

The Union County Board of County Commissioners & the Department of Human Services

2025-2026 Union County Mental Health & Addiction Services Quick Reference Guide

24-HOUR EMERGENCY MENTAL HEALTH SERVICES

RWJBH Trinitas Regional Medical Center
Mobile Community Outreach
908-994-7131

Union County Mobile Response
& Stabilization (Children)
PerformCare
877-652-7624

Overlook Hospital
908-522-2000

RWJ University Hospital - Rahway
732-381-4200

Suicide & Crisis Lifeline
Dial 9-8-8

MENTAL HEALTH SERVICES

Crisis Intervention Services

Bridgeway Crisis Intervention
Services (BCIS).....908-469-6517

Adult Inpatient Psychiatric Services

Carrier Clinic, Belle Meade.....800-933-3579
Greystone, Morris Plains.....973-538-1800
Overlook, Summit.....908-522-2281
Mountain View Behavioral Hospital,
Berkeley Heights 908-790-5300
Summit Oaks, Summit.....908-522-7071
Trenton Psychiatric, W. Trenton.....609-633-1500
Trinitas Regional, Elizabeth.....908-994-7250
VA NJ, Lyons.....908-647-0180

Children’s Services

Child/Family Therapy and Medication Mgt.
Performcare.....877-652-7624
CenterPath Wellness.....908-756-6870
Cooperative Counseling Services....908-731-7099
The Lamberts Mill Academy.....908-233-7581
Day Treatment/After School Therapeutic Treatment
Trinitas Regional MC.....908-994-7722
Division of Child Protection & Permanency (DCPP)
Union Central LO:866-224-1914
Union East LO:800-847-1738
Union West LO:800-847-1750
Family Support for Children and Parents
Families & Community
Together (FACT).....908-789-8500
Family Support Organization.....908-755-0090
Youth Advocate Program (YAP)....973-624-1520
Grief Counseling
Imagine-A Ctr for Coping w/Loss....908-264-3100
Home Based Services
Cooperative Counseling Services....908-731-7099
Family & Children’s Services....908-352-7474
Family Preservation Services.....973-372-8079
United Fam. & Children’s Society.908-755-4848
Inpatient Hospital Treatment
Summit Oaks Hospital, Ages 5-17....908-522-7071
Trinitas Regional MC.....908-994-7712
Outpatient Treatment (See Counseling Section)
UC Youth Service Bureau.....908-558-2520
Volunteers of America.....732-827-2444
Residential Treatment
Davis House, Ages 5-10.....973-485-3314
New Point Residential
Treatment.....908-994-7395
Supervised and Therapeutic Visitation
Cooperative Counseling Ser....908-731-7099
Family and Children’s
Services.....908-352-7474

Screening

Trinitas Regional Medical
Center (Adult & Children)....908-994-7131
UC Mobile Response
(Children).....877-652-7624

Community Support

Children & Family
Child Behavioral Health Services,
PerformCare.....877-652-7624
Deaf & Hard of Hearing
Access Center, Voice TTY.....800-792-8339
Family Support & Education, Mental Illness
NAMI of Union County.....908-233-1628
HIV/AIDS
EIP Support Services, Trinitas Regional
Medical Center.....908-994-7123
Iris House.....908-561-5057
NJ Homeless Hotline.....877-652-1148
Homeless Persons, Mental Illness
Homeless Outreach of Bridgeway....908-289-7330

Integrated Case Management Service (ICMS)
Mount Carmel Guild.....908-497-3927

Intensive Family Support Services (IFSS)
Mental Health Association in NJ in Union
County.....973-571-4100 ext 118

Involuntary Outpatient Commitment (IOC)
Trinitas Regional MC.....908-994-7543

Mental Health Services
Mental Health Association
in NJ.....866-202-4357

**Program of Assertive Community
Treatment (PACT), Bridgeway**
PACT 1, Elizabeth.....908-352-0242

PACT 2, Plainfield.....908-791-0505
PACT 3, Union.....908-688-5400

Self-Help Clearing House
Statewide Information.....800-367-6274

Supportive Education Services
Bridgeway/UMDNJ.....908-687-9666

Supportive Employment Services
Bridgeway.....908-686-2956

Supportive Housing Services
Bridgeway.....908-249-4100

Transportation
UC Paratransit System.....908-659-5000

TLC Program –Trinitas.....908-994-7543

Wellness Respite Services
Collaborative Support Programs of NJ
Essex County.....862-229-1401
Middlesex County.....732-354-4403
Passaic County.....862-239-9896

Counseling

Bridgeway.....908-249-4100
CenterPathWellness.....908-756-6870
117 Roosevelt Ave., Plainfield
Children’s Specialized
Hospital.....908-233-3720
150 New Providence Rd., Mountainside
Cooperative Counseling Services...908-731-7099
407 Chestnut Street, Union
Counseling Center for
Human Development.....908-276-0590
1961 Raritan Rd., Scotch Plains
Family and Children’s
Services.....908-352-7474
40 North Ave., Elizabeth
Jersey Behavioral Care.....908-291-2727
Jewish FamilyServices.....908-352-8375
655 Westfield Ave., Elizabeth
Mount Carmel Guild Child/Family Outpatient,
Medication Monitoring.....908-497-3968
108 Alden St., Cranford

Counseling, continued

Overlook Medical Center.....888-247-1400
2 Walnut Street, Summit
Overlook Perinatal Program....888-247-1400
PROCEED (Hispanic).....908-469-3200
1126 Dickinson Pl., Elizabeth
Resolve Community Counseling
Center.....908-322-9180
1830 Front St., Scotch Plains
Summit Oaks Hospital.....908-522-7071
19 Prospect St., Summit
Trinitas Regional Medical Center
Adults.....908-994-7556
654 East Jersey St., Elizabeth
Children.....908-994-7223
655 East Jersey St., Elizabeth
United Family and
Children’s Society.....908-755-4848
305 West 7th St., Plainfield
Youth and Family
Counseling.....908-233-2042
233 Prospect St., Westfield

SUBSTANCE USE DISORDER SERVICES

Co-Occurring Partial Care

CenterPath Wellness.....908-756-6870
High Point.....908-788-5979
Trinitas Regional
Medical Center.....908-994-7556

**Union County Helping Hands 365
24/7 Hotline staffed by Peer Recovery
Specialists.....855-825-3275**

Detox—Adult

Bergen New Bridge
Medical Center.....800-730-2762
230 East Ridgewood Ave., Paramus
New Hope Integrated BHCare.732-946-3030
80 Conover Road, Marlboro
Summit Behavioral Health855-855-9199
1000 Galloping Hill Road, Union
Summit Oaks Hospital.....908-522-7071
19 Prospect Street, Summit
Turning Point, Inc.....973-239-9400
680 Broadway Ave., Suite 104, Paterson

Detox—Adolescent

New Hope Integrated BHCare.732-946-3030

Halfway House — Female

Alfre/Mrs. Wilson’s.....973-540-0116
Anderson House.....908-534-5818

Halfway House — Male

New Hope Integrated BHCare.732-946-3030

Intensive Outpatient Services

CenterPath Wellness.....908-756-6870
117 Roosevelt Ave., Plainfield
Counseling Center at Clark.....732-882-1920
60 Walnut Avenue, Suite 200, Clark
Intervention Specialists.....908-289-0700
GenPsych.....855-436-7792
High Focus.....800-877-3628
High Point.....908-788-5979
Organization for Recovery.....908-769-4700
519 North Ave., Plainfield



BROUGHT TO YOU BY THE

UNION COUNTY
BOARD OF COUNTY COMMISSIONERS

Department of Human Services

Compiled by:



Intensive Outpatient Services, Continued	
Summit Behavioral Health	855-855-9199
1000 Galloping Hill Road, Union	
Summit Oaks Hospital	908-522-7071
19 Prospect Street, Summit	
Trinitas Regional MC	908-994-7556
655 East Jersey St., Elizabeth	

Interim Managing Entity (IME)
1-844-276-2777

Referral and authorization for addiction treatment -Medicaid & State contracts

Intoxicated Driver Resource Center (IDRC)	
Union County	908-527-4791

Medicated Assisted Treatment	
Lennard Clinic	908-352-0850
Organization for Recovery	908-769-4700
Summit Oaks Hospital	908-522-7071
Trinitas Regional MC	908-994-7556

Outpatient Services—Adult	
Arise Counseling Services	908-400-8643
Bridgeway Behavioral Health	
Services	877-692-5664
CenterPath Wellness	908-756-6870
Counseling Center at Clark	732-882-1920
GenPsych	855-436-7792
High Focus	800-877-3628
High Point	908-788-5979
Owen Health Care	908-258-7796
Intervention Specialists	908-289-0700
Jersey Behavioral Care	908-291-2727
Organization for Recovery	908-769-4700
Overlook Medical Center	888-247-1400
PROCEED, Inc.	908-469-3200
Summit Oaks Hospital	908-522-7071
Trinitas Regional MC	908-994-7556

Outpatient Services— Adolescents	
High Focus	908-272-2474
PROCEED, Inc.	908-469-3200

Residential Rehab Adult	
CURA Inc.	973-622-3570
47 Lincoln Park, Newark	
New Hope Integrated BHCare.	732-946-3030
80 Conover Rd., Marlboro	
Summit Oaks Hospital	908-522-7071
19 Prospect Street, Summit	
Turning Point, Inc.	973-239-9400
Barnet Medical Arts Complex, Paterson	

Residential Rehab Adolescent	
Acenda Integrated Health	973-539-5764
New Hope Integrated BHCare.	732-946-3030

Referral, Prevention
Education, Early Intervention

NJ Connect for Recovery (Opioids)	855-652-3737
Prevention Links	732-381-4100
REACH NJ	844-732-2465
Union County Behavioral Health Advisory Board (BHAB)	908-527-4852

BEHAVIORAL HEALTH SERVICES

Developmentally Disabled	
ARC of Union County	973-315-0000
Children’s Specialized Hospital	908-233-3720
Community Access Unlimited	908-354-3040
Inroads to Opportunities	908-241-7200
Jewish Family Services	908-352-8375
NJ Division of Developmental Disabilities	888-285-3036

Developmentally Disabled, Continued	
Our House, Inc.	908-464-8008
Trinitas Crisis Assessment Response and Enhanced Services (CARES)	
888-393-3007	

Older Adults / Elderly	
Adult Protective Services	908-497-3902
Alzheimer’s/Dementia Jewish	
Family Services	908-352-8375
Care to Caregivers	800-424-2494
Holy Redeemer Home Care	908-352-5694
Jewish Family Services	908-352-8375
Retired Senior Volunteers	
(RSVP)	908-352-8375
SAGE Eldercare	908-273-5550
Senior Citizens Council	908-964-7555
Trinitas Regional Med. Ctr	908-994-7556
Union County Division on	
Aging	908-527-4870/4858
S-COPE	855-718-2699
Elder Citizens - DAY CARE	
JFK Adult Medical Day Program	908-912-1910
SAGE Spend A Day	908-598-5520
WISE Center, Union	908-687-2995

Family Violence	
Domestic Violence Hotline	908-355-HELP
Central Jersey Legal Services, Inc.	
.....	908-354-4340
Counseling Center for Human Dev.	
Choices for Women	908-276-0590
Union County Rape Crisis Center	
.....	908-233-7273
Jewish Family Services	908-352-8375
Neighborhood Health	
Services	908-753-6401
Trinitas Regional	
Medical Center	908-994-7556
Victim/Witness Program	908-527-4596
YWCA of Eastern of UC	908-355-1500

Legal Services	
Bridgeway Justice	
Involved Services	908-289-7330 (#3)
Central Jersey Legal	
Services, Inc.	908-354-4340
60 Prince St., Elizabeth	
Community Health	
Law Project	908-355-8282
65 Jefferson Ave., Elizabeth	

Organizations	
Collaborative Support Programs	
(CSP)	732-780-1175
Depression & Bipolar	
Support Alliance	800-826-3632
International Obsessive Compulsive	
Foundation	617-973-5801
Mental Health Association in NJ	
State Headquarters	973-571-4100
Union County Office	908-810-1001
NAMI, NJ	732-940-0991
NAMI, Union County	908-233-1628
Brain and Behavior Research Foundation	
.....	800-829-8289
NJ Division of Vocational Rehabilitation	
.....	908-882-5101
NJ Psychiatric Association	908-588-3540
NJ Psychological Association	973-243-9800
Supportive Housing Association of NJ	
.....	908-931-1131

Rehabilitation Centers and
Psychiatric Day Programs

CenterPath Wellness	908-756-6870
GenPsych	855-436-7792
High Focus	800-877-3628
Inroads to Opportunities	908-241-7200
Mount Carmel Guild	908-497-3968
Overlook Medical Center	888-247-1400
Social Clubhouse	973-376-2500

Day Programs, continued	
Summit Oaks Hospital	908-522-7071
Trinitas Regional Medical Center	
.....	908-994-7556
654 East Jersey St., Elizabeth	

Residential Services	
Residential Healthcare Facilities (RHCF)	
Elizabeth House	908-355-3406
Park Hotel	908-754-2211
Advocate Group Care	908-757-3579
Supervised Group Homes, Apartments, Transitional and Supportive Housing	
Bridgeway Supportive	
Housing	908-249-4100
SERV	833-226-7378
Volunteers of America	908-282-1329
Dudley House (Veterans)	908-834-2175
Sober Living	
Oxford Houses	www.njoxfordhouse.org

Telephone Services / Helplines	
AA-Alcoholics Anonymous	908-687-8566
Al-ANON	973-744-8686
Caring Contact, Inc.	908-232-2880
Child Abuse	800-792-8610
Council on Compulsive Gambling	
.....	800-GAMBLER
Domestic Violence	908-355-HELP
HIV Hotline	800-624-2377
NA-Narcotics Anonymous	800-992-0401
NAR-ANON	800-992-0401
Nat. Runaway Safe Line	800-RUNAWAY
Suicide & Crisis Lifeline	9-8-8
Need Help? Dial 2-1-1	2-1-1
NJ Connect	
(Opioid Helpline for Families)	855-652-3737
NJ Hopeline (Suicide Prevention)	855-654-6735
NJ MentalHealthCares Helpline	866-202-4357
NJ Quitline (Smoking)	866-657-8677
Peer Recovery Warmline	877-292-5588
Rape Crisis 24 Hour Helpline	908-233-7273
REACH NJ (Opioid)	844-732-2465
2nd Floor Youth Helpline	888-222-2228
NJ VET 2 VET Helpline	866-838-7654

Support Systems	
MHANJ’s Intensive Family	
Support Services(IFSS)	
(Mental Illness)	
908-810-1001 ext. 118	
Rape Crisis Center Advocacy	
Program	908-233-7273
Consumers of Mental Health Services	
MHANJ’s Consumer	
Connections	732-451-4457 ext. 950
MHANJ’s Esperanza Wellness Center	
.....	908-810-1001
MHANJ’s Peer Outreach Support Team	
(POST) (Mental Illness)	
908-810-1001	
Park Avenue Wellness Center,	
Plainfield	
908-757-1350	

New Jersey

MentalHealthCares

1-866-202-HELP (4357)

NJMentalHealthCares is New Jersey’s comprehensive behavioral health management helpline and website serving professionals and the general public. Calls are answered by trained staff who provide emotional support, assessment of presenting problems, and information and referral. The service is available live, 8 a.m. to 8 p.m., Monday through Friday. Messages left during off hours are returned the next business day. This is a free, confidential service. Multilingual translation is available.

NJMentalHealthCares Helpline
1-866-202-HELP(4357)