



November 2025-Congregate

Alternative: *Menu may change without notice.*



Monday	Tuesday	Wednesday	Thursday	Friday
3 Grilled Chicken w/Teriyaki Sauce Stir-fry Veg Parslied Potatoes Oatmeal Fruit Bar Grape Juice Wheat Bread Milk	4 ELECTION DAY!  Lunch Cancelled	5 Cheese Omelet Stewed Tomatoes & Kale O'Brien Potatoes Sliced Pears Banana Muffin Milk	6 Pepper Steak Roasted Broccoli Baby Bakers Fresh Fruit Rye Bread Milk	7 Broccoli Cheddar Soup Baked Salmon w/Mustard Dill Sauce Red Cabbage & Apples Tator Tots Sandwich Cookies Wheat Bread Milk
10 Vegetable Lasagna w/White Sauce Italian Blend Wax Beans Lemon Cookies Cran-Apple Juice Wheat Roll Milk	11  Lunch Cancelled	12 Italian Chicken Sausage w/ Fire Roasted Veg Broccoli Rosemary Potatoes Ice Cream Fruit Punch Rye Milk	13 BBQ Beef Rib Country Mix Veg Sweet Potatoes Applesauce Wheat Bread Milk	14 Grilled Chicken Sandwich Lettuce & Tomato Honey Mustard Sauce Pickled Beets Potato Salad Fruit Cocktail Kaiser Roll Milk
17 Stuffed Peppers Sliced Carrots Mashed Potatoes Shortbread Cookies Grape Juice Rye Bread Milk	18 Southwest Chicken Mexican Corn Cajon Seasoned Potatoes Fresh Fruit Rye Bread Milk	19 Baked Salmon w/Orange Sauce Mixed Veg Ancient Grains & Kale Pineapple Tibits Rye Bread Milk	20 Thanksgiving Dinner Roast Turkey w/Gravy Cranberry Sauce Green Beans Rosemary Potatoes Pumpkin Flips Apple Juice Dinner Roll Milk	21 Cheese Manicotti w/Marinara Sauce Italian Blend Mixed String Beans Sherbet Orange Juice Wheat Roll Milk
24 Crab Cakes Diced Beets O'Brien Potatoes Applesauce Wheat Bread Milk	25 Tomato Soup Meatloaf Mixed Veg Baby Bakers Cookie Bites Cran-Apple Juice Wheat Bread Milk	26 Chicken Parm Broccoli & Cauliflower Tri-color Pasta w/ Marinara Sauce Fresh Fruit Wheat Roll Milk	28  Lunch Cancelled	29 Lunch Cancelled

Portion Sizes: Meat or Alternative – 3oz. Vegetables & Fruit- ½ c. serving, ½ pt. milk: Butter will be served with bread. All vegetables, beans, and starches are vegetarian unless otherwise noted.