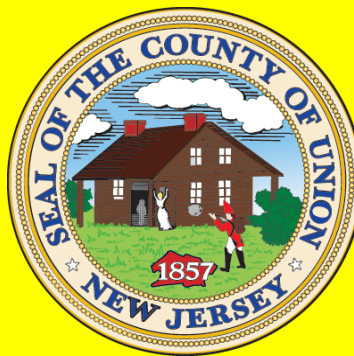


The Union County Board of County Commissioners and the
Department of Human Services/ Division on Aging and Disability
Resource Connection Presents:

RESOURCE DIRECTORY FOR OLDER ADULTS IN UNION COUNTY



Union County Administration Building
10 Elizabethtown Plaza, Elizabeth, NJ 07207

888-280-8226 / 908-527-4870

ADRC 877-222-3737

www.ucnj.org/dhs/aging



BROUGHT TO YOU BY THE

UNION COUNTY
BOARD OF COUNTY COMMISSIONERS

Department of Human Services

Division on Aging

UNION COUNTY DIVISION ON AGING DEPARTMENT OF HUMAN SERVICES

"Congress hereby finds and declares that, in keeping with the traditional American concept of the inherent dignity of the individual in our democratic society, the older people of our Nation are entitled to, and it is the joint and several duties and responsibilities of the governments of the United States and of the several States and their political subdivisions to assist our older people to secure equal opportunity to the full and free enjoyment" of these objectives: "Freedom, independence, and free exercise of individual initiative in planning and managing their own lives and full participation in the planning and operation of community-based services and programs provided for their benefit."

- Older Americans Act of 1965, as Amended

The Union County Division on Aging has as its primary responsibility the planning and coordination of services for Older Adults age 60 and over.

**For Information on Services or Programs, call Toll-Free: 888-280-8226
or 908-527-4870
Fax #: 908-659-7410
www.ucnj.org/aging**

**Para mas información acerca de los servicios o programas,
llamar al: 908-527-4863/4879**

The listing of any agency or service is purely informational and in no way indicates an endorsement, nor does the absence of any agency or service from this Directory signify disapproval. The Division on Aging does not discriminate against any individual because of race, creed, color, sex, age, national origin, sexual orientation, gender identity or marital status. No otherwise qualified disabled older adult shall, solely by reason of his or her disability, be excluded from the participation in, denied the benefit of, or be subjected to discrimination under any federally funded programs or activities administered by this division.



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ARE YOU A SENIOR CITIZEN? DID YOU KNOW?

AT 55 YEARS OF AGE

- ◆ Senior Community Services Employment Program*
- ◆ Retired Senior Volunteer Program (RSVP)

AT 60 YEARS OF AGE

- ◆ Partial Social Security / Railroad Retirement Survivor Benefits for Widow(er)
- ◆ Social Security Benefits retained by the remarrying widow(er)
- ◆ Transportation Program
- ◆ Nutrition Program (group meals & home delivered meals)
- ◆ Public Guardian for Elderly Adults (609) 341-5555
- ◆ Free Assistance with preparation of federal/ state income tax returns
- ◆ Care Management

AT 62 YEARS OF AGE

- ◆ Reduced fares on all intrastate and most interstate trains and buses
- ◆ Early Retirement Social Security Payments--80% of full benefits
- ◆ Partial exemption of Realty Transfer Fee when selling home (609) 292-1793
- ◆ Protection from condo conversion (under certain conditions)* (800) 792-8820
- ◆ NJ Clam & Oyster Digging License for small processing fee (609) 984-5546
- ◆ Free passes to state parks, forests, and historic sites (800) 843-6420
- ◆ Golden Age Pass to national parks, forests, historic sites, recreation areas (888) 275-8747, option # 3
- ◆ Senior Citizen federally subsidized housing*
- ◆ Congregate housing services program*
- ◆ Rutgers University: low-cost & tuition-free courses (space permitting/ audit only)

AT 65 YEARS OF AGE

- ◆ Full Social Security (age 65 plus required months)
- ◆ Full Railroad Retirement Benefits for retirees
- ◆ Certain Federal Income Tax Benefits
- ◆ Reduced fees for certain permits (firearm, bow & arrow) (609) 292-2965
- ◆ Reduced fee for Fishing License (609) 292-2965
- ◆ Medicare Coverage
- ◆ State Health Insurance Program for Seniors (S.H.I.P.) (908) 273-6999
- ◆ Senior Dental Program (sponsored by NJ Dental Association)*
- ◆ Pharmaceutical Assistance for the Aged and Disabled (PAAD)*
- ◆ Senior Gold Prescription Discount Program*
- ◆ Hearing Aid Assistance for the Aged and Disabled (HAAAD)*
- ◆ Lifeline Utility Credit Program*
- ◆ Supplemental Security Income (SSI) to aid persons with low incomes*
- ◆ Wartime Veteran's Pension (under certain conditions) (888) 865-8387
- ◆ Veteran's pension* (888) 865-8387
- ◆ No Social Security restrictions on amount of income from employment
- ◆ Certain tax relief programs

AT 70 YEARS OF AGE

- ◆ No fishing license required (Proof of age functions as fishing license)

* Programs with income & other eligibility requirements

STATEWIDE COUNTY OFFICES ON AGING

Atlantic	1-609-645-7700 Ext. 4700
Bergen	1-201-336-7400
Burlington	1-609-265-5069
Camden	1-856-858-3220
Cape May	1-609-886-2784 or -2785
Cumberland	1-856-453-2220 or -2201
Essex	1-973-395-8375
Gloucester	1-856-384-6900
Hudson	1-201-369-4313 or 867-0002
Hunterdon	1-908-788-1361 or -1362 or -1363
Mercer	1-609-989-6661 or -6662
Middlesex	1-732-745-3295
Monmouth	1-732-431-7450
Morris	1-973-285-6848
Ocean	1-732-929-2091
Passaic	1-973-569-4060
Salem	1-856-339-8622
Somerset	1-908-704-6346
Sussex	1-973-579-0555
Union	1-908-527-4870 888-280-8226
Warren	1-908-475-6591

FREQUENTLY CALLED NUMBERS

Adult Protective Services (Catholic Charities)		1-908-497-3902
American Association of Retired Persons (AARP) - In New Jersey		1-866-542-8165
Consumer Affairs, Union County Division of		1-908-654-9840
Disabilities & Special Needs, Union County Office for		1-908-527-4807
Disaster Distress Helpline (DDH)		1-800-985-5990
	TTY	1-800-846-8517
	Text / Talk	66746
Eldercare Locator		1-888-677-1116
Federal Emergency Management Agency (FEMA)		1-800-621-3362
	TTY	1-800-462-7585
Home Energy Assistance Program (HEAP a/k/a LIHEAP)	PROCEED	1-908-351-7727
Homeless Emergency Services: (For Homeless Individuals, Families or Victims of Domestic Violence)		
Gateway Family YMCA		1-908-355-9622
YWCA of Eastern Union County		1-908-355-1995
Medical Assistance Customer Center/Medicaid		1-908-430-0231
Medicare		1-800-633-4227
Nursing Home Information (S.A.F.E.)		1-908-497-3950
Ombudsman for the Institutionalized Elderly		1-877-582-6995
Office of the Public Guardian for Elderly Adults		1-609-588-6500
Parks and Recreation, Union County Division of		1-908-527-4900
Passport Information – Elizabeth		1-908-527-4968
Passport Information – Westfield		1-908-654-9859
Psychiatric Emergency Services	CRISIS HOTLINE:	1-908-668-2599
Red Cross Emergency Services		1-800-733-2767
Social Security Administration		1-800-772-1213
State Health Insurance Program (SHIP) - Free Medicare Counseling		1-908-273-6999
NJ Department of Health		1-800-367-6543
Union County Paratransit System Reservations		1-908-241-8300

ADULT DAY CENTERS

Social Day Care provides developmental, nutritional, and social activities under professional supervision.

Medical Day Care adds prescribed therapies.

Adult Day Care encourages healthy socialization & gives caregivers free time. Transportation is included.

CEDAR HARBOR ADULT MEDICAL DAY CENTER 545 E First Ave, Roselle, NJ 07203	1-908-298-8588
COFFEE HOUSE PROGRAM OF JEWISH FAMILY SERVICES 1925 Lake Ave, Scotch Plains, NJ 07076	1-908-352-8375
DAYBREAK ADULT MEDICAL DAY CARE 712 Newark Ave, Elizabeth, NJ 07208	1-908-353-3530
FIVE-STAR ADULT DAY CARE (Medical) 1201 Deerfield Terr, Linden, NJ 07036	1-908-486-5750
2nd Home Adult Day Center (Medical) 550 No. Broad St, Elizabeth, NJ 07201	1-908-994-0050
LEGACY CARE CLUB ADULT DAY CARE 130 Route 22 East, North Plainfield, NJ 07060	1-908-540-0500
SENIOR SPIRIT MEDICAL DAY CENTER 430 E. Westfield Ave, Roselle Park, NJ 07204	1-908-241-9393
SAGE Eldercare (Medical / Social / Alzheimer's) * Spend-A-Day Adult Day Health Center, 290 Broad St, Summit, NJ 07901	1-908-598-5520 1-908-273-5550
TOWN SQUARE 1155 E. Jersey St, Elizabeth, NJ 07201-2310	1-908-787-0980

ADULT PROTECTIVE SERVICES

ADULT PROTECTIVE SERVICES Catholic Charities (Bilingual Services) 505 South Ave, East, Cranford, NJ 07016	1-908-497-3902
CENTRAL JERSEY LEGAL SERVICES (Bilingual Services) 60 Prince St, Elizabeth, NJ 07208	1-908-354-4340
COMMUNITY HEALTH LAW PROJECT (CHLP) (Bilingual Services) 65 Jefferson Ave, Elizabeth, NJ 07201	1-908-355-8282
OFFICE OF THE PUBLIC GUARDIAN FOR ELDERLY ADULTS PO 812, Trenton, NJ 08625-0812	1-609-341-5555
OMBUDSMAN OFFICE FOR THE INSTITUTIONALIZED ELDERLY PO Box 812, Trenton, NJ 08625-0807 Elderly Abuse HOTLINE:	1-609-943-4023 1-877-582-6995
PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS (Medicare Certified and Medicaid Provider)	1-908-994-7131
VICTIM/ WITNESS ASSISTANCE PROGRAM 32 Rahway Avenue, 1st Floor, Elizabeth, NJ 07207	1-908-527-4596

ALCOHOLISM SERVICES

Counseling, support, and referral services for recovering alcoholics and their families; preventive education as an integral part of the service.

ALCOHOL / HEROIN OUTPATIENT TREATMENT CENTER at TRINITAS REGIONAL MEDICAL CENTER	1-908-994-7043
655 East Jersey St, Elizabeth, NJ 07206	
CHARTER BEHAVIORAL HEALTH SYSTEMS	1-908-522-7000
19 Prospect St, Summit, NJ 07901	
Division of Recreation – Plainfield – (call for schedule)	1-908-753-3082
505 Watchung Ave, Plainfield, NJ 07060	
PREVENTION LINKS 121-125 Chestnut St, 3 rd floor, Roselle, NJ 07203	1-732-381-4100
PROCEED* – Bilingual Services 1126 Dickinson St, Elizabeth, NJ 07201	1-908-351-7727

CANCER RESOURCES

BREAST CANCER RESOURCE CENTER	1-609-497-2100
YMCA @ Princeton, 59 Paul Robeson Pl, Princeton, NJ 08540	
CANCER CARE of NEW JERSEY	1-800-813-4673
141 Dayton St, Ste 204, Ridgewood, NJ 07450	
CANCER SOCIETY, AMERICAN	1-800-227-2345
507 Westminster Ave, Elizabeth, NJ 07208	

CONSUMER RESOURCES

Consumer Affairs of Union County assists in the enforcement of relevant state and federal laws and regulations designed to promote fair consumer practices in the marketplace.

CONSUMER AFFAIRS, UNION COUNTY DIVISION OF	1-908-654-9840
300 North Ave, East, Westfield, NJ 07090	

NATIONAL DO NOT CALL REGISTRY: You choose whether or not to receive telemarketing calls. The [Federal Trade Commission](http://www.ftc.gov/) [http://www.ftc.gov/], the nation's Consumer Protection Agency, manages the registry.

Register your home & mobile phone for free: <https://www.donotcall.gov/register.html>.

- After you register, other types of organizations may still call you, such as charities, political groups, debt collectors and surveys. Read our [FAQs](https://www.donotcall.gov/faq.html) [https://www.donotcall.gov/faq.html].
- If you received an unwanted call after your number was on the National Registry for 31 days, [report it to the FTC](https://www.donotcall.gov/report.html) [https://www.donotcall.gov/report.html].

Report Identity Theft & Make a Recovery Plan: <https://www.identitytheft.gov/> and <https://www.identitytheft.gov/Info-Lost-or-Stolen>

CREDIT BUREAU CONTACTS: The three nationwide credit bureaus — Equifax, Experian, and TransUnion — may be called for free fraud alerts, credit freezes, active-duty military credit monitoring, and opt outs from prescreened credit offers.

Equifax Equifax.com/personal/credit-report-services **800-685-1111**

Experian Experian.com/help **888-EXPERIAN (888-397-3742)**

TransUnion TransUnion.com/credit-help **888-909-8872**

Other Companies: Other companies may create reports about you for employers, insurance companies, landlords, or other businesses. You have a right to review the information in your reports and dispute errors. The companies might charge you a fee for your report.

COUNSELING/ MENTAL HEALTH SERVICES

Individual, family, and group therapy counseling/psychotherapy for substance abuse and mental illness.

ACADIA HOUSE Center for Hope Hospice 175 Glenside Ave, Scotch Plains, NJ 07076 (Bereavement & Grief Counseling Center - West)	1-908-654-3711
ATLANTIC BEHAVIORAL HEALTH – Outpatient Therapy & Counseling 46-48 Beauvoir Ave, Summit, NJ 07901 (Intensive Care & Psychological Counseling)	1-908-522-4800
CATHOLIC CHARITIES* (Bilingual Counseling) 505 South Ave, East, Cranford, NJ 07016	1-908-497-3900 Hispanic: 1-908-497-3950
COUNSELING CENTERS FOR HUMAN DEVELOPMENT 201 Lincoln Ave, East, Cranford, NJ 07016	1-908-276-0590
FAMILY AND CHILDREN'S SERVICES 40 North Ave, Elizabeth, NJ 07208	1-908-352-7474
FAMILY RESOURCE CENTER OF TRINITAS HOSPITAL 300 North Ave, Cranford, NJ 07016	1-908-276-2244
JEWISH FAMILY SERVICE of CENTRAL NJ* (Bilingual) 655 Westfield Ave, Elizabeth, NJ 07208	1-908-352-8375
MOUNT CARMEL GUILD - BEHAVIORAL HEALTH CLINIC 108 Alden St, Cranford, NJ 07016	1-908-497-3968
PROCEED* (Bilingual) 1126 Dickinson St, Elizabeth, NJ 07201	1-908-351-7727
PSYCHIATRIC EMERGENCY SERVICES MOBILE OUTREACH - CRISIS Medicare Certified and Medicaid Provider	1-908-994-7131
ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone St. Rahway, NJ 07065	1-732-381-4200
SENIOR ADULT FRAIL ELDERLY CENTER (SAFE) 505 South Ave, East, Cranford, NJ 07016	1-908-497-3950
U.C.P.C. / PLAINFIELD (Behavioral Healthcare) 117-119 Roosevelt Ave, Plainfield, NJ 07060	1-908-756-6870
TRINITAS REGIONAL MEDICAL CENTER GEROPSYCHIATRIC SERVICES (Psychiatric outpatient follow-up) 655 E. Jersey St, Elizabeth, NJ 07201	1-908-994-7336
UNITED FAMILY AND CHILDREN'S SOCIETY 305 West 7 th St, Plainfield, NJ 07060	1-908-755-4848

DENTAL SERVICES

Overlook Hospital DENTAL CLINIC	1-908-522-2901
Plainfield Health Center DENTAL CLINIC	1-908-753-6401
DENTAL HOME SERVICES (Dentistry at Home) www.dentalthomeservices.com	1-800-842-4663
MIDDLESEX COUNTY DENTAL HYGIENE CLINIC 2600 Woodbridge Ave, Edison, NJ 08818	1-732-906-2536
RUTGERS Dental Health Services Scotch Plains, NJ 07076 (Dental cleaning and examination for age 55+ for \$16.00)	1-908-889-2410
VISITING DENTAL ASSOCIATES (Dentistry at Home)	1-201-670-0097

EDUCATION

Continued or renewed education for seniors wanting to **expand horizons or develop new interests.**

KEAN UNIVERSITY (Career Counseling Workshops/ Continuing Education) 1000 Morris Ave, Union, NJ 07083	1-908-527-2210
LIFE CENTER – 62+ Union County College Non-Credit Off-Campus Classes throughout Union County	1-908-497-4360
LITERACY NJ 121-125 Chestnut St, Ste 203, Roselle, NJ 07203	1-908-486-1777
LITERACY VOLUNTEERS OF UNION COUNTY Free Computer & Cell Phone Literacy Tutoring Available Elizabeth Public Library, 11 South Broad St, Elizabeth, NJ 07202	1-908-354-6060 ext. 214
NEW JERSEY DIVISION OF VOCATIONAL REHABILITATION (DVR) 921 Elizabeth Ave, 3 rd Fl, Elizabeth, NJ 07201	1-908-965-3940
RHODES SCHOLAR (a Non-Profit Organization) Provider of high quality, educational opportunities for older adults 75 Federal St, Boston, Mass. 02110-1941	1-877-426-8056
RUTGERS COOPERATIVE EXTENSION OF UNION COUNTY 300 North Ave, East, Westfield, NJ 07090	1-908-654-9854
UNION COUNTY SENIOR SCHOLARS - Union County College Continuing Education Free for Union County residents aged 60+	1-908-709-7600
UNIVERSITY WITHOUT WALLS, DOROT Classes and support groups for caregivers and homebound elderly Website: www.dorotusa.org	1-212-769-2850

ELDERCARE LOCATOR

For information about community services for seniors anywhere in the US and its territories, go to:

ELDERCARE LOCATOR Website: www.eldercare.gov	1-800-677-1116
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EMERGENCY MEDICAL IDENTIFICATION

Medical ID bracelets/necklaces

MEDIC ALERT	1-800-432-5378
AMERICAN MEDICAL IDENTIFICATION	1-800-363-5985
UNION SENIOR CENTER 968 Bonnel Ct, Union, NJ 07083 Emergency Alert bracelet <i>for Union Township residents only</i>	1-908-851-5290

EMERGENCY RESPONSE SYSTEMS

These response systems provide individuals with **24-hour access to outside sources of help.**
For emergencies, dial 911.

PERSYS: Personal Emergency Response System	NJ: 1-908-241-6500 USA: 1-800-631-7370
GATEWAY FAMILY YMCA (PERSYS)* 1000 Galloping Hill Rd, Union, NJ 07083	1-908-687-2995
GREGORIO CENTER Serves Linden residents only 330 Helen St, Linden, NJ 07036	1-908-474-8627
LIFE LINE PROGRAM	1-800-852-5433
LIFESTATION	1-800-446-3300
PROJECT LIFESAVER PROGRAM - Union County Sheriff's Office	1-908-273-1608
PHILLIPS LIFELINE	1-800-579-3341

EMPLOYMENT SERVICES

Training and/or job placement opportunities for older adults seeking part- or full-time employment.

AMERICAN JOB CENTER, ELIZABETH Union County Department of Human Services - Eastern Division 921 Elizabeth Ave, Elizabeth, NJ 07201	1-908-558-8000
AMERICAN JOB CENTER, PLAINFIELD Union County Department of Human Services - Western Division 200 W. Second St, Plainfield, NJ 07060	1-908-757-9090
ASSOCIATION FOR RETARDED CITIZENS (ARC), UNION COUNTY 52 Fadem Rd, Springfield, NJ 07081	1-973-315-0000
DIVISION of VOCATIONAL REHABILITATION (DVR) 921 Elizabeth Ave, 3 rd Fl, Elizabeth, NJ 07201 (Employment assistance for people with disabilities)	1-908-965-3940
DIVISION of WORKFORCE DEVELOPMENT/ American Job Centers Union County Department of Human Services 10 Elizabethtown Plaza, 4 th Fl, Elizabeth, NJ 07207	1-908-527-4880
EASTER SEALS SCSEP Program 65 Kennedy Blvd, Suite 600, East Brunswick, NJ 08816	Elizabeth Office: 1-908-965-3962
OLDER WORKERS BENEFIT PROTECTION Equal Employment Opportunities Commission (EEOC), Washington DC	1-202-663-4637
PROFESSIONAL SERVICE GROUP of CENTRAL NJ E-MAIL info@psgcnj.biz	1-908-445-5730
STATE EMPLOYMENT SERVICES OF NEW JERSEY Workforce of NJ, 921 Elizabeth Ave, Elizabeth, NJ 07201	1-908-558-8000
U.S. EQUAL EMPLOYMENT OPPORTUNITY COMMISSION 1 Newark Center, 21st Fl Newark, NJ 07102-5233 www.eeoc.gov	TDD: 1-800-669-4000 1-800-669-6820 1-973-645-6383 Inquiries: 1-973-645-3004
WORKFORCE 55+ SCSEP Program Department of Labor, 200 W Second St, Plainfield, NJ 07060	1-908-412-7969

FINANCIAL ASSISTANCE

Services and programs which help older citizens meet medical, pharmaceutical, food, rental, and utility expenses that are subject to income/age tests. Consumer protection, counseling, and tax preparation services are also available.

AFFORDABLE HOUSING ALLIANCE PAGE PROGAM (Utility help) www.njpoweron.com	1-732-982-8710
JEWISH FAMILY SERVICES* 655 Westfield Ave, Elizabeth, NJ 07208 (Volunteers help seniors with bill pay & management)	1-908-352-8375
LIFELINE PROGRAM (Utility help) PO Box 714, Trenton, NJ 08625-0714	1-800-792-9745
LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) (Heat & medically necessary cooling) www.energyassistance.nj.gov	1-908-351-7727
MUNICIPAL WELFARE DEPARTMENTS	Contact Local Municipality
NEW JERSEY SHARES (Utility Assistance) www.njshares.org	1-866-657-4273
SENIOR GOLD PO Box 724, Trenton, NJ 08625-0724	1-800-792-9745
SOCIAL SERVICES, UNION COUNTY DIV. OF 342 Westminister Ave, Elizabeth, NJ 07207	(SNAP) 1-908-965-2700 (Adult Medicaid) 1-908-965-3745
SOCIAL SERVICES, UNION COUNTY DIV. OF 200 West Second St Plainfield, NJ 07060	(SNAP) 1-908-791-7000 (Adult Medicaid) 1-908-791-7093
URBAN LEAGUE 288 N. Broad St, Elizabeth, NJ 07208	1-908-351-7200
VICTIMS of CRIME COMPENSATION BOARD 50 Park Pl, 6 th Fl, Newark, NJ 07102	1-800-242-0804
TAXATION, STATE of NJ DIVISION	Touch-Tone Phone: 1-800-323-4400
Jersey FAIR Homeowner Tax Rebate Application	Rotary Dial Phone: 1-609-292-6400
FAIR Hotline Weekdays 8:30 AM–4:30 PM	1-877-658-2972
Senior Freeze Property Tax Reimbursement Weekdays 8:30 AM-4:30 PM	1-888-238-1233
Website: www.state.nj.us/treasury/taxation	1-800-882-6597
NJ DEPARTMENT of the TREASURY 124 Halsey St, Newark, NJ 07101	1-973-648-4700
NJ INTERITANCE TAX 124 Halsey St, Newark, NJ 07101	1-973-648-3486
INTERNAL REVENUE SERVICE (IRS) 970 Broad St, Newark, NJ 07102	1-800-829-1040
PROPERTY TAX REDUCTIONS – Contact Local Tax Assessor	
INCOME TAX ASSISTANCE	
VITA Volunteer Income Tax Assistance Program	1-800-906-9887
AARP Income Tax Assistance Program	1-888-227-7669
UNION COUNTY TAXATION BOARD – For questions on property taxes	1-908-527-4775

GERIATRIC ASSESSMENT PROGRAMS

Evaluation, diagnosis, and treatment of Alzheimer's/dementia/mental health disorders.

ATLANTIC HEALTH SYSTEM 100 Madison Ave, Morristown, NJ 07960	1-973-971-7022
CARE TO CAREGIVERS	1-800-424-2494

COPSA INSTITUTE FOR ALZHEIMER'S DISEASE & RELATED DISORDERS Rutgers University Behavioral Health - 671 Hoes Ln, Piscataway, NJ 08854	1-800-969-5300
TRINITAS REGIONAL MED CTR 655 E Jersey St, Elizabeth, NJ 07206	1-908-994-7313

GRANDPARENT SUPPORT PROGRAMS

CATHOLIC CHARITIES ARCHDIOCESE OF NEWARK 171 Clifton Ave, Newark, NJ 08104-0500	1-973-497-4312 TTY: 1-973-497-4311
GRANDPARENT INFORMATION CENTER – AARP	1-800-424-3410
GRANDPARENTS RAISING GRANDCHILDREN Jewish Family Services of Central NJ - 655 Westfield Ave, Elizabeth, NJ 07208	1-908-352-8375

HEARING-IMPAIRED SERVICES

Education, training, and support services for deaf and hearing-impaired older adults.

HEAR NOW (Help with hearing aides depending on income)	1-800-648-4327
HEARING AID ASSISTANCE to the AGED & DISABLED PO BOX 715, Trenton, NJ 08625-0715	1-800-792-9745
HEARING CENTER 49 Brant Ave, Clark, NJ 07066	1-732-574-3550
KEAN UNIVERSITY SPEECH & HEARING CLINIC 1000 Morris Ave, Union, NJ 07083	1-908-737-5800
NJ HEARING AID PROJECT Montclair State University, 1515 Broad St, Bldg B, Bloomfield, NJ 07003	1-800-772-8339
NJ DIVISION OF THE DEAF AND HARD OF HEARING	1-609-588-2648 Voice and TTY: 1-800-792-8339

HOME CARE - CAREGIVER SERVICES

Skilled nursing, home health aide, & homemaker services ease the burden of extended home care, enabling older adults to maintain maximum independence in their home. Services include: physician ordered physical, occupational, & speech therapy, social work visits, nutrition counseling, and/or medical health counseling.

ACE HOME HEALTHCARE, INC 930 Stuyvesant Ave, Union, NJ 07083	1-908-851-2700
AMAZING GRACE NURSING CARE SERVICE 2165 Morris Ave, Ste 1A, Union, NJ 07083	1-908-206-9988
ARTISAN HOMECARE 6 North Union Ave, Ste 1, Cranford, NJ 07016	1-800-272-5484
ASSISTING HANDS OF CENTRAL NJ 2025 Lincoln Highway, Ste 150, Edison, NJ 08817	732-243-9669
AVILO CARE SERVICES, LLC 2190 Morris Ave, Union, NJ 07083	908-845-6086
BAYADA NURSES 324 Chestnut St, Union, NJ 07083	908-687-6363
BRIGHTSTAR CARE 560 Springfield Ave, Suite G, Westfield, NJ 07090	908-322-8200
CARE FINDERS TOTAL CARE* (formerly Secura Home Care) 1767 Morris Ave, Suite 209, Union, NJ 07083	908-810-5370
COMFORT KEEPERS One Mountain Boulevard, Warren, NJ 07059	732-369-3639

COMFORCARE 1199 Route 22 East, Mountainside, NJ 07092	908-408-5220
COMPANION CARE LLC PO Box 6265, Hillsborough, NJ 08844	908-688-4423
COMMUNITY ACCESS UNLIMITED 80 W Grand St, Elizabeth NJ 07202	908-354-3040
EMEREST HEALTH OF NJ 10 North Wood Ave., Suite E, Linden, NJ 07036	908-345-2444
EROS HEALTHCARE SERVICES LLC 2040 Millburn Ave, Ste 404, Maplewood, NJ 07040	908-838-9199
FIRST DAY HOMECARE 110 Fieldcrest Ave, Ste 312, Edison, NJ 08837	732-379-3190
FULL CIRCLE HEALTH SERVICE 1460 Morris Ave, Ste 2A & 2B, Union NJ 070083	908-624-1005
GRACIOUS HOME CARE 960 Koehl Ave, Union, 07083	908-206-1100
GRISWOLD HOME CARE www.GriswoldHomeCare.com/unioncounty 540 E. Broad St, Westfield, NJ 07090	908-654-3400
HELPING HANDS HOME CARE 77 Central Ave, Clark, NJ 07066	908-451-0715
HOME INSTEAD HOME CARE 66 Morris Ave, Springfield, NJ 07081	973-379-4910
HOMEWELL CARE SERVICES 15 Dyatt Pl, Hackensack, NJ 07601	201-983-2587
INTERIM HEALTH CARE 623 Morris Ave, Union, NJ 07083	908-756-1515
JEWISH FAMILY SERVICES of CENTRAL NJ * 655 Westfield Ave, Elizabeth, NJ 07208	908-352-8375
JFK at HOME 65 James St, Edison, NJ 08818	800-401-9212
L&L STAFFING & HOME CARE SERVICES 1460 Vauxhall Rd, Ste 24, Union, NJ 07083	908-688-7772
LIGHT AND LIFE HOME CARE LLC 362 Lum Ave., Union, NJ 07083	917-745-3388
MEANINGFUL TOUCH HOME CARE 141 South Ave, Ste 2, Fanwood, NJ 07023	908-952-0277
PREMIER HOME HEALTH SERVICES, INC. 1801 East 2 nd St, Lower level, Scotch Plains, NJ 07076	908-322-8883
RIGHT AT HOME 10 Fairmount Ave, Chatham, NJ 07928	973-701-9832
SAGE ELDERCARE 290 Broad St, Summit, NJ 07901	908-273-8400
SUNRISE COMMUNITY SERVICES 100 Plainfield Ave, Ste B-4, Edison NJ 08817	856-446-4939
UNION TOWNSHIP COMMUNITY ACTION ORGANIZATION * 2410 Springfield Ave, Vauxhall, NJ 07088	908-686-6150
VISITING ANGELS of SCOTCH PLAINS 1801 E 2 nd St, Scotch Plains, NJ 07076	1-908-322-0056

HOSPICE PROGRAMS

Hospice provides a way of helping individuals in advanced stages of illness. It offers a team approach in meeting the physical, emotional, and spiritual needs of the patient and family. Whenever possible, the patient is cared for in the comfort of the home setting.

ASCEND HOSPICE www.Ascendhospice.com 1600 St. Georges Ave, Suite 312, Rahway, NJ 07065	1-908-931-9080
ATLANTIC HOME CARE & HOSPICE 465 South St, Suite 1, Morristown, NJ 07960	1-973-379-8440
CENTER FOR HOPE HOSPICE & PALLIATIVE CARE* 1900 Raritan Rd, Scotch Plains, NJ 07076	1-908-889-7780
HOMESIDE HOSPICE 67 Walnut Ave, Suite 205, Clark, NJ 07066	1-732-381-3444
JFK HAVEN HOSPICE 65 James St, Edison, NJ 08818	1-732-321-7769
PEGGY COLONEY'S HOUSE (Hospice Assisted Living Facility) Center for Hope Hospice, 1900 Raritan Rd, Scotch Plains, NJ 07076	1-908-889-7780
ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone St, Rahway, NJ 07065	1-888-997-9584

HOSPITALS

CHILDREN'S SPECIALIZED HOSPITAL 150 New Providence Rd, Mountainside, NJ 07092	1-908-233-3720
OVERLOOK HOSPITAL 99 Beauvoir Ave, PO Box 220 Summit, NJ 07901-0220	1-908-522-2000
ROBERT WOOD JOHNSON UNIVERSITY HOSPITAL AT RAHWAY 865 Stone St, Rahway, NJ 07065	1-732-381-4200
TRINITAS REGIONAL MEDICAL CENTER (New Point Campus) 655 East Jersey St, Elizabeth, NJ 07206	1-908-994-8600

HOUSING INFORMATION

Homelessness, Emergency Services, Housing Authorities, 55+ Housing, Housing Units, Assisted Living & Residential Healthcare Facilities, Shared Housing, Nursing Homes, Home Repairs. Subsidized senior housing is available in the communities listed. There are waiting lists for placement.

HOMELESS PREVENTION PLANNER OF UNION COUNTY	1-908-527-4839
ELIZABETH COALITON (emergency motel/hotel) Office: 118 Division St, Elizabeth, NJ 07201	1-908-353-4006
SALVATION ARMY ELIZABETH 1018 E Grand St, Elizabeth, NJ 07201	1-908-352-7057
SALVATION ARMY PLAINFIELD 615 Watchung Av, Plainfield, NJ 07060	1-908-756-2595

HOUSING AUTHORITIES

ELIZABETH, HOUSING AUTHORITY OF			
688 Maple Ave, Elizabeth, NJ 07202			
(5 Units)	Farley Towers	33 Cherry St.	1-908-965-2400
	Ford Leonard Towers	69 Division St.	
	Kennedy Arms Apartments	70 Westfield Ave.	
	O'Donnell-Dempsey	632 Salem Ave.	
	E'Port Commons	205 First St.	
LINDEN, HOUSING AUTHORITY OF			
(3 Units)	Ann Ferguson Towers	1601 Dill Ave.	1-908-298-3820
	Murawski Towers	1551 Dill Ave.	
	John T. Gregorio Towers	1425 Dill Ave.	
PLAINFIELD, HOUSING AUTHORITY OF			
(1 Unit)	Richmond Towers		1-908-769-6335
	510 East Front St		
SUMMIT, HOUSING AUTHORITY OF			
(1 Unit)	Senior Housing Unit	12 Chestnut Ave.	1-908-273-6413
NJ DEPT. of COMMUNITY AFFAIRS – SECTION 8 PROGRAM			1-908-412-3700
200 West 2 nd St, Plainfield, NJ 07060			

55+ HOUSING FACILITIES IN UNION COUNTY

PARK TERRACE	805 School St, Rahway, NJ 07065	1-877-231-1273
	www.bestrentnj.com	
ROSEGATE	555 E. Hazelwood Ave, Rahway, NJ 07065	1-732-396-4540
	www.cis-hvrosegate.com	
WOODCREST @ CLARK	www.gardencommunities.com	1-732-340-0069
1245 Westfield Ave, Clark, NJ 07066		
For subsidized housing:	www.piazza-and-associates.com	1-609-786-1100
Other sources/assistance:	www.nj.gov/njhrc	
Low-income housing	www.lowincomehousing.us	
NJ Housing Resource & Mortgage	www.njhousing.gov	

HOUSING UNITS

CRANFORD

Gill Apartments	40 Meeker Ave	1-908-272-9180
Lincoln Apartments	800 Lincoln Ave, East	1-908-931-0194

ELIZABETH

Alexian Manor	122 Seventh St	1-908-352-0080
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Elizabeth Towers 315 West Grand St	1-908-355-4500
Heritage Village at Elizabeth 225 Second St	1-908-965-1160
Immaculate Conception 59-63 Westfield Ave	1-908-289-1911
Winfield Scott Tower 323 North Broad St	1-201-332-9400

GARWOOD

The Village at Garwood 320 Second Ave	1-908-789-3330
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LINDEN

Morningstar Court 701 Cranford Ave	1-908-486-8200
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PLAINFIELD

Cedarbrook Park Apartments 1272 Park Ave	1-908-756-5656
Covenant Manor 623 East Front St	1-908-791-9430
Plainfield Tower West 601 West 7 th St	1-908-668-1963

RAHWAY

Golden Age Towers 200-220 East Milton Ave	1-732-499-7950
Myers Senior Housing 1447 Esterbrook Ave	1-732-540-8748

ROSELLE

Roselle Senior Citizen Housing – Pinewood Hall, 250 West 2 nd Ave.	1-908-241-5414
Roselle Senior Housing 400 Grand St.	1-908-289-9007

SCOTCH PLAINS

Senior Citizen Housing 2002 Lake Ave	1-908-654-1313
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SPRINGFIELD

Springfield Senior Citizen Housing, Inc. 350 Independence Way	1-973-467-1480
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UNION

Ehrhart Gardens 100 Francis Ct.	1-908-688-0565
Nora Gardens Senior Housing Corporation #3 , 1775 Burnet Ave	1-908-686-9100
Schaefer Gardens 35 West Sumner Ave	1-908-964-9343

WESTFIELD

First Westfield Senior Citizen Housing Corp 1133 Boynton Ave	1-908-233-5898
Second Westfield Senior Citizen Housing Corp 1129 Boynton Ave	1-908-518-9586

ASSISTED LIVING & RESIDENTIAL HEALTHCARE FACILITIES

Assisted Living Facilities provide coordinated supportive personal and health services.

Residential Healthcare Facilities are for those who require very little or no medical supervision.

AMBER COURT OF ELIZABETH (Formerly Carteret Senior Living) 1155 East Jersey St., Elizabeth – Accepts Medicaid	1-908-352-9200
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ARBOR TERRACE MOUNTAINSIDE 1050 Springfield Ave., Mountainside	1-908-760-0599
ATRIA IN CRANFORD 10 Jackson Dr., Cranford	1-908-709-4300
BIRCHWOOD SQUARE 205 Birchwood Ave., Cranford	1-908-272-6660
BRANDYWINE LIVING AT SUMMIT 41 Springfield Ave., Summit	1-908-522-8852
BRIGHTON GARDENS 1350 Route 22 West, Mountainside	1-908-654-4460
THE CHELSEA @ FANWOOD 295 South Ave., Fanwood	1-908-654-5200
COMPLETE CARE AT THE WOODLANDS 1400 Woodland Ave., Plainfield	1-908-753-1113
CONTINUING CARE AT LANTERN HILL 537 Mountain Ave., New Providence	1-908-516-9300
DELAIRE GARDENS 400 West Stimpson Ave., Linden Accepts Medicaid	1-908-862-3399
SUNRISE ASSISTED LIVING OF WESTFIELD 240 Springfield Ave., Westfield	1-908-317-3030

NURSING HOMES

ADROIT CARE REHAB AND NURSING CENTER 1777 Lawrence St., Rahway, NJ 07065	1-732-499-7927
ARISTACARE @ PARKSIDE 400 W. Stimpson Ave., Linden, NJ 07036	1-908-862-3399
ASHBROOK CARE & REHAB CENTER (Featuring Indian Service Unit) 1610 Raritan Rd., Scotch Plains, NJ 07076	1-908-889-5500
AUTUMN LAKE HEALTHCARE @ BERKELEY HEIGHTS 35 Cottage St., Berkeley Heights, NJ 07922	1-908-464-0048
BERKELEY MEADOWS CARE CENTER 311 Springfield Ave., Berkeley Heights, NJ 07922	1-908-464-9260
BIRCHWOOD REHABILITATION AND HEALTHCARE CENTER 205 Birchwood Ave., Cranford, NJ 07016	1-908-272-6660
BROTHER BONAVENTURE EXTENDED CARE CENTER 655 East Jersey St., Elizabeth, NJ 07206	1-908-994-7050 7051
COMPLETE CARE AT CLARK 1213 Westfield Ave., Clark, NJ 07066	1-732-396-7100
COMPLETE CARE AT WESTFIELD 1515 Lamberts Mill Rd., Westfield, NJ 07090	1-908-233-9700
COMPLETE CARE AT THE WOODLANDS 1400 Woodlands Ave., Plainfield, NJ 07060	1-908-753-1113
CORNELL HALL NURSING & REHABILITATION CENTER 234 Chestnut St., Union, NJ 07083	1-908-687-7800
CRANFORD PARK REHABILITATION & HEALTHCARE CENTER 600 Lincoln Park East, Cranford, NJ 07016	1-908-276-7100
ELIZABETH NURSING & REHABILITATION CENTER 1048 Grove St., Elizabeth, NJ 07202	1-908-354-0002
ELMORA HILLS HEALTHCARE & REHABILITATION CENTER 225 W. Jersey St., Elizabeth, NJ 07202	1-908-353-1220
HARTWYCK AT CEDARBROOK NURSING & CONVALESCENT CENTER. 1340 Park Ave., Plainfield, NJ 07060	1-908-754-3100
HCR MANOR CARE 1180 Route 22 West, Mountainside, NJ 07092	1-908-654-0020

NORWOOD TERRACE HEALTHCARE CENTER 40-44 Norwood Ave., Plainfield, NJ 07060	1-908-769-1400
PLAZA NURSING & CONVALESCENT CENTER 456 Rahway Ave., Elizabeth NJ 07202	1-908-354-1300
RIVERTON NURSING & REHAB CENTER 1777 Lawrence St., Rahway NJ 07065	1-732-499-7927
RUNNELLS CENTER FOR REHABILITATION & HEALTHCARE 40 Watchung Way, Berkeley Heights, NJ 07922	1-908-771-5700
SPRING GROVE REHABILITATION & HEALTHCARE CENTER 144 Gales Dr., New Providence, NJ 07974	1-908-464-8600
SOUTH MOUNTAIN HEALTHCARE & REHABILITATION CENTER 2385 Springfield Ave., Vauxhall, NJ 07088	1-908-688-3400

NURSING HOME REPORT CARD WEBSITE:

<p>CMS Care Compare Website: https://www.medicare.gov/care-compare/?providerType=NursingHome Allows you to search for long-term care facilities and get detailed information about their quality metrics and federal CMS star rating. Care Compare includes information about long-term care facilities from across the entire United States.</p>
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HOME REPAIR PROGRAMS

DEVELOPMENT DIRECTIONS 2 City Hall Plaza, 2 nd Fl, Rahway, NJ 07065	1-732-382-8100
DOES NOT SERVE: Elizabeth, Linden, Rahway, Plainfield, Union, Winfield (Linden & Winfield residents, call Linden Board of Soc Svcs: 908-474-8620)	
ELIZABETH HOME IMPROVEMENT PROGRAM 50 Winfield Scott Plaza - Rm 109, Elizabeth, NJ 07201	1-908-352-8450
MOUNTAINSIDE SENIOR CITIZEN HANDYMAN PROGRAM 1385 Route 22 East, Mountainside, NJ 07092	1-908-232-4406
PLAINFIELD COMPREHENSIVE HOUSING ASSISTANCE PROGRAM 515 Watchung Ave., Plainfield, NJ 07060	1-908-753-3377
PLAINFIELD EMERGENCY HANDYMAN PROGRAM 515 Watchung Ave., Plainfield, NJ 07060	1-908-753-3229
PROCEED, INC.* 1126 Dickinson St., Elizabeth, NJ 07201	1-908-351-7727
RAHWAY COMMUNITY DEVELOPMENT & HOUSING PROGRAM Main St. and East Milton Ave., Rahway, NJ 07065	1-732-827-2193
ROSELLE PARK SENIOR HANDYMAN PROGRAM 314 Chestnut St., Roselle Park, NJ 07204	1-908-245-0666
SAGE Eldercare* Home Repair Service – Fee 290 Broad St., Summit, NJ 07901	1-908-598-5501 1-908-273-5550
UNION TOWNSHIP COMMUNITY DEVELOPMENT 1976 Morris Ave., Union, NJ 07083	1-908-810-7071
URBAN LEAGUE – Weatherization for Elizabeth Residents Only 288 N. Broad St., Elizabeth, NJ 07208	1-908-351-7200

LEGAL ASSISTANCE

Legal services are provided by or supervised by qualified attorneys to assist senior citizens with public entitlements, mental health problems, wills, disability litigation, and civil law problems.

BAR ASSOCIATION, AMERICAN	1-732-249-5000
BAR ASSOCIATION, UNION COUNTY	1-908-354-5984
Lawyer Referral Service (Call Mon. thru Thurs. between 10 AM - 1 PM)	1-908-353-4715
CENTRAL JERSEY LEGAL SERVICES*	1-908-354-4340
60 Prince St., Elizabeth, NJ 07208	
COMMUNITY HEALTH LAW PROJECT*	1-908-355-8282
65 Jefferson Ave., Elizabeth, NJ 07201	
EQUAL EMPLOYMENT OPPORTUNITY COMMISSION (EEOC)	1-973-645-6383
PUBLIC DEFENDER, UNION COUNTY	1-908 820-3070
STATE DIVISION ON CIVIL RIGHTS Law & Public Safety	1-973-648-2700
SURROGATE, UNION COUNTY Help with wills, probates & adoptions	1-908-527-4280
Union County Courthouse, Elizabeth, NJ 07207	
VICTIMS OF CRIMES COMPENSATION BOARD	1-800-242-0804
50 Park Pl., 6th Flr, Newark, NJ 07102	

MEDICAL INSURANCE and HEALTHCARE PROGRAMS

Health assistance programs which cover or help cover hospital, medical or home care costs.

Listed agencies should be contacted directly to determine eligibility.

DIVISION OF SOCIAL SERVICES, UNION COUNTY	1-908-965-2700
342 Westminster Ave, Elizabeth , NJ 07207	
Serves: Elizabeth, Hillside, Kenilworth, Linden, Mountainside, New Providence, Roselle, Roselle Park, Springfield, Summit, Union, Vauxhall, and Winfield	
DIVISION OF SOCIAL SERVICES, UNION COUNTY	1-908-791-7000
200 W. Second St, Plainfield , NJ 07060	
Serves: Berkeley Heights, Clark, Cranford, Fanwood, Garwood, Rahway, Plainfield, Scotch Plains, and Westfield	
(MLTSS) MEDICAID MANAGED LONG-TERM SERVICES & SUPPORTS	Eastern Union Co. 1-908-965-3745 Western Union Co. 1-908-791-7093
MEDICAID DISTRICT OFFICE	1-732-863-4400
45 Kilmer Rd, Edison, NJ 08817	
MEDICARE/ SOCIAL SECURITY OFFICE	1-800-772-1213
855 Lehigh Ave., Union, NJ 07083	
MEDICARE TOLL-FREE NUMBER	1-800-633-4227
MEDICARE FRAUD	1-800-638-6833
NEW JERSEY CARE (Special Medicaid Program)	Main #: 1-908-965-2700
342 Westminster Ave., Elizabeth, NJ 07208	1-908-965-3745
SAGE ELDERCARE	1-908-273-6999
Senior Health Insurance Assistance Program of Union County (SHIP)	
290 Broad St., Summit, NJ 07901	

NUTRITION PROGRAM for SENIORS

This section lists congregate (group) nutrition sites which serve a hot lunch meal daily to county residents 60 years of age and older. Voluntary donations are suggested and are used to expand the program. Call at least two days in advance (before noon) to make a reservation.

CASANO COMMUNITY CENTER 314 Chestnut St., Roselle Park, NJ 07204	1-908-245-9150
CRANFORD-LINCOLN SENIOR APTS 800 Lincoln Ave. East, Cranford, NJ 07016	1-908-931-0194
GREGORIO CENTER 330 Helen St., Linden, NJ 07036	1-908-474-8629
HILLSIDE SENIOR CITIZEN CENTER 265 Hollywood Ave., Hillside, NJ 07205	1-908-355-8928
JEWISH COMMUNITY CENTER (Kosher-Style Site) 1391 Martine Ave. South, Scotch Plains, NJ 07076	1-908-889-8800
JFK SENIOR APTS 250 West Grand Ave., Rahway, NJ 07065	1-732-382-4188
KENILWORTH SENIOR CENTER 526 Boulevard, Kenilworth, NJ 07033	1-908-272-7743
LIBERTY SQUARE SENIOR CENTER 240 Elizabeth Ave., Elizabeth, NJ 07206	1-908-820-4700
O'DONNELL-DEMPSEY SENIOR CENTER 622 Salem Ave., Elizabeth, NJ 07208	1-908-354-7431
PETERSTOWN COMMUNITY CENTER 408 Palmer St @ 4th Ave., Elizabeth, NJ 07202	1-908-289-5324
PLAINFIELD SENIOR SERVICES 400 East Front St., Plainfield, NJ 07060	1-908-753-3506
RICHMOND TOWERS 510 East Front St., Plainfield, NJ 07062 Ext 608	1-908-769-6335
ROSELLE COMMUNITY CENTER 1268 Shaffer Ave., Roselle, NJ 07203	1-908-245-6717
SCHAEFER GARDENS 35 Sumner Ave., Union, NJ 07083	1-908-964-9343
SHADY REST AT SCOTCH HILLS – (Tuesdays Only) 820 Jerusalem Rd., Scotch Plains, NJ 07076	1-908-322-5151
STEPHEN SAMPSON SENIOR CENTER 800 Anna St., Elizabeth, NJ 07201	1-908-820-4707
UNION SENIOR CENTER 652 Rahway Ave., Union, NJ 07083	1-908-851-5293
WESTFIELD COMMUNITY CENTER ASSN 558 West Broad St., Westfield, NJ 07090	1-908-232-4759

HOME-DELIVERED MEALS

MEALS TO YOU* Donations accepted Serves all of Union County. 1025 Pennsylvania Ave., Linden, NJ 07036	1-908-333-2922
MOBILE MEALS OF WESTFIELD, INC. Serves Clark, Cranford, Fanwood, Garwood, Mountainside, Scotch Plains, & Westfield.	1-908-233-6146
JEWISH FAMILY SERVICE* Donations accepted Home-delivered Kosher meals	1-908-352-8375

YM-YWHA* Donations accepted Home-delivered Kosher meals	1-908-289-8112
MOM'S MEALS National home-delivery service providing refrigerated, medically-tailored, & ready-to-eat meals.	1-877-508-6667
40 DREAMS CATERING Home-delivered meal service providing fresh, ready-to-eat meals.	1-973-988-5554

FOOD SHOPPING SERVICES

CATHOLIC CHARITIES* Senior Food Shopping Program 505 South Ave. East, Cranford, NJ 07016 Bi-weekly/ Eastern Union County only	1-908-497-3950
SAGE ELDERCARE Senior Food Shopping Program 290 Broad St., Summit, NJ 07901 Serves Summit, New Providence, Berkeley Heights, & Springfield.	1-908-273-5550

HEALTH-RELATED SERVICES

Specialized agencies that provide information, support, counseling, and referrals.

ALZHEIMER'S DISEASE & RELATED DISORDERS COPSA RUTGERS UNIVERSITY BEHAVIORAL HEALTH 100 Metroplex, Edison, NJ 08818	1-800-424-2494
AMERICAN HEART ASSOCIATION 900 South Ave, Staten Island, NY	1-718-568-4500
AMERICAN LUNG ASSOCIATION 1031 US #22 Bridgewater, NJ	1-908-685-8040
ARTHRITIS FOUNDATION 555 Route 1 South, Ste 220, Iselin, NJ 08830	1-732-283-4300
DISABILITY RIGHTS of NEW JERSEY 210 S. Broad St., 3 rd fl, Trenton, NJ 08608	1-800-922-7233 TTY: 1-609-633-7106
KEAN UNIVERSITY SPEECH AND HEARING CLINIC 1000 Morris Ave, Union, NJ 07083	1-908-737-5800
MEDICAL SOCIETY, UNION COUNTY 1164 Springfield Ave, Mountainside, NJ 07092	1-908-789-8603
NEIGHBORHOOD HEALTH CENTER PLAINFIELD 1700-58 Myrtle Ave, Plainfield, NJ 07063	1-908-753-6401
NEIGHBORHOOD HEALTH CENTER ELIZABETH 155 First St, Elizabeth, NJ 07206	1-908-355-4459
PROUD Family Health Center for LGBT 110 Rehill Ave, Somerville, NJ 08876	1-855-776-8334
SELF-HELP GROUP CLEARING HOUSE, NJ 100 East Hanover Ave, Suite 202, Cedar Knolls, NJ 07927 List of over 4,000 self-help groups in NJ	1-800-367-6274
UC OFFICE for the Persons with Disabilities & Special Needs Administration Building, 4 th Fl, Elizabeth, NJ 07207	1-908-527-4807

SENIOR CITIZEN CENTERS

Local social centers that help seniors remain participating members in their communities. Participation in planned activities encourages personal growth and general well-being.

CASANO COMMUNITY CTR 314 Chestnut St, Roselle Park, NJ 07204	1-908-245-9150
CLARK RECREATION CENTER 430 Westfield Ave, Clark, NJ 07066	1-732-382-7134
CRANFORD COMMUNITY CTR - Recreation & Parks Dept 220 Walnut Ave, Cranford, NJ 07016	1-908-709-7283
ELIZABETH, CITY OF – OFFICE ON AGING 50 Winfield Scott Plaza, Room G8, Elizabeth, NJ 07201	1-908-820-4044
ELIZABETHPORT PRESBYTERIAN CTR* 184 First St, Elizabeth, NJ 07206	1-908-351-4850
FANWOOD SENIORS Borough Hall, 75 Martine Av, Fanwood, NJ 07023	By mail
GARWOOD SNR PRG Municipal Bldg, 403 South Av, Garwood, NJ 07027	1-908-789-0738
GREGORIO CENTER 330 Helen St, Linden, NJ 07036	1-908-474-8627
HILLSIDE SENIOR CITIZEN CTR 265 Hollywood Ave, Hillside, NJ 07205	1-908-355-8928
JAMES F. BUCKLE CTR 25 1/2 Roosevelt Dr, Winfield, NJ 07036	1-908-925-2014
JEWISH COMMUNITY CTR* 1391 Martine Ave S, Scotch Plains, NJ 07076	1-908-889-8800
KENILWORTH SENIOR CTR 526 Boulevard, Kenilworth, NJ 07033	1-908-272-7743
LIBERTY SQUARE SENIOR CTR 240 Elizabeth Ave, Elizabeth, NJ 07206	1-908-820-4700
MOUNTAINSIDE SENIORS PROGRAM Borough Hall, Rt 22, Mountainside, NJ 07092	1-908-232-4406
NEW PROVIDENCE SNR CTR 15 E 4th St, New Providence, NJ 07974	1-908-665-0046
O'DONNELL-DEMPSEY SNR CTR 622 Salem Ave, Elizabeth, NJ 07208	1-908-354-7431
PETERSTOWN COMMUNITY CTR 408 Palmer St @ 4th Ave, Elizabeth, NJ 07202	1-908-289-5324
PLAINFIELD SENIOR SERVICES PROGRAM* 400 East Front St, Plainfield, NJ 07060	1-908-753-3506
RAHWAY SNR CITIZEN CTR 1306 Esterbrook Ave, Rahway, NJ 07065	1-732-827-2016
ROSELLE COMMUNITY CTR 1268 Shaffer Ave, Roselle, NJ 07203	1-908-245-6717
SPRINGFIELD CHISHOLM COMMUNITY CENTER 100 South Springfield Ave, Springfield, NJ 07081	1-973-912-2227
SCOTCH PLAINS RECREATION DEPARTMENT 430 Park Ave, Scotch Plains, NJ 07076	1-908-322-6700 ext. 222
STEVEN SAMPSON SENIOR CITIZEN CENTER 800 Anna St, Elizabeth, NJ 07201	1-908-820-4704
UNION TOWNSHIP SENIOR CENTER 652 Rahway Ave, Union, NJ 07083	1-908-851-5290
WESTFIELD COMMUNITY CENTER ASSOCIATION* 558 West Broad St, Westfield, NJ 07090	1-908-232-4759
YM-YWHA* 501 Green Ln, Union, NJ 07083	1-908-289-8112

SENIOR CITIZENS ADVOCACY

These organizations promote the independence and well-being of older adults through private and public advocacy geared to meeting present and emerging needs.

AMERICAN ASSOCIATION of RETIRED PEOPLE (AARP) Forrestal Village, 132 Main St., Princeton, NJ 08540	1-866-542-8165
ARC of UNION COUNTY 52 Fadem Rd., Springfield, NJ 07081	1-973-315-0000
COMMUNITY ACCESS UNLIMITED 80 West Grand St., Elizabeth, NJ 07202	1-908-354-3040
NJ STATE DEPARTMENT OF HEALTH PO Box 367, Trenton, NJ 08626 License for residential, assisted living, adult day care, and long-term care	1-609-633-9034 1-800-367-6543
OMBUDSMAN for the INSTITUTIONALIZED ELDERLY CN 807, Trenton, NJ 08625 Investigates complaints regarding treatment of nursing home residents	1-609-943-4026 Elderly Abuse Hotline: 1-877-582-6995
PROCEED – Bilingual Services* 1126 Dickinson St., Elizabeth, NJ 07201 info@proceedinc.com	1-908-351-7727
RAHWAY COMMUNITY ACTION ORGANIZATION 796 East Hazelwood Ave., Rahway, NJ 07065	1-732-382-9311
SENIOR ADULT FRAIL ELDERLY (SAFE) Information and Assistance 505 South Ave. East, Cranford, NJ 07016	1-908-497-3950
UC OFFICE for the Persons with Disabilities & Special Needs 10 Elizabethtown Plaza, 4 th Fl, Elizabeth, NJ 07207	1-908-527-4807
URBAN LEAGUE 288 North Broad St., 2 nd Fl, Elizabeth, NJ 07208	1-908-351-7200

SUPPORT GROUP INFORMATION for CAREGIVERS

Support groups meet on a regular basis to assist each other in dealing with the stress often associated with caring for others and dealing with illnesses. Support groups meet regularly throughout Union County.

ALZHEIMER'S ASSOCIATION CAREGIVER SUPPORT GROUP 290 Broad St., Summit, NJ 07901	1-908-273-5550
ALZHEIMER'S SUPPORT GROUP @ BRIGHTON GARDENS 1350 Route 22 West, Mountainside, NJ 07092	1-908-654-4460
ALZHEIMER'S SUPPORT GROUP @ CRANFORD 800 Lincoln Ave. East, Cranford, NJ 07016	1-973-586-4300
ALZHEIMER'S SUPPORT GROUP @ JEWISH FAMILY SERVICES 655 Westfield Ave., Elizabeth, NJ 07208	1-908-352-8375
ALZHEIMER'S SUPPORT GROUP @ OVERLOOK HOSPITAL 99 Beauvoir Ave., Summit, NJ 07901	1-973-586-4300
IMAGINE – A CENTER for COPING with LOSS (Parents who have lost children/ Children and young adults) 1 Broad St. East, Westfield, NJ 07090	1-908-264-3100
PEOPLE RESPONSIBLE for ELDERLY PEOPLE (Caregiver Support Group) 290 Broad St., Summit, NJ 07901	1-908-273-5550

SELF-HELP CLEARINGHOUSE (Statewide Support Group Listing)	1-800-367-6274
WISE ADULT DAY SERVICES (Alzheimer's & Bereavement Support Groups) 973A Stuyvesant Ave., Union, NJ 07083	1-908-687-2995

TELEPHONE REASSURANCE

Volunteers make pre-arranged daily telephone calls to homebound older adults.

CATHOLIC CHARITIES* 505 South Avenue East, Cranford, NJ 07016	1-908-497-3950
CONTACT CARING & CRISIS P.O. Box 2376 Westfield, NJ 07090	1-908-232-2880

TRANSPORTATION SERVICES

UNION COUNTY PARATRANSIT SYSTEM* For reservations: Serves all of Union County. Specialized transportation for people ages 60+ or disabled. Reservations must be made in advance. There is a \$6.00 round-trip charge.	1-908-241-8300
Modivcare Transportation https://www.modivcare.com/facilities/nj/ (for Medicaid members)	1-866-527-9933
NJ Transit Access Link	1-973-491-4224
NJ Transit Reduced Fare for seniors; information about trains and buses	1-973-491-7112
EZ Ryde4Life https://ezride.org/transportation/ezryde4life/	1-201-939-4242 ext. 4

ESCORTED TRANSPORTATION

JEWISH FAMILY SERVICES* 655 Westfield Ave., Elizabeth, NJ 07208 (Volunteers assist frail elderly with transportation.)	1-908-352-8375
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SENIOR CITIZENS BUSES

Berkeley Heights	1-732-558-3912
Clark	1-732-388-3600
Cranford	1-908-709-7283
Elizabeth	1-908-820-4044
Garwood	1-908-789-0710
Hillside	1-908-355-6475
Linden	1-908-474-8600
Mountainside	1-908-232-2400
New Providence	1-908-665-0046
Plainfield (Senior Citizen Service Center)	1-908-753-3506
Rahway	1-732-499-7930 1-732-499-7940
Roselle	1-908-245-5600

Roselle Park	1-908-245-0666
Scotch Plains	1-908-322-6700
Springfield	1-973-912-2227
Summit	1-908-277-9419
Union	1-908-686-7887
Westfield Recreation Senior Transportation	1-908-301-1287
Winfield Park	1-908-925-3850
NEW JERSEY MOTOR VEHICLE COMMISSION	For Information: 1-888-486-3339 Inspection Center: 1-888-656-6867
TO OBTAIN AUTOMOBILE PLACARDS & LICENSE PLATES FOR THE DISABLED	1-609-292-6500 Toll-free in NJ only: 1-888-486-3339

VETERANS AFFAIRS

Assistance for veterans provided through federal, state, and county offices.

NEW JERSEY DEPARTMENT OF MILITARY & VETERANS AFFAIRS	1-888-865-8387
CN 340, 101 Eggert Crossing Rd., Lawrenceville, NJ 08625	1-609-530-6892
UNION COUNTY OFFICE OF VETERANS AFFAIRS	1-908-527-4719
County Administration Building, Elizabeth, NJ 07207	
U.S. VETERANS ADMINISTRATION	1-800-827-1000
20 Washington Pl., Newark, NJ 07102 www.va.gov (When you call, have VA File Number/Social Security Number available)	

VISION-IMPAIRED SERVICES

Education, training, and support services for the blind and visually impaired.

AMERICAN RED CROSS Eastern Union County Braille Instruction	1-908-353-2500
203 West Jersey St., Elizabeth, NJ 07202	
CATHOLIC CHARITIES Support Program & Vision Impaired Services	1-908-497-3950
505 South Ave. East, Cranford, NJ 07016	
EYE CARE AMERICA www.eyecareamerica.org	1-877-887-6327 1-800-222-3937
ELIZABETH NEIGHBORHOOD HEALTH CENTER	1-908-355-4459
PLAINFIELD NEIGHBORHOOD HEALTH CENTER	Ext. 1999 1-908-753-6401
NEW JERSEY FOUNDATION FOR THE BLIND	1-973-627-0055
230 Diamond Spring Rd., Denville, NJ 07834 (<i>Audio tapes; home visits</i>)	
NEW EYES FOR THE NEEDY, INC.	1-973-376-4903
549 Millburn Ave., Short Hills, NJ 07078	
NJ STATE LIBRARY TALKING BOOK & BRAILLE CENTER	1-800-792-8322
2300 Stuyvesant Ave., Trenton, NJ 08618	
NJ STATE COMMISSION FOR BLIND/VISUALLY IMPAIRED	1-973-648-2111
Central Jersey Office: 153 Halsey St., Newark, NJ 07102	
PREVENT BLINDNESS AMERICA	1-800-331-2020
VA MEDICAL CENTER	1-973-676-1000
Services for the visually impaired	Ext. 1842

VISITING PHYSICIANS and PODIATRISTS

Innovative Foot & Ankle www.innovativefootandankle.com	1-908-276-6624
Home Foot Care Services www.homefootcareservices.com	1-877-417-3668
VISITING PHYSICIANS	1-888-771-3338
23 Main St., Suite D1, Holmdel, NJ 07733	1-732-571-1000
Serves Union, Monmouth, Ocean, Middlesex, Hudson, Essex & Somerset.	

VOLUNTEER OPPORTUNITIES

Opportunities for retired older adults aged 60+ to share some of their time, skills, and talents in meaningful ways. Retired volunteers help others and stay involved in community life.

FISH CHAPTER PO Box 2822, Plainfield, NJ 07062	1-908-755-8888
RETIRED SENIOR VOLUNTEER PROGRAM (RSVP) Jewish Family Services, 655 Westfield Ave., Elizabeth, NJ 07208	1-908-352-8375
SAGE ELDERCARE Volunteer Program 290 Broad St., Summit, NJ 07901	1-908-273-5554 1-908-273-5550
SENIOR FOOD SHOPPING PROGRAM Catholic Charities* 505 South Ave. East, Cranford, NJ 07016	1-908-497-3950
TELEPHONE REASSURANCE Catholic Charities* 505 South Ave. East, Cranford, NJ 07016	1-908-497-3950
VOLUNTEER CENTER @ UNITED WAY OF GREATER UNION COUNTY 33 West Grand St., Elizabeth, NJ, 07202	1-908-353-7171

**Agency currently receives funding from the Union County Division on Aging.*