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# The Union County Board of County Commissioners Presents:

# Union County Department of Human Services Resource Guide 2026



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BROUGHT TO YOU BY THE  
**UNION COUNTY**  
BOARD OF COUNTY COMMISSIONERS

Department of Human Services

**www.ucnj.org/dhs**  
**908-677-5405**

# Letter From the Chair

On behalf of the Union County Board of County Commissioners, it is my pleasure to present the 2026 Union County Department of Human Services Resource Guide. This guide serves as an important tool for connecting residents with the wide range of programs and services available throughout Union County.

Our Department of Human Services works every day to ensure that individuals and families have access to the support they need to live healthy, stable, and productive lives. From assistance with food and housing to employment services, mental health resources, aging services, and programs for youth and families, the services outlined in this guide reflect Union County's commitment to supporting residents at every stage of life.

Union County is proud to be a community that prioritizes compassion, accessibility, and opportunity. By bringing together these resources in one place, this guide helps residents more easily navigate the programs available to them and connect with the assistance that can make a meaningful difference.

I encourage all residents, community partners, and service providers to explore and share this guide so that more people can benefit from the services available through our Department of Human Services and the many organizations that work alongside the County to serve our community.

I would like to thank Director Debbie-Ann Anderson and the dedicated staff of the Department of Human Services for their continued commitment to improving the quality of life for Union County residents. Your work ensures that our community remains supportive, responsive, and inclusive.

Together, we remain committed to strengthening Union County and ensuring that every resident has access to the resources and opportunities they need to thrive.

Sincerely,

Joseph Bodek, Chairman  
Union County Board of County Commissioners

A Service of the Union County  
Board of County Commissioners



**UNION COUNTY**  
*We're Connected to You!*



## NEED HELP? HAVE QUESTIONS?



### CALL THE ACTION LINE

Find out about the many programs and services provided by Union County Department of Human Services that are available to you.

**Call, email or chat with us today!**

**(908) 677-5405   DHSAction@ucnj.org   www.ucnj.org/dhs**

### CALL. EMAIL. CHAT.

**Older Adult Services**  
**Medicaid & NJ Family Care**  
**SNAP (Food Stamps)**  
**TANF & GA**  
**Employment Services**  
**Paratransit**

**Youth Services**  
**Mental Health**  
**Behavioral Health**  
**Immunizations**  
**Housing**  
**Homelessness Services**

Visit [www.ucnj.org/dhs](http://www.ucnj.org/dhs) for the complete details. For inquiries or concerns, please call (908) 677-5405 or email [dhsaction@ucnj.org](mailto:dhsaction@ucnj.org).

# Union County Family Clinic

## Union County Department of Human Services Family Clinic

We are working to protect Union County's residents and children every day.

We offer vaccines for all ages. Those who are medicaid eligible, uninsured, or underinsured are eligible for free vaccinations.

### 2026 Programs

- Family Immunizations
- Free Physicals (Ages 0-5-Specific Residency Required)

### Clinic Location

40 Parker Road , Elizabeth,  
NJ 07208

The Immunization Clinic is open  
Monday through Friday from  
8:30 a.m. to 4:30 p.m.

**For More Information:  
Visit us at [ucnj.org/clinic](http://ucnj.org/clinic)  
or Email us at  
[ucclinic@ucnj.org](mailto:ucclinic@ucnj.org)**

**For appointments please call  
(908) 965-3627  
or (908) 965-3868**

The following vaccinations are available at the Union County Immunization Center:

#### Children Vaccines

- RSV
- Hep B
- Rotavirus
- DTaP
- TDaP
- TD
- HiB
- Pneumococcal
- Polio
- COVID-19
- MMR
- Varicella
- Hep A
- HPV
- MenB
- Meningococcal

#### Adult Vaccines

- COVID-19
- Flu
- Hep A
- Hep B
- HPV
- Meningococcal
- MMR
- Pevnar
- Pneumonia
- TD
- TDaP
- Shingles



# Letter From the Director

Dear Union County Residents,

It is my honor to welcome you to the Union County Department of Human Services Resource Guide. This guide was developed to connect our residents with the many programs, services, and community resources available to support individuals, families, and seniors throughout our county.

The theme of this year's guide, "Honoring the Past, Strengthening Our Tomorrow," reflects our deep appreciation for the generations who have helped shape Union County into the strong and diverse community it is today. We recognize the resilience, dedication, and contributions of those who came before us—community leaders, families, advocates, and public servants—who worked tirelessly to build systems of support for those in need.

As we honor that legacy, we remain committed to strengthening our future by continuing to expand access to vital services and resources. The Department of Human Services works collaboratively with community partners, nonprofit organizations, and local agencies to ensure that every resident has access to assistance, information, and opportunities that promote stability, health, and well-being.

Whether you are seeking support with food assistance, healthcare, housing resources, services for older adults, or programs that help families thrive, this resource guide is intended to serve as a helpful tool to connect you with the services available within Union County.

Our mission remains rooted in compassion, dignity, and service. By honoring the past and learning from the experiences of our community, we continue to strengthen the programs and partnerships that will help build a brighter future for all who call Union County home.

On behalf of the Union County Department of Human Services, I thank you for allowing us the opportunity to serve you and your families.

Sincerely,  
Debbie-Ann Anderson  
Director, Union County Department of Human Services

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**Scan the QR Code for more from the Union County Department of Human Services!**

# Rape Crisis Center

**24-HOUR HOTLINE**

**(908) 233-7273**

## 24-Hour Hotline

- Crisis Counseling/In-Person Accompaniment
- Prevention/Community Education
- Information/Resources
- Volunteer Opportunities

The Union County Rape Crisis Center (UCRCC) is a program that operates under the Division of Individual & Family Support Services in the Union County Department of Human Services.

For more information about the Union County Rape Crisis Center please call  
 (908) 233-7273  
 (908) 232-1435  
 (TTY- business hours only)



All services are provided in a manner that preserves victim privacy and safeguards the victim's right to confidentiality (N.J.S.A. 2A:84A-22.15).

**If you or someone you know has been sexually assaulted please consider taking the following steps:**

Try to: get to a safe place; contact the police (911), if you are in immediate danger; reach out to the Union County Rape Crisis Center (908) 233-7273 for information/crisis services; and seek medical attention through such steps as activating your local SART Team.  
 Try not to: change your clothes, bathe, shower, douche, urinate, eat, drink, smoke, brush teeth, or gargle

Via the 24 hour hotline, specially trained Confidential Sexual Violence Advocates (CSVAs) provide emotional support, crisis counseling, advocacy, and in-person accompaniment through medical proceedings (i.e. sexual assault forensic examinations) as well as law enforcement interviews (i.e. filing a police report, making a statement with the police, and/or court proceedings, including but not limited to civil protective/restraining order hearings).

# Children & Youth Services



## Union County Department of Human Services Division of Children and Youth Services

### 2026 Programs

- Anger Management
- Bullying Prevention
- Children and Youth Mental Health Services
- Family Crisis Intervention Unit
- Parents in Action
- Students Helping Out Union County (S.H.OUT UC)
- Youth Services Commission

### 2026 Special Events

- Monthly Awareness Campaigns
- Teen Arts
- Global Youth Service Day
- Fearless Girls

For more information on programs and services visit our website at [ucnj.org/youth](http://ucnj.org/youth) or call 908-558-2520



Cover All Kids is an initiative to reach all uninsured children in New Jersey under the age of 19. It provides NJ FamilyCare coverage to all income-eligible kids in New Jersey. Cover All Kids became New Jersey law in 2021 (P.L. 2021, c.132)

- All children under the age of 19, in income-eligible families, qualify regardless of immigration status.
- Your child does not need a social security number to apply for NJ FamilyCare.

**For more assistance, call the Union County Action Line at (908) 677-5405**



### Important Updates:

In New Jersey, if you are a SNAP recipient and an Able-Bodied Adults Without Dependents (ABAWDs) aged 18-64, not living with a child under 14, you are limited to 3 months of SNAP benefits in a 36-month period unless you work or participate in training at least 80 hours per month. Exemptions include disability, pregnancy, or being 65+.

New Jersey has a minimum monthly SNAP benefit amount of \$95.

College students interested in applying for SNAP can complete the NJ SNAP Student Eligibility Verification Form found on <https://www.nj.gov/humanservices/njsnap/apply/eligibility/>



### Eligibility:

Your household must meet certain requirements to be eligible for SNAP and receive benefits, including meeting the maximum allowable income listed below.

A SNAP household is anyone who lives and eats together.

Household Size	Max. Income
1	\$2,413
2	\$3,261
3	\$4,109
4	\$4,957

Figures Valid October 2025- September 2026

Meeting the maximum allowable income for your household size does not guarantee you are eligible for SNAP. You can screen for NJ SNAP in five minutes to find out if you may be eligible for food assistance, cash assistance and more. To screen and apply in 20 to 40 minutes visit <https://www.njhelps.gov/>

Learn more about eligibility at [www.NJHelps.gov](http://www.NJHelps.gov), or call the Union County Action Line at (908) 677-5405.

# Union County Food Pantries & Soup Kitchens

Cranford	
Cranford Family Care Association 61 Myrtle Street, (908) 276-3530	PANTRY: Monday to Friday 9:00am-4:00pm Must be Cranford resident - Application & interview required.
Elizabeth	
Christ Fellowship Church 1121 Elizabeth Avenue, (908) 289-6322	PANTRY: Friday from 10:00am-12:30pm
Elizabethport Presbyterian Center 184 First Street (908) 351-4850	PANTRY: Friday 8:00am-1:00pm Every 3rd Saturday 8:00am - 1:00pm
First Baptist Church of Cranford/Elizabeth 402 Union Avenue, (908) 352-0519	PANTRY: 2nd & 4th Thursday 10:00am-1:00pm
Jefferson Park Ministries 70 W. Grand St., (908) 469-9508	PANTRY: 2nd & 3rd Thursday 1:00pm-5:00pm
Charlotte Shak Food Pantry/Jewish Family Service of Central New Jersey (Kosher) 655 Westfield Avenue, (908) 352-8375	PANTRY: Monday, Tuesday, Wednesday, 10:30am-12:30pm & 1:30pm-3:30pm & Fridays 10:30am -12:30pm
Mount Teman A.M.E. Church 160 Madison Avenue, (908) 351-2625	PANTRY: 4th Thursday 9:00am-1:00pm KITCHEN: 4th Saturday 11:00am-2:00pm
Saint John's Episcopal Church 61 Broad Street, (908) 352-2220	KITCHEN: Sunday 12:15pm
Iglesia San Jose/Saint Joseph's Episcopal Church 38 West End Place, (908) 289-7070	Meal: 2nd & 4th Saturday 11:00am -2:00pm
Saint Joseph's Social Service Center 118 Division Street, (908) 354-5456	Sandwich/bread: Monday to Friday 9:00am-3:00pm, Saturday 9am - 11am KITCHEN: Saturday 11:30am-1:00pm PANTRY: 3rd & 4th Tuesday, Last Friday 9:00am - 11:30am
The Salvation Army 1005 East Jersey Street, (908) 352-7057	PANTRY: For new clients: 3rd and 4th week of the month - Call for appointment. First two weeks appointment only from 9:00am-11:30am
Fanwood	
Fanwood Presbyterian Church Mission Committee (P. O. Box 69) 74 Martine Avenue, (908) 889-8891	PANTRY: 3rd Saturday 9:30am-11:00am Need agency referral
First Baptist Church 166 Hillside Avenue, (973) 926-1244	PANTRY: 1st, 2nd, 3rd, and 4th Saturday 9:30am-11:00am - Come at 8:00am to sign in
Kenilworth	
Saint Theresa Church 541 Washington Street, (908) 272-4444	Tuesday & Thursday (10am- 12pm) & Wednesday (6:00pm-8:00pm)

# Paratransit

The Union County Paratransit System is curb-to-curb transportation service specializing in transportation for seniors (age 60+), persons with disabilities (18 years and older) and/or economically disadvantaged residents of Union County.

Paratransit will provide non-emergency transportation for the purposes of:

- Medical
- Nutrition
- Mental Health
- Shopping
- Employment
- Recreation
- Education
- Bus & Rail Service

Out of county medical trips are provided Monday & Wednesday only.

Union County is required to provide services within a five (5) mile radius of the county borders. These requests are considered an in-county trip and will be scheduled as such.

Try to make your appointments for the middle of the day when the system is least busy. Between 10 a.m and 2 p.m.

## Hours of Operation

Paratransit Operates Monday through Friday  
\* \*7:30 a.m. to 5:30 p.m.\* \*  
Limited hours available on Saturday  
**No Service is provided on Sunday**

## Reservations

Reservations can be made Monday through Friday 8 a.m. to 4 p.m. by calling the scheduling office at (908) 241-8300. First time callers should call between the hours of 1 p.m. to 4 p.m.

Transportation is available on a first-come-first serve basis. Five to seven days in advance notice for a scheduled trip is recommended. If schedule permits, some limited service may be available on shorter notice

**Fee: \$3 per one-way trip.**



# Persons With Disabilities & Special Needs

## Programs and Social Events for ALL AGES!

### PROGRAMS

- Yoga
- Karate
- Zumba
- Ceramics
- Golf
- Spray Park & More

### SOCIAL EVENTS

- Fishing Derby
- Paint by the Pond
- Summer Festival
- Summer Camp
- Barn Dance
- Skating with Santa & more

For more information or to be placed on our distribution list to receive emails and program details:

Call: (908) 527-4781  
 Email: opdsn@ucnj.org  
 Visit our website:  
[www.ucnj.org/dhs/opdsn](http://www.ucnj.org/dhs/opdsn)

## LOOKING FOR ASSISTANCE? ARE YOU...

- A permanently physically disabled resident of Union County aged 18 and older?
- In paid employment, attending school, or volunteering a minimum of 20 hours per month?
- Capable of self-direction and able to supervise a personal assistant?

**If so, you may be eligible for up to 40 hours a week participating in the Personal Assistance Services Program (PASP).**

For more information, please contact:

**Diane Granada, PASP County Coordinator**  
 908-527-4845 or  
[diane.granada@ucnj.org](mailto:diane.granada@ucnj.org)  
 Union County Department of Human Services  
 Office for Persons with Disabilities & Special Needs

# Union County Food Pantries & Soup Kitchens

Linden	
L.I.N.C.S. Food Pantry 14 W. Munsell Avenue, (908) 925-2523	PANTRY: Linden residents only. Call for appointment.
Linden Presbyterian Church 1506 Orchard Terrace, (908)486-3073	PANTRY: 4th Friday 8:30am-11:00am by appointment
Sisters & Brothers Outreach 1318 East St. Georges Avenue, (908) 994-9797	PANTRY: Thursday 4:00pm. Bring bag
New Providence	
Our Lady of Peace Church 111 South Street, (908) 464-7600	PANTRY: Tuesday 10am-12:00pm Proof of address required. 1st Saturday of the month/call 9:00am to 11:00am
Plainfield	
Angels for Action 312 Park Ave, Room #16, (908) 753-5656	KITCHEN: Tuesday 1:00pm-3:00pm Thursday 5:00pm-7:00pm
Bianca F.L.O.W.E.R.S. Food Pantry, Inc. 145 Park Avenue, (908)756-4739	Food Bag of non-perishables 2nd, 3rd & 4th Tuesday of the month 10:00am-12:00pm
Church of the Living God 434 East 4th Street, (908) 433-9728	PANTRY: 3rd Saturday 10:00am-1:00pm
Community Church of God 417 West 6th Street, (908) 754-8288	PANTRY: 3rd Saturday 9:00am-12:00pm 2nd & 4th Thursday 12:00pm-2:00pm Emergencies: Please call
Valerie's Soup Kitchen/Crescent Avenue Presbyterian Church 716 Watchung Avenue, (908) 756-2468	KITCHEN: Tuesday Lunch 11:00am-2:30pm Monday, Wednesday, Thursday, & Friday Breakfast 10:00am- 10:30am
El Centro Hispano Americano 525 East Front Street, (908) 753-8730	PANTRY: Tuesdays 10:00am-11:00am Bring your own bag
Grace Episcopal Church (Grace's Kitchen) 600 Cleveland Avenue, (908) 756-1520	KITCHEN: last 5 weekdays of the month 11:30am-1:00pm (NOT Sunday)
Greater Refuge Church of Christ 600 Grant Avenue, (908) 561-8255	PANTRY: 2nd & 4th Tuesday of each month from 12:00pm-3:00pm (Tickets handed out at 11:30am)
Mt. Olive Baptist Church 216 Liberty Street, (908) 754-3539	KITCHEN: 3rd Saturday 12:00pm-2:00pm
Muslim Community Soup Kitchen 325 Grant Avenue, (908) 561-6797	KITCHEN: Saturdays 1:00pm-2:00pm

# Union County Food Pantries & Soup Kitchens

Plainfield (continued)	
New Covenant Church of God 225 East 7th Street, (908) 226-0223	KITCHEN: 1st and 3rd Saturday 9:00am-1:00pm
Saint Mary's Church 516 West 6th Street, (908) 756-0085	KITCHEN: Sundays 3:00pm-4:00pm
The Salvation Army - Plainfield 615 Watchung Avenue (908) 756-2595x108/756-3199x105	PANTRY: Tuesday & Wednesday 9:30am-11:30am Monday, Tuesday, & Wednesday 12:00pm-1:00pm (Brown Bag)
Shiloh Baptist Church (The Lord's Kitchen) 515 West 4th Street, (908)754-3353	PANTRY:3rd and 4th Saturday 9:00am-12:00pm KITCHEN: Wednesday & Thursday 4:00pm-6:00pm
Starfish Food Pantry of Plainfield-Covenant United Methodist 631 East Front Street, (908) 755-8888	PANTRY: Tuesday & Thursday 9:00am-11:00am. Plainfield agency referral only.
Rahway	
First Presbyterian Church (Food for Friends) 1731 Church Street, (732) 382-0803	KITCHEN: Every Saturday
Second Presbyterian Church (Food for Friends) 1221 New Brunswick Avenue, (732) 381-7201	PANTRY: Monday, Friday 9:00am-2:00pm
Roselle	
Helping Hands - Church of St. Joseph the Carpenter 157 East 4th Avenue, (908) 241-1250	PANTRY: 1st Saturday of the month (Roselle resident only)
New Destiny Community Development 129 Chestnut Street, (908)884-4928	PANTRY: Friday 5:00pm until food runs out. Food given out on emergency basis. Please call.
Roselle Park	
Casano Community Center 314 Chestnut Street, (908) 245-0666	PANTRY: Wednesday 10:00am-8:00pm Roselle Park residents only
Church of the Assumption - Parish Hall 113 Chiego Place, (908) 245-1107	PANTRY: 2nd and 4th Tuesday of the month 9:00am-10:00am
Scotch Plains	
Immaculate Heart of Mary Church 1571 South Martine Avenue, (908) 889-2100	PANTRY: 2nd Sunday 10am-11:30am & Wednesday 10am-11:30am

# Older Adults & Persons with Disabilities

## Jersey Assistance for Community Caregiving

JACC is a program that provides in-home services to seniors at risk of placement in a nursing home. JACC includes many services designed to supplement the assistance given by the individual's caretaker.

Qualified individuals may have the opportunity to hire their own family, friends, or neighbors to provide the needed care. A case manager will work closely with the individual to develop a plan of care that best meets their needs.

To qualify you must:

- Be a Union County citizen age 60+ and a U.S. citizen/qualified alien
- Require nursing home level care
- Not be financially eligible for MLTSS or other NJ Family Care
- Have resources at or below \$40,000 for individuals, \$60,000 for couples.
- Living in the community, not assisted living or residential care facility
- Not receiving Statewide Respite services, or participating in NJ Alzheimer's Adult Day services.

JACC Provides

- Care management
- Home health aides
- Respite care
- Home modifications
- Medical day care
- Special medical equipment and supplies
- Chore services
- Personal emergency response system
- Home delivered meal service
- Caregiver/recipient training
- Social adult day care
- Attendant care

## Union County ASK

ASK events are opportunities for Union County adults aged 60-plus and their caregivers to come and meet in-person with professional staff for guidance on senior programs and resources, including help with filling out applications and forms. Bilingual Spanish/English staff are available at all ASK events. Dates for the current month can always be found on our website: [ASK Program - Union County Department of Human Services](#).



# Older Adults & Persons with Disabilities

## Aging & Disability Resource Connection

### Call Today

908-527-4870

888-820-8226

ADRC: 877-222-3737

ucnj.org/dhs/aging

## Statewide Respite Care Program

The Respite Care Program is a program that provides caregivers with occasional relief from the stress and fatigue caused by caring for older adults and people with disabilities.

The Respite Care Program offers:

- Home Health Aides
- Homemakers
- Medical Adult Day Care
- Social Adult Day Care
- In-Patient Respite Care

To qualify you must:

- Be a Union County Resident, 18 years & older, and US Citizen/qualified alien
- Have resources at or below \$40,000 for individuals, \$60,000 for couples.
- Living in the community, not assisted living or residential care facility
- Not receiving JACC services, MLTSS, or participating in NJ Alzheimer's Adult Day.

## Social 60+

Social 60+ is designed to bring the community of older adults (60 and over) in Union County together by sharing a meal at their favorite local restaurants.

- One must be 60 years of age or older, residing in Union County, with a voucher to present at the restaurant.

The suggested donation is \$3.00 per voucher. Donations collected help provide more meals to those in need.

To obtain a voucher, please call the Union County Division on Aging at (908) 527-4870.

- Your voucher must be used by the printed expiration date. Expired vouchers will not be honored.

# Union County Food Pantries & Soup Kitchens

Summit	
Grace 100 Morris Avenue (908)259-4744	PANTRY: Thursday 11:00am - 1:00pm & 4pm-7pm
Saint Theresa's Church (Loaves and Fishes) 306 Morris Avenue, (908) 277-3700	PANTRY: Wednesday 8:00am-10:00am Call first. Open to all.
SHIP (Summit Helping Its People) 31 Woodland Avenue, (908) 829-0515	KITCHEN: Monday to Friday 6:00am-7:30am Saturday and Sunday dinner 3:45pm 120 Morris Avenue
Union	
Connecticut Farms Presbyterian Church 888 Stuyvesant Avenue, (908) 688-3164	PANTRY: 3rd Saturday 10:00am-12:00pm (except November, 12:00pm-2:00pm) Union residents only
Township of Union Food Pantry Municipal Building 1776 Morris Avenue, (908) 851-8501	Monday to Friday 9:30am-4:30pm Union residents only with proof of residency and income.
Living Word Church/ Ukrainian Evangelical Assemblies of God 2208 Stanley Terrace, (908) 686-8171	PANTRY: 2nd Wednesday 5:00pm-6:45pm. Open to all
Westfield	
Westfield Food Pantry 336 First Street, (908) 232-2311	PANTRY: Monday to Friday 9:30am-11:30am (Social Services clients only) Social Services must have all referrals in by 9:30am; clients have until 11:00am to pick up food packages.

**Additional Resources:**  
**[www.cfbnj.org/findfood](http://www.cfbnj.org/findfood)**

**Text "FindFood" for English or "Comida" for Spanish to (908) 224-7776 to find helpful food information in just seconds.**

# Housing Assistance

Please be aware that the availability of any service described in this document is contingent upon each client's program availability, as well as sufficient funding. Inclusion of any agency or organization in this document does NOT imply endorsement of its purpose NOR does omission imply disapproval of any entity.

## Rental Assistance

Below is a list of organizations whose goals are to provide rental assistance to assist clients with overcoming the obstacles to self-sufficiency and obtain a higher quality of life by providing counseling and support services while participating in the programs.

Family Promise, The Salvation Army, Elizabeth Coalition to House the Homeless, PROCEED, Inc., Urban League of Union County, Community Access Unlimited, Plainfield Action Services and Catholic Charities, Plainfield Housing Authority, & the Elizabeth Housing Authority.

**Call the Union County DHS Action Line today at (908) 677-5405 or email us at [DHSAction@ucnj.org](mailto:DHSAction@ucnj.org) to find out which program is right for you!**

## Security Deposit Assistance

Below is a list of organizations whose goals are to assist individuals/families in securing housing (apartment) through the provision of a one-time security deposit.

Catholic Charities for the Archdioceses of Newark, Family Promise-Union County, PROCEED, Inc., Elizabeth Coalition to House the Homeless, Plainfield Action Services, & the Urban League of Union County

## Emergency Shelter

Below is a list of organizations whose goal is to provide temporary shelter (max approximate stay of 180 nights) to homeless individuals and families including supporting services (food insecurity, employment referrals, financial literacy, legal issues information, child care info, school and education info, & housing search) to help alleviate current hardship and achieving sustainable independence.

Family Promise, The Gateway Family YMCA, and the Salvation Army, Elizabeth Coalition to House the Homeless, & YWCA Union County

# Mental Health Resources

## Rehabilitation Centers and Psychiatric Day Programs

CenterPath Wellness.....908-756-6870  
 GenPsych.....855-436-7792  
 High Focus.....800-877-3628  
 Inroads to Opportunities.....908-241-7200  
 Mount Carmel Guild.....908-497-3968  
 Overlook Medical Center.....888-247-1400  
 Social Clubhouse.....973-376-2500  
 Summit Oaks Hospital.....908-522-7071  
 Trinitas Regional Medical Center..908-994-7556  
 654 East Jersey St., Elizabeth

## Residential Services

### Residential Healthcare Facilities (RHCF)

Elizabeth House.....908-355-3406  
 Park Hotel.....908-754-2211  
 Advocate Group Care.....908-757-3579

### Supervised Group Homes, Apartments and Supportive Housing

Bridgeway Supportive Housing.....908-249-4100  
 SERV.....833-226-7378  
 Volunteers of America.....908-282-1329  
 Dudley House (Veterans).....908-834-2175

### Sober Living

Oxford Houses.....[www.njoxfordhouse.org](http://www.njoxfordhouse.org)



**Mental Health Association in New Jersey, Inc.**

NJMentalHealthCares (NJMHC), a service provided by the Mental Health Association in New Jersey, is New Jersey's first comprehensive behavioral health management helpline and website, serving professionals and the general public. Calls are answered by professional behavioral healthcare specialists who provide supportive counseling, assessment of presenting problems and information and referral.

Service is live 8am-8pm, 7 days a week. Messages left during off hours are returned on the next business day.

**NJMentalHealthCares Helpline  
 1-866-202-HELP(4357)  
 or text "NJHOPE" to 51684  
 (TTY 1-877-294-4356)**

## Telephone Services / Helplines

AA-Alcoholics Anonymous.....908-687-8566  
 AI-ANON.....973-744-8686  
 Caring Contact, Inc.....908-232-2880  
 Child Abuse.....800-792-8610  
 Council on Compulsive Gambling.....800-GAMBLER  
 Domestic Violence.....908-355-HELP  
 HIV Hotline.....800-624-2377  
 NA-Narcotics Anonymous.....800-992-0401  
 NAR-ANON.....800-992-0401  
 Nat. Runaway Safe Line.....800-RUNAWAY  
 Suicide & Crisis Lifeline.....9-8-8  
 Need Help? Dial 2-1-1.....2-1-1  
 NJ Connect (Opioid Helpline).....855-652-3737  
 NJ Hopeline (Suicide Prevention).....855-654-6735  
 NJ MentalHealthCares Helpline..866-202-4357  
 NJ Quitline (Smoking).....866-657-8677  
 Peer Recovery Warmline.....877-292-5588  
 Rape Crisis 24 Hour Helpline.....908-233-7273  
 REACH NJ (Opioid).....844-732-2465  
 2nd Floor Youth Helpline.....888-222-2228  
 NJ VET 2 VET Hotline.....866-838-7654

## Support Systems

MHANJ's Intensive Family Support Services (IFSS) (Mental Illness).....908-810-1001 ext. 118  
 Rape Crisis Center Advocacy Program.....908-233-7273  
 Consumers of Mental Health Services  
 MHANJ's Consumer Connections.....732-451-4457 ext. 950  
 MHANJ's Esperanza Wellness Center Hispanic.....908-810-1001  
 MHANJ's Peer Outreach Support Team (POST) (Mental Illness).....908-810-1001  
 Park Avenue Wellness Center, Plainfield.....908-757-1350



# Mental Health Resources

<b>Residential Rehab Adult</b> CURA Inc.....973-622-3570 47 Lincoln Park, Newark New Hope Integrated BHCare.....732-946-3030 80 Conover Rd., Marlboro Summit Oaks Hospital.....908-522-7071 19 Prospect Street, Summit Turning Point, Inc.....973-239-9400 Barnet Medical Arts Complex, Paterson	<b>Elder Citizens - DAY CARE</b> JFK Adult Medical Day Program....908-912-1910 SAGE Spend A Day.....908-598-5520 WISE Center, Union.....908-687-2995
<b>Residential Rehab Adolescent</b> Acenda Integrated Health.....973-539-5764 New Hope Integrated BHCare.....732-946-3030	<b>Family Violence</b> Domestic Violence Hotline.....908-355-HELP Central Jersey Legal Services, Inc..... .....908-354-4340 Counseling Center for Human Dev. Choices for Women.....908-276-0590 Union County Rape Crisis Center..908-233-7273 Jewish Family Services.....908-352-8375 Trinitas Regional Medical Center..908-994-7556 Victim/Witness Program.....908-527-4596 YWCA of Eastern of UC.....908-355-1500
<b>Referral, Prevention Education, Early Intervention</b> NJ Connect for Recovery (Opioids)..... .....855-652-3737 Prevention Links.....732-381-4100 REACH NJ.....844-732-2465 Union County Local Advisory Committee on Alcoholism and Drug Abuse Union County Behavioral Health Advisory Board (BHAB).....908-527-4852	<b>Legal Services</b> Bridgeway Justice Involved Services..... .....908-289-7330 (#3) Central Jersey Legal Services, Inc..... .....908-354-4340 60 Prince St., Elizabeth Community Health Law Project.....908-355-8282 65 Jefferson Ave., Elizabeth
<b>Behavioral Health Services</b>	<b>Organizations</b> Collaborative Support Programs (CSP)..... .....732-780-1175 Depression & Bipolar Support Alliance..... .....800-826-3632 International Obsessive Compulsive Foundation.....617-973-5801 Mental Health Association in NJ State Headquarters.....973-571-4100 Union County Office.....908-810-1001 NAMI, NJ.....732-940-0991 NAMI, Union County.....908-233-1628 Brain and Behavior Research Foundation..... .....800-829-8289 NJ Division of Vocational Rehabilitation..... .....908-882-5101 NJ Psychiatric Association.....908-588-3540 NJ Psychological Association.....973-243-9800 Supportive Housing Association of NJ .....908-931-1131
<b>Developmentally Disabled</b> ARC of Union County.....973-315-0000 Children's Specialized Hospital.....908-233-3720 Community Access Unlimited.....908-354-3040 Inroads to Opportunities.....908-241-7200 Jewish Family Services.....908-352-8375 NJ Division of Developmental Disabilities..... .....888-285-3036 Our House, Inc.....908-464-8008 Trinitas Crisis Assessment Response and Enhanced Services (CARES).....888-393-3007	
<b>Older Adults / Elderly</b> Adult Protective Services.....908-497-3902 Alzheimer's/Dementia Jewish Family Services.....908-352-8375 Care to Caregivers.....800-424-2494 Holy Redeemer Home Care.....908-352-5694 Jewish Family Services.....908-352-8375 Retired Senior Volunteers (RSVP)..... .....908-352-8375 SAGE Eldercare.....908-273-5550 Senior Citizens Council.....908-964-7555 Trinitas Regional Med. Ctr.....908-994-7556 Union County Division on Aging....908-527-4870 .....908-527-4858 S-COPE.....855-718-2699	

# Homelessness Chart of Services

Emergency Shelter	
Elizabeth Coalition (motel/hotel)	(908) 355-2060
Family Promise	(908) 289-7300
Gateway Family YMCA	(908) 355-9622
The Salvation Army - Elizabeth	(908) 352-7057
Permanent/Supportive Housing	
Bridgeway Rehab Services	(908) 289-7330
Community Access Unlimited	(908) 354-3040
Elizabeth Coalition	(908) 355-2060
Gateway Family YMCA	(908) 355-9622
Volunteers of America	(908) 827-2440
YWCA Union County	908-355-4357
Rental Assistance	
Catholic Charities	(908) 497-3966
Community Access Unlimited	(908) 354-3040
Elizabeth Coalition	(908) 355-2060
Family Promise	(908) 289-7300
PROCEED	(908) 351-7727
The Salvation Army - Elizabeth	(908) 352-7057
Urban League of UC	(908) 351-7200
Homelessness Outreach	
Bridges	(908) 456-8928
Bridgeway BHS	(908) 289-7330

Food Assistance	
Catholic Charities	(908) 497-3966
Community Access Unlimited	(908) 354-3040
Elizabethport Presbyterian Ctr.	(908) 351-4850
PROCEED	(908) 351-7727
Urban League of UC	(908) 351-7200
Transitional Housing	
Community Access Unlimited	(908) 354-3040
PROCEED	(908) 351-7727
Utility Assistance	
Catholic Charities	(908) 497-3966
PROCEED	(908) 351-7200
The Salvation Army - Elizabeth	(908) 352-7057
Mortgage/Foreclosure Assistance	
Faith, Bricks, & Mortar	(908) 756-5774
Urban League of UC	(908) 351-7200
Security Assistance	
Catholic Charities	(908) 497-3966
PROCEED	(908) 351-7727
Statewide Homeless Hotline	
NJ 2-1-1	
1-877-652-1148	

**The Union County Board of  
County Commissioners**

**Presents:**

Union County  
**Fresh Start**  
SHOWER · LAUNDRY · RESTROOMS  
A Service of the Union County Board of County Commissioners

**Elizabeth Public Library**

**11 S. Broad St, Elizabeth**

**SCHEDULE**

**Hours: 9:00am - 12:00pm**

**April 9th**

**July 2nd**

**May 7th**

**August 6th**

**June 4th**

**September 3rd**

**October 1st**

Showers, laundry, and restroom services available on a first-come first-served basis. Get your Fresh Start!

For more information, call the Union County Action Line at (908) 677-5405



**BROUGHT TO YOU BY THE  
UNION COUNTY  
BOARD OF COUNTY COMMISSIONERS**  
Department of Human Services



**Mental Health Resources**

<b>Substance Use Disorder Services</b>	<b>Intensive Outpatient Services, Continued</b> Summit Behavioral Health .....855-855-9199 1000 Galloping Hill Road, Union Summit Oaks Hospital.....908-522-7071 19 Prospect Street, Summit Trinitas Regional MC.....908-994-7556 655 East Jersey St., Elizabeth
<b>Co-occurring Partial Care</b> CenterPath Wellness.....908-756-6870 High Point.....908-788-5979 Trinitas Regional Medical Center.908-994-7556	<b>Interim Managing Entity (IME) 1-844-276-2777</b> <b>Referral and authorization for addiction treatment -Medicaid &amp; State contracts</b>
<b>Union County Helping Hands 365 24/7 Hotline staffed by Peer Recovery Specialists.....855-825-3275</b>	<b>Intoxicated Driver Resource Center</b> Union County .....908-527-4791
<b>Detox—Adult</b> Bergen Regional Medical Center.800-730-2762 230 East Ridgewood Ave., Paramus New Hope Integrated BHCare.....732-946-3030 80 Conover Road, Marlboro Summit Behavioral Health .....855-855-9199 1000 Galloping Hill Road, Union Summit Oaks Hospital.....908-522-7071 19 Prospect Street, Summit Turning Point, Inc.....973-239-9400 680 Broadway Ave., Suite 104, Paterson	<b>Medicated Assisted Treatment</b> Lennard Clinic.....908-352-0850 Organization for Recovery.....908-769-4700 Summit Oaks Hospital.....908-522-7071 Trinitas Regional MC.....908-994-7556
<b>Detox—Adolescent</b> New Hope Integrated BHCare.....732-946-3030	<b>Outpatient Services—Adult</b> Arise Counseling Services.....908-400-8463 Bridgeway Rehabilitation Services..... .....877-692-5664 CenterPath Wellness.....908-756-6870 Counseling Center at Clark.....732-882-1920 GenPsych.....855-436-7792 High Focus.....800-877-3628 High Point.....908-788-5979 Intervention Specialists.....908-289-0700 Jersey Behavioral Care.....908-291-2727 Organization for Recovery.....908-769-4700 Overlook Medical Center.....888-247-1400 PROCEED, Inc.....908-469-3200 Summit Oaks Hospital.....908-522-7071 Trinitas Regional MC.....908-994-7556
<b>Halfway House — Female</b> Alfre/Mrs. Wilson's.....973-540-0116 Anderson House.....908-534-5818	<b>Outpatient Services—Adolescents</b> High Focus.....908-272-2474 PROCEED, Inc.....908-469-3200
<b>Halfway House — Male</b> New Hope Integrated BHCare.....732-946-3030	
<b>Intensive Outpatient Services</b> CenterPath Wellness.....908-756-6870 117 Roosevelt Ave., Plainfield Counseling Center at Clark.....732-882-1920 60 Walnut Avenue, Suite 200, Clark Intervention Specialists.....908-289-0700 GenPsych.....855-436-7792 High Focus.....800-877-3628 High Point.....908-788-5979 Organization for Recovery.....908-769-4700 519 North Ave., Plainfield	

# Mental Health Resources

<b>HIV/AIDS</b> EIP Support Services, Trinitas Regional Medical Center.....908-994-7123 Iris House.....908-561-5057	<b>Counseling</b> CenterPath Wellness.....908-756-6870 117 Roosevelt Ave., Plainfield Children’s Specialized Hospital.....908-233-3720 150 New Providence Rd., Mountainside Cooperative Counseling Services.908-731-7099 407 Chestnut Street, Union Counseling Center for Human Development.....908-276-0590 1961 Raritan Rd., Scotch Plains Trinitas Physicians Practice.....908-276-2244 300 North Ave. East, Cranford Family and Children’s Services.....908-352-7474 40 North Ave., Elizabeth Mount Carmel Guild Child/Family Outpatient, Medication Monitoring.....908-497-3968 108 Alden St., Cranford Overlook Medical Center.....888-247-1400 2 Walnut Street, Summit Overlook Perinatal Program.....888-247-1400 PROCEED (Hispanic).....908-469-3200 1126 Dickinson Pl., Elizabeth Resolve Community Counseling Center.....908-322-9180 1830 Front St., Scotch Plains Summit Oaks Hospital.....908-522-7071 19 Prospect St., Summit Trinitas Regional Medical Center Adults.....908-994-7556 654 East Jersey St., Elizabeth Children.....908-994-7223 655 East Jersey St., Elizabeth United Family and Children’s Society..... .....908-755-4848 305 West 7th St., Plainfield Youth and Family Counseling.....908-233-2042 233 Prospect St., Westfield
<b>NJ Homeless Hotline.....877-652-1148</b>	
<b>Homeless Persons, Mental Illness</b> Homeless Outreach of Bridgeway.908-289-7330	
<b>Integrated Case Management Service (ICMS)</b> Mount Carmel Guild.....908-497-3927	
<b>Intensive Family Support Services (IFSS)</b> Mental Health Association in NJ in Union County.....973-571-4100 Ext 118	
<b>Involuntary Outpatient Commitment (IOC)</b> Trinitas Regional MC.....908-994-7543	
<b>Mental Health Services</b> Mental Health Association in NJ....866-202-4357	
<b>Program of Assertive Community Treatment (PACT), Bridgeway</b> PACT 1, Elizabeth.....908-352-0242 PACT 2, Plainfield.....908-791-0505 PACT 3, Union.....908-688-5400	
<b>Self-Help Clearing House</b> Statewide Information.....800-367-6274	
<b>Supportive Education Services</b> Bridgeway/UMDNJ.....908-687-9666	
<b>Supportive Employment Services</b> Bridgeway.....908-686-2956	
<b>Supportive Housing Services</b> Bridgeway.....908-249-4100	
<b>Transportation</b> UC Paratransit System.....908-659-5000	
<b>TLC Program – Trinitas.....908-994-7543</b>	
<b>Wellness Respite Services</b> Collaborative Support Programs of NJ Essex County.....862-229-1401 Middlesex County.....732-354-4403 Passaic County.....862-239-9896	

## NJ Child Care Assistance

AS SO MANY FAMILIES KNOW, CHILD CARE COSTS CAN TAKE UP A LOT OF THE MONTHLY BUDGET. THE NEW JERSEY CHILD CARE ASSISTANCE PROGRAM (CCAP) CAN HELP INCOME-ELIGIBLE FAMILIES WHO ARE WORKING, IN SCHOOL OR IN JOB TRAINING TO PAY FOR CHILD CARE.



### Applicant(s)/Parents Eligibility Requirements

- Must be a New Jersey resident;
- Must meet income requirements and not have assets that exceed \$1 million; and
- Must be working full time (30 hours or more a week), attending school full time (12 credits or more), in job training (at least 20 hours a week), or have a full-time equivalent combination of these activities to meet the requirement.

### Child Eligibility Requirements

- Up to the age of 13, or less than age 19, if mentally or physically incapable of self-care or under protective supervision by the NJ Division of Child Protection and Permanency (DCP&P);
- Must be a US Citizen or qualified non-citizen; and
- Must reside with applicant/co-applicant (parent(s) or individual(s) acting as parent(s) (legal guardian or other person having custody)).

**FOR MORE INFORMATION, CONTACT:  
COMMUNITY COORDINATED CHILD CARE OF UNION COUNTY  
2 CITY HALL PLAZA, 3RD FLOOR, RAHWAY, NJ 07065  
WEBSITE PHONE: (973) 923-1433**

# Workforce Development American Job Centers

## Union County American Job Center

Our mission is to empower individuals to achieve self-sufficiency by offering workforce development services, including training, career counseling, and job placement.

By partnering with businesses, educational institutions, and community organizations, we aim to foster economic growth and build a skilled workforce.

For more information, please call:

Elizabeth  
(908) 558-8000  
Plainfield  
(908) 757-9090



# Mental Health Resources

<p><b>24-HOUR EMERGENCY MENTAL HEALTH SERVICES</b></p> <p>RWJBH Trinitas Regional Medical Center Mobile Community Outreach 908-994-7131</p> <p>Union County Mobile Response &amp; Stabilization (Children) PerformCare 877-652-7624</p> <p>Overlook Hospital 908-522-2000</p> <p>RWJ University Hospital -Rahway 732-381-4200</p> <p>Suicide &amp; Crisis Lifeline Dial 9-8-8</p>	<p><b>Family Support for Children and Parents</b></p> <p>Families &amp; Community Together (FACT).....908-789-8500</p> <p>Family Support Organization.....908-755-0090</p> <p>Youth Advocate Program (YAP)....973-624-1520</p>
	<p><b>Grief Counseling</b></p> <p>Imagine-A Ctr for Coping w/Loss.908-264-3100</p>
	<p><b>Home Based Services</b></p> <p>Cooperative Counseling Services..908-731-7099</p> <p>Family &amp; Children's Services.....908-352-7474</p> <p>Family Preservation Services.....973-372-8079</p> <p>United Fam. &amp; Children's Society.908-755-4848</p>
	<p><b>Inpatient Hospital Treatment</b></p> <p>Summit Oaks Hospital, Ages 5-17.....908-522-7071</p> <p>Trinitas Regional MC.....908-994-7712</p>
<p><b>Mental Health Services</b></p>	
<p><b>Crisis Intervention Services</b></p> <p>Bridgeway Crisis Intervention Services (BCIS).....908-469-6517</p>	
<p><b>Adult Inpatient Psychiatric Services</b></p> <p>Carrier Clinic, Belle Meade.....800-933-3579</p> <p>Greystone, Morris Plains.....973-538-1800</p> <p>Overlook, Summit.....908-522-2281</p> <p>Mountain View Behavioral Health Hospital.....908-790-5300</p> <p>Summit Oaks, Summit.....908-522-7071</p> <p>Trenton Psychiatric, W. Trenton....609-633-1500</p> <p>Trinitas Regional, Elizabeth.....908-994-7250</p> <p>VA NJ, Lyons.....908-647-0180</p>	
<p><b>Children's Services</b></p>	
<p><b>Child/Family Therapy and Medication Management</b></p> <p>Performcare.....877-652-7624</p> <p>CenterPath Wellness.....908-756-6870</p> <p>Cooperative Counseling Services..908-731-7099</p> <p>The Lamberts Mill Academy.....908-233-7581</p>	
<p><b>Day Treatment/After School Therapeutic Treatment</b></p> <p>Trinitas Regional MC.....908-994-7722</p>	
<p><b>Division of Child Protection &amp; Permanency (DCPP)</b></p> <p>Union Central LO.....866-224-1914</p> <p>Union East LO.....800-847-1738</p> <p>Union West LO.....800-847-1750</p>	
	<p><b>Screening</b></p> <p>Trinitas Regional Medical Center (Adult).....908-994-7131</p> <p>UC Mobile Response (Children)....877-652-7624</p>
	<p><b>Community Support</b></p>
	<p><b>Children &amp; Family</b></p> <p>Child Behavioral Health Services, PerformCare....877-652-7624</p>
	<p><b>Deaf &amp; Hard of Hearing</b></p> <p>Access Center, Voice TTY.....800-792-8339</p>
	<p><b>Family Support &amp; Education, Mental Illness</b></p> <p>NAMI of Union County.....908-233-1628</p>