

## UNION COUNTY CONGREGATE MENU – JULY 2026

| Monday                                                                                                                                                                             | Tuesday                                                                                                                                                                            | Wednesday                                                                                                                                                                         | Thursday                                                                                                                                                                     | Friday                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Jun 29</b><br><ul style="list-style-type: none"> <li>• Lasagna / Veggies</li> <li>• House Salad</li> <li>• Fresh Fruit</li> <li>• Pudding / Milk / Roll</li> </ul>              | <b>Jun 30</b><br><ul style="list-style-type: none"> <li>• Sweet &amp; Sour Chicken</li> <li>• Brown Rice / Broccoli</li> <li>• 100% Fruit Juice</li> <li>• Milk / Bread</li> </ul> | <b>Jul 1</b><br><ul style="list-style-type: none"> <li>• Beef Stroganoff</li> <li>• Egg Noodles / Veggies</li> <li>• Fruit Cup / Cookie</li> <li>• Milk / Bread</li> </ul>        | <b>Jul 2</b><br><ul style="list-style-type: none"> <li>• Beef Hot Dog / Bun</li> <li>• Baked Beans</li> <li>• Fiesta Corn</li> <li>• Fresh Apple / Milk</li> </ul>           | <b>Jul 3</b><br><ul style="list-style-type: none"> <li>• <i>No offerings</i></li> </ul>                                                                                           |
| <b>Jul 6</b><br><ul style="list-style-type: none"> <li>• Sliced Turkey / Gravy</li> <li>• Stuffing</li> <li>• Carrots &amp; Beans</li> <li>• Fruit Cup / Milk / Bread</li> </ul>   | <b>Jul 7</b><br><ul style="list-style-type: none"> <li>• BBQ Cheese Burger</li> <li>• Whole Grain Bun</li> <li>• Green Beans</li> <li>• 100% Juice / Milk</li> </ul>               | <b>Jul 8</b><br><ul style="list-style-type: none"> <li>• Baked Chicken / Sauce</li> <li>• Rice / Broccoli &amp; Cheese</li> <li>• Fresh Orange</li> <li>• Milk / Bread</li> </ul> | <b>Jul 9</b><br><ul style="list-style-type: none"> <li>• Beef Vegetable Stew</li> <li>• Mashed Potatoes / Veggies</li> <li>• Fresh Fruit</li> <li>• Milk / Bread</li> </ul>  | <b>Jul 10</b><br><ul style="list-style-type: none"> <li>• Western Omelet</li> <li>• Bagel / Home Fry</li> <li>• Fresh Fruit</li> <li>• Milk / Butter</li> </ul>                   |
| <b>Jul 13</b><br><ul style="list-style-type: none"> <li>• Meatloaf with Gravy</li> <li>• Mashed Potatoes</li> <li>• Summer Veggies</li> <li>• 100% Juice / Milk / Bread</li> </ul> | <b>Jul 14</b><br><ul style="list-style-type: none"> <li>• Asian BBQ Chicken</li> <li>• Brown Rice</li> <li>• Asian Veggies</li> <li>• Fresh Pear / Juice / Milk</li> </ul>         | <b>Jul 15</b><br><ul style="list-style-type: none"> <li>• Minestrone &amp; Shells</li> <li>• Green Beans</li> <li>• Apple Crisp</li> <li>• Milk / Bread</li> </ul>                | <b>Jul 16</b><br><ul style="list-style-type: none"> <li>• Turkey Cheeseburger</li> <li>• Whole Grain Bun</li> <li>• Sweet Potato Fry</li> <li>• Applesauce / Milk</li> </ul> | <b>Jul 17</b><br><ul style="list-style-type: none"> <li>• Dan Dan Chicken</li> <li>• Rice</li> <li>• Mixed Vegetables</li> <li>• Fresh Fruit / Milk</li> </ul>                    |
| <b>Jul 20</b><br><ul style="list-style-type: none"> <li>• Southwest Chicken</li> <li>• Herbed Rice / Veggies</li> <li>• Fruit Cup / Pudding</li> <li>• Milk / Bread</li> </ul>     | <b>Jul 21</b><br><ul style="list-style-type: none"> <li>• French Onion Burger</li> <li>• Sweet Potato Fries</li> <li>• Coleslaw</li> <li>• 100% Juice / Milk / Bread</li> </ul>    | <b>Jul 22</b><br><ul style="list-style-type: none"> <li>• Greek Chicken Sandwich</li> <li>• Potato Salad</li> <li>• Fresh Pear</li> <li>• Milk / Bread</li> </ul>                 | <b>Jul 23</b><br><ul style="list-style-type: none"> <li>• Chicken Curry Salad</li> <li>• Whole Grain Bun</li> <li>• Tomato Salad</li> <li>• Applesauce / Milk</li> </ul>     | <b>Jul 24</b><br><ul style="list-style-type: none"> <li>• Chicken Parmesan</li> <li>• Pasta with Sauce</li> <li>• Capri Veggies / Roll</li> <li>• Fresh Fruit / Milk</li> </ul>   |
| <b>Jul 27</b><br><ul style="list-style-type: none"> <li>• Cheese Ravioli</li> <li>• House Salad</li> <li>• Applesauce</li> <li>• Sliced Bread</li> </ul>                           | <b>Jul 28</b><br><ul style="list-style-type: none"> <li>• BBQ Cheese Burger</li> <li>• Whole Grain Bun</li> <li>• Corn Salsa</li> <li>• Fruit Cup / Milk</li> </ul>                | <b>Jul 29</b><br><ul style="list-style-type: none"> <li>• Shepherds Pie</li> <li>• Mashed Potatoes / Veggies</li> <li>• Fresh Fruit</li> <li>• Milk / Sliced Bread</li> </ul>     | <b>Jul 30</b><br><ul style="list-style-type: none"> <li>• Beef &amp; Broccoli</li> <li>• Rice / Carrots</li> <li>• Fresh Fruit</li> <li>• Milk / Bread</li> </ul>            | <b>Jul 31</b><br><ul style="list-style-type: none"> <li>• General Tso Chicken</li> <li>• Brown Rice / Veggies</li> <li>• Fresh Fruit / Dessert</li> <li>• Milk / Bread</li> </ul> |