NJ 07202	
HOMESIDE HOSPICE	1-732-381-3444
67 Walnut Avenue Suite 205	
Clark, NJ 07066	
JFK HAVEN HOSPICE	1-732-321-7769
65 James Street	
Edison, NJ 08818	
PEGGY COLONEY'S HOUSE (Hospice Assisted Living Facility)	1-908-889-7780
Center for Hope Hospice	
1900 Raritan Road	
Scotch Plains, NJ 07076	

ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY	1-888-997-9584
865 Stone Street	
Rahway, NJ 07065	
ASCEND HOSPICE	1-908-931-9080
1600 St. Georges Avenue	
Suite 312	
Rahway, NJ 07065	
www.Ascendhospice.com	

HOSPITALS

CHILDREN'S SPECIALIZED HOSPITAL	1-908-233-3720
150 New Providence Road	
Mountainside, NJ 07092	
OVERLOOK HOSPITAL	1-908-522-2000
99 Beauvoir Avenue	
P.O. Box 220	
Summit, NJ 07901-0220	
ROBERT WOOD JOHNSON	1-732-381-4200
UNIVERSITY HOSPITAL AT RAHWAY	
865 Stone Street	
Rahway, NJ 07065	
TRINITAS REGIONAL MEDICAL CENTER	1-908-994-8600
(New Point Campus)	
655 East Jersey Street	
Elizabeth, NJ 07206	

HOUSING INFORMATION

Homelessness, Emergency Services, Housing Authorities, 55+ Housing, Housing Units, Assisted Living & Residential Health Care Facilities, Shared Housing, Nursing Homes, Home Repairs. Subsidized senior housing is available in the communities listed. There are waiting lists for placement.

HOMELESS PREVENTION PLANNER OF UNION COUNTY	1-908-527-4839
EMERGENCY SERVICES:	1-908-353-4006
ELIZABETH COALITON (motel/hotel)	
Office: 118 Division Street	
Elizabeth, NJ 07201	
SALVATION ARMY - ELIZABETH	1-908-352-7057
1018 E. Grand Street	
Elizabeth, NJ 07201	

HOUSING AUTHORITIES

Congregate meals are served at units marked with (m)

ELIZABETI	H, HOUSING AUTHORITY OF		1-908-965-2400
688 Maple	Avenue, Elizabeth, NJ 07202		
(5 Units)	Farley Towers	33 Cherry Street	
	Ford Leonard Towers	69 Division Street	
	Kennedy Arms Apartments	70 Westfield Ave	

	O'Donnell-Dempsey (m)	632 Salem Avenue	
	E'Port Commons	205 First Street	
•	OUSING AUTHORITY OF		
(3 Units)	Ann Ferguson Towers (m)	1601 Dill Avenue	1-908-298-3820
	Murawski Towers	1551 Dill Avenue	
	John T. Gregorio Towers	1425 Dill Avenue	
PLAINFIEL	D, HOUSING AUTHORITY OF		1-908-769-6335
(1 Unit)	Richmond Towers (m)	510 East Front Street	
RAHWAY, I	HOUSING AUTHORITY OF		
(3 Units)	Kennedy Apartments (m)	250 Grand Avenue, West	1-732-388-3546
	Walter Schafferhauser Towers	165 East Grand Avenue	
	Clifford Case Memorial Apts.	337 West Milton Avenue	
SUMMIT, H	OUSING AUTHORITY OF		
(1 Unit)	Senior Housing Unit	12 Chestnut Ave.	1-908-273-6413
NJ DEPT. of COMMUNITY AFFAIRS – SECTION 8 PROGRAM		1-908-412-3700	
200 West 2	nd Street, Plainfield, NJ 07060		

55+ HOUSING FACILITIES IN UNION COUNTY

PARK TERRACE		1-877-231-1273
805 School Street		
Rahway, NJ 07065	www.bestrentnj.com	
ROSEGATE		1-732-396-4540
555 E. Hazelwood Avenue		
Rahway, NJ 07065	www.cis-hvrosegate.com	
WOODCREST @ CLARK	www.gardencommunities.com	1-732-340-0069
1245 Westfield Avenue	-	
Clark, NJ 07066 for subsidized	www.piazza-and-associates.com	1-609-786-1100
Other sources/assistance:		
Low income housing	www.lowincomehousing.us	
NJ Housing Resource & Mortgage	<u>www.njhousing.gov</u>	
	www.nj.gov/njhrc	

HOUSING UNITS CRANFORD

Gill Apartments	1-908-272-9180
40 Meeker Avenue	
Lincoln Apartments (m)	1-908-931-0194
800 Lincoln Avenue, East	

ELIZABETH

Alexian Manor	1-908-352-0080
122 Seventh Street	

Elizabeth Towers	1-908-355-4500
315 West Grand Street	
Heritage Village at Elizabeth	1-908-965-1160
225 Second Street	
Immaculate Conception 59-63 Westfield Avenue	1-908-289-1911
Winfield Scott Tower	1-201-332-9400
323 No. Broad Street	1-201-332-3400
020 No. Broad Gridor	
GARWOOD	
VILLAGE AT GARWOOD	1-908-789-3330
320 Second Avenue	
LINDEN	
Morningstar Court	1-908-486-8200
701 Cranford Avenue	
PLAINFIELD	
Cedarbrook Park Apartments	1-908-756-5656
1272 Park Avenue	1-900-730-3030
1272 Talk Avenue	
Covenant Manor	1-908-791-9430
623 E. Front Street	
Plainfield Tower West	1-908-668-1963
601 West 7 th Street	
DALBARAY	
RAHWAY	4 700 400 7050
Golden Age Towers (m) 200-220 East Milton Avenue	1-732-499-7950
Myers Senior Housing	1-732-540-8748
1447 Esterbrook Avenue	1-732-340-0740
1447 Edicibrook/Wende	
ROSELLE	
Roselle Senior Citizen Housing – Pinewood Hall	1-908-241-5414
250 West Second Avenue	
ROSELLE SENIOR HOUSING	
400 Grand Street	1-908-289-9007
SCOTCH PLAINS	4 000 054 4040
Senior Citizen Housing	1-908-654-1313
2002 Lake Avenue	
SPRINGFIELD	
Springfield Senior Citizen Housing, Inc.	1-973-467-1480
350 Independence Way	

UNION

Ehrhart Gardens (m)	1-908-688-0565
100 Francis Court	
Nora Gardens	1-908-686-9100
Senior Housing Corporation #3, 1775 Burnet Avenue	
Schaefer Gardens (m)	1-908-964-9343
35 W. Sumner Avenue	

WESTFIELD

First Westfield Senior Citizen Housing Corp.	1-908-233-5898
1133 Boynton Avenue	
Second Westfield Senior Citizen Housing Corp.	1-908-518-9586
1129 Boynton Avenue	

ASSISTED LIVING AND RESIDENTIAL HEALTH CARE FACILITIES

<u>Assisted Living Facilities</u> provide coordinated supportive personal and health services.

<u>Residential Health Care Facilities</u> are for those who require very little or no medical supervision.

· ,	•
AMBER COURT OF ELIZABETH (Formerly Carteret Senior Living)	1-908-352-9200
1155 E Jersey Street	
Elizabeth, NJ 07201	
ATRIA IN CRANFORD	1-908-709-4300
10 Jackson Drive	
Cranford, NJ 07016	
BIRCHWOOD SQUARE	1-908-272-6660
205 Birchwood Avenue	
Cranford, NJ 07016	
BRIGHTON GARDENS	1-908-654-4460
1350 Route 22 West	
Mountainside, NJ 07092	
DELAIRE NURSING & CONVALESCENT CENTER	
400 W. Stimpson Avenue	
Linden, NJ 07036	1-908-862-3399
SPRING MEADOWS OF SUMMIT	1-908-522-8852
41 Springfield Avenue	
Summit, NJ 07096	
SUNRISE SENIOR LIVING OF WESTFIELD	1-908-317-3030
240 Springfield Avenue	
Westfield, NJ 07090	
THE WOODLANDS / GENESIS ELDERCARE	1-908-753-1113
1400 Woodland Avenue	
Plainfield, NJ 07060	
THE CHELSEA @ FANWOOD	1-908-654-5200
295 South Avenue	
Fanwood, NJ 07023	

NURSING HOMES

NURSING HOMES	
ABBOTT MANOR	1-908-757-0696
810 Central Avenue	
Plainfield, NJ 07060	
ALARIS HEALTH AT RIVERTON	1-732-499-7927
1777 Lawrence Street	
Rahway, NJ 07065	
ASHBROOK CARE & REHABILITATION CENTER	1-908-889-5500
(Featuring Indian Service Unit)	
1610 Raritan Road	
Scotch Plains, NJ 07076	
BERKELEY MEADOWS CARE CENTER	1-908-464-9260
311 Springfield Avenue	
Berkeley Heights, NJ 07922	
AUTUMN LAKE HEALTH CARE @ BERKELEY HEIGHTS	1-908-464-0048
35 Cottage Street	
Berkeley Heights, NJ 07922	
BROTHER BONAVENTURE EXTENDED CARE CENTER	1-908-994-7050
655 East Jersey Street	7051
Elizabeth, NJ 07206	
CLARK NURSING & REHABILITATION CENTER	1-732-396-7100
1213 Westfield Avenue	
Clark, NJ 07066	
CORNELL HALL NURSING & REHABILITATION CENTER	1-908-687-7800
234 Chestnut Street	
Union, NJ 07083	
CRANFORD PARK REHABILITATION & HEALTH CARE CENTER	1-908-276-7100
600 Lincoln Park, East	
Cranford, NJ 07016	4 000 000
CRANFORD HEALTH AND EXTENDED CARE	1-908-272-6660
205 Birchwood Avenue	
Cranford, NJ 07016	4
ARISTACARE @ DELAIRE	1-908-862-3399
400 W. Stimpson Avenue	
Linden, NJ 07036	4 000 054 0000
ELIZABETH NURSING HOME	1-908-354-0002
1048 Grove Street	
Elizabeth, NJ 07202	4 000 252 4220
ELMORA HILLS HEALTHCARE AND REHABILITATION CENTER	1-908-353-1220
225 W. Jersey Street	
Elizabeth, NJ 07202	4 000 000 0700
GENESIS ELDERCARE, WESTFIELD CENTER	1-908-233-9700
1515 Lamberts Mill Road	
Westfield, NJ 07090	4 000 750 4440
GENESIS ELDERCARE, THE WOODLANDS 1400 Woodlands Avenue	1-908-753-1113
1400 Woodianus Avenue	

Plainfield, NJ 07060	
SPRING GROVE REHABILITATION & HEALTH CARE CENTER	1-908-464-8600
144 Gales Drive	
New Providence, NJ 07974	
HARTWYCK AT CEDARBROOK NURSING & CONVALESCENT	1-908-754-3100
CENTER	
1340 Park Avenue	
Plainfield, NJ 07060	
HCR MANOR CARE	1-908-654-0020
1180 Route 22 West	
Mountainside, NJ 07092	
NEW JERSEY GERIATRIC CENTER OF WORKMEN'S CIRCLE	1-908-353-1220
225 West Jersey Street	
Elizabeth, NJ 07202	
NORWOOD TERRACE HEALTH CARE CENTER	1-908-769-1400
40-44 Norwood Avenue	
Plainfield, NJ 07060	
PLAZA NURSING AND CONVALESCENT CENTER	1-908-354-1300
456 Rahway Avenue	
Elizabeth NJ 07202	
RIVERTON NURSING & REHAB. CENTER	1-732-499-7927
1777 Lawrence Street	
Rahway NJ 07065	
RUNNELLS CENTER FOR REHABILITATION & HEALTH CARE	1-908-771-5700
40 Watchung Way	
Berkeley Heights, NJ 07922	
SOUTH MOUNTAIN HEALTH CARE & REHABILITATION CENTER	1-908-688-3400
2385 Springfield Avenue	
Vauxhall, NJ 07088	

NURSING HOME REPORT CARD WEBSITE:

NURSING HOME COMPARE DATABASE:

www.medicare.gov - click on Resource Locator

HOME REPAIRS

CRANFORD NEIGHBORHOOD IMPROVEMENT SENIOR	1-908-709-7294
HANDYMAN PROGRAM	
29 South Avenue, West, 2 ND Fl.	
Cranford, NJ 07016	
ELIZABETH HOME IMPROVEMENT PROGRAM	1-908-352-8450
50 Winfield Scott Plaza - Room 109	
Elizabeth, NJ 07201	
MOUNTAINSIDE SENIOR CITIZEN HANDYMAN PROGRAM	1-908-232-4406
1385 Route 22 East	
Mountainside, NJ 07092	
PLAINFIELD COMPREHENSIVE HOUSING ASSISTANCE PROGRAM	1-908-753-3377
515 Watchung Avenue	

Plainfield, NJ 07060	
PLAINFIELD EMERGENCY HANDYMAN PROGRAM	1-908-753-3229
515 Watchung Avenue	
Plainfield, NJ 07060	
PROCEED, INC.*	1-908-351-7727
1126 Dickinson Street	
Elizabeth, NJ 07201	
RAHWAY COMMUNITY DEVELOPMENT & HOUSING PROGRAM	
Main Street and East Milton Avenue	1-732-827-2193
Rahway, NJ 07065	
ROSELLE PARK SENIOR HANDYMAN PROGRAM	1-908-245-0666
314 Chestnut Street	
Roselle Park, NJ 07204	
SAGE Eldercare	
Home Repair Service – Fee	1-908-598-5501
290 Broad Street	1-908-273-5550
Summit, NJ 07901	
UNION TOWNSHIP COMMUNITY DEVELOPMENT	1-908-810-7071
1976 Morris Avenue	
Union, NJ 07083	
URBAN LEAGUE – Weatherization for Elizabeth Residents Only	1-908-351-7200
288 N. Broad Street	
Elizabeth, NJ 07208	
DEVELOPMENT DIRECTIONS	1-732-382-8100
2 City Hall Plaza 2 nd fl.	
Rahway, NJ 07065	
DOES NOT SERVE: Elizabeth, Linden, Rahway, Plainfield, Union, Winfield	

LEGAL ASSISTANCE

Legal services are provided by or supervised by qualified attorneys to assist senior citizens with public entitlements, mental health problems, wills, disability litigation, and civil law problems.

entitiements, mental nealth problems, wills, disability litigation, and civil law problem	ms.
BAR ASSOCIATION, AMERICAN	1-732-249-5000
BAR ASSOCIATION, UNION COUNTY	1-908-354-5984
Lawyer Referral Service (Call Mon. thru Thurs. between 10 am - 1 pm)	1-908-353-4715
CENTRAL JERSEY LEGAL SERVICES*	1-908-354-4340
60 Prince Street	
Elizabeth, NJ 07208	
COMMUNITY HEALTH LAW PROJECT*	1-908-355-8282
65 Jefferson Avenue	
Elizabeth, NJ 07201	
EQUAL EMPLOYMENT OPPORTUNITY COMMISSION (EEOC)	1-973-645-6383
PUBLIC DEFENDER, UNION COUNTY	1-908 820-3070
STATE DIVISION ON CIVIL RIGHTS	1-973-648-2700
Law and Public Safety	
SURROGATE, UNION COUNTY	1-908-527-4280
Union County Courthouse	
Elizabeth, NJ 07207 Help with wills, probates and adoptions	

VICTIMS OF CRIMES COMPENSATION BOARD

1-800-242-0804

50 Park Pl., 6th Floor Newark, NJ 07102

MEDICAL INSURANCE AND HEALTH CARE PROGRAMS

Health assistance programs which cover or help cover hospital, medical or home care costs. Listed agencies should be contacted directly to determine eligibility.

Listed agencies should be contacted directly to determine	e eligibility.	
DIVISION OF SOCIAL SERVICES, UNION COUNT	ГҮ	1-908-965-2700
342 Westminster Avenue		
Elizabeth, NJ 07207		
Serves: Elizabeth, Hillside, Kenilworth, Linden, Mountain		
Roselle, Roselle Park, Springfield, Summit, Union, Vaux		
DIVISION OF SOCIAL SERVICES, UNION COUNT	ГҮ	1-908-791-7000
200 W. Second Street		
Plainfield, NJ 07060		
Serves: Berkeley Heights, Clark, Cranford, Fanwood, Ga	arwood, Rahway, Plainfield,	
Scotch Plains, and Westfield		
(MLTSS) MEDICAID MANAGED LONG TERM	Eastern Union Co.	1-908-965-3745
SERVICES & SUPPORTS	Western Union Co.	1-908-791-7093
MEDICAID DISTRICT OFFICE		1-732-863-4400
45 Kilmer Road		
Edison, NJ 08817		
MEDICARE / SOCIAL SECURITY OFFICE		1-800-772-1213
855 Lehigh Avenue		
Union, NJ 07083		
MEDICARE TOLL-FREE NUMBER		1-800-633-4227
MEDICARE FRAUD		1-800-638-6833
NEW JERSEY CARE (Special Medicaid Program)	Main #:	1-908-965-3509
342 Westminster Avenue		1-908-965-3731
Elizabeth, NJ 07208		
SAGE Eldercare		1-908-273-6999
Senior Health Insurance Assistance Program of Un	ion County (SHIP)	
290 Broad Street	, ,	

NUTRITION PROGRAM FOR SENIORS

Summit, NJ 07901

This section lists congregate (group) nutrition sites which serve a hot meal daily to county residents 60 years of age and older. Voluntary donations are suggested, and are used to expand the program. Call at least one day in advance (before noon) to make a reservation.

Note: Lunch is the meal that will be served, unless otherwise indicated.

ANN J. FERGUSON TOWERS	1-908-298-3820
1601 Dill Avenue	
Linden, NJ 07036	
CASANO COMMUNITY CENTER	1-908-245-9150
314 Chestnut Street	

Roselle Park, NJ 07204	
CRANFORD-LINCOLN SENIOR APTS.	
800 Lincoln Avenue, East	1-908-931-0194
Cranford, NJ 07016	
EHRHART GARDENS	1-908-688-0565
100 Francis Court	
Union, N.J. 07083	
GREGORIO CENTER	1-908-474-8629
330 Helen Street	
Linden, NJ 07036	
HILLSIDE SENIOR CITIZEN CENTER	1-908-355-8928
265 Hollywood Avenue	
Hillside, NJ 07205	
JAMES F. BUCKLE CENTER	
25 Roosevelt Drive	1-908-925-2014
Winfield, NJ 07036	
JEWISH COMMUNITY CENTER (Kosher Site)	1-908-889-8800
1391 Martine Avenue, South	
Scotch Plains, NJ 07076	
JFK SENIOR APTS.	1-732-382-4188
250 West Grand Avenue	
Rahway, NJ 07065	
KENILWORTH SENIOR CENTER	1-908-272-7743
526 Boulevard	
Kenilworth, NJ 07033	
LIBERTY SQUARE SENIOR CENTER	4 000 000 4700
240 Elizabeth Avenue	1-908-820-4700
Elizabeth, NJ 07206	4 000 054 7404
O'DONNELL-DEMPSEY SENIOR CENTER	1-908-354-7431
622 Salem Avenue	
Elizabeth, NJ 07208	
PETERSTOWN COMMUNITY CENTER	1-908-289-5324
408 Palmer Street @ 4th Avenue	
Elizabeth, NJ 07202	4 000 750 0500
PLAINFIELD SENIOR SERVICES	1-908-753-3506
400 East Front Street	
Plainfield, NJ 07060	4 000 700 0005
RICHMOND TOWERS	1-908-769-6335
510 East Front Stret	ext. 608
Plainfield, NJ 07062	
ROSELLE COMMUNITY CENTER	1-908-245-6717
1268 Shaffer Avenue	. 555 245 57 17
Roselle, NJ 07203	
SCHAEFER GARDENS	1-908-964-9343
35 Sumner Avenue	. 555 554 5546
Union, NJ 07083	

SHADY REST AT SCOTCH HILLS - (Tuesday Only)	1-908-322-5151
820 Jerusalem Rd.	
Scotch Plains, NJ 07076	
STEPHEN SAMPSON SENIOR CENTER	1-908-820-4707
800 Anna Street	
Elizabeth, NJ 07201	
UNION SENIOR CENTER –	1-908-851-5293
652 Rahway Ave.	
Union, NJ 07083	
WESTFIELD COMMUNITY CENTER ASSN.	1-908-232-4759
558 West Broad Street	
Westfield, NJ 07090	
YM-YWHA - A Jewish Community Center (Kosher Site)	1-908-289-8112
501 Green Lane	
Union, NJ 07083	

HOME DELIVERED MEALS

00 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	
MEALS ON WHEELS OF UNION COUNTY*	1-908-486-5100
1025 Pennsylvania Avenue	
Linden, NJ 07036	
Serves all of Union County – Donations accepted	
SAGE ELDERCARE	1-908-273-5554
Meals on Wheels	1-908-273-5550
290 Broad Street	
Summit, NJ 07901 Serves Western Union County - Donations accepted	
MOBILE MEALS OF WESTFIELD, INC.	
Serves Clark, Cranford, Fanwood, Garwood, Mountainside east of	1-908-233-6146
Route 22, Scotch Plains, and Westfield	
Jewish Family Service-	1-908-352-8374
Home Delivered Kosher Meals - Donations accepted	

FOOD SHOPPING SERVICES

CATHOLIC CHARITIE	S	1-908-497-3950
Senior Food Shopping	Program	
505 South Avenue, Ea	st	
Cranford, NJ 07016	Bi-weekly / Eastern Union County only	
SAGE ELDERCARE G	ROCERY SHOPPING & ERRAND SERVICE	1-908-273-5554
290 Broad Street		1-908-273-5550
Summit, NJ 07901		
www.sageeldercare.org		
Serves Berkeley Heights,	New Providence, Springfield and Summit	

HEALTH RELATED SERVICES

Specialized agencies that provide information, support, counseling, and referrals

ALZHEIMER'S DISEASE & RELATED DISORDERS COPSA	1-800-424-2494
RUTGERS UNIVERSITY BEHAVIORAL HEALTH	

100 Metroplex	
Edison, NJ 08818	
AMERICAN HEART ASSOCIATION	1-718-568-4500
900 South Avenue	
Staten Island, NY	
AMERICAN LUNG ASSOCIATION	1-908-685-8040
1031 US #22	
Bridgewater, NJ	
ARTHRITIS FOUNDATION	1-732-283-4300
555 Route 1, South	
Suite 220	
Iselin, NJ 08830	
DISABILITY RIGHTS of NEW JERSEY	1-800-922-7233
210 S. Broad Street 3 rd fl TTY:	1-609-633-7106
Trenton, NJ 08608	
KEAN UNIVERSITY SPEECH AND HEARING CLINIC	1-908-737-5800
1000 Morris Avenue	
Union, NJ 07083	
MEDICAL SOCIETY, UNION COUNTY	1-908-789-8603
1164 Springfield Avenue	
Mountainside, NJ 07092	
NEIGHBORHOOD HEALTH CENTER PLAINFIELD	1-908-753-6401
1700-58 Myrtle Avene	
Plainfield, NJ 07063	
NEIGHBORHOOD HEALTH CENTER ELIZABETH	
155 First Street	
Elizabeth, NJ 07206	1-908-355-4459
PROUD Family Health Center for LGBT	1-855-776-8334
110 Rehill Ave.	
Somerville, NJ 08876	
SELF-HELP GROUP CLEARING HOUSE, N.J.	1-800-367-6274
100 E. Hanover Avenue, Suite 202	
Cedar Knolls, NJ 07927 A list of over 4,000 self-help groups in New Jersey	
UNION COUNTY OFFICE for the Persons with Disabilities and Special	1-908-527-4807
Needs	
Administration Building 4 th fl	
Elizabeth, NJ 07207	

SENIOR CITIZEN CENTERS

Local social centers that help seniors remain participating members in their communities. Participation in planned activities encourages personal growth and general well-being.

CASANO COMMUNITY CENTER	1-908-245-9150
314 Chestnut Street	
Roselle Park, NJ 07204	

CLARK RECREATION CENTER	1-732-382-7134
430 Westfield Avenue	1 102 002 1 10 1
Clark, NJ 07066	
CRANFORD COMMUNITY CENTER	1-908-709-7283
Recreation & Parks Dept.	
220 Walnut Avenue	
Cranford, NJ 07016-2931	
ELIZABETH, CITY OF – OFFICE ON AGING	1-908-820-4044
50 Winfield Scott Plaza, Room G8	
Elizabeth, NJ 07201	
ELIZABETHPORT PRESBYTERIAN CENTER*	1-908-351-4850
184 First Street	
Elizabeth, NJ 07206 FANWOOD SENIORS	
	Py mail
Borough Hall 75 Martine Avenue	By mail
Fanwood, NJ 07023-1319	
GARWOOD SENIOR PROGRAM	1-908-789-0738
Municipal Bldg	. 555 755 5756
403 South Avenue	
Garwood, NJ 07027	
GREGORIO CENTER	1-908-474-8627
330 Helen Street	
Linden, NJ 07036	
HILLSIDE SENIOR CITIZEN CENTER	1-908-355-8928
265 Hollywood Avenue	
Hillside, NJ 07205	
JAMES F. BUCKLE CENTER	1-908-925-2014
25 ^{1/2} Roosevelt Drive	
Winfield, NJ 07036	
JEWISH COMMUNITY CENTER*	1-908-889-8800
1391 Martine Avenue, South	
Scotch Plains, NJ 07076	4 000 070 7740
KENILWORTH SENIOR CENTER 526 Boulevard	1-908-272-7743
Kenilworth, NJ 07033	
LIBERTY SQUARE SENIOR CENTER	1-908-820-4700
240 Elizabeth Ave.	1-300-020-4700
Elizabeth, NJ 07206	
MOUNTAINSIDE SENIORS PROGRAM	1-908-232-4406
Borough Hall, Rt. 22	1 222 232 1100
Mountainside, NJ 07092	
NEW PROVIDENCE SENIOR CENTER	1-908-665-0046
15 East 4th Street	
New Providence, NJ 07974	

O'DONNELL-DEMPSEY SENIOR CENTER	1-908-354-7431
622 Salem Avenue	
Elizabeth, NJ 07208	
PETERSTOWN COMMUNITY CENTER	1-908-289-5324
408 Palmer Street @ 4th Avenue	
Elizabeth, NJ 07202	
PLAINFIELD SENIOR SERVICES PROGRAM*	1-908-753-3506
400 East Front Street	
Plainfield, NJ 07060	
RAHWAY SENIOR CITIZEN CENTER	1-732-827-2016
1306 Esterbrook Avenue	
Rahway, NJ 07065	
ROSELLE COMMUNITY CENTER	1-908-245-6717
1268 Shaffer Avenue	
Roselle, NJ 07203	
SPRINGFIELD CHISHOLM COMMUNITY CENTER	1-973-912-2227
100 So. Springfield Avenue	
Springfield, NJ 07081	
SCOTCH PLAINS RECREATION DEPARTMENT	1-908-322-6700
430 Park Avenue	ext. 222
Scotch Plains, NJ 07076	
STEVEN SAMPSON SENIOR CITIZEN CENTER	1-908-820-4704
800 Anna Street	
Elizabeth, NJ 07201	
UNION TOWNSHIP SENIOR CENTER	1-908-851-5290
968 Bonnel Court	
Union, NJ 07083	
WESTFIELD COMMUNITY CENTER ASSOCIATION*	
558 West Broad Street	
Westfield, NJ 07090	1-908-232-4759
YM-YWHA (Jewish Community Center)*	1-908-289-8112
501 Green Lane Union, NJ 07083	

SENIOR CITIZENS ADVOCACYThese organizations promote the independence and well-being of older adults through private and public advocacy geared to meeting present and emerging needs.

AMERICAN ASSOCIATION of RETIRED PEOPLE (AARP)	1-866-542-8165
Forrestal Village	
132 Main Street	
Princeton, NJ 08540	

ARC of UNION COUNTY	1-973-315-0000
52 Fadem Road	
Springfield, NJ 07081	
COMMUNITY ACCESS UNLIMITED	1-908-354-3040
80 W. Grand Street	
Elizabeth, NJ 07202	
NJ STATE DEPARTMENT OF HEALTH	1-609-633-9034
PO Box 367	1-800-367-6543
Trenton, NJ 08626	
License for residential, assisted living, adult day care, and long term care	
OMBUDSMAN for the INSTITUTIONALIZED ELDERLY	1-609-943-4026
CN 807 Elderly Abuse Hotline:	1-877-582-6995
Trenton, NJ 08625	
Investigates complaints regarding treatment of nursing home residents	4 000 054 550
PROCEED – Bilingual Services*	1-908-351-7727
1126 Dickinson Street	
Elizabeth, NJ 07201	
info@proceedinc.com	4 700 000 0044
RAHWAY COMMUNITY ACTION ORGANIZATION	1-732-382-9311
796 E. Hazelwood Avenue	
Rahway, NJ 07065	4 000 407 0050
SENIOR ADULT FRAIL ELDERLY (SAFE)	1-908-497-3950
505 South Avenue, East	
Cranford, NJ 07016 Information and Assistance	
UNION COUNTY OFFICE for the Persons with Disabilities and Special	1-908-527-4807
Needs	1-900-327-4007
10 Elizabethtown Plaza 4 th fl	
Elizabeth, NJ 07207 URBAN LEAGUE	4 000 254 7200
	1-908-351-7200
288 N. Broad Street 2 nd fl	
Elizabeth, NJ 07208	

SUPPORT GROUP INFORMATION for CAREGIVERS

Support groups meet on a regular basis to assist each other in dealing with the stress often associated with caring for others and dealing with illnesses. Support groups meet regularly thoughout Union County. For information on a support group near you, call the Union County ADRC or the Self-Help Clearinghouse at 1-800-367-6274.

Cleaninghouse at 1-000-307-0274.	
ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP	1-908-273-5550
290 Broad Street	
Summit, NJ 07901	
ALZHEIMER'S SUPPORT GROUP @ BRIGHTON GARDENS	1-908-654-4460
1350 Route 22, West	
Mountainside, NJ 07092	
ALZHEIMER'S SUPPORT GROUP @ CRANFORD	1-973-586-4300
800 Lincoln Avenue, East	
Cranford, NJ 07016	

ALZHEIMER'S SUPPORT GROUP @ JEWISH FAMILY SERVICES	1-908-352-8375
655 Westfield Avenue	
Elizabeth, NJ 07208	
ALZHEIMER'S SUPPORT GROUP @ OVERLOOK HOSPITAL	1-973-586-4300
99 Beauvoir Avenue	
Summit, NJ 07901	
PEOPLE RESPONSIBLE for ELDERLY PEOPLE	1-908-273-5550
Caregiver Support Group	
290 Broad Street	
Summit, NJ 07901	
SELF-HELP CLEARINGHOUSE	1-800-367-6274
Statewide Support Group Listing	
WISE ADULT DAY SERVICES	1-908-687-2995
Alzheimer's and Bereavement Support Groups	
973A Stuyvesant Avenue	
Union, NJ 07083	
IMAGINE – A CENTER for COPING with LOSS	1-908-264-3100
Parents who have lost children/Children and young adults	
1 Broad Street, East	
Westfield, NJ 07090	

TELEPHONE REASSURANCE

Volunteers make pre-arranged daily telephone calls to homebound older persons.

volunteers make pre-arranged daily telephone calls to nomebound older person	113.
CATHOLIC CHARITIES	1-908-497-3950
505 South Avenue, East	
Cranford, NJ 07016	
CONTACT CARING & CRISIS	1-908-232-2880
P.O. Box 2376	
Westfield, NJ 07090	
SAGE ELDERCARE	1-908-273-5554
290 Broad Street	1-908-273-5550
Summit, NJ 07901	

TRANSPORTATION SERVICES

UNION COUNTY PARATRANSIT SYSTEM*	For reservations:	1-908-241-8300
Serves all of Union County. Specialized transportation for		
disabled. Reservations must be made in advance. There is a \$6	6.00 roundtrip charge;	
waivers are available for low income riders.		
New Jersey Transit Access Link		1-800-955-2321
NJ Transit Reduced Fare for seniors; information about	t trains and buses.	1-973-491-7112
Ryde4Life Program		1-866-208-1304
www.RydeforLife.org		

ESCORTED TRANSPORTATION

JEWISH FAMILY SERVICES*	1-908-352-8375
655 Westfield Avenue	
Elizabeth, NJ 07208	
Volunteers assist frail elderly with transportation	

SENIOR CITIZENS BUSES

B 1 1 11 114		4 TOO EEO OC 40
Berkeley Heights		1-732-558-3912
Clark		1-732-388-3600
Cranford		1-908-709-7283
Elizabeth		1-908-820-4044
Garwood		1-908-789-0710
Hillside		1-908-355-6475
Linden		1-908-474-8600
Mountainside		1-908-232-2400
New Providence		1-908-665-0046
Plainfield (Senior Citizen Service Center)		1-908-753-3506
Rahway		1-732-499-7930
		1-732-499-7940
Roselle		1-908-245-5600
Roselle Park		1-908-245-0666
Scotch Plains		1-908-322-6700
Springfield		1-973-912-2227
Summit		1-908-277-9419
Union		1-908-686-7887
Westfield Recreation Senior Transportation		1-908-301-1287
Winfield Park		1-908-925-3850
NEW JERSEY MOTOR VEHICLE COMMISSION	For Information:	1-888-486-3339
	Inspection Center:	1-888-656-6867
TO OBTAIN AUTOMOBILE PLACARDS & LICENSE	PLATES FOR THE	1-609-292-6500
DISABLED Call 24 hours a day for applications.	Toll-free in NJ only:	1-888-486-3339

VETERANS AFFAIRS

Assistance for veterans provided through federal, state, and county offices.

NEW JERSEY DEPARTMENT OF MILITARY & VETERAN AFFAIRS	1-888-865-8387
CN 340	1-609-530-6892
101 Eggert Crossing Road	
Lawrenceville, NJ 08625	
UNION COUNTY OFFICE OF VETERANS AFFAIRS	1-908-527-4719
County Administration Building	
Elizabeth, NJ 07207	
U.S. VETERANS ADMINISTRATION	1-800-827-1000

20 Washington Place Newark, NJ 07102

www.va.gov

When you call, have VA File Number/Social Security Number available

VISION IMPAIRED SERVICES

Education, training, and support services for the blind and visually impaired			
AMERICAN RED CROSS Eastern Union County Braille Instruction		1-908-353-2500	
203 W. Jersey Street			
Elizabeth, NJ 07202			
CATHOLIC CHARITIES Support Program & Vision Impaired Services		1-908-497-3950	
505 South Avenue, East			
Cranford, NJ 07016			
EYE CARE AMERICA (eyecareamerica.org)		1-877-887-6327	
		1-800-222-3937	
NEIGHBORHOOD HEALTH CENTER	Elizabeth:	1-908-355-4459	
	Plainfield:	1-908-753-6401	
		Ext. 1999	
NEW JERSEY FOUNDATION FOR THE BLIND		1-973-627-0055	
230 Diamond Spring Road			
Denville, NJ 07834 (Audio tapes; home visits)			
NEW EYES FOR THE NEEDY, INC.		1-973-376-4903	
549 Millburn Avenue			
Short Hills, NJ 07078			
NJ STATE LIBRARY TALKING BOOK & BRAILLE CENTER		1-800-792-8322	
2300 Stuyvesant Avenue			
Trenton, NJ 08618			
NJ STATE COMMISSION FOR BLIND/VISUALLY IMPAIRED		1-973-648-2111	
Central Jersey Office: 153 Halsey Street, Newark, NJ 07102			
PREVENT BLINDNESS AMERICA		1-800-331-2020	
VA MEDICAL CENTER		1-973-676-1000	
Services for the visually impaired		ext. 1842	

VISITING PHYSICIANS and PODIATRISTS

Innovative Foot & Ankle <u>www.innovativefootandankle.com</u>	1-908-276-6624
Home Foot Care Services <u>www.homefootcareservices.com</u>	1-877-417-3668
VISITING PHYSICIANS	1-888-771-3338
23 Main Street	1-732-571-1000
Suite D1	
Holmdel, NJ 07733	
Serves Union, Monmouth, Ocean, Middlesex, Hudson, Essex & Somerset	

VOLUNTEER OPPORTUNITIES

Opportunities for retired older adults aged 60+ to share some of their time, skills, and talents in meaningful ways. Retired volunteers help others and stay involved in community life.

ways. Retired volunteers help others and stay involved in community life.	
FISH CHAPTER	1-908-755-8888
P.O. Box 2822	
Plainfield, NJ 07062	
RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)	1-908-352-8375
Jewish Family Service	
655 Westfield Avenue	
Elizabeth, NJ 07208	
SAGE ELDERCARE	1-908-273-5554
Volunteer Program	1-908-273-5550
290 Broad Street	
Summit, `NJ 07901	
SENIOR FOOD SHOPPING PROGRAM	1-908-497-3950
Catholic Charities	
505 South Avenue, East	
Cranford, NJ 07016	
TELEPHONE REASSURANCE	1-908-497-3950
Catholic Charities*	
505 South Avenue East	
Cranford, NJ 07016	
VOLUNTEER CENTER @ UNITED WAY OF GREATER UNION COUNTY	1-908-353-7171
33 W. Grand Street	
Elizabeth, NJ, 07202	

^{*}Agency currently receives funding from the Union County Division on Aging.