

The Union County Board of County Commissioners & the Department of Human Services

2025-2026 Union County Behavioral Health Services Quick Reference Guide

24-HOUR EMERGENCY BEHAVIORAL HEALTH SERVICES

RWJBH Trinitas Regional Medical Center
Mobile Community Outreach
908-994-7131

Union County Mobile Response
& Stabilization (Children)
PerformCare
877-652-7624

Overlook Hospital
908-522-2000

RWJ University Hospital - Rahway
732-381-4200

Suicide & Crisis Lifeline
Dial 9-8-8

BEHAVIORAL HEALTH SERVICES

Crisis Intervention Services

Bridgeway Crisis Intervention
Services (BCIS).....908-469-6517

Adult Inpatient Psychiatric Services

Carrier Clinic, Belle Meade.....800-933-3579
Greystone, Morris Plains.....973-538-1800
Overlook, Summit.....908-522-2281
Mountain View Behavioral Hospital,
Berkeley Heights..... 908-790-5300
Summit Oaks, Summit.....908-522-7071
Trenton Psychiatric, W. Trenton.....609-633-1500
Trinitas Regional, Elizabeth.....908-994-7250
VA NJ, Lyons.....908-647-0180

Children’s Services

Child/Family Therapy and Medication Mgt.

Performcare.....877-652-7624
CenterPath Wellness.....908-756-6870
Cooperative Counseling Services...908-731-7099
The Lamberts Mill Academy.....908-233-7581

Day Treatment/After School Therapeutic Treatment

Trinitas Regional MC.....908-994-7722

Division of Child Protection & Permanency (DCPP)

Union Central LO:866-224-1914
Union East LO:800-847-1738
Union West LO:800-847-1750

Family Support for Children and Parents

Families & Community
Together (FACT).....908-789-8500
Family Support Organization.....908-755-0090
Youth Advocate Program (YAP)....973-624-1520

Grief Counseling

Imagine-A Ctr for Coping w/Loss....908-264-3100

Home Based Services

Cooperative Counseling Services...908-731-7099
Family & Children’s Services....908-352-7474
Family Preservation Services.....973-372-8079
United Fam. & Children’s Society.908-755-4848

Inpatient Hospital Treatment

Summit Oaks Hospital, Ages 5-17....908-522-7071

Trinitas Regional MC.....908-994-7712

Outpatient Treatment (See Counseling Section)

UC Youth Service Bureau.....908-558-2520
Volunteers of America.....732-827-2444

Residential Treatment

Davis House, Ages 5-10.....973-485-3314

New Point Residential
Treatment.....908-994-7395

Supervised and Therapeutic Visitation

Cooperative Counseling Ser....908-731-7099
Family and Children’s
Services.....908-352-7474

Screening

Trinitas Regional Medical
Center (Adult & Children)....908-994-7131
UC Mobile Response
(Children).....877-652-7624

Community Support

Children & Family
Child Behavioral Health Services,
PerformCare.....877-652-7624

Deaf & Hard of Hearing

Access Center, Voice TTY.....800-792-8339

Family Support & Education, Mental Illness

NAMI of Union County.....908-233-1628

HIV/AIDS

EIP Support Services, Trinitas Regional
Medical Center.....908-994-7123
Iris House.....908-561-5057

NJ Homeless Hotline.....877-652-1148

Homeless Persons, Mental Illness

Homeless Outreach of Bridgeway....908-289-7330

Integrated Case Management Service (ICMS)

Mount Carmel Guild.....908-497-3927

Intensive Family Support Services (IFSS)

Mental Health Association in NJ in Union
County.....973-571-4100 ext 118

Involuntary Outpatient Commitment (IOC)

Trinitas Regional MC.....908-994-7543

Behavioral Health Services

Mental Health Association
in NJ.....866-202-4357

Program of Assertive Community Treatment (PACT), Bridgeway

PACT 1, Elizabeth.....908-352-0242

PACT 2, Plainfield.....908-791-0505

PACT 3, Union.....908-688-5400

Self-Help Clearing House

Statewide Information.....800-367-6274

Supportive Education Services

Bridgeway/UMDNJ.....908-687-9666

Supportive Employment Services

Bridgeway.....908-686-2956

Supportive Housing Services

Bridgeway.....908-249-4100

Transportation

UC Paratransit System.....908-659-5000

TLC Program –Trinitas.....908-994-7543

Wellness Respite Services

Collaborative Support Programs of NJ
Essex County.....862-229-1401

Middlesex County.....732-354-4403

Passaic County.....862-239-9896

Counseling

Bridgeway.....877-692-5664

CenterPathWellness.....908-756-6870

117 Roosevelt Ave., Plainfield
Children’s Specialized
Hospital.....908-233-3720

150 New Providence Rd., Mountainside

Cooperative Counseling Services...908-731-7099

407 Chestnut Street, Union

Counseling Center for
Human Development.....908-276-0590

1961 Raritan Rd., Scotch Plains

Family and Children’s
Services.....908-352-7474

40 North Ave., Elizabeth

Jersey Behavioral Care.....908-291-2727

Jewish FamilyServices.....908-352-8375

655 Westfield Ave., Elizabeth

Mount Carmel Guild Child/Family Outpatient,
Medication Monitoring.....908-497-3968

108 Alden St., Cranford

Counseling, continued

Overlook Medical Center.....888-247-1400
2 Walnut Street, Summit

Overlook Perinatal Program....888-247-1400

PROCEED (Hispanic).....908-469-3200

1126 Dickinson Pl., Elizabeth

Resolve Community Counseling
Center.....908-322-9180

1830 Front St., Scotch Plains

Summit Oaks Hospital.....908-522-7071

19 Prospect St., Summit

Trinitas Regional Medical Center
Adults.....908-994-7556

654 East Jersey St., Elizabeth

Children.....908-994-7223

655 East Jersey St., Elizabeth

United Family and
Children’s Society.....908-755-4848

305 West 7th St., Plainfield

Youth and Family
Counseling.....908-233-2042

233 Prospect St., Westfield

Developmentally Disabled

ARC of Union County.....908-315-0000

Children’s Specialized Hospital.908-233-3720

Community Access Unlimited..908-354-3040

Inroads to Opportunities.....908-241-7200

Jewish Family Services.....908-352-8375

NJ Division of Developmental
Disabilities.....888-285-3036

Our House, Inc.....908-464-8008

Trinitas Crisis Assessment Response and
Enhanced Services (CARES)..888-393-3007

Older Adults / Elderly

Adult Protective Services.....908-497-3902

Alzheimer’s/Dementia Jewish
Family Services.....908-352-8375

Care to Caregivers.....800-424-2494

Holy Redeemer Home Care...908-352-5694

Jewish Family Services.....908-352-8375

Retired Senior Volunteers
(RSVP).....908-352-8375

SAGE Eldercare.....908-273-5550

Senior Citizens Council.....908-964-7555

Trinitas Regional Med. Ctr.....908-994-7556

Union County Division on
Aging.....908-527-4870/4858

S-COPE.....855-718-2699

Elder Citizens - DAY CARE

JFK Adult Medical Day Program.....908-912-1910

SAGE Spend A Day.....908-598-5520

WISE Center, Union.....908-687-2995

Family Violence

Domestic Violence Hotline....908-355-HELP

Central Jersey Legal Services, Inc.
.....908-354-4340

Counseling Center for Human Dev.
Choices for Women.....908-276-0590

Union County Rape Crisis Center
.....908-233-7273

Jewish Family Services.....908-352-8375

Neighborhood Health
Services.....908-753-6401

Trinitas Regional
Medical Center.....908-994-7556

Victim/Witness Program.....908-527-4596

YWCA of Eastern of UC.....908-355-1500



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BOARD OF COUNTY COMMISSIONERS

Department of Human Services

Compiled by:



Mental Health
Association in
New Jersey, Inc.

Legal Services

Bridgeway Justice
Involved Services.....908-289-7330 (#3)
Central Jersey Legal
Services, Inc.....908-354-4340
60 Prince St., Elizabeth
Community Health
Law Project.....908-355-8282
65 Jefferson Ave., Elizabeth

Organizations

Collaborative Support Programs
(CSP).....732-780-1175
Depression & Bipolar
Support Alliance.....800-826-3632
International Obsessive Compulsive
Foundation.....617-973-5801
Mental Health Association in NJ
State Headquarters.....973-571-4100
Union County Office.....908-810-1001
NAMI, NJ.....732-940-0991
NAMI, Union County.....908-233-1628
Brain and Behavior Research Foundation
.....800-829-8289
NJ Division of Vocational Rehabilitation
.....908-882-5101
NJ Psychiatric Association.....908-588-3540
NJ Psychological Association..973-243-9800
Supportive Housing Association of NJ
.....908-931-1131

Rehabilitation Centers and
Psychiatric Day Programs

CenterPath Wellness.....908-756-6870
GenPsych.....855-436-7792
High Focus.....800-877-3628
Inroads to Opportunities.....908-241-7200
Mount Carmel Guild.....908-497-3968
Overlook Medical Center.....888-247-1400
Social Clubhouse.....973-376-2500
Summit Oaks Hospital.....908-522-7071
Trinitas Regional Medical Center
.....908-994-7556
654 East Jersey St., Elizabeth

Residential Services

Residential Healthcare Facilities (RHCF)
Elizabeth House.....908-355-3406
Park Hotel.....908-754-2211
Advocate Group Care.....908-757-3579
**Supervised Group Homes, Apartments,
Transitional and Supportive Housing**
Bridgeway Supportive
Housing.....908-249-4100
SERV.....833-226-7378
Volunteers of America.....908-282-1329
Dudley House (Veterans).....908-834-2175
Sober Living
Oxford Houses.....www.njoxfordhouse.org

Telephone Services / Helplines

AA-Alcoholics Anonymous.....908-687-8566
AI-ANON.....973-744-8686
Caring Contact, Inc.....908-232-2880
Child Abuse.....800-792-8610
Council on Compulsive Gambling
.....800-GAMBLER
Domestic Violence.....908-355-HELP
HIV Hotline.....800-624-2377
NA-Narcotics Anonymous.....800-992-0401
NAR-ANON.....800-992-0401
Nat. Runaway Safe Line.....800-RUNAWAY
Suicide & Crisis Lifeline.....9-8-8
Need Help? Dial 2-1-1.....2-1-1
NJ Connect
(Opioid Helpline for Families).....855-652-3737
NJ Hopeline (Suicide Prevention).....855-654-6735
NJ MentalHealthCares Helpline.....866-202-4357
NJ Quitline (Smoking).....866-657-8677
Peer Recovery Warmline.....877-292-5588
Rape Crisis 24 Hour Helpline..908-233-7273
REACH NJ (Opioid).....844-732-2465
2nd Floor Youth Helpline.....888-222-2228
NJ VET 2 VET Hotline.....866-838-7654

Support Systems

MHANJ's Intensive Family
Support Services(IFSS)
(Mental Illness).....908-810-1001 ext. 118

Last revised 9/2025

Support Systems, continued

Rape Crisis Center Advocacy
Program.....908-233-7273
Consumers of Behavioral Health Services
MHANJ's Consumer
Connections.....732-451-4457 ext. 950
MHANJ's Esperanza Wellness Center
.....908-810-1001
MHANJ's Peer Outreach Support Team
(POST) (Mental Illness).....908-810-1001
Park Avenue Wellness Center,
Plainfield.....908-757-1350

SUBSTANCE MISUSE SERVICES

Co-Occurring Partial Care

CenterPath Wellness.....908-756-6870
High Point.....908-788-5979
Trinitas Regional Medical Center...908-994-
7556

Union County Helping Hands 365
24/7 Hotline staffed by Peer Recovery
Specialists.....855-825-3275

Detox—Adult

Bergen New Bridge Medical Center..800-730-
2762
230 East Ridgewood Ave., Paramus
New Hope Integrated BHCare.732-946-3030
80 Conover Road, Marlboro
Summit Behavioral Health.....855-855-9199
1000 Galloping Hill Road, Union
Summit Oaks Hospital.....908-522-7071
19 Prospect Street, Summit
Turning Point, Inc.....973-239-9400
680 Broadway Ave., Suite 104, Paterson

Detox—Adolescent

New Hope Integrated BHCare.732-946-3030

Halfway House — Female

Alfre/Mrs. Wilson's.....973-540-0116
Anderson House.....908-534-5818

Halfway House — Male

New Hope Integrated BHCare.732-946-3030

Intensive Outpatient Services

CenterPath Wellness.....908-756-6870
117 Roosevelt Ave., Plainfield
Counseling Center at Clark.....732-882-1920
60 Walnut Avenue, Suite 200, Clark
Intervention Specialists.....908-289-0700
GenPsych.....855-436-7792
High Focus.....800-877-3628
High Point.....908-788-5979
Organization for Recovery.....908-769-4700
519 North Ave., Plainfield
Summit Behavioral Health855-855-9199
1000 Galloping Hill Road, Union
Summit Oaks Hospital.....908-522-7071
19 Prospect Street, Summit
Trinitas Regional MC.....908-994-7556
655 East Jersey St., Elizabeth

Interim Managing Entity (IME)
1-844-276-2777

Referral and authorization for addiction
treatment -Medicaid & State contracts

Intoxicated Driver Resource
Center (IDRC)

Union County908-527-4791

Medicated Assisted Treatment

Lennard Clinic.....908-352-0850
Organization for Recovery.....908-769-4700
Summit Oaks Hospital.....908-522-7071
Trinitas Regional MC.....908-994-7556

Outpatient Services—
Adolescents

High Focus.....908-272-2474
PROCEED, Inc.....908-469-3200

Outpatient Services—Adult

Arise Counseling Services.....908-400-8643
Bridgeway Behavioral Health
Services.....877-692-5664
CenterPath Wellness.....908-756-6870
Counseling Center at Clark.....732-882-1920
GenPsych.....855-436-7792
High Focus.....800-877-3628
High Point.....908-788-5979
Owen Health Care.....908-258-7796
Intervention Specialists.....908-289-0700
Jersey Behavioral Care.....908-291-2727
Organization for Recovery.....908-769-4700
Overlook Medical Center.....888-247-1400
PROCEED, Inc.....908-469-3200
Summit Oaks Hospital.....908-522-7071
Trinitas Regional MC.....908-994-7556

Residential Rehab Adult

CURA Inc.....973-622-3570
47 Lincoln Park, Newark
New Hope Integrated BHCare.732-946-3030
80 Conover Rd., Marlboro
Summit Oaks Hospital.....908-522-7071
19 Prospect Street, Summit
Turning Point, Inc.....973-239-9400
Barnet Medical Arts Complex, Paterson

Residential Rehab Adolescent

Acenda Integrated Health...973-539-5764
New Hope Integrated BHCare.732-946-3030

Referral, Prevention
Education, Early Intervention

NJ Connect for Recovery (Opioids).....
.....855-652-3737
Prevention Links.....732-381-4100
REACH NJ.....844-732-2465
Union County Behavioral Health Advisory
Board (BHAB).....908-527-4852



NJMentalHealthCares is New Jersey's
comprehensive behavioral health manage-
ment helpline and website serving profes-
sionals and the general public. Calls are
answered by trained staff who provide emo-
tional support, assessment of presenting
problems, and information and referral. The
service is available live, 8 a.m. to 8 p.m.,
Monday through Friday. Messages left dur-
ing off hours are returned the next business
day. This is a free, confidential service.
Multilingual translation is available.

NJMentalHealthCares Helpline
1-866-202-HELP(4357)



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