

Horizon Blue Cross Blue Shield of New Jersey

3 Penn Plaza East PP-05S Newark, NJ 07105-2200 (800) 224-4426 Fax 973-274-2215 www.HorizonBlue.com/fsa

Flexible Spending Account Program

Eligible expenses Eligible health care expenses are defined by the IRS as amounts paid for the diagnosis, cure, mitigation or treatment of a disease, and for treatments affecting any part or function of the body. The expenses must be primarily to alleviate a physical or mental defect or illness.

With this definition in mind, we have listed below many of the medical expenses eligible for payment under the Unreimbursed Medical Spending Account, to the extent such expenses are not covered by your medical or dental insurance. This list is not meant to be all-inclusive. Other expenses not specifically mentioned may also qualify (for additional information, please refer to IRS Publication 502 Medical and Dental Expenses, or Section 213 of the Internal Revenue Code).

DENTAL SERVICES

Crowns/bridges Dental x-rays Dentures Exams/teeth cleaning Extractions Fillings Gum treatment Oral surgery Orthodontia/braces

INSURANCE-RELATED ITEMS

Preexisting condition expenses (medical) Private hospital room differential

LAB EXAMS/TESTS

Blood tests Cardiographs Diagnostic Laboratory fees Metabolism tests Spinal fluid tests Urine/stool analyses X-rays

MEDICATION

Eligible over-the-counter drugs with a prescription* *Effective January 1, 2011, most of these eligible drugs will require a prescription to be reimbursable Insulin Prescribed birth control Prescribed vitamins (to treat specific disease & not available over-the-counter) Prescription drugs

OBSTETRIC SERVICES

Mid-wife expenses OB/GYN exams OB/GYN prepaid maternity fees (reimbursable after date of birth) Post-natal treatment Pre-natal treatment Prescribed pre-natal vitamins

PRACTITIONERS

Allergist Chiropractor Christian Science Dermatologist Homeopath Naturopath Osteopath Physician Psychiatrist Psychologist

OTHER MEDICAL TREATMENTS/PROCEDURES

Acupuncture Alcoholism (inpatient treatment) Bio-feedback therapy (in medically necessary situations) Cosmetic surgery (if medically necessary due to a congenital defect) Drug addiction Hearing exams Hospital services Infertility In-vitro fertilization Norplant insertion or removal Patterning exercises Physical examination (not employment related) Physical therapy Speech therapy Sterilization Transplants (includes organ donor) Vaccinations/immunizations Vasectomy and vasectomy reversal Well baby care

OTHER MEDICAL EQUIPMENT, SUPPLIES and SERVICES

Abdominal/back supports Ambulance services Arches/orthopedic shoes Contraceptives, prescribed Counseling Crutches Guide dog (for visually/hearing impaired person) hearing aids & batteries Hospital bed Learning disability (special school/teacher) Lead paint (if not capital expense, and incurred for a child poisoned) Medic alert bracelet or necklace Oxygen equipment Prescribed medical and exercise equipment Prosthesis Splints/casts Support hose (if medically necessary) Syringes Transportation expenses (essential to medical care) Tuition fee at special school for disabled child Wheelchair Wigs (hair loss due to disease)

VISION SERVICES

Artificial eyes Contact lenses Contact lens solution Eye examinations Eyeglasses Laser eye surgeries Ophthalmologist Optometrist Prescription sunglasses Radial keratotomy/LASIK

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Flexible Spending Account Program, Continued

Ineligible expenses

The IRS does not allow the following expenses to be reimbursed under the Unreimbursed Medical Spending Account. Expenses to promote general health are not eligible expenses unless prescribed by a physician for a specific medical ailment. This is not an all-inclusive listing.

- Baby-sitting & child care Canceled appointment fees Contact lens insurance Cosmetic surgery/procedures Dancing/exercise programs Diaper service Discounts/write-offs Electrolysis Eligible over-the-counter medicine without a prescription Exercise equipment* Eyeglass insurance Fitness programs Hair loss medication
- Hair transplant Health club dues Herbs & herbal medicines Homeopathic drugs Illegal operation or treatment Insurance premiums Insurance premium interest charge Lamaze class Marriage counseling Massage therapy** Maternity clothes Personal trainer Prescription drug discount program premiums
- Retin A* Rogaine* Special foods* (cost difference of common product) Student health fee Supplements* Swimming lessons Teeth whitening/bleaching Toiletries, toothpaste, etc... Vision discount program premiums Vitamins Weight loss programs** Swimming lessons
- * Generally ineligible; in limited situations, eligible only with Doctor's certification identifying a qualifying medical diagnosis, medical necessity, and length of treatment program.
- ** Eligible only with Doctor's certification identifying the physical nature of the medical condition and length of treatment program. Massage therapy for the sole purpose of tension/stress relief does not qualify as an eligible expense.