# Register Now for Fall Workshops at Trailside Nature & Science Center Visit ucnj.org/trailside

Programs are designed to foster an awareness & appreciation of the natural world through handson activities, explorations and stories. Dress for the weather. Pre-registration is required.

Fee: \$10/Union County resident, \$12/non-county resident

**Toddler Time** For adults with children up to age 3. Max 4/family.

Meets: Thursdays, Fridays or Saturdays - 10:00 - 11:00 AM.

**Two of Us** For adults with children ages 3 - 4.

Meets: Tuesdays, 10:00 - 11:00 AM or Wednesdays, 1:30 - 2:30 PM.

Small Fry Days Drop off program for children ages 4-6. Meets: Wednesdays, 10:00-11:00 AM.

**Back To Nature** For families with children of all ages. Max 4/family.

Meets: Saturdays, 10:30 - 11:30 AM.

<u>Kids Explorations</u> Drop off program for children ages 7 - 10. Meets: Saturdays, 10:00 - 11:00 AM.

# Weekly Themes for Toddler Time, Two of Us & Small Fry Days



# November 5-9

**Animal Adaptations -** Learn about some of the animals living in the reservation and the special adaptations they use to survive the cold winter months. Play "raccoon paws" and "hawk eyes" to discover how animals use their senses to survive.

# November 12-15

Autumn Tyke Hike - Hike a near-by trail in search of red cardinals, orange rocks, yellow goldenrod and green pine trees. Search high and low for all the seasonal colors on a fun, fall scavenger hunt. Meet at Masker's Barn in the Deserted Village. Park at Masker's Barn.

# November 19-23

**Turkey Trail** - Hike a trail where wild turkeys may be seen, and find out why they live here. Look for areas where turkeys have scratched for food or roosted on a branch. Compare your footprints to a turkey foot print and see if our feet match their tracks. Make a turkey craft to take home!

## December 3-7

**Snakes & Turtles** - Discover what snakes and turtles have in common and find out where they sleep for the winter. Practice slithering like a snake and crawling like a turtle. Meet live snakes and turtles from Trailside's collection.

# **Weekly Themes for Back To Nature**



#### November 9

Tracking 101 - Learn to identify tracks of different animals that live in the Watchung Reservation. Discover the best places to look for tracks. Take a walk to find out which wildlife species have been visiting the area.

#### November 16

Bear Necessities - New Jersey has only one type of bear, the black bear. Learn fascinating facts about these powerful animals and find out if they live in the Watchung Reservation. See a bear skull, feel a bear pelt and look for "bear tracks" as we take a short hike to look for food and shelter a bear may use.

# November 23

Lenape Lifestyles - Experience life as a Lenape Native American. Visit a life-sized wigwam, listen to stories and play games. Search outdoors for plants the Lenape used for medicines, food and cordage.

#### December 7

Snakes & Turtles of New Jersey - Investigate the similarities and differences of reptiles. Hold turtle shells and feel a shed skin from a snake. Meet live snakes and turtles from Trailside's collection

# **Weekly Themes for Kids Explorations**

# November 9

Rock Hounds - Geology Trail: Learn the geologic history of the Watchung Reservation and then take part in a rock collecting expedition. Collect lava rocks, glacier rocks and rocks made from sand and clay to take home with you.

## **November 16**

I'm a Fun-guy! (Fungi Hike) - Orange-Blue Connection-Pink Trail: Go in search of wild fungi along the trails. Learn how mushrooms grow and find out how they help our forests.

## November 23

Nature Detectives - Red Trail: Do you have what it takes to be a nature detective? Test your skills by using your senses to uncover clues on a nature scavenger hunt.

## December 7

**Gimme Shelter -** What is most important for wilderness survival? Shelter! Learn to construct a simple survival shelter without tools that will keep you warm & cozy on the coldest winter night.



452 New Providence Rd \* Mountainside \* NJ \* 908-789-3670 \* ucnj.org/trailside









