



At the Union County National Night Out for Everyone, there is something fun called Silent Disco.

Silent Disco is where people listen to music and dance. Instead of loudspeakers, each person wears a set of headphones to hear the music.

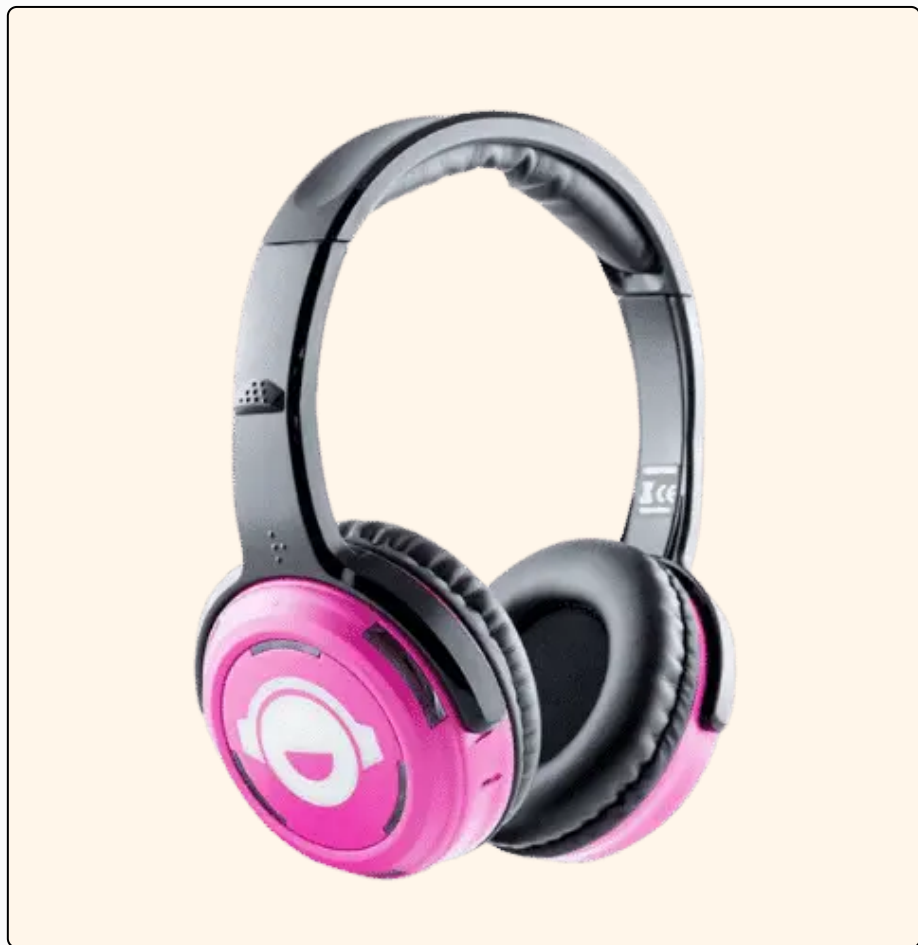
It is my choice if I want to join in the Silent Disco.



At the Silent Disco, I would gently place the headphones on my head.

The headphones will feel soft and cover my ears.

They might feel a little different at first, but they are comfortable to wear.



When I have the headphones on, I can control what I hear.

There will be buttons to change the music and adjust the volume.

I can choose the music I like best and make it louder or quieter.



If the headphones feel uncomfortable, I can take them off.

I can leave the area and take a break if I need to. It is important to feel comfortable and happy. I can join again later if I want to.

I can ask the person in charge any questions I have about the Silent Disco. I can ask about the headphones, the music, or what to do if I feel uncomfortable. The person in charge is there to help me understand and have a good time.



At the silent disco, I can dance and have fun.

Everyone will be listening to music through their own headphones. I can dance alone or with friends.

I can also watch others dance if I want to.

UNION COUNTY
NATIONAL NIGHT OUT
FOR EVERYONE



RWJBarnabas
HEALTH

**Children's
Specialized
Hospital**



This picture story has been developed by Children's Specialized Hospital to support the attendees at the 2024 Union County National Night Out for Everyone. It is meant to familiarize people with details about activities at the event and support positive experiences for all.

