

Union County Senior Café – August 2026 Menu

<u>Monday, Aug 3</u> Lentil Stew with Beef Crumble Couscous Broccoli & Cauliflower, Peach & Strawberry Crisp, 1% Milk, Pan Integral, Butter	<u>Tuesday, Aug 4</u> Eggplant Parmesan Penne, House Salad, Fresh Apple, Leche 1%, Butter, Pan Integral	<u>Wednesday, Aug 5</u> Beef Hot Dog on Bun Baked Beans, Fiesta Corn, 100% Fruit Juice, Leche 1%, Butter, Pan Integral, Vanilla Pudding	<u>Thursday, Aug 6</u> Pollo BBQ Macarrones con Queso, Coleslaw, Applesauce Cup, 1% Milk, Hot Dog Buns	<u>Friday, Aug 7</u> Fish with Lemon Dill Sauce Rice, Assorted Fruta Fresca Variada, Leche 1%, Pan Integral, Butter
<u>Monday, Aug 10</u> Lasagna with Veggies House Salad, Crujiente de Durazno, Leche 1%, Butter, Dinner Roll, Chocolate Pudding	<u>Tuesday, Aug 11</u> Sweet & Sour Chicken Brown Rice, Asian Stir Fry Veggies, 100% Fruit Juice, Leche 1%, Butter, Pan Integral	<u>Wednesday, Aug 12</u> Beef Stroganoff Egg Noodles, Summer Blend Veggies, Fruit Cup, Leche 1%, Butter, Pan Integral, Sugar Cookie	<u>Thursday, Aug 13</u> Curry de Pollo Dorado Whole Grain Bun, Tomato Salad, Fresh Apple, Leche 1%, Butter, Naan Pita Dippers	<u>Friday, Aug 14</u> Chicken Tikka Masala Rice, California Blend Veggies, Selección de Frutas Frescas Variadas, Leche 1%, Butter, Pan Integral
<u>Monday, Aug 17</u> Sliced Turkey with Gravy Stuffing, Carrots & Green Beans, Fruit Cup, Leche 1%, Pan Integral, Butter	<u>Tuesday, Aug 18</u> Baked Chicken with Mushroom Sauce Rice, Broccoli with Cheese, 100% Fruit Juice, Leche 1%, Pan Integral, Butter	<u>Wednesday, Aug 19</u> BBQ Cheeseburger Whole Grain Bun, Summer Blend Veggies, Naranja Fresca, Leche 1%	<u>Thursday, Aug 20</u> Beef Vegetable Stew Pan Integral, Italian Capri Veggie Blend, Mashed Potatoes, Selección de Frutas Frescas Variadas, Leche 1%, Butter	<u>Friday, Aug 21</u> Western Cheese Omelet Bagel Integral, Potato Home Fries, Fruta Fresca Variada, Leche 1%, Butter
<u>Monday, Aug 24</u> Meatloaf with Gravy Pan Integral, Mashed Potatoes, Summer Blend Veggies, 100% Fruit Juice, Leche 1%, Butter	<u>Tuesday, Aug 25</u> Asian BBQ Chicken Brown Rice, Asian Stir Fry Veggies, Fresh Pear, Leche 1%	<u>Wednesday, Aug 26</u> Minestrone Soup & Stuffed Shells with Tomato Sauce Pan Integral, Judías Verdes, Crujiente de Manzana, Leche 1%, Butter	<u>Thursday, Aug 27</u> Beef Picadillo Rice, Cuban Black Beans, Verduras Mixtas, Applesauce Cup, Leche 1%	<u>Friday, Aug 28</u> Hamburguesa con Queso Whole Grain Bun, Sweet Potato Fries, Selección de Frutas Frescas Variadas, Leche 1%, Butter
<u>Monday, Aug 31</u> Sartén de Pollo Arroz con Cilantro, Verduras Mixtas, Fruit Cup, Leche 1%, Butter, Pan Integral, Chocolate Pudding	<u>Tuesday, Sep 1</u> Hamburguesa de Queso y Cebolla Francesa Sweet Potato Fries, Coleslaw, 100% Fruit Juice, Leche 1%, Pan Integral	<u>Wednesday, Sep 2</u> Sándwich de Pollo Potato Salad, Fresh Pear, Leche 1%, Butter, Pan Integral	<u>Thursday, Sep 3</u> Chicken Parmesan Pasta with Sauce, Italian Capri Veggie Blend, Applesauce Cup, Leche 1%, Dinner Roll, Butter	<u>Friday, Sep 4</u> Beef Hot Dog on Bun Baked Beans, Fiesta Corn, Selección de Frutas Frescas Variadas, Leche 1%