



A Service of the Union County
Board of County Commissioners

UNION COUNTY
We're Connected to You!



Compiled by:



**Mental Health
Association
in New Jersey, Inc.**

2021— 2022 Quick Reference Guide: Mental Health & Addiction Services in Union County

**24-HOUR EMERGENCY
PSYCHIATRIC SERVICES**

Mobile Community Outreach
908-994-7131

Trinitas Regional Medical Center
908-994-7131

Union County Mobile Response
& Stabilization (Children)
PerformCare
877-652-7624

Overlook Hospital
908-522-2000

RWJ University Hospital - Rahway
732-381-4200

Need Help?
Dial 2-1-1

MENTAL HEALTH SERVICES

**Adult Inpatient Psychiatric
Services**

Carrier Clinic, Belle Meade.....800-933-3579
Greystone, Morris Plains.....973-538-1800
Overlook, Summit.....908-522-2281
Cornerstone, Berkeley Heights.908-790-5300
Summit Oaks, Summit.....908-522-7071
Trenton Psychiatric, W. Trenton.....609-633-1500
Trinitas Regional, Elizabeth.....908-994-7250
VA NJ, Lyons.....908-647-0180

Children's Services

Child/Family Therapy and Medication Mgt.
Performcare.....877-652-7624
CenterPath Wellness.....908-756-6870
Cooperative Counseling Services....908-731-7100
The Lamberts Mill Academy.....908-233-7581
Day Treatment/After School Therapeutic Treatment
Trinitas Regional MC.....908-994-7722
Division of Child Protection & Permanency (DCPP)
Cranford.....908-497-1488
Elizabeth.....908-820-3000
Plainfield.....800-847-1738
Family Support for Children and Parents
Families & Community
Together (FACT).....908-789-8500
Family Support Organization.....908-755-0090
Youth Advocate Program (YAP)....973-624-1520
Grief Counseling
Imagine-A Ctr for Coping w/Loss....908-264-3100
Home Based Services
Cooperative Counseling Ser.....908-731-7100
Family & Children's Services....908-352-7474
Family Preservation Services.....973-372-8079
United Fam. & Children's Society.908-755-4848
Inpatient Hospital Treatment
Summit Oaks Hospital, Ages 5-17....908-522-7071
Trinitas Regional MC.....908-994-7712
Outpatient Treatment (See Counseling Section)
UC Youth Service Bureau.....908-558-2520
Volunteers of America.....732-827-2444
Residential Treatment
Davis House, Ages 5-10.....973-485-3314
New Point Residential
Treatment.....908-994-7395

Children's Services, continued

Supervised and Therapeutic Visitation
Cooperative Counseling Ser.....908-731-7100
Family and Children's
Services.....908-352-7474

Screening

Trinitas Regional Medical
Center (Adult).....908-994-7131
UC Mobile Response
(Children).....877-652-7624

Community Support

Children & Family
Child Behavioral Health Services,
PerformCare.....877-652-7624

Deaf & Hard of Hearing
Access Center, Voice TTY.....800-792-8339

Family Support & Education, Mental Illness
NAMI of Union County.....908-233-1628

HIV/AIDS
EIP Support Services, Trinitas Regional
Medical Center.....908-994-7123
Iris House.....908-561-5057

NJ Homeless Hotline.....877-746-5211

Homeless Persons, Mental Illness
Homeless Outreach of Bridgeway....908-289-7330
Integrated Case Management Service (ICMS)
Mount Carmel Guild.....908-497-3927

Intensive Family Support Services (IFSS)
Mental Health Association in NJ in Union
County.....908-810-1001

Involuntary Outpatient Commitment (IOC)
Trinitas Regional MC.....908-994-7543

Mental Health Services
Mental Health Association
in NJ.....866-202-4357

**Program of Assertive Community
Treatment (PACT), Bridgeway**
PACT 1, Elizabeth.....908-352-0242
PACT 2, Plainfield.....908-791-0505
PACT 3, Union.....908-688-5400

Self-Help Clearing House
Statewide Information.....800-367-6274

Supportive Education Services
Bridgeway/UMDNJ.....908-687-9666

Supportive Employment Services
Bridgeway.....908-686-2956

Supportive Housing Services
Bridgeway.....908-249-4100

Transportation
UC Paratransit System.....908-659-5000

TLC Program – Trinitas.....908-994-7543

Wellness Respite Services
Collaborative Support Programs of NJ
Essex County.....862-229-1401
Middlesex County.....732-354-4403
Passaic County.....862-239-9896

Counseling

CenterPath Wellness.....908-756-6870
117 Roosevelt Ave., Plainfield
Children's Specialized
Hospital.....908-233-3720
150 New Providence Rd., Mountainside
Cooperative Counseling Ser.....908-731-7100
407 Chestnut Street, Union
Counseling Center for
Human Development.....908-276-0590
201 Lincoln Ave. East, Cranford
Trinitas Physicians Practice.....908-276-2244
300 North Ave. East, Cranford
Family and Children's
Services.....908-352-7474
40 North Ave., Elizabeth
GenPsych.....855-436-7792
High Focus.....800-877-3628
Jersey Behavioral Care.....908-291-2727
Jewish Family Services.....908-352-8375
655 Westfield Ave., Elizabeth

Counseling, continued

Mount Carmel Guild Child/Family Outpatient,
Medication Monitoring.....908-497-3968
108 Alden St., Cranford

Overlook Medical Center.....888-247-1400
2 Walnut Street, Summit

Overlook Perinatal Program....888-247-1400
PROCEED (Hispanic).....908-469-3200
1126 Dickinson Pl., Elizabeth

Resolve Community Counseling
Center.....908-322-9180
1830 Front St., Scotch Plains

Summit Oaks Hospital.....908-522-7071
19 Prospect St., Summit

Trinitas Regional Medical Center
Adults.....908-994-7556
654 East Jersey St., Elizabeth

Children.....908-994-7223
655 East Jersey St., Elizabeth

United Family and
Children's Society.....908-755-4848
305 West 7th St., Plainfield

Youth and Family
Counseling.....908-233-2042
233 Prospect St., Westfield

**SUBSTANCE USE DISORDER
SERVICES**

Co-occurring Partial Care

Bridgeway Rehabilitation
Services.....908-355-7200
CenterPath Wellness.....908-756-6870
High Point.....908-788-5979
Trinitas Regional
Medical Center.....908-994-7556

**Union County Helping Hands 365
24/7 Hotline staffed by Peer Recovery
Specialists.....855-825-3275**

Detox—Adult

Bergen Regional Medical Center.....800-730-2762
230 East Ridgewood Ave., Paramus
New Hope Integrated BHCare.732-946-3030
80 Conover Road, Marlboro

Summit Behavioral Health855-855-9199
1000 Galloping Hill Road, Union

Summit Oaks Hospital.....908-522-7071
19 Prospect Street, Summit

Turning Point, Inc.....973-239-9400
680 Broadway Ave., Suite 104, Paterson

Detox—Adolescent

New Hope Integrated BHCare.732-946-3030

Halfway House — Female

Alfre/Mrs. Wilson's.....973-540-0116
Anderson House.....908-534-5818

Halfway House — Male

New Hope Integrated BHCare.732-946-3030

Intensive Outpatient Services

Bridgeway Rehabilitation
Services.....908-355-7200
567 Morris Ave., Elizabeth

CenterPath Wellness.....908-756-6870
117 Roosevelt Ave., Plainfield

Counseling Center at Clark.....732-882-1920
60 Walnut Avenue, Suite 200, Clark

Intervention Specialists.....908-289-0700
GenPsych.....855-436-7792

High Focus.....800-877-3628
High Point.....908-788-5979

Organization for Recovery.....908-769-4700
519 North Ave., Plainfield

Overlook Medical Center.....888-247-1400
2 Walnut Street, Summit

Intensive Outpatient Services, Continued

Summit Behavioral Health855-855-9199
1000 Galloping Hill Road, Union
Summit Oaks Hospital.....908-522-7071
19 Prospect Street, Summit
Trinitas Regional MC.....908-994-7556
655 East Jersey St., Elizabeth

Interim Managing Entity (IME) 1-844-276-2777

Referral and authorization for addiction
treatment -Medicaid & State contracts

Intoxicated Driver Resource Center

Union County908-527-4791

Medicated Assisted Treatment

Lennard Clinic.....908-352-0850
Organization for Recovery.....908-769-4700
Summit Oaks Hospital.....908-522-7071
Trinitas Regional MC.....908-994-7556

Outpatient Services—Adult

Arise Counseling Services.....908-400-8463
Bridgeway Rehabilitation
Services.....908-355-7200
CenterPath Wellness.....908-756-6870
Counseling Center at Clark.....732-882-1920
GenPsych.....855-436-7792
High Focus.....800-877-3628
High Point.....908-788-5979
Intervention Specialists.....908-289-0700
Jersey Behavioral Care.....908-291-2727
Life Options Counseling.....732-770-5627
Organization for Recovery.....908-769-4700
Overlook Medical Center.....888-247-1400
PROCEED, Inc.....908-469-3200
Summit Oaks Hospital.....908-522-7071
Trinitas Regional MC.....908-994-7556

Outpatient Services— Adolescents

High Focus.....800-877-3628
PROCEED, Inc.....908-469-3200

Residential Rehab Adult

CURA Inc.....973-622-3570
47 Lincoln Park, Newark
New Hope Integrated BHCare.732-946-3030
80 Conover Rd., Marlboro
Summit Oaks Hospital.....908-522-7071
19 Prospect Street, Summit
Turning Point, Inc.....973-239-9400
Barnet Medical Arts Complex, Paterson

Residential Rehab Adolescent

Acenda Integrated Health...973-539-5764
New Hope Integrated BHCare.732-946-3030

Referral, Prevention Education, Early Intervention

NJ Connect for Recovery (Opioids).....
.....855-652-3737
Prevention Links.....732-381-4100
REACH NJ.....844-732-2465
Union County Local Advisory Committee on
Alcoholism and Drug Abuse
(LACADA).....908-527-4844

BEHAVIORAL HEALTH SERVICES

Developmentally Disabled

ARC of Union County.....973-315-0000
Children's Specialized Hospital...908-233-3720
Community Access Unlimited..908-354-3040
Inroads to Opportunities.....908-241-7200
Jewish Family Services.....908-352-8375

Developmentally Disabled, Continued

NJ Division of Developmental
Disabilities.....888-285-3036
Our House, Inc.....908-464-8008
Trinitas Crisis Assessment Response and
Enhanced Services (CARES)..888-393-3007

Older Adults / Elderly

Adult Protective Services.....908-497-3902
Alzheimer's/Dementia Jewish
Family Services.....908-352-8375
Care to Caregivers.....800-424-2494
Holy Redeemer Home Care...908-352-5694
Jewish Family Services.....908-352-8375
Retired Senior Volunteers
(RSVP).....908-352-8375
SAGE Eldercare.....908-273-5550
Senior Citizens Council.....908-964-7555
Trinitas Regional Med. Ctr.....908-994-7556
Union County Division on
Aging.....908-527-4870/4858
S-COPE.....855-718-2699

Elder Citizens - DAY CARE

JFK Adult Medical Day Program.....908-912-1910
SAGE Spend A Day.....908-598-5520
WISE Center, Union.....908-687-2995

Family Violence

Domestic Violence Hotline.....908-355-HELP
Central Jersey Legal Services, Inc.
.....908-354-4340
Counseling Center for Human Dev.
Choices for Women.....908-276-0590
Trinitas Physicians Practice...908-276-2244
Union County Rape Crisis Center
.....908-233-7273
Jewish Family Services.....908-352-8375
Trinitas Regional
Medical Center.....908-994-7556
Victim/Witness Program.....908-527-4596
YWCA of Eastern of UC.....908-355-1500

Legal Services

Bridgeway Justice
Involved Services.....908-289-7330 (#3)
Central Jersey Legal
Services, Inc.....908-354-4340
60 Prince St., Elizabeth
Community Health
Law Project.....908-355-8282
65 Jefferson Ave., Elizabeth

Organizations

Collaborative Support Programs
(CSP).....732-780-1175
Depression & Bipolar
Support Alliance.....800-826-3632
International Obsessive Compulsive
Foundation.....617-973-5801
Mental Health Association in NJ
State Headquarters.....973-571-4100
Union County Office.....908-810-1011
NAMI, NJ.....732-940-0991
NAMI, Union County.....908-233-1628
Brain and Behavior Research Foundation
.....800-829-8289
NJ Division of Vocational Rehabilitation
.....908-965-3940
NJ Psychiatric Association.....908-588-3540
NJ Psychological Association..973-243-9800
Supportive Housing Association of NJ
.....908-931-1131
Union County Medical Society.908-789-8603
UC Mental Health Board.....908-527-4846

Rehabilitation Centers and Psychiatric Day Programs

Bridgeway.....908-355-7200
CenterPath Wellness.....908-756-6870
GenPsych.....855-436-7792
High Focus.....800-877-3628
Inroads to Opportunities.....908-241-7200
Mount Carmel Guild.....908-497-3968
Overlook Medical Center.....888-247-1400
Social Clubhouse.....973-376-2500

Day Programs, continued

Summit Oaks Hospital.....908-522-7071
Trinitas Regional Medical Center
.....908-994-7556
654 East Jersey St., Elizabeth

Residential Services

Residential Healthcare Facilities (RHCF)
Elizabeth House.....908-355-3406
Park Hotel.....908-754-2211
Advocate Group Care.....908-757-3579
**Supervised Group Homes, Apartments
and Supportive Housing**
Bridgeway Supportive
Housing.....908-249-4100
SERV.....800-987-7378
Volunteers of America.....732-827-2453
Sober Living
Flynn House.....908-351-2265
Oxford Houses.....www.njoxfordhouse.org

Telephone Services / Helplines

AA-Alcoholics Anonymous.....908-687-8566
Al-ANON.....973-744-8686
Caring Contact, Inc.....908-232-2880
Child Abuse.....800-792-8610
Council on Compulsive Gambling
.....800-GAMBLER
Domestic Violence.....908-355-HELP
HIV Hotline.....800-624-2377
NA-Narcotics Anonymous.....800-992-0401
NAR-ANON.....732-591-1827
Nat. Runaway Safe Line.....800-RUNAWAY
Nat. Suicide Hotline.....800-273-8255
Need Help? Dial 2-1-1.....2-1-1
NJ Connect (Opioid Helpline).....855-652-3737
NJ Hopeline (Suicide Prevention).....855-654-6735
NJ MentalHealthCares Helpline.....866-202-4357
NJ Quitline (Smoking).....866-657-8677
Peer Recovery Warmline.....877-292-5588
Rape Crisis 24 Hour Helpline...908-233-7273
REACH NJ (Opioid).....844-732-2465
2nd Floor Youth Helpline.....888-222-2228
NJ VET 2 VET Hotline.....866-838-7654

Support Systems

MHANJ's Intensive Family Support Services
(IFSS) (Mental Illness).....908-810-1001
Rape Crisis Center Advocacy
Program.....908-233-7273
Consumers of Mental Health Services
MHANJ's Consumer
Connections.....732-451-4457 ext. 950
MHANJ's Esperanza Wellness Center
Hispanic.....908-810-1001
MHANJ's Peer Outreach Support Team
(POST) (Mental Illness).....908-810-1001
New Beginnings Self Help Center,
Elizabeth.....908-352-7830
Park Avenue Wellness Center



**Mental Health
Association
in New Jersey, Inc.**

NJMentalHealthCares (NJMHC), a ser-
vice provided by the Mental Health Associa-
tion in New Jersey, is New Jersey's first
comprehensive behavioral health manage-
ment helpline and website, serving profes-
sionals and the general public. Calls are
answered by professional behavioral
healthcare specialists who provide support-
ive counseling, assessment of presenting
problems and information and referral.

Service is live 8am-8pm, 7 days a week.
Messages left during off hours are returned
on the next business day.

**NJMentalHealthCares Helpline
1-866-202-HELP(4357)
or text "NJHOPE" to 51684
(TTY 1-877-294-4356)**