

THE SERVICE NETWORK

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advocacy | action | answers on aging



The Service Network

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Union County Department of Human Services Division on Aging/ADRC Sponsors 'Employee Caregiver Information Day'



An unpaid caregiver is usually a spouse; adult child or other family member; friend; or neighbor who is involved in assisting others with activities of daily living and/or medical tasks, in addition to family responsibilities and jobs.

The County of Union is supportive of their employee caregivers and on May 14, the Union County Department of Human Services, Division on Aging, sponsored an 'Employee Caregiver Information Day' to educate employees about the many programs and services available to assist them with their caregiving needs.

With the support of Freeholders Bette Jane Kowalski and Angel Estrada, and the Union County Surrogate James LaCorte available to meet privately with employees regarding legal issues surrounding legal guardianship, Power of Attorney, and the importance of having a Will, the event was a huge success.

Division on Aging staff included JACC coordinator Rahel Lubow; Respite coordinator Ann Marie Laface; Congregate Nutrition director Kathleen Malkiewicz; Medicaid clinical coordinator Anna Maria Owens; congregate nutrition site assistant Elaine Montes, and I&A/Outreach staff Donna Farrell and Michele Robinson.

The Division on Aging looks forward to visiting employee caregivers in Plainfield in November.



New Jersey General Assembly

Honors Area Agencies on Aging/County Offices on Aging Directors

The New Jersey General Assembly paid tribute the state's 21 Area Agency on Aging/County Office on Aging Directors by honoring them with a Resolution presented by Assemblywoman Valerie Vainieri Huttle.

Assemblywoman Vainieri Huttle stated that it was fitting to honor the Directors during Older Americans' Month as they serve as the federal and state's advocates for New Jersey's residents, as well as acting as liaisons between the state's older population and its legislators to ensure all seniors have access to the programs and services available to them.



The County of Union is pleased to acknowledge and congratulate the following Area Agency on Aging Directors:

Atlantic County: Cindy McNellis; Bergen County: Lorraine Joewono; Burlington County: Amy Barra; Camden County: Maureen Bergeron; Cape May County: Mary Dozier; Cumberland County: Barbara Nedohon; Essex County: Jaklyn DeVore; Gloucester County: Leona Mather; Hudson County: Brian Poffel; Hunterdon County: Laine Nauman; Mercer County: Eileen Doremus; Middlesex County: Laila Caune; Monmouth County: Sue Moleon; Morris County: Christine Hellyer; Ocean County: Maria LaFace; Passaic County: Shirley Force; Salem County: Rebecca Ferguson; Somerset County: Joanne Fetzko; Sussex County: Lorraine Hentz; Union County: Frances Benson; Warren County: Lakshmi Baskaram.



Union County 2019 Senior Farmers' Market

Eligible seniors will receive five (5) checks worth \$5.00 for a total of \$25.00. Annual income for a single person cannot exceed **\$23,107** and combined income for a married couple cannot exceed **\$31,284**.



Proof of annual income is required in the form of an income tax return; Social Security statement; yearly pension statement; Medicaid card; SSI; Supplemental Nutrition Assistance Program EBT card. Seniors **MUST** be a resident of Union County.

Please note that when obtaining vouchers for another person, a proxy must have identification, income verification for the person they are obtaining vouchers for, and the proxy must have an original signature.

To obtain an application, proxy forms, distribution list, and income guidelines call the Union County Division on Aging at 908 527 4870 or toll free at 888 280 8226.

Farmers' Market Voucher Distribution Schedule

Monday, July 1

Casano Community Center
314 Chestnut Street
Roselle Park, 07204
1:00—3:00 **No** farmer

Monday, July 8

Hillside Senior Center
265 Hollywood Avenue
Hillside, 07205
9:00—11:00 **No** farmer

Monday July 15

O'Donnell Dempsey Senior Center
622 Salem Avenue
Elizabeth, 07208
9:00—11:00 with farmer

Wednesday, July 17

Warinanco Sports Center
698 Thompson Avenue
Roselle, 07203
9:30—11:30 with farmer

Monday, July 22

Ann Ferguson Towers
1601 Dill Avenue
Linden, 07036
9:00—11:00 with farmer

Wednesday, July 24

Plainfield Senior Center
400 E. Front Street
Plainfield, 07060
9:30—11:30 with farmer

Wednesday, August 7

Golden Age Towers
200 E. Milton Avenue
Rahway, 07065
9:00—11:00 with farmer



Union County College Continuing Education

During the Spring and Fall semesters at Union County College, courses are free to Union County residents that are 60 years of age or older. Early enrollment is encouraged due to limited class availability. Participants who do not show up for the first class will be dropped to provide other interested individuals with a chance to enroll. To provide more people the opportunity to take advantage of this program, registration is limited to four courses per person.

Continuing Education course topics include Computers/Technology; Dance; Finance; Fitness: 60 +; Language; Special Interest: The Beatles from Liverpool to Abbey Road; Knit & Crochet for Beginners and Beyond; iPhone Workshop; and Digital Photography Basics.

Senior Scholars provide valuable education services and enrichment classes that include Portraiture; Colored Pencils; Beginning Watercolor; Intermediate Watercolor; Beginner Drawing; Drawing II; Pastel; Mixed Media; Beginner Sculpture; and Beginner Acrylic.

Contact Union County College for more information:

1033 Springfield Avenue, Cranford, 07016

908 709 7000

www.ucc.edu

Aging Services Kiosk July Schedule

Division on Aging staff will be available at **Aging Services Kiosks (ASK)** on the following dates in July:

Monday, July 8

Elizabeth Library—LaCorte
418 Palmer Street
Elizabeth, 07202
10:00—12:00

Thursday, July 18

Garwood Public Library
411 Third Avenue
Garwood, 07027
10:00—12:00

Wednesday, July 10

Cranford Public Library
224 Walnut Avenue
Cranford, 07016
10:00—12:00

Friday, July 19

Mountainside Public Library
Constitution Plaza
Mountainside, 07092
10:00—12:00

Thursday, July 11

Rahway Senior Center
1306 Esterbrook Avenue
Rahway, 07065
10:00—12:00

Monday, July 29

Summit Public Library
75 Maple Street
Summit, 07901
10:30—12:30

Monday, July 15

Clark Public Library
303 Westfield Avenue
Clark, 07066
10:00—12:00

Tuesday, July 30

Union Public Library
1980 Morris Avenue
Union, 07083
11:30—1:30



Division on Aging staff are available on these dates to meet with the public regarding any questions they may have about programs and services for seniors and/or their caregivers. Call the Division on Aging for more information at 908 527 4870 or toll free at 1 888 280 8226.

DOROT University Without Walls

Educational and fun programs for older adults is available this summer through DOROT, University Without Walls, telephone series where seniors can participate in classes from home. There is a \$15.00 fee for multiple session classes (or free with scholarships).

Classes to choose from include Jewish Women as Role Models Throughout History; The Corner of Casablanca & Sunset Boulevard; How to Keep Your Feet Healthy as You Age; My Changing City: New York, Lives, Legends, and Stories; The Power of Poetry; Seated Qigong, Tai Chi Easy Arms, and Guided Meditation; Hilma af Klint: Paintings for the Future; Current Events; Frida Kahlo: Appearances Can Be Deceiving; Alzheimer's 101; Short Story Discussion Group; and DOROT's In-Sight Program for the Visually Impaired.

CAREGIVERS... Summer is here! Plan now for your summer getaway by making in-patient reservations through the Statewide Respite Care Program

The Statewide Respite Care Program

For those caring for a loved one, the demands can be physically and emotionally overwhelming. Many caregivers are also working and raising children. So when either planned or unexpected events arise, quickly coordinating outside services to make sure your spouse or parent is safe and cared for at home can become very stressful. The Statewide Respite Care program offers **Inpatient Respite** which provides short-term, temporary placement for up to three weeks that does not have to be taken consecutively. Applying and planning for **Inpatient Respite** is a great way to ensure your loved one is adequately cared for while you are away, giving you that much needed peace of mind. Planning ahead also ensures that the dates you are requesting can be met by the facility.

The Statewide Respite Care Program has income/asset guidelines which are as follows: a single care recipient's monthly income cannot exceed \$2,313.00 and a married couple's income can be no more than \$4,626.00. Assets for a single person cannot exceed \$40,000.00/\$60,000.00 for a married couple and does *not* include the home as an asset. Only the income and assets of the individual receiving the care will be discussed and counted.

If you would like more information about this program, or to apply, please call the Division on Aging at 908-527-4872 or 1 888-280-8226.



Medicare.gov



Updates to Medicare's "What's Covered" app

Medicare has heard your feedback, and improved Medicare's **official "What's covered" mobile app**. Updates include better search, a Spanish version of the app, and more...so you can easily see what's covered.

Now is a great time to download "What's covered", which is available for free on the **App Store** and **Google Play**. If you already have the app, **make sure to download the most recent version**.

Search or browse in the app to learn what items and services are covered by Medicare Part A and/or Part B, how to get covered benefits, and basic cost information.

Use the app at the doctor's office, in the hospital, or anywhere you use your smartphone or tablet. Once it's installed, you can use "What's covered" even when you don't have a signal.

If you're reading this on your phone or tablet, get the app directly from the App Store or Google Play buttons.



NJSave is an online application to help low-income seniors and individuals with disabilities save money on Medicare premiums, prescription costs, and other living expenses.

Programs accessed through NJSave include the Pharmaceutical Assistance to the Aged and Disabled (PAAD) Program; Senior Gold Prescription Discount Program; Lifeline Utility Assistance; Medicare Savings Programs (SLMB & QI-1); Medicare Part D Low Income Subsidy (LIS, also known as 'extra help'; and the Hearing Aid Assistance to the Aged and Disabled (HAAAD).

The application is also used to screen individuals for numerous savings and assistance programs. If it appears as though applicants will qualify, their data is forwarded on for enrollment. These programs include the Universal Service Fund (USF); Low-Income Heating and Energy Assistance Program (LIHEAP); and the Supplemental Nutrition Assistance Program (SNAP).

Finally, individuals who qualify for PAAD and Lifeline Utility Assistance through NJSave may also be eligible for property tax freeze; reduced motor vehicle fees; and low-cost spaying/neutering for pet.

For more information:

Division on Aging @ 908 527 4870

www.state.nj.us/humanservices/doas/paad

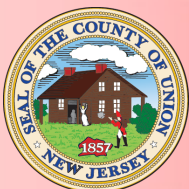
Division on Aging/ADRC Public Meeting

The Union County Division on Aging/ADRC is seeking input from their community of older adults, caregivers, and providers of services for inclusion in the development of the Area Plan Contract.

This is an opportunity to provide feedback on the services, needs, and gaps facing older adults as they age in their communities and the challenges facing caregivers. Contact the Division on Aging/ADRC at 908 527 4870 or toll free at 888 280 8226 for more information.

Rahway Senior Center
1306 Esterbrook Avenue
Rahway, 07065
9:30 a.m.—11:30 a.m.

For more information contact the Union County Division on Aging/ADRC
 908 527 4870
www.ucnj.org/aging



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