The Union County Board of County Commissioners and the Department of Human Services/Division on Aging and Disability Resource Connection Presents:

# RESOURCE DIRECTORY FOR OLDER ADULTS IN UNION COUNTY



**Union County Administration Building** 

10 Elizabethtown Plaza, Elizabeth, NJ 07207

888-280-8226 / 908-527-4870

ADRC 877-222-3737

www.ucnj.org/dhs/aging



## UNION COUNTY DIVISION ON AGING DEPARTMENT OF HUMAN SERVICES

"Congress hereby finds and declares that, in keeping with the traditional American concept of the inherent dignity of the individual in our democratic society, the older people of our Nation are entitled to, and it is the joint and several duties and responsibilities of the governments of the United States and of the several States and their political subdivisions to assist our older people to secure equal opportunity to the full and free enjoyment" of these objectives: "Freedom, independence, and free exercise of individual initiative in planning and managing their own lives and full participation in the planning and operation of community-based services and programs provided for their benefit."

- Older Americans Act of 1965, as Amended

The Union County Division on Aging has as its primary responsibility the planning and coordination of services for Older Adults age 60 and over.

For Information on Services or Programs, Call Toll-Free: 888-280-8226 908-527-4870 Fax #: 908-659-7410

www.ucnj.org/aging

Para Mas Informacion Acerca De Los Programas Hispanos Por Favor Llamar Al: 908-527-4863/4879

The listing of any agency or service is purely informational and in no way indicates an endorsement, nor does the absence of any agency or service from this Directory signify disapproval. The Division on Aging does not discriminate against any individual because of race, creed, color, sex, age, national origin, sexual orientation, gender identity or marital status. No otherwise qualified disabled older adult shall, solely by reason of his or her disability, be excluded from the participation in, denied the benefit of, or be subjected to discrimination under any federally funded programs or activities administered by this division.

# RESOURCE DIRECTORY FOR OLDER ADULTS IN UNION COUNTY TABLE OF CONTENTS

SERVICES	PAGE
ADULT DAY CENTERS	7
ADULT PROTECTIVE SERVICES	8
ALCOHOLISM SERVICES	8
CANCER RESOURCES	9
CONSUMER AFFAIRS	9
COUNSELING/MENTAL HEALTH SERVICES	9-10
DENTAL SERVICES	10
EDUCATION	11
ELDERCARE LOCATOR	11
EMERGENCY MEDICAL I.D. / EMERGENCY RESPONSE SYSTEMS	11-12
EMPLOYMENT SERVICES	12-13
FINANCIAL ASSISTANCE	13-14
GERIATRIC ASSESSMENT PROGRAMS	14
GRANDPARENT SUPPORT PROGRAMS	14
HEALTH RELATED SERVICES	27-28
HEARING IMPAIRED SERVICES	15
HOME CARE	15-16
HOME REPAIR PROGRAM	23
HOSPICE PROGRAMS	17
HOSPITALS	17
HOUSING INFORMATION: Homeless / Emergency / Housing Authorities / Housing Units / Assisted Living & Residential Health Care Facilities / Nursing Homes	18-23
LEGAL ASSISTANCE	24
MEDICAL INSURANCE AND HEALTH CARE PROGRAMS	25
NUTRITION PROGRAM FOR THE ELDERLY: Home Delivered Meals / Congregate (Group) Meals / Grocery Shopping	25-27
SENIOR CITIZEN CENTERS	28-29
SENIOR CITIZENS ADVOCACY	30
SUPPORT GROUP INFORMATION	30-31
TELEPHONE REASSURANCE	31
TRANSPORTATION: Services / Escorted / Senior Citizens Buses	31-32
VETERANS AFFAIRS	32-33
VISION IMPAIRED SERVICES	33
VISITING PHYSICIANS & PODIATRISTS	33
VOLUNTEER OPPORTUNITIES	34

#### ARE YOU A SENIOR CITIZEN? DID YOU KNOW?

#### **AT 55 YEARS OF AGE**

- Senior Community Services Employment Program \*
  - ♦ Retired Senior Volunteer Program (RSVP)

#### **AT 60 YEARS OF AGE**

- Partial Social Security / Railroad Retirement Survivor Benefits for Widow(er)
  - Social Security Benefits retained by the remarrying widow(er)
    - ♦ Transportation Program
  - Nutrition Program (group meals and home delivered meals)
    - Public Guardian for Elderly Adults (609) 341-5555
  - ♦ Free Assistance with preparation of federal / state income tax returns
    - ◆ Care Management

#### **AT 62 YEARS OF AGE**

- Reduced fares on all intrastate and most interstate trains and buses
  - ♦ Early Retirement Social Security Payments--80% of full benefits
- Partial exemption of Realty Transfer Fee for homeowners selling home (609) 292-1793
- ♦ Protection from condominium conversion (under certain conditions) \* (800) 792-8820
  - NJ Clam & Oyster Digging License for small processing fee (609) 984-5546
    - ♦ Free passes to state parks, forests, and historic sites (800) 843-6420
- ♦ Golden Age Pass to national parks, forests, historic sites, recreation areas (888) 275-8747 option # 3
  - Senior Citizen federally subsidized housing \*
    - ♦ Congregate housing services program \*
  - Rutgers University: low-cost and tuition-free courses (space permitting / for audit only)

#### **AT 65 YEARS OF AGE**

- ♦ Full Social Security (age 65 plus required months)
  - ♦ Full Railroad Retirement Benefits for retiress
    - ♦ Certain Federal Income Tax Benefits
- Reduced fee for certain types of hunting (firearm, bow & arrow) (609) 292-2965
  - ♦ Reduced fee for Fishing License (609) 292-2965
    - ♦ Medicare Coverage
  - State Health Insurance Program for Seniors (S.H.I.P.) (908) 273-6999
    - ♦ Senior Dental Program (sponsored by NJ Dental Association) \*
    - Pharmaceutical Assistance for the Aged and Disabled (PAAD) \*
      - Senior Gold Prescription Discount Program \*
    - ♦ Hearing Aid Assistance for the Aged and Disabled (HAAAD) \*
      - ♦ Lifeline Utility Credit Program \*
  - ♦ Supplemental Security Income (SSI) to aid persons with low incomes \*
  - ♦ Wartime Veteran's Pension (under certain conditions) (888) 865-8387
    - ♦ Veteran's pension \* (888) 865-8387
- No Social Security restrictions on amount of income received from employment
  - Certain tax relief programs

#### **AT 70 YEARS OF AGE**

- No fishing license required (Proof of age will function as fishing license)
- \* PROGRAMS WITH INCOME AND OTHER ELIGIBILITY REQUIREMENTS

### STATEWIDE COUNTY OFFICES ON AGING

1-609-645-7700 Ext. 4700
1-201-336-7400
1-609-265-5069
1-856-858-3220
1-609-886-2784 or -2785
1-856-453-2220 or -2201
1-973-395-8375
1-856-384-6900
1-201-369-4313 or 867-0002
1-908-788-1361 or -1362 or -1363
1-609-989-6661 or -6662
1-732-745-3295
1-732-431-7450
1-973-285-6848
1-732-929-2091
1-973-569-4060
1-856-339-8622
1-908-704-6346
1-973-579-0555
1-908-527-4870 888-280-8226
1-908-475-6591

## FREQUENTLY CALLED NUMBERS

Adult Protective Services (Catholic Charities)		1-908-497-3902
American Association of Retired Persons (AARP) - In	New Jersey	1-866-542-8165
2 4%: 11: 2 4 5:::: 4		4 000 054 0040
Consumer Affairs, Union County Division of		1-908-654-9840
Disabilities and Special Needs, Union County Office	for	1-908-527-4807
Disaster Distress Helpline (DDH)		1-800-985-5990
	TTY	1-800-846-8517
	Text Talk to	66746
Eldercare Locator		1-888-677-1116
Federal Emergency Management Agency (FEMA)		1-800-621-3362
	TTY	1-800-462-7585
Home Energy Assistance Program (HEAP a/k/a LIHEAI	P) PROCEED:	1-908-351-7727
Homeless Emergency Services:		
(For Homeless Individuals, Families, or Victims of Domestic V	/iolence)	
Gateway Family YMCA		1-908-355-9622
YWCA of Eastern Union County		1-908-3551995
Medical Assistance Customer Center/Medicaid		1-732-863-4400
Medicare		1-800-633-4227
Nursing Home Information (S.A.F.E.)		1-908-497-3950
Office of the Public Guardian for Elderly Adults		1-609-341-5555
Ombudsman for the Institutionalized Elderly		1-609-943-4023
ELDERL	Y ABUSE HOTLINE:	1-877-582-6995
Parks and Recreation, Union County Division of		1-908-527-4900
Passport Information	Elizabeth:	1-908-527-4968
	Westfield:	1-908-654-9859
Psychiatric Emergency Services	CRISIS HOTLINE:	1-908-668-2599
Red Cross Emergency Services		1-800-733-2767
Social Security Administration		1-800-772-1213
State Health Insurance Program (S.H.I.P.)		1-908-273-6999
NJ Department of Health		1-800-367-6543
Union County Paratransit System Reservations		1-908-241-8300

#### **ADULT DAY CENTERS**

Social Day Care provides developmental, nutritional, and social activities under professional supervision.

Medical Day Care adds prescribed therapies. Transportation is included as a part of the service.

Adult Day Care encourages participants' independence and gives caregivers some free time.

545 E. First Avenue Roselle, NJ 07203  COFFEE HOUSE PROGRAM OF JEWISH FAMILY SERVICES 1925 Lake Ave. Scotch Plains, NJ 07076  DAYBREAK ADULT MEDICAL DAY CARE 712 Newark Avenue Elizabeth, NJ 07208  FIVE-STAR ADULT DAY CARE (Medical) 1-908-486-5750 1201 Deerfield Terrace Linden, NJ 07036 2nd Home Adult Day Center (Medical) 550 No. Broad Street Elizabeth, NJ 07201  LEGACY CARE CLUB ADULT DAY CARE 1-908-994-0050 130 Route 22 East North Plainfield, NJ 07060  SENIOR SPIRIT MEDICAL DAY CENTER 430 E. Westfield Avenue Roselle Park, NJ 07204  SAGE Eldercare (Medical / Social / Alzheimer's) * 1-908-241-9393 430 E. Westfield Avenue Roselle Park, NJ 07901  TOWN SQUARE 1-908-787-0980 1155 E. Jersey Street Elizabeth, NJ 07201 2310	CEDAR HARBOR ADULT MEDICAL DAY CENTER	1-908-298-8588
### COFFEE HOUSE PROGRAM OF JEWISH FAMILY SERVICES  1-908-352-8375  1925 Lake Ave.  Scotch Plains, NJ 07076  **DAYBREAK ADULT MEDICAL DAY CARE**  712 Newark Avenue  Elizabeth, NJ 07208  FIVE-STAR ADULT DAY CARE (Medical)  1-908-486-5750  1201 Deerfield Terrace  Linden, NJ 07036  2nd Home Adult Day Center (Medical)  550 No. Broad Street  Elizabeth, NJ 07201  LEGACY CARE CLUB ADULT DAY CARE  1-908-540-0500  130 Route 22 East  North Plainfield, NJ 07060  SENIOR SPIRIT MEDICAL DAY CENTER  430 E. Westfield Avenue  Roselle Park, NJ 07204  SAGE Eldercare (Medical / Social / Alzheimer's) *  1-908-241-9393  430 E. Westfield Avenue  Roselle Park, NJ 07204  SAGE Eldercare (Medical / Social / Alzheimer's) *  1-908-273-5550  290 Broad Street  Summit, NJ 07901  TOWN SQUARE  1-908-787-0980	545 E. First Avenue	
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**ADULT PROTECTIVE SERVICES** 

ADULT PROTECTIVE SERVICES	1-908-497-3902
Catholic Charities*	
505 South Avenue, East	
Cranford, NJ 07016	
CENTRAL JERSEY LEGAL SERVICES*	1-908-354-4340
60 Prince Street	
Elizabeth, NJ 07208	
COMMUNITY HEALTH LAW PROJECT (CHLP)*	1-908-355-8282
65 Jefferson Avenue	
Elizabeth, NJ 07201	

OFFICE OF THE PUBLIC GUARDIAN FOR ELDERLY ADULTS	1-609-341-5555
PO 812	
Trenton, NJ 08625-0812	
OMBUDSMAN OFFICE FOR THE INSTITUTIONALIZED ELDERLY	1-609-943-4023
P.O. Box 812 Elderly Abuse HOTLINE:	1-877-582-6995
Trenton, NJ 08625-0807	
PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS	1-908-994-7131
(Medicare Certified and Medicaid Provider)	
VICTIM / WITNESS ASSISTANCE PROGRAM	1-908-527-4596
32 Rahway Avenue, 1st Floor	
Elizabeth, NJ 07207	

#### **ALCOHOLISM SERVICES**

Counseling, support, and referral services for recovering alcoholics and their families; preventive education as an integral part of the service

ALCOHOL / HEROIN OUTPATIENT TREATMENT CENTER	1-908-994-7043
AT TRINITAS REGIONAL MEDICAL CENTER	
655 East Jersey Street	
Elizabeth, NJ 07206	
CHARTER BEHAVIORAL HEALTH SYSTEMS	1-908-522-7000
19 Prospect Street	
Summit, NJ 07901	
Division of Recreation - Plainfield	1-908-753-3082
505 Watchung Avenue	
Plainfield, NJ 07060	
(call for schedule)	
PREVENTION LINKS	1-732-381-4100
121-125 Chestnut Street	
3 <sup>rd</sup> floor	
Roselle, NJ 07203	
PROCEED* – Bilingual Services	1-908-351-7727
1126 Dickinson Street	
Elizabeth, NJ 07201	

**CANCER RESOURCES** 

BREAST CANCER RESOURCE CENTER	1-609-497-2100
YMCA @ Princeton	
59 Paul Robeson Place	
Princeton, NJ 08540	
CANCER CARE of NEW JERSEY	1-800-813-4673
141 Dayton Street, Suite 204	
Ridgewood, NJ 07450	
CANCER SOCIETY, AMERICAN	1-800-227-2345
507 Westminster Avenue	
Elizabeth, NJ 07208	

#### **CONSUMER AFFAIRS**

Assists in the enforcement of relevant state and federal laws and regulations designed to promote fair consumer practices in the marketplace.

CONSUMER AFFAIRS, UNION COUNTY DIVISION OF	1-908-654-9840
300 North Avenue, East	
Westfield, NJ 07090	

## **COUNSELING SERVICES**

Individual, family, and group therapy counseling/psychotherapy for substance abus	e and mental illness
ACADIA HOUSE	1-908-654-3711
Center for Hope Hospice	
175 Glenside Avenue	
Scotch Plains, NJ 07076	
(Bereavement & Grief Counseling Center - West)	
ATLANTIC BEHAVIORAL HEALTH	1-908-522-4800
Outpatient Therapy & Counseling	
46-48 Beauvoir Avenue	
Summit, NJ 07901	
Intensive Care and Psychological Counseling	
CATHOLIC CHARITIES*	1-908-497-3900
505 South Avenue, East Hispanic:	1-908-497-3950
Cranford, NJ 07016	
COUNSELING CENTERS FOR HUMAN DEVELOPMENT	1-908-276-0590
201 Lincoln Avenue, East	
Cranford, NJ 07016	
FAMILY AND CHILDREN'S SERVICES	1-908-352-7474
40 North Avenue	
Elizabeth, NJ 07208	
FAMILY RESOURCE CENTER OF TRINITAS HOSPITAL	1-908-276-2244
300 North Avenue	
Cranford, NJ 07016	
JEWISH FAMILY SERVICE of CENTRAL NEW JERSEY*	1-908-352-8375
655 Westfield Avenue	
Elizabeth, NJ 07208	
MOUNT CARMEL GUILD - BEHAVIORAL HEALTH CLINIC	1-908-497-3968
108 Alden Street	
Cranford, NJ 07016	
PROCEED* – Bilingual Counseling	1-908-351-7727
1126 Dickinson Street	
Elizabeth, NJ 07201	
PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS	1-908-994-7131
Medicare Certified and Medicaid Provider	
ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY	1-732-381-4200
865 Stone St.	
Rahway, NJ 07065	

SENIOR ADULT FRAIL ELDERLY CENTER (SAFE)	1-908-497-3950
505 South Avenue, East	
Cranford, NJ 07016	
U.C.P.C. / PLAINFIELD (Behavioral Health Care)	1-908-756-6870
117-119 Roosevelt Avenue	
Plainfield, NJ 07060	
TRINITAS REGIONAL MEDICAL CENTER	1-908-994-7336
GEROPSYCHIATRIC SERVICES	
655 E. Jersey Street	
Elizabeth, NJ 07201	
Psychiatric out-patient follow up	
UNITED FAMILY AND CHILDREN'S SOCIETY	1-908-755-4848
305 West 7 <sup>th</sup> Street	
Plainfield, NJ 07060	

**DENTAL SERVICES** 

DENTAL CLINICS	
	1-908-522-2901
Overlook Hospital	
Plainfield Health Center	1-908-753-6401
DENTAL HOME SERVICES	1-800-842-4663
Dentistry at Home	
www.dentalhomeservices.com	
MIDDLESEX COUNTY DENTAL HYGIENE CLINIC	1-732-906-2536
2600 Woodbridge Avenue	
Edison, NJ 08818	
RUTGERS Dental Health Services	1-908-889-2410
Dental cleaning and examination for age 55+ for \$16.00	
Scotch Plains, NJ 07076	
VISITING DENTAL ASSOCIATES	1-201-670-0097
Dentistry at Home	

## **EDUCATION**

Continued or renewed educational experiences for older adults who want to expand their horizons or develop new interests.

develop new interests.	
KEAN UNIVERSITY	1-908-527-2210
1000 Morris Avenue	
Union, NJ 07083	
Career Counseling Workshops / Continuing Education	
LIFE CENTER – 62+ Union County College	1-908-497-4360
Non-Credit Off-Campus Classes Throughout the County	
LITERACY NEW JERSEY	1-908-486-1777
121-125 Chestnut Street	
Suite 203	
Roselle, NJ 07203	
LITERACY VOLUNTEERS OF UNION COUNTY	1-908-354-6060
Elizabeth Public Library	ext. 214
11 South Broad Street	
Elizabeth, NJ 07202	

NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION (DVR)	1-908-965-3940
921 Elizabeth Avenue, 3 <sup>rd</sup> Fl.	
Elizabeth, NJ 07201	
RHODES SCHOLAR (a Non-Profit Organization)	1-877-426-8056
75 Federal Street	
Boston, Mass. 02110-1941	
Provider of high quality, educational opportunities for older adults	
RUTGERS COOPERATIVE EXTENSION OF UNION COUNTY	1-908-654-9854
300 North Avenue, East	
Westfield, NJ 07090	
UNION COUNTY SENIOR SCHOLARS - Union County College	1-908-709-7600
Continuing Education Free for Union County residents aged 60+	
UNIVERSITY WITHOUT WALLS, DOROT	1-212-769-2850
Classes and support groups for caregivers and homebound elderly	
Website: www.dorotusa.org	

#### **ELDERCARE LOCATOR**

To find information about community services for older people anywhere in the United States and its territories, go to:

ELDERCARE LOCATOR	1-800-677-1116
Website: www.eldercare.gov	

#### **EMERGENCY MEDICAL IDENTIFICATION**

Medical ID bracelets/necklaces

Medical ID bracelets/ficeklaces	
AMERICAN MEDICAL IDENTIFICATION	1-800-363-5985
MEDIC ALERT	1-800-432-5378
TOWNSHIP OF UNION SENIOR CENTER	1-908-851-5290
Emerg Alert" bracelet, for Union Township residents only	
968 Bonnel Court	
Union, NJ 07083	

#### **EMERGENCY RESPONSE SYSTEMS**

These response systems provide individuals with 24-hour access to outside sources of help. For emergencies, dial 911.

GATEWAY FAMILY YMCA (PERSYS)*		1-908-687-2995
1000 Galloping Hill Road		
Union, NJ 07083		
GREGORIO CENTER Serves Linden residents only		1-908-474-8627
330 Helen Street		
Linden, NJ 07036		
LIFE LINE PROGRAM		1-800-852-5433
LIFESTATION		1-800-446-3300
PERSYS: Personal Emergency Response System	NJ:	1-908-241-6500
	USA:	1-800-631-7370
PROJECT LIFESAVER PROGRAM - Union Co. Sheriff's Office		1-908-273-1608
PHILLIPS LIFELINE		1-800-579-3341

#### **EMPLOYMENT SERVICES**

Training and/or job placement appartunities for older adults seeking part, or full time	amployment
Training and/or job placement opportunities for older adults seeking part- or full-time AMERICAN JOB CENTER, ELIZABETH	1-908-558-8000
Union County Department of Human Services - Eastern Division	1-300-330-0000
921 Elizabeth Avenue	
Elizabeth, NJ 07201	
AMERICAN JOB CENTER, PLAINFIELD	1-908-757-9090
Union County Department of Human Services - Western Division	1-300-131-3030
200 W. Second Street	
Plainfield, NJ 07060	
ASSOCIATION FOR RETARDED CITIZENS (ARC), UNION COUNTY	1-973-315-0000
52 Fadem Road.	1-37 3-3 13-0000
Springfield, NJ 07081	
DIVISION of VOCATIONAL REHABILITATION (DVR)	1-908-965-3940
921 Elizabeth Avenue 3 <sup>rd</sup> fl	1-300-303-3340
Elizabeth NJ 07201 Employment for People with Disabilities	
DIVISION of WORKFORCE DEVELOPMENT/American Job Centers	1-908-527-4880
Union County Department of Human Services	1-900-327-4000
10 Elizabethtown Plaza, 4 <sup>th</sup> Floor	
Elizabeth, NJ 07207	
EASTER SEALS SCSEP Program	1-908-965-3962
65 Kennedy Blvd. Suite 600 Elizabeth Office:	1-900-905-5902
East Brunswick, NJ 08816	
,	4 000 000 4007
OLDER WORKERS BENEFIT PROTECTION	1-202-663-4637
c/o Equal Employment Opportunities Commission (EEOC)	
Washington DC	4 000 445 5700
PROFESSIONAL SERVICE GROUP of CENTRAL NJ	1-908-445-5730
E-MAIL info@psgcnj.biz	4 000 550 0000
STATE EMPLOYMENT SERVICES OF NEW JERSEY	1-908-558-8000
Workforce of New Jersey	
921 Elizabeth Avenue	
Elizabeth, NJ 07201	4 000 000 4000
U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION	1-800-669-4000
1 Newark Center, 21st Floor TDD:	1-800-669-6820
Newark, NJ 07102-5233	1-973-645-6383
www.eeoc.gov Inquiries:	
WORKFORCE 55+ SCSEP Program	1-908-412-7969
Department of Labor	
200 W. Second Street	
Plainfield, NJ 07060	

#### **FINANCIAL ASSISTANCE**

Services and programs which help older citizens meet medical, pharmaceutical, food, rental, and utility expenses that are subject to income/age tests. Consumer protection, counseling, and tax preparation services are also available.

AFFORDABLE	HOUSING ALLIANCE PAGE PROGAM – Utility	1-732-982-8710
Assistance	www.njpoweron.com	

JEWISH FAMILY SERVICES*		1-908-352-8375
655 Westfield Avenue		
Elizabeth, NJ 07208		
Volunteers help older adults with bill paying management	gement	
LIFELINE PROGRAM – Help with Utility Bills		1-800-792-9745
P.O. Box 714 Trenton, NJ 08625-0714		
LOW INCOME HOME ENERGY ASSISTANCE P	ROGRAM (LIHEAP)	1-908-351-7727
Heat/Medically Necessary Cooling		
www.energyassistance.nj.gov		
MUNICIPAL WELFARE DEPARTMENTS		Contact Loca
		Municipality
<b>NEW JERSEY SHARES -</b> Utility Assistance		1-866-657-4273
www.njshares.org		
SENIOR GOLD		1-800-792-9745
P.O. Box 724		
Trenton, NJ 08625-0724		
SOCIAL SERVICES, UNION COUNTY DIV. OF	(SNAP)	1-908-965-2700
342 Westminister Avenue	(Adult Medicaid)	1-908-965-3745
Elizabeth, NJ 07207		
SOCIAL SERVICES, UNION COUNTY DIV. OF	(SNAP)	1-908-791-7000
200 West Second Street	(Adult Medicaid)	1-908-791-7093
Plainfield, NJ 07060	,	
URBAN LEAGUE		1-908-351-7200
288 N. Broad Street		
Elizabeth, NJ 07208		
VICTIMS of CRIME COMPENSATION BOARD		1-800-242-0804
50 Park Place 6 <sup>th</sup> Fl		
Newark, NJ 07102		
TAXATION, STATE DIVISION OF	Touch-Tone Phone:	1-800-323-4400
	Rotary Dial Phone:	1-609-292-6400
Jersey FAIR Homeowner Rebate Tax Application	•	1-877-658-2972
FAIR hotline available weekdays 8:30am-4:30 pm		1-888-238-1233
TAXATION – cont.		1-800-882-6597
Property Tax Reimbursement (Senior Freeze) wee	kdays 8:30 am-4:30 pm	
Website: www.state.nj.us/treasury/taxation	·	
NEW JERSEY DEPARTMENT of the TREASURY	Υ	1-973-648-470
124 Halsey Street		
Newark, NJ 07101		
NEW JERSEY INTERITANCE TAX		1-973-648-3480
124 Halsey Street		
Newark, NJ 07101		
INTERNAL REVENUE SERVICE (IRS)		1-800-829-1040
970 Broad Street		
Newark, NJ 07102		
PROPERTY TAX REDUCTIONS – Contact Local	Tax Assessor	
INCOME TAX ASSISTANCE	. 5 7 1000001	
Volunteer Income Tax Assistance Program (VI	ΓΑ)	1-800-906-9887
	,	1-888-227-7669

#### **GERIATRIC ASSESSMENT PROGRAMS**

Evaluation, diagnosis, and treatment of Alzheimer's/dementia/mental health disorders.

ATLANTIC HEALTH SYSTEM	1-973-971-7022
100 Madison Avenue	
Morristown, NJ 07960	
CARE TO CAREGIVERS	1-800-424-2494
COPSA INSTITUTE FOR ALZHEIMER'S DISEASE & RELATED DISORDERS	1-800-969-5300
RutgerS University Behavioral Health	
671 Hoes Lane	
Piscataway, NJ 08854	
TRINITAS REGIONAL MEDICAL CENTER	1-908-994-7313
655 E. Jersey Street	
Elizabeth, NJ 07206	

#### **GRANDPARENT PROGRAMS**

CATHOLIC CHARITIES ARCHDIOCESE OF NEWARK		1-973-497-4312
171 Clifton Avenue	TTY:	1-973-497-4311
Newark, NJ 08104-0500		
GRANDPARENT INFORMATION CENTER – AARP		1-800-424-3410
GRANDPARENTS RAISING GRANDCHILDREN		1-908-352-8375
Jewish Family Service of Central New Jersey*		
655 Westfield Avenue		
Elizabeth, NJ 07208		

#### **HEARING IMPAIRED SERVICES**

Education, training, and support services for deaf and hearing-impaired older adults.

Education, training, and support services for dear and nearing-impaired older addits	•
HEAR NOW (Help with hearing aides depending on income)	1-800-648-4327
HEARING AID ASSISTANCE to the AGED & DISABLED	1-800-792-9745
P.O. BOX 715	
Trenton, NJ 08625-0715	
HEARING CENTER	1-732-574-3550
49 Brant Avenue	
Clark, NJ 07066	
KEAN UNIVERSITY SPEECH & HEARING CLINIC	1-908-737-5800
1000 Morris Avenue	
Union, NJ 07083	
NEW JERSEY HEARING AID PROJECT	1-800-772-8339
Montclair State University	
1515 Broad Street Bldg. B	
Bloomfield, NJ 07003	
NEW JERSEY DIVISION OF THE DEAF AND HARD OF HEARING	1-609-588-2648
Voice and TTY:	1-800-792-8339

#### **HOME CARE - CAREGIVER SERVICES**

Skilled nursing, home health aide, and homemaker services ease the burden of extended home care, enabling older adults to maintain maximum independence in their home. Physician ordered physical therapy, occupational therapy, and speech therapy. Social work visits, nutrition counseling, and/or medical health counseling

medical health counseling	
ACE HOME HEALTHCARE, INC	1-908-851-2700
930 Stuyvesant Avenue	
Union, NJ 07083	
AMAZING GRACE NURSING CARE SERVICE	1-908-206-9988
2165 Morris Avenue, Suite 1A	
Union, NJ 07083	
ARTISAN HOMECARE	1-800-272-5484
6 North Union Avenue, Suite 1	
Cranford, NJ 07016	
ASSISTING HANDS OF CENTRAL NJ	1-732-243-9669
2025 Lincoln Highway, Suite 150	
Edison, NJ 08817	
Avilo Care Services, LLC	908-845-6086
2190 Morris Ave	
Union, NJ 07083	
BAYADA NURSES	
324 Chestnut St.	1-908-687-6363
Union, NJ 07083	
BrightStar Care	
560 Springfield Ave., Suite G	1-908-322-8200
Westfield, NJ 07090	
CARE FINDERS TOTAL CARE* (formerly Secura Home Care)	1-908-810-5370
1767 Morris Avenue Suite 209	
Union, NJ 07083	
COMFORT KEEPERS	1-732-369-3639
One Mountain Boulevard	
Warren, NJ 07059	
COMFORCARE	1-908-408-5220
1199 Route 22, East	
Mountainside, NJ 07092	
COMPANION CARE LLC	1-908-688-4423
P.O. Box 6265	
Hillsborough, NJ 08844	
COMMUNITY ACCESS UNLIMITED	1-908-354-3040
80 W. Grand St.	
Elizabeth, NJ 07202	
EROS HEALTHCARE SERVICES LLC	1-908-838-9199
2040 Millburn Avenue, Suite 404	
Maplewood, NJ 07040	
FIRST DAY HOMECARE	1-732-379-3190
110 Fieldcrest Ave., Ste 312	
Edison, NJ 08837	
	-

FULL CIRCLE HEALTH SERVICE 1460 Morris Avenue, Suite 2A & 2B Union, NJ 070083  GRACIOUS HOME CARE 960 Koehl Avenue Union, 07083  GRISWOLD HOME CARE 540 E. Broad Street Westfield, NJ 07090 www.GriswoldHomeCare.com/unioncounty  HELPING HANDS HOME CARE 1-908-451-0715 77 Central Avenue Clark, NJ 07066  HOME INSTEAD HOME CARE 5ringfield, NJ 07081  HOMEWELL CARE SERVICES 1-201-983-2587 15 Dyatt Place Hackensack, NJ 07661  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
Union, NJ 070083  GRACIOUS HOME CARE 960 Koehl Avenue Union, 07083  GRISWOLD HOME CARE 540 E. Broad Street Westfield, NJ 07090 www.GriswoldHomeCare.com/unioncounty  HELPING HANDS HOME CARE 77 Central Avenue Clark, NJ 07066  HOME INSTEAD HOME CARE 540 B. 1-908-451-0715 77 Central Avenue Clark, NJ 07066  HOME INSTEAD HOME CARE 77 Central Avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 1-201-983-2587 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
GRACIOUS HOME CARE       1-908-206-1100         960 Koehl Avenue       Union, 07083         GRISWOLD HOME CARE       1-908-654-3400         540 E. Broad Street       Westfield, NJ 07090         www.GriswoldHomeCare.com/unioncounty
960 Koehl Avenue Union, 07083  GRISWOLD HOME CARE 540 E. Broad Street Westfield, NJ 07090 www.GriswoldHomeCare.com/unioncounty  HELPING HANDS HOME CARE 77 Central Avenue Clark, NJ 07066 HOME INSTEAD HOME CARE 57 Cight avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 1-201-983-2587 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
Union, 07083  GRISWOLD HOME CARE 540 E. Broad Street Westfield, NJ 07090 www.GriswoldHomeCare.com/unioncounty  HELPING HANDS HOME CARE 77 Central Avenue Clark, NJ 07066 HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 1-201-983-2587 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE Union, NJ 07083
GRISWOLD HOME CARE       1-908-654-3400         540 E. Broad Street       Westfield, NJ 07090         www.GriswoldHomeCare.com/unioncounty       1-908-451-0715         77 Central Avenue       1-908-451-0715         Clark, NJ 07066       1-973-379-4910         HOME INSTEAD HOME CARE       1-973-379-4910         66 Morris Avenue       5pringfield, NJ 07081         HOMEWELL CARE SERVICES       1-201-983-2587         15 Dyatt Place       Hackensack, NJ 07601         INTERIM HEALTH CARE       1-908-756-1515         623 Morris Ave.       Union, NJ 07083
540 E. Broad Street Westfield, NJ 07090 www.GriswoldHomeCare.com/unioncounty  HELPING HANDS HOME CARE 77 Central Avenue Clark, NJ 07066  HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 1-201-983-2587 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
Westfield, NJ 07090 www.GriswoldHomeCare.com/unioncounty  HELPING HANDS HOME CARE 77 Central Avenue Clark, NJ 07066  HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 1-201-983-2587 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
www.GriswoldHomeCare.com/unioncounty         HELPING HANDS HOME CARE       1-908-451-0715         77 Central Avenue       1-973-379-4910         Clark, NJ 07066       1-973-379-4910         HOME INSTEAD HOME CARE       1-973-379-4910         66 Morris Avenue       5pringfield, NJ 07081         HOMEWELL CARE SERVICES       1-201-983-2587         15 Dyatt Place       15 Dyatt Place         Hackensack, NJ 07601       1-908-756-1515         623 Morris Ave.       1-908-756-1515         Union, NJ 07083       1-908-756-1515
### To Provide the Care 1-908-451-0715  ### To Central Avenue Clark, NJ 07066  ### HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081  ### HOMEWELL CARE SERVICES 15 Dyatt Place Hackensack, NJ 07601  ### INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
77 Central Avenue Clark, NJ 07066  HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 1-201-983-2587 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
Clark, NJ 07066  HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 1-201-983-2587 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
HOME INSTEAD HOME CARE 66 Morris Avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
66 Morris Avenue Springfield, NJ 07081  HOMEWELL CARE SERVICES 15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
Springfield, NJ 07081         HOMEWELL CARE SERVICES         15 Dyatt Place         Hackensack, NJ 07601         INTERIM HEALTH CARE       1-908-756-1515         623 Morris Ave.         Union, NJ 07083
HOMEWELL CARE SERVICES 15 Dyatt Place Hackensack, NJ 07601 INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
15 Dyatt Place Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
Hackensack, NJ 07601  INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
INTERIM HEALTH CARE 623 Morris Ave. Union, NJ 07083
623 Morris Ave. Union, NJ 07083
JEWISH FAMILY SERVICES of CENTRAL NEW JERSEY * 1-908-352-8375
655 Westfield Avenue
Elizabeth, NJ 07208
JFK at HOME 1-800-401-9212
65 James Street
Edison, NJ 08818
L&L STAFFING & HOME CARE SERVICES 1-908-688-7772
1460 Vauxhall Road Suite 24
Union, NJ 07083
MEANINGFUL TOUCH HOME CARE 1-908-952-0277
141 South Ave., Suite 2
Fanwood, NJ 07023
PREMIER HOME HEALTH SERVICES, INC. 1-908-322-8883
1801 East 2 <sup>nd</sup> Street lower level
Scotch Plains, NJ 07076
RIGHT AT HOME
10 Fairmount Avenue 1-973-701-9832
Chatham, NJ 07928
SAGE ELDERCARE * 1-908-273-8400
290 Broad Street
Summit, NJ 07901
SUNRISE COMMUNITY SERVICES 1-856-446-4939
100 Plainfield Ave Suite B-4
Edison, NJ 08817

UNION TOWNSHIP COMMUNITY ACTION ORGANIZATION * 2410 Springfield Avenue Vauxhall, NJ 07088	1-908-686-6150
VISITING ANGELS of SCOTCH PLAINS	1-908-322-0056
1801 E. 2 <sup>nd</sup> St.	
Scotch Plains, NJ 07076	

#### **HOSPICE PROGRAMS**

Hospice provides a way of helping individuals in advanced stages of illness. It offers a team approach in meeting the physical, emotional, and spiritual needs of the patient and family. Whenever possible, the patient is cared for in the comfort of the home setting.

ASCEND HOSPICE	1-908-931-9080
1600 St. Georges Avenue	
Suite 312	
Rahway, NJ 07065	
www.Ascendhospice.com	
ATLANTIC HOME CARE & HOSPICE	1-973-379-8440
465 South Street, Suite 1	
Morristown, NJ 07960	
CENTER FOR HOPE HOSPICE & PALLIATIVE CARE*	1-908-889-7780
1900 Raritan Road	
Scotch Plains, NJ 07076	
CENTER FOR HOPE HOSPICE (Hospice Assisted Living Facility)	1-908-353-6060
111 Dehart Place	
Elizabeth, NJ 07202	. =====================================
HOMESIDE HOSPICE	1-732-381-3444
67 Walnut Avenue Suite 205	
Clark, NJ 07066	4 700 004 7700
JFK HAVEN HOSPICE	1-732-321-7769
65 James Street	
Edison, NJ 08818	4 000 000 7700
PEGGY COLONEY'S HOUSE (Hospice Assisted Living Facility)	1-908-889-7780
Center for Hope Hospice 1900 Raritan Road	
Scotch Plains, NJ 07076  ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY	1 000 007 0504
865 Stone Street	1-888-997-9584
Rahway, NJ 07065	

#### **HOSPITALS**

CHILDREN'S SPECIALIZED HOSPITAL	1-908-233-3720
150 New Providence Road	
Mountainside, NJ 07092	

OVERLOOK HOSPITAL	1-908-522-2000
99 Beauvoir Avenue	
P.O. Box 220	
Summit, NJ 07901-0220	
ROBERT WOOD JOHNSON	1-732-381-4200
UNIVERSITY HOSPITAL AT RAHWAY	
865 Stone Street	
Rahway, NJ 07065	
TRINITAS REGIONAL MEDICAL CENTER	1-908-994-8600
(New Point Campus)	
655 East Jersey Street	
Elizabeth, NJ 07206	

#### **HOUSING INFORMATION**

Homelessness, Emergency Services, Housing Authorities, 55+ Housing, Housing Units, Assisted Living & Residential Health Care Facilities, Shared Housing, Nursing Homes, Home Repairs. Subsidized senior housing is available in the communities listed. There are waiting lists for placement.

HOMELESS PREVENTION PLANNER OF UNION COUNTY	1-908-527-4839
EMERGENCY SERVICES:	1-908-353-4006
ELIZABETH COALITON (motel/hotel)	
Office: 118 Division Street	
Elizabeth, NJ 07201	
SALVATION ARMY - ELIZABETH	1-908-352-7057
1018 E. Grand Street	
Elizabeth, NJ 07201	

#### **HOUSING AUTHORITIES**

Congregate meals are served at units marked with (m)

ELIZABETH	I, HOUSING AUTHORITY OF		1-908-965-2400
	Avenue, Elizabeth, NJ 07202		
(5 Units)	Farley Towers	33 Cherry Street	
	Ford Leonard Towers	69 Division Street	
	Kennedy Arms Apartments	70 Westfield Ave	
	O'Donnell-Dempsey (m)	632 Salem Avenue	
	E'Port Commons	205 First Street	
LINDEN, H	OUSING AUTHORITY OF		
(3 Units)	Ann Ferguson Towers (m)	1601 Dill Avenue	1-908-298-3820
	Murawski Towers	1551 Dill Avenue	
	John T. Gregorio Towers (m)	1425 Dill Avenue	
PLAINFIEL	D, HOUSING AUTHORITY OF		1-908-769-6335
(1 Unit)	Richmond Towers		
	510 East Front Street		
•	OUSING AUTHORITY OF		
(1 Unit)	Senior Housing Unit	12 Chestnut Ave.	1-908-273-6413
	of COMMUNITY AFFAIRS - SECT od Street, Plainfield, NJ 07060	ION 8 PROGRAM	1-908-412-3700
200 WEST 2	otreet, i lairineid, No 07000		

55+ HOUSING FACILITIES IN UNION COUNTY

PARK TERRACE	<u> </u>	1-877-231-1273
805 School Street		
Rahway, NJ 07065	www.bestrentnj.com	
ROSEGATE		
555 E. Hazelwood Avenue		1-732-396-4540
Rahway, NJ 07065	www.cis-hvrosegate.com	
WOODCREST @ CLARK	www.gardencommunities.com	1-732-340-0069
1245 Westfield Avenue		
Clark, NJ 07066 for subsidized	www.piazza-and-associates.com	1-609-786-1100
Other sources/assistance:		
Low income housing	www.lowincomehousing.us	
NJ Housing Resource & Mortgage	www.njhousing.gov	
	www.nj.gov/njhrc	

### **HOUSING UNITS**

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0.0.00	
Gill Apartments	1-908-272-9180
40 Meeker Avenue	
Lincoln Apartments (m)	1-908-931-0194
800 Lincoln Avenue, East	

#### **ELIZABETH**

LLIZABLIII	
Alexian Manor	1-908-352-0080
122 Seventh Street	
Elizabeth Towers	1-908-355-4500
315 West Grand Street	
Heritage Village at Elizabeth	
225 Second Street	1-908-965-1160
Immaculate Conception	
59-63 Westfield Avenue	1-908-289-1911
Winfield Scott Tower	1-201-332-9400
323 No. Broad Street	

#### **GARWOOD**

VILLAGE AT GARWOOD	1-908-789-3330
320 Second Avenue	

#### LINDEN

Morningstar Court	1-908-486-8200
701 Cranford Avenue	

#### **PLAINFIELD**

Cedarbrook Park Apartments	1-908-756-5656
1272 Park Avenue	

Covenant Manor	1-908-791-9430
623 E. Front Street	
Plainfield Tower West	1-908-668-1963
601 West 7 <sup>th</sup> Street	
RAHWAY	
Golden Age Towers (m)	1-732-499-7950
200-220 East Milton Avenue	
Myers Senior Housing	1-732-540-8748
1447 Esterbrook Avenue	
ROSELLE	
Roselle Senior Citizen Housing – Pinewood Hall	1-908-241-5414
250 West Second Avenue	
ROSELLE SENIOR HOUSING	
400 Grand Street	1-908-289-9007
SCOTCH PLAINS	
Senior Citizen Housing	1-908-654-1313
2002 Lake Avenue	
SPRINGFIELD	
Springfield Senior Citizen Housing, Inc.	1-973-467-1480
350 Independence Way	1 010 101 1 100
UNION	
Ehrhart Gardens (m)	1-908-688-0565
100 Francis Court	
Nora Gardens	1-908-686-9100
Senior Housing Corporation #3, 1775 Burnet Avenue	
Schaefer Gardens (m)	1-908-964-9343
35 W. Sumner Avenue	
WESTFIELD	
First Westfield Senior Citizen Housing Corp.	1-908-233-5898
1133 Boynton Avenue	
Second Westfield Senior Citizen Housing Corp.	1-908-518-9586
1129 Boynton Avenue	

# ASSISTED LIVING AND RESIDENTIAL HEALTH CARE FACILITIES

<u>Assisted Living Facilities</u> provide coordinated supportive personal and health services. <u>Residential Health Care Facilities</u> are for those who require very little or no medical supervision.

AMBER COURT OF ELIZABETH (Formerly Carteret Senior Living)	1-908-352-9200
1155 E Jersey Street	
Elizabeth, NJ 07201	
ARBOR TERRACE MOUNTAINSIDE	1-908-760-0599
1050 Springfield Ave.	
Mountainside, NJ 07092	
ATRIA IN CRANFORD	1-908-709-4300
10 Jackson Drive	
Cranford, NJ 07016	
BIRCHWOOD SQUARE	1-908-272-6660
205 Birchwood Avenue	
Cranford, NJ 07016	
BRANDYWINE LIVING AT SUMMIT	1-908-522-8852
41 Springfield Avenue	
Summit, NJ 07096	
BRIGHTON GARDENS	1-908-654-4460
1350 Route 22 West	
Mountainside, NJ 07092	
THE CHELSEA @ FANWOOD	1-908-654-5200
295 South Avenue	
Fanwood, NJ 07023	
COMPLETE CARE AT THE WOODLANDS	1-908-753-1113
1400 Woodland Avenue	
Plainfield, NJ 07060	
CONTINUING CARE AT LANTERN HILL	1-908-516-9300
537 Mountain Ave.	
New Providence, NJ 07974	
DELAIRE GARDENS	1-908-862-3399
400 W. Stimpson Avenue	
Linden, NJ 07036	4 000 047 0000
SUNRISE ASSISTED LIVING OF WESTFIELD	1-908-317-3030
240 Springfield Avenue	
Westfield, NJ 07090	

## **NURSING HOMES**

ADROIT CARE REHAB AND NURSING CENTER 1777 Lawrence Street	1-732-499-7927
Rahway, NJ 07065	
ARISTACARE @ PARKSIDE	1-908-862-3399
400 W. Stimpson Avenue	
Linden, NJ 07036	
ASHBROOK CARE & REHABILITATION CENTER	1-908-889-5500
(Featuring Indian Service Unit)	
1610 Raritan Road	
Scotch Plains, NJ 07076	

AUTUMN LAKE HEALTH CARE @ BERKELEY HEIGHTS	1-908-464-0048
35 Cottage Street	1-300-404-0040
Berkeley Heights, NJ 07922	
BERKELEY MEADOWS CARE CENTER	1-908-464-9260
311 Springfield Avenue	1-300-404-3200
Berkeley Heights, NJ 07922	
BIRCHWOOD REHABILITATION AND HEALTHCARE CENTER	1-908-272-6660
205 Birchwood Avenue	1-300-27 2-0000
Cranford, NJ 07016	
BROTHER BONAVENTURE EXTENDED CARE CENTER	1-908-994-7050
655 East Jersey Street	7051
Elizabeth, NJ 07206	7001
COMPLETE CARE AT CLARK	1-732-396-7100
1213 Westfield Avenue	1 102 000 1100
Clark, NJ 07066	
COMPLETE CARE AT WESTFIELD	1-908-233-9700
1515 Lamberts Mill Road	. 500 200 01 00
Westfield, NJ 07090	
COMPLETE CARE AT THE WOODLANDS	1-908-753-1113
1400 Woodlands Avenue	1 000 100 1110
Plainfield, NJ 07060	
CORNELL HALL NURSING & REHABILITATION CENTER	1-908-687-7800
234 Chestnut Street	1 000 001 1000
Union, NJ 07083	
CRANFORD PARK REHABILITATION & HEALTH CARE CENTER	1-908-276-7100
600 Lincoln Park, East	
Cranford, NJ 07016	
ELIZABETH NURSING ADB REHABILITATION CENTER	1-908-354-0002
1048 Grove Street	
Elizabeth, NJ 07202	
ELMORA HILLS HEALTHCARE AND REHABILITATION CENTER	1-908-353-1220
225 W. Jersey Street	
Elizabeth, NJ 07202	
HARTWYCK AT CEDARBROOK NURSING & CONVALESCENT	1-908-754-3100
CENTER	
1340 Park Avenue	
Plainfield, NJ 07060	
HCR MANOR CARE	1-908-654-0020
1180 Route 22 West	
Mountainside, NJ 07092	
NORWOOD TERRACE HEALTH CARE CENTER	1-908-769-1400
40-44 Norwood Avenue	
Plainfield, NJ 07060	
PLAZA NURSING AND CONVALESCENT CENTER	1-908-354-1300
456 Rahway Avenue	
Elizabeth NJ 07202	
RIVERTON NURSING & REHAB. CENTER	1-732-499-7927
1777 Lawrence Street	

Rahway NJ 07065	
RUNNELLS CENTER FOR REHABILITATION & HEALTH CARE	1-908-771-5700
40 Watchung Way	
Berkeley Heights, NJ 07922	
SPRING GROVE REHABILITATION & HEALTH CARE CENTER	1-908-464-8600
144 Gales Drive	
New Providence, NJ 07974	
SOUTH MOUNTAIN HEALTH CARE & REHABILITATION CENTER	1-908-688-3400
2385 Springfield Avenue	
Vauxhall, NJ 07088	

#### **NURSING HOME REPORT CARD WEBSITE:**

**NURSING HOME COMPARE DATABASE:** 

www.medicare.gov - click on Resource Locator

#### **HOME REPAIRS**

HOME REPAIRS	
DEVELOPMENT DIRECTIONS	1-732-382-8100
2 City Hall Plaza 2 <sup>nd</sup> fl.	
Rahway, NJ 07065	
DOES NOT SERVE: Elizabeth, Linden, Rahway, Plainfield, Union, Winfield	
ELIZABETH HOME IMPROVEMENT PROGRAM	1-908-352-8450
50 Winfield Scott Plaza - Room 109	
Elizabeth, NJ 07201	
MOUNTAINSIDE SENIOR CITIZEN HANDYMAN PROGRAM	1-908-232-4406
1385 Route 22 East	
Mountainside, NJ 07092	
PLAINFIELD COMPREHENSIVE HOUSING ASSISTANCE PROGRAM	1-908-753-3377
515 Watchung Avenue	
Plainfield, NJ 07060	
PLAINFIELD EMERGENCY HANDYMAN PROGRAM	1-908-753-3229
515 Watchung Avenue	
Plainfield, NJ 07060	
PROCEED, INC.*	1-908-351-7727
1126 Dickinson Street	
Elizabeth, NJ 07201	
RAHWAY COMMUNITY DEVELOPMENT & HOUSING PROGRAM	1-732-827-2193
Main Street and East Milton Avenue	
Rahway, NJ 07065	
ROSELLE PARK SENIOR HANDYMAN PROGRAM	1-908-245-0666
314 Chestnut Street	
Roselle Park, NJ 07204	
SAGE Eldercare*	1-908-598-5501
Home Repair Service – Fee	1-908-273-5550
290 Broad Street	
Summit, NJ 07901	

UNION TOWNSHIP COMMUNITY DEVELOPMENT	1-908-810-7071
1976 Morris Avenue	
Union, NJ 07083	
URBAN LEAGUE – Weatherization for Elizabeth Residents Only	1-908-351-7200
288 N. Broad Street	
Elizabeth, NJ 07208	

#### **LEGAL ASSISTANCE**

Legal services are provided by or supervised by qualified attorneys to assist senior citizens with public entitlements, mental health problems, wills, disability litigation, and civil law problems.

BAR ASSOCIATION, AMERICAN	1-732-249-5000
BAR ASSOCIATION, UNION COUNTY	1-908-354-5984
Lawyer Referral Service (Call Mon. thru Thurs. between 10 am - 1 pm)	1-908-353-4715
CENTRAL JERSEY LEGAL SERVICES*	1-908-354-4340
60 Prince Street	
Elizabeth, NJ 07208	
COMMUNITY HEALTH LAW PROJECT*	1-908-355-8282
65 Jefferson Avenue	
Elizabeth, NJ 07201	
EQUAL EMPLOYMENT OPPORTUNITY COMMISSION (EEOC)	1-973-645-6383
PUBLIC DEFENDER, UNION COUNTY	1-908 820-3070
STATE DIVISION ON CIVIL RIGHTS	1-973-648-2700
Law and Public Safety	
SURROGATE, UNION COUNTY	1-908-527-4280
Union County Courthouse	
Elizabeth, NJ 07207 Help with wills, probates and adoptions	
VICTIMS OF CRIMES COMPENSATION BOARD	1-800-242-0804
50 Park Pl., 6th Floor	
Newark, NJ 07102	

#### **MEDICAL INSURANCE AND HEALTH CARE PROGRAMS**

Health assistance programs which cover or help cover hospital, medical or home care costs. Listed agencies should be contacted directly to determine eligibility.

<b>DIVISION OF SOCIAL SERVICES, UNION COUNT</b>	Υ	1-908-965-2700
342 Westminster Avenue		
Elizabeth, NJ 07207		
Serves: Elizabeth, Hillside, Kenilworth, Linden, Mountain:	side, New Providence,	
Roselle, Roselle Park, Springfield, Summit, Union, Vauxh	all, and Winfield	
<b>DIVISION OF SOCIAL SERVICES, UNION COUNT</b>	Υ	1-908-791-7000
200 W. Second Street		
Plainfield, NJ 07060		
Serves: Berkeley Heights, Clark, Cranford, Fanwood, Garwood, Rahway,		
Plainfield, Scotch Plains, and Westfield		
(MLTSS) MEDICAID MANAGED LONG TERM	Eastern Union Co.	1-908-965-3745
SERVICES & SUPPORTS	Western Union Co.	1-908-791-7093

MEDICAID DISTRICT OFFICE		1-732-863-4400
45 Kilmer Road		
Edison, NJ 08817		
MEDICARE / SOCIAL SECURITY OFFICE		1-800-772-1213
855 Lehigh Avenue		
Union, NJ 07083		
MEDICARE TOLL-FREE NUMBER		1-800-633-4227
MEDICARE FRAUD		1-800-638-6833
NEW JERSEY CARE (Special Medicaid Program) Ma	in #:	1-908-965-3509
342 Westminster Avenue		1-908-965-3731
Elizabeth, NJ 07208		
SAGE Eldercare*		1-908-273-6999
Senior Health Insurance Assistance Program of Union County (SHIP)		
290 Broad Street		
Summit, NJ 07901		

## **NUTRITION PROGRAM FOR SENIORS**

This section lists congregate (group) nutrition sites which serve a hot lunch meal daily to county residents 60 years of age and older. Voluntary donations are suggested, and are used to expand the program. Call at least two days in advance (before noon) to make a reservation.

	<del>_</del>
CASANO COMMUNITY CENTER	1-908-245-9150
314 Chestnut Street	
Roselle Park, NJ 07204	
CRANFORD-LINCOLN SENIOR APTS.	
800 Lincoln Avenue, East	1-908-931-0194
Cranford, NJ 07016	
GREGORIO CENTER	1-908-474-8629
330 Helen Street	
Linden, NJ 07036	
HILLSIDE SENIOR CITIZEN CENTER	1-908-355-8928
265 Hollywood Avenue	
Hillside, NJ 07205	
JEWISH COMMUNITY CENTER (Kosher-Style Site)	1-908-889-8800
1391 Martine Avenue, South	
Scotch Plains, NJ 07076	
JFK SENIOR APTS.	1-732-382-4188
250 West Grand Avenue	
Rahway, NJ 07065	
KENILWORTH SENIOR CENTER	1-908-272-7743
526 Boulevard	
Kenilworth, NJ 07033	
LIBERTY SQUARE SENIOR CENTER	
240 Elizabeth Avenue	1-908-820-4700
Elizabeth, NJ 07206	

O'DONNELL-DEMPSEY SENIOR CENTER	1-908-354-7431
622 Salem Avenue	
Elizabeth, NJ 07208	
PETERSTOWN COMMUNITY CENTER	1-908-289-5324
408 Palmer Street @ 4th Avenue	
Elizabeth, NJ 07202	
PLAINFIELD SENIOR SERVICES	1-908-753-3506
400 East Front Street	
Plainfield, NJ 07060	
RICHMOND TOWERS	1-908-769-6335
510 East Front Stret	ext. 608
Plainfield, NJ 07062	
ROSELLE COMMUNITY CENTER	1-908-245-6717
1268 Shaffer Avenue	
Roselle, NJ 07203	
SCHAEFER GARDENS	1-908-964-9343
35 Sumner Avenue	
Union, NJ 07083	
SHADY REST AT SCOTCH HILLS – (Tuesdays Only)	1-908-322-5151
820 Jerusalem Rd.	
Scotch Plains, NJ 07076	
STEPHEN SAMPSON SENIOR CENTER	1-908-820-4707
800 Anna Street	
Elizabeth, NJ 07201	
UNION SENIOR CENTER	1-908-851-5293
652 Rahway Ave.	
Union, NJ 07083	
WESTFIELD COMMUNITY CENTER ASSN.	1-908-232-4759
558 West Broad Street	
Westfield, NJ 07090	

## **HOME DELIVERED MEALS**

MEALS ON WHEELS OF UNION COUNTY*	1-908-486-5100
1025 Pennsylvania Avenue	
Linden, NJ 07036	
Serves all of Union County – Donations accepted	
MOBILE MEALS OF WESTFIELD, INC.	
Serves Clark, Cranford, Fanwood, Garwood, Mountainside east of	1-908-233-6146
Route 22, Scotch Plains, and Westfield	
JEWISH FAMILY SERVICE*	1-908-352-8374
Home Delivered Kosher Meals - Donations accepted	
YM-YWHA*	1-908-289-8112
Home Delivered Kosher Meals - Donations accepted	

### FOOD SHOPPING SERVICES

CATHOLIC CHARITIES	1-908-497-3950
Senior Food Shopping Program	
505 South Avenue, East	
Cranford, NJ 07016 Bi-weekly / Eastern Union County only	

#### **HEALTH RELATED SERVICES**

Specialized agencies that provide information, support, counseling, and referrals

ALZHEIMER'S DISEASE & RELATED DISORDERS COPSA	1-800-424-2494
RUTGERS UNIVERSITY BEHAVIORAL HEALTH	
100 Metroplex	
Edison, NJ 08818	4 740 500 4500
AMERICAN HEART ASSOCIATION	1-718-568-4500
900 South Avenue	
Staten Island, NY	4 000 COE 0040
AMERICAN LUNG ASSOCIATION 1031 US #22	1-908-685-8040
Bridgewater, NJ ARTHRITIS FOUNDATION	1-732-283-4300
555 Route 1, South	1-732-203-4300
Suite 220	
Iselin, NJ 08830	
DISABILITY RIGHTS of NEW JERSEY	1-800-922-7233
210 S. Broad Street 3rd fl TTY:	1-609-633-7106
Trenton, NJ 08608	1-003-033-7 100
KEAN UNIVERSITY SPEECH AND HEARING CLINIC	1-908-737-5800
1000 Morris Avenue	1 300 101 0000
Union, NJ 07083	
MEDICAL SOCIETY, UNION COUNTY	1-908-789-8603
1164 Springfield Avenue	
Mountainside, NJ 07092	
NEIGHBORHOOD HEALTH CENTER PLAINFIELD	1-908-753-6401
1700-58 Myrtle Avene	
Plainfield, NJ 07063	
NEIGHBORHOOD HEALTH CENTER ELIZABETH	1-908-355-4459
155 First Street	
Elizabeth, NJ 07206	
PROUD Family Health Center for LGBT	1-855-776-8334
110 Rehill Ave.	
Somerville, NJ 08876	
SELF-HELP GROUP CLEARING HOUSE, N.J.	1-800-367-6274
100 E. Hanover Avenue, Suite 202	
Cedar Knolls, NJ 07927 A list of over 4,000 self-help groups in New Jersey	
UNION COUNTY OFFICE for the Persons with Disabilities and Special	1-908-527-4807
Needs	

#### **SENIOR CITIZEN CENTERS**

Local social centers that help seniors remain participating members in their communities. Participation in planned activities encourages personal growth and general well-being.

planned activities encourages personal growth and general well-being	
CASANO COMMUNITY CENTER	1-908-245-9150
314 Chestnut Street	
Roselle Park, NJ 07204	
CLARK RECREATION CENTER	1-732-382-7134
430 Westfield Avenue	
Clark, NJ 07066	
CRANFORD COMMUNITY CENTER	1-908-709-7283
Recreation & Parks Dept.	
220 Walnut Avenue	
Cranford, NJ 07016-2931	
ELIZABETH, CITY OF – OFFICE ON AGING	1-908-820-4044
50 Winfield Scott Plaza, Room G8	
Elizabeth, NJ 07201	
ELIZABETHPORT PRESBYTERIAN CENTER*	1-908-351-4850
184 First Street	
Elizabeth, NJ 07206	
FANWOOD SENIORS	
Borough Hall	By mail
75 Martine Avenue	_
Fanwood, NJ 07023-1319	
GARWOOD SENIOR PROGRAM	1-908-789-0738
Municipal Bldg	
403 South Avenue	
Garwood, NJ 07027	
GREGORIO CENTER	1-908-474-8627
330 Helen Street	
Linden, NJ 07036	
HILLSIDE SENIOR CITIZEN CENTER	1-908-355-8928
265 Hollywood Avenue	
Hillside, NJ 07205	
JAMES F. BUCKLE CENTER	1-908-925-2014
25 <sup>1/2</sup> Roosevelt Drive	
Winfield, NJ 07036	
JEWISH COMMUNITY CENTER*	1-908-889-8800
1391 Martine Avenue, South	
Scotch Plains, NJ 07076	
KENILWORTH SENIOR CENTER	1-908-272-7743
526 Boulevard	
Kenilworth, NJ 07033	

LIBERTY SQUARE SENIOR CENTER	1-908-820-4700
240 Elizabeth Ave.	
Elizabeth, NJ 07206	
MOUNTAINSIDE SENIORS PROGRAM	1-908-232-4406
Borough Hall, Rt. 22	
Mountainside, NJ 07092	
NEW PROVIDENCE SENIOR CENTER	1-908-665-0046
15 East 4th Street	
New Providence, NJ 07974	
O'DONNELL-DEMPSEY SENIOR CENTER	1-908-354-7431
622 Salem Avenue	
Elizabeth, NJ 07208	
PETERSTOWN COMMUNITY CENTER	1-908-289-5324
408 Palmer Street @ 4th Avenue	
Elizabeth, NJ 07202	
PLAINFIELD SENIOR SERVICES PROGRAM*	1-908-753-3506
400 East Front Street	
Plainfield, NJ 07060	
RAHWAY SENIOR CITIZEN CENTER	1-732-827-2016
1306 Esterbrook Avenue	
Rahway, NJ 07065	
ROSELLE COMMUNITY CENTER	1-908-245-6717
1268 Shaffer Avenue	
Roselle, NJ 07203	
SPRINGFIELD CHISHOLM COMMUNITY CENTER	1-973-912-2227
100 So. Springfield Avenue	
Springfield, NJ 07081	
SCOTCH PLAINS RECREATION DEPARTMENT	1-908-322-6700
430 Park Avenue	ext. 222
Scotch Plains, NJ 07076	
STEVEN SAMPSON SENIOR CITIZEN CENTER	1-908-820-4704
800 Anna Street	
Elizabeth, NJ 07201	
UNION TOWNSHIP SENIOR CENTER	1-908-851-5290
652 Rahway Ave.	
Union, NJ 07083	
WESTFIELD COMMUNITY CENTER ASSOCIATION*	1-908-232-4759
558 West Broad Street	
Westfield, NJ 07090	
YM-YWHA*	1-908-289-8112
501 Green Lane	
Union, NJ 07083	

## **SENIOR CITIZENS ADVOCACY**

These organizations promote the independence and well-being of older adults through private and public advocacy geared to meeting present and emerging needs.

AMERICAN ASSOCIATION of RETIRED PEOPLE (AARP)	1-866-542-8165
Forrestal Village	
132 Main Street	
Princeton, NJ 08540	
ARC of UNION COUNTY	1-973-315-0000
52 Fadem Road	
Springfield, NJ 07081	
COMMUNITY ACCESS UNLIMITED	1-908-354-3040
80 W. Grand Street	
Elizabeth, NJ 07202	
NJ STATE DEPARTMENT OF HEALTH	1-609-633-9034
PO Box 367	1-800-367-6543
Trenton, NJ 08626	
License for residential, assisted living, adult day care, and long-term care	
OMBUDSMAN for the INSTITUTIONALIZED ELDERLY	1-609-943-4026
CN 807 Elderly Abuse Hotline:	1-877-582-6995
Trenton, NJ 08625	
Investigates complaints regarding treatment of nursing home residents	
PROCEED – Bilingual Services*	1-908-351-7727
1126 Dickinson Street	
Elizabeth, NJ 07201	
info@proceedinc.com	4 =00 000 0044
RAHWAY COMMUNITY ACTION ORGANIZATION	1-732-382-9311
796 E. Hazelwood Avenue	
Rahway, NJ 07065	4 000 407 0050
SENIOR ADULT FRAIL ELDERLY (SAFE)	1-908-497-3950
505 South Avenue, East	
Cranford, NJ 07016	
Information and Assistance	4 000 507 4007
UNION COUNTY OFFICE for the Persons with Disabilities and Special	1-908-527-4807
Needs	
10 Elizabethtown Plaza 4 <sup>th</sup> fl	
Elizabeth, NJ 07207	4 000 054 7000
URBAN LEAGUE	1-908-351-7200
288 N. Broad Street 2 <sup>nd</sup> fl	
Elizabeth, NJ 07208	

#### **SUPPORT GROUP INFORMATION for CAREGIVERS**

Support groups meet on a regular basis to assist each other in dealing with the stress often associated with caring for others and dealing with illnesses. Support groups meet regularly thoughout Union County. For information on a support group near you, call the Union County ADRC or the Self-Help Clearinghouse at 1-800-367-6274.

Clearinghouse at 1 000 007 0274.	
ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP	1-908-273-5550
290 Broad Street	
Summit, NJ 07901	
ALZHEIMER'S SUPPORT GROUP @ BRIGHTON GARDENS	1-908-654-4460
1350 Route 22, West	
Mountainside, NJ 07092	

ALZHEIMER'S SUPPORT GROUP @ CRANFORD	1-973-586-4300
800 Lincoln Avenue, East	
Cranford, NJ 07016	
ALZHEIMER'S SUPPORT GROUP @ JEWISH FAMILY SERVICES	1-908-352-8375
655 Westfield Avenue	
Elizabeth, NJ 07208	
ALZHEIMER'S SUPPORT GROUP @ OVERLOOK HOSPITAL	1-973-586-4300
99 Beauvoir Avenue	
Summit, NJ 07901	
IMAGINE – A CENTER for COPING with LOSS	1-908-264-3100
Parents who have lost children/Children and young adults	
1 Broad Street, East	
Westfield, NJ 07090	
PEOPLE RESPONSIBLE for ELDERLY PEOPLE	1-908-273-5550
Caregiver Support Group	
290 Broad Street	
Summit, NJ 07901	
SELF-HELP CLEARINGHOUSE	1-800-367-6274
Statewide Support Group Listing	
WISE ADULT DAY SERVICES	1-908-687-2995
Alzheimer's and Bereavement Support Groups	
973A Stuyvesant Avenue	
Union, NJ 07083	

### **TELEPHONE REASSURANCE**

Volunteers make pre-arranged daily telephone calls to homebound older persons.

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CATHOLIC CHARITIES	1-908-497-3950
505 South Avenue, East	
Cranford, NJ 07016	
CONTACT CARING & CRISIS	1-908-232-2880
P.O. Box 2376	
Westfield, NJ 07090	

### **TRANSPORTATION SERVICES**

UNION COUNTY PARATRANSIT SYSTEM* For reservations:	1-908-241-8300
Serves all of Union County. Specialized transportation for people ages 60+ or	
disabled. Reservations must be made in advance. There is a \$6.00 roundtrip	
charge; waivers are available for low income riders.	
Modivcare transportation www.modivcare.com/facilities/nj	1-866-527-9933
(for Medicaid members)	
New Jersey Transit Access Link	1-973-491-4224
<b>NJ Transit Reduced Fare</b> for seniors; information about trains and buses.	1-973-491-7112
EZ Ryde4Life	1-201-939-4242
www.ezride.org	ext 4

**ESCORTED TRANSPORTATION** 

JEWISH FAMILY SERVICES*	1-908-352-8375
655 Westfield Avenue	
Elizabeth, NJ 07208	
Volunteers assist frail elderly with transportation	

#### **SENIOR CITIZENS BUSES**

Berkeley Heights	1-732-558-3912
Clark	1-732-388-3600
Cranford	1-908-709-7283
Elizabeth	1-908-820-4044
Garwood	1-908-789-0710
Hillside	1-908-355-6475
Linden	1-908-474-8600
Mountainside	1-908-232-2400
New Providence	1-908-665-0046
Plainfield (Senior Citizen Service Center)	1-908-753-3506
Rahway	1-732-499-7930
	1-732-499-7940
Roselle	1-908-245-5600
Roselle Park	1-908-245-0666
Scotch Plains	1-908-322-6700
Springfield	1-973-912-2227
Summit	1-908-277-9419
Union	1-908-686-7887
Westfield Recreation Senior Transportation	1-908-301-1287
Winfield Park	1-908-925-3850
NEW JERSEY MOTOR VEHICLE COMMISSION FO	or Information: 1-888-486-3339
In	spection Center: <b>1-888-656-6867</b>
TO OBTAIN AUTOMOBILE PLACARDS & LICENSE PLAT	<b>ES FOR THE 1-609-292-6500</b>
<b>DISABLED</b> Call 24 hours a day for applications. Toll-f	ree in NJ only: <b>1-888-486-3339</b>

#### **VETERANS AFFAIRS**

Assistance for veterans provided through federal, state, and county offices.

NEW JERSEY DEPARTMENT OF MILITARY & VETERAN AFFAIRS CN 340	1-888-865-8387 1-609-530-6892
101 Eggert Crossing Road	
Lawrenceville, NJ 08625	
UNION COUNTY OFFICE OF VETERANS AFFAIRS	1-908-527-4719
County Administration Building	
Elizabeth, NJ 07207	

U.S. VETERANS ADMINISTRATION	1-800-827-1000
20 Washington Place	
Newark, NJ 07102	
www.va.gov	
When you call, have VA File Number/Social Security Number available	

### **VISION IMPAIRED SERVICES**

Education, training, and support services for the blind and visually impaired

AMERICAN RED CROSS Eastern Union County Braille Instruction		1-908-353-2500
203 W. Jersey Street		
Elizabeth, NJ 07202		
CATHOLIC CHARITIES Support Program & Vision Impaired Se	ervices	1-908-497-3950
505 South Avenue, East		
Cranford, NJ 07016		
EYE CARE AMERICA (eyecareamerica.org)		1-877-887-6327
		1-800-222-3937
NEIGHBORHOOD HEALTH CENTER	Elizabeth:	1-908-355-4459
	Plainfield:	1-908-753-6401
		Ext. 1999
NEW JERSEY FOUNDATION FOR THE BLIND		1-973-627-0055
230 Diamond Spring Road		
Denville, NJ 07834 (Audio tapes; home visits)		
NEW EYES FOR THE NEEDY, INC.		1-973-376-4903
549 Millburn Avenue		
Short Hills, NJ 07078		
NJ STATE LIBRARY TALKING BOOK & BRAILLE CENTER		1-800-792-8322
2300 Stuyvesant Avenue		
Trenton, NJ 08618		
NJ STATE COMMISSION FOR BLIND/VISUALLY IMPAIRED		1-973-648-2111
Central Jersey Office: 153 Halsey Street, Newark, NJ 07102		
PREVENT BLINDNESS AMERICA		1-800-331-2020
VA MEDICAL CENTER		1-973-676-1000
Services for the visually impaired		ext. 1842

### **VISITING PHYSICIANS and PODIATRISTS**

Innovative Foot & Ankle www.innovativefootandankle.com	1-908-276-6624
Home Foot Care Services <u>www.homefootcareservices.com</u>	1-877-417-3668
VISITING PHYSICIANS	1-888-771-3338
23 Main Street	1-732-571-1000
Suite D1	
Holmdel, NJ 07733	
Serves Union, Monmouth, Ocean, Middlesex, Hudson, Essex & Somerset	

#### **VOLUNTEER OPPORTUNITIES**

Opportunities for retired older adults aged 60+ to share some of their time, skills, and talents in meaningful ways. Retired volunteers help others and stay involved in community life.

FISH CHAPTER	1-908-755-8888
P.O. Box 2822	
Plainfield, NJ 07062	
RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)	1-908-352-8375
Jewish Family Service	
655 Westfield Avenue	
Elizabeth, NJ 07208	
SAGE ELDERCARE	1-908-273-5554
Volunteer Program	1-908-273-5550
290 Broad Street	
Summit, `NJ 07901	
SENIOR FOOD SHOPPING PROGRAM	1-908-497-3950
Catholic Charities	
505 South Avenue, East	
Cranford, NJ 07016	
TELEPHONE REASSURANCE	1-908-497-3950
Catholic Charities*	
505 South Avenue East	
Cranford, NJ 07016	
VOLUNTEER CENTER @ UNITED WAY OF GREATER UNION	1-908-353-7171
COUNTY	
33 W. Grand Street	
Elizabeth, NJ, 07202	

<sup>\*</sup>Agency currently receives funding from the Union County Division on Aging.